

Cost-effectiveness of raloxifene in the treatment of osteoporosis in Chinese postmenopausal women: impact of medication persistence and adherence

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Aims: Raloxifene treatment of osteoporotic fractures is clinically effective, but economic evidence in support of raloxifene reimbursement is lacking in the People's Republic of China. We aimed at evaluating the cost-effectiveness of raloxifene in the treatment of osteoporotic fractures using an osteoporosis health economic model. We also assessed the impact of medication persistence and adherence on clinical outcomes and cost-effectiveness of raloxifene.

Methods: We used a previously developed and validated osteoporosis state-transition microsimulation model to compare treatment with raloxifene with current practices of osteoporotic fracture treatment (conventional treatment) from the health care payer's perspective. A Monte Carlo probabilistic sensitivity analysis with microsimulations was conducted. The impact of medication persistence and adherence on clinical outcomes and the cost-effectiveness of raloxifene was addressed in sensitivity analyses. The simulated patients used in the model's initial state were 65-year-old postmenopausal Chinese women with osteoporosis (but without previous fractures), simulated using a 1-year cycle length until all patients had died. Costs were presented in 2015 US dollars (USD), and costs and effectiveness were discounted at 3% annually. The willingness-to-pay threshold was set at USD 20,000 per quality-adjusted life year (QALY) gained.

Results: Treatment with raloxifene improved clinical effectiveness by 0.006 QALY, with additional costs of USD 221 compared with conventional treatment. The incremental cost-effectiveness ratio was USD 36,891 per QALY gained. The cost-effectiveness decision did not change in most of the one-way sensitivity analyses. With full raloxifene persistence and adherence, average effectiveness improved compared with the real-world scenario, and the incremental cost-effectiveness ratio was USD 40,948 per QALY gained compared with conventional treatment.

Conclusion: Given the willingness-to-pay threshold, raloxifene treatment was not cost-effective for treatment of osteoporotic fractures in postmenopausal Chinese women. Medication persistence and adherence had a great impact on clinical- and cost-effectiveness, and therefore should be incorporated in future pharmacoeconomic studies of osteoporosis interventions.

Keywords: cost-effectiveness, postmenopausal osteoporosis, Chinese, persistence, adherence

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Introduction

In the People's Republic of China, osteoporosis affects approximately 30 million people older than 50 years of age.^{1,2} The majority of osteoporosis patients are postmenopausal women.² The major outcomes of osteoporosis are fractures of the hip, vertebrae, and wrist, resulting in high hospital costs, reduced quality of life, and increased mortality.^{1,3-5} Chinese women are more prone to osteoporotic fractures than women



in other populations, with approximately two in five Chinese women 50 years of age sustaining an osteoporotic fracture in their remaining lifetime compared with the worldwide average of one in three.⁶ With a rapidly aging population, the combined economic and disease burden of osteoporosis and osteoporotic fractures on the Chinese health care system will increase substantially in future decades if no action is taken.⁷ Health policy makers need to identify the best ways to intervene to reduce the impact of this osteoporosis burden. Given the scarcity of health care resources, the decision-making process should include both clinical efficacy and economic considerations, and only those interventions that offer the best value for the money should be reimbursed.

Raloxifene is a selective estrogen receptor modulator with demonstrated clinical efficacy and plausible economic benefits in preventing osteoporotic fractures, and it has been selected as a first-line treatment for osteoporosis.^{8–10} In the People's Republic of China, patients treated with raloxifene are reimbursed up to 90% of the medication cost, but the strength of the economic evidence in support of reimbursement is unclear.¹⁰ The current medication reimbursement policy in the People's Republic of China is maintained by the Ministry of Labor and Social Security. Pharmaceuticals that are listed in the Basic Health Insurance Scheme (BHIS) formulary are fully or proportionally reimbursed. The number of medications listed on BHIS formulary ranged from more than 2,000 in 2004 to approximately 500 in the latest version that was released in 2013.^{11,12} The inclusion criteria of drugs in the BHIS formulary were not based on cost-effectiveness but at an attempt to provide basic drug coverage and to contain costs. As a consequence,

this process has overlooked the comparison of health benefits from different treatments, ie, effectiveness. Cost-effectiveness analysis considers both costs and effectiveness and has been widely accepted in drug reimbursement submissions in many countries.¹³ However, the cost-effectiveness of the majority of medications that are listed in the BHIS formulary still remains unknown in the People's Republic of China.

The aim of this study was twofold. The first was to evaluate the cost-effectiveness of raloxifene compared with current osteoporosis treatment practices in the People's Republic of China, and the second was to assess the impact of medication persistence and adherence on the clinical- and cost-effectiveness of raloxifene.

Research design and methods

A modeling approach was used to evaluate the cost-effectiveness of raloxifene compared with current osteoporosis treatment practices in postmenopausal women 65 years of age. The initial population comprised Chinese postmenopausal women 65 years of age with osteoporosis having a *T*-score of -2.5 or less at the femoral neck¹ and without previous fractures. The evaluation was conducted from the Chinese health care payer's perspective and used a lifetime horizon simulation. The details and validation of this osteoporosis health economics model are described elsewhere.¹⁴ A brief description of the model is provided here.

Health economics model

The model was a state-transition microsimulation model comprising four disease states, namely, "no history of fractures",

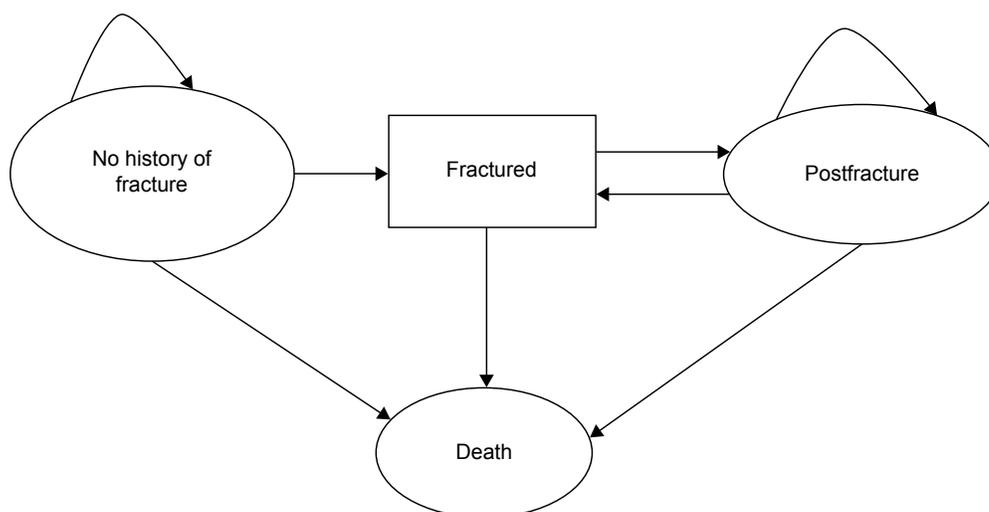


Figure 1 Structure of the osteoporosis state-transition model.

Notes: Simulated patients can transit between disease states in the direction shown by the arrow. "Fractured" is a temporary state and denotes patients with an existing osteoporotic hip, vertebral, or wrist fracture. All patients were simulated until "Death". Osteoporosis Int. Screening for and treatment of osteoporosis: construction and validation of a state-transition microsimulation cost-effectiveness model. 26 (5) 2015:1477–1489. © International Osteoporosis Foundation and National Osteoporosis Foundation 2014. With permission of Springer.¹⁴

“fractured”, “postfracture”, and “death” (Figure 1).¹⁴ Hip, vertebral, and wrist fractures, which are known to be frequent osteoporotic fracture sites, were included in the “fractured” state. The simulated patients transited the model in 1-year cycles until they died. Tracker variables including “number of fractures”, “type of fracture”, “time after fracture treatment”, and “time as a nursing home resident” were used to describe patient characteristics.

Key model parameters

The key parameters used in the health economics model are summarized in Table 1. Annual rates of hip and vertebral fractures were based on estimates in a Chinese population.^{15,16} Estimates of the annual rate of wrist

fractures in the Chinese population were not available, therefore the model used data from an Asian population.¹⁷ Annual fracture rates were adjusted for attribution to osteoporosis as previously described by Melton et al,¹⁸ using age-specific osteoporosis prevalence rates in the Chinese population.² Age-specific mortality rates for patients without any fractures were obtained from the *China Public Health Statistical Yearbook 2012*.¹⁹ We assumed an increased risk of mortality for patients who experienced an osteoporotic fracture.³

Patients who have an osteoporotic fracture in the “conventional treatment” arm were assumed to receive medications to prevent subsequent fractures, and the choice of medication was based on current osteoporosis treatment practices in the

Table 1 Summary of key parameters in the health economics model

Parameter	Model input	Distribution in PSA
Prevalence of osteoporosis (%) ²	14.2 (60–69 years), 26.8 (70–79 years), 39.2 (80+ years)	–
Fracture incidence (annual rate per 1,000 person-years)		
Hip ¹⁵	0.96 (65–69 years), 2.33 (70–74 years), 4.08 (75–79 years), 6.44 (80–84 years), 6.59 (85–89 years), 8.67 (90+ years)	–
Clinical vertebral ¹⁶	5.64 (65–69 years), 8.74 (70–74 years), 12.05 (75–79 years), 21.19 (80–84 years), 26.89 (85–89 years), 27.10 (90+ years)	–
Wrist ¹⁷	12.95 (65–69 years), 13.17 (70–74 years), 13.87 (75–79 years), 15.01 (80–84 years), 15.10 (85–89 years), 13.97 (90+ years)	–
Mortality rate (per 1,000) for general population ¹⁹	10.31 (65–69 years), 20.36 (70–74 years), 37.84 (75–79 years), 69.98 (80–84 years), 136.03 (85+ years)	–
SMR after a hip fracture ³	2.43 (95% CI =2.02–2.93)	Lognormal
SMR after a clinical vertebral fracture ³	1.82 (95% CI =1.52–2.17)	Lognormal
SMR after a wrist fracture ³	1.42 (95% CI =1.19–1.70)	Lognormal
Relative risk for fracture with alendronate treatment ²³		
Primary prevention, nonvertebral	0.89 (95% CI =0.76–1.04)	Lognormal
Secondary prevention, nonvertebral	0.77 (95% CI =0.64–0.92)	Lognormal
Primary prevention, vertebral	0.55 (95% CI =0.38–0.80)	Lognormal
Secondary prevention, vertebral	0.55 (95% CI =0.43–0.69)	Lognormal
Relative risk for fracture with calcium combined with vitamin D treatment ²¹	0.88 (95% CI =0.78–0.99)	Lognormal
Relative risk for fracture with calcitonin treatment ²²		
Nonvertebral	0.80 (95% CI =0.59–1.09)	Lognormal
Vertebral	0.79 (95% CI =0.62–1.00)	Lognormal
Relative risk for fracture with raloxifene treatment ⁸		
Non-vertebral	0.92 (95% CI =0.79–1.07)	Lognormal
Vertebral	0.60 (95% CI =0.50–0.70)	Lognormal
Medication persistence ²⁹		
Raloxifene	0.502 (year 1), 0.401 (year 2)	–
Alendronate	0.571 (year 1), 0.418 (year 2)	–
Calcitonin	0.329 (year 1), 0.235 (year 2)	–
Medication adherence ^{29,a}		
Raloxifene	0.546 (year 1), 0.437 (year 3)	–
Alendronate	0.619 (year 1), 0.479 (year 3)	–
Calcitonin	0.364 (year 1), 0.364 (year 3)	–

(Continued)

Table 1 (Continued)

Parameter	Model input	Distribution in PSA
Costs (2015 USD)		
Annual nursing home ²⁵	4,570	–
Hip fracture, inpatient ⁵	6,720	–
Vertebral fracture, inpatient ⁵	5,079	–
Wrist fracture, inpatient ⁵	2,059	–
Alendronate, annual cost ²⁵	1,144	–
Calcitonin, annual cost ²⁵	745	–
Raloxifene, annual cost ²⁵	1,056	–
Calcium combined with vitamin D, annual cost ²⁵	93	–
HSUVs for osteoporotic patients without fractures ²⁸	0.806 (65–69 years), 0.747 (70–74 years), 0.731 (75–79 years), 0.699 (80–84 years), 0.676 (85+ years)	–
HSUV multipliers ^{4,b}		
Hip fracture, first year	0.776 (95% CI =0.720–0.844)	Beta
Hip fracture, subsequent years	0.855 (95% CI =0.800–0.909)	Beta
Vertebral fracture, first year	0.724 (95% CI =0.667–0.779)	Beta
Vertebral fracture, subsequent years	0.868 (95% CI =0.827–0.922)	Beta
Wrist fracture, first year	1.000 (95% CI =0.960–1.000)	Triangular
Wrist fracture, subsequent years	1.000 (95% CI =0.930–1.000)	Triangular
Annual discount rates ²⁰		
Costs	0.03	–
Effectiveness	0.03	–

Notes: ^aMedication adherence is measured by MPR; MPR ≥ 0.8 was defined as high adherent. ^bMultipliers for the proportionate effects of fractures on HSUVs, calculated using data taken from *Osteoporos Int.* 2014;25(8):1–11. A systematic review and meta-analysis of utility-based quality of life for osteoporosis-related conditions. Si L, Winzenberg TM, de Graaff B, Palmer AJ, © International Osteoporosis Foundation and National Osteoporosis Foundation 2014. With permission of Springer.⁴

Abbreviations: HSUV, health-state utility value; MPR, medication possession rate; PSA, probabilistic sensitivity analysis; SMR, standardized mortality ratio; USD, United States Dollars.

People's Republic of China.²⁰ It has been reported that 51% of hospitalized patients with an osteoporotic fracture receive calcitonin and 29% receive alendronate. We assumed that the remaining 20% of patients were given only calcium (600 mg per tablet) and vitamin D₃ (125 international units per tablet) supplementation.⁵ In the “raloxifene treatment” arm, all patients with fractures were assumed to receive raloxifene 60 mg/d combined with calcium and vitamin D supplementation. The clinical effectiveness of medications indicated for prevention of osteoporotic fractures was obtained from meta-analyses that reported the highest evidence ranking hierarchy.^{8,20–23} We assumed a treatment duration of 5 years in the base case analysis, and the effects of this assumption was tested in sensitivity analyses.

We included only direct costs in this health care payer's perspective study. The treatment costs in the first year following a fracture were taken from a recent study in western China.⁵ All costs were converted to and presented in 2015 US dollars (USD) using an online costs converter.²⁴ Annual costs of medication and nursing home residence were the government-recommended prices.²⁵ Annual costs of medication were calculated from the daily cost, which was determined by the recommended retail price and recommended dosing. For example, a packet of 60 mg raloxifene cost 84.6

Chinese Yuan (approximately USD 20.2) according to the government-recommended price. Given that one packet contains seven tablets and that patients are recommended to take one tablet per day, the daily cost of raloxifene was estimated at 12.1 Chinese Yuan (approximately USD 2.9). Annual cost of raloxifene was estimated at 4,411 Chinese Yuan (approximately USD 1,056).

Effectiveness was measured in quality-adjusted life years (QALYs). QALY is a generic measure of disease burden, incorporating both the quality and quantity of life lived. It is calculated by the cumulative health-state utility values (HSUVs) attached to the relevant years of life.²⁶ HSUV is a cardinal value that represents the quality-of-life weight, varying from 0 to 1, where 0 equals death and 1 equals perfect health.²⁷ There are direct or indirect methods to measure HSUV. Direct methods include the time trade-off, the standard gamble approach, and the visual analog approach, while indirect methods include the use of generic multiattribute utility instruments (EuroQoL 5 dimensions questionnaire [EQ-5D], Short Form 6D [SF-6D], the Health Utilities Index [HUI], and the Assessment of Quality of Life [AQoL]) or disease-specific preference measures. Age-specific HSUVs were measured using a visual analog approach in the 2008 Chinese National Health Services Survey.²⁸ No HSUV

loss was assumed for simulated patients without fractures.⁴ HSUVs for people with fractures were dependent on the fracture sites and time since the fracture events; the HSUV multipliers were retrieved from a recent meta-analysis of HSUVs for osteoporosis-related conditions.^{4,14} Both costs and effectiveness were discounted at 3% annually in the base case analysis.²⁰

Medication persistence and adherence

Poor medication adherence and persistence are common problems of osteoporosis management,^{29–31} and they affect the clinical- and cost-effectiveness of osteoporosis interventions.³² In this study, we used the International Society for Pharmacoeconomics and Outcomes Research definitions of medication adherence and persistence.³³ Medication adherence (or compliance) is “the extent to which a patient acts in accordance with the prescribed interval and dose of a dosing regimen”.³³ The percentage of doses taken as prescribed, known as the medication possession ratio (MPR), was used to define the level of medication compliance,³³ and an MPR of $\geq 80\%$ was defined as high compliance.³⁴ Medication persistence refers to “the duration of time from initiation to discontinuation of the therapy”.³³

For simulated patients who discontinued treatment, residual fracture reduction benefits were assumed to decline over 5 years in a linear manner.³⁵ We assumed increases in fracture rate for patients with poor adherence,^{36,37} no medication cost for those who discontinued medication, and 80% of annual costs for poorly adherent patients.³²

Base case and sensitivity analyses

Monte Carlo probabilistic sensitivity analyses (PSA) and microsimulations were conducted to address both stochastic and parameter uncertainties.³⁸ A total of 1,000 sets of PSA were run, and in each of these simulations 1,000 patients were simulated. Average costs and effectiveness for each treatment strategy were aggregated from a total of 1 million (1,000 PSA \times 1,000 microsimulations) simulations. The incremental cost-effectiveness ratio (ICER) was calculated from the difference in average costs divided by the difference in average effectiveness of the raloxifene treatment and conventional treatment arms. We determined the cost-effectiveness decision using a willingness-to-pay (WTP) threshold of USD 20,000 per QALY gained, which is approximately three times the per capita gross domestic product in the People’s Republic of China.²⁰ In addition, we provided net monetary benefit (NMB) and net health benefit (NHB) estimates for the cost-effectiveness decision given the WTP threshold.

One-way sensitivity analyses were performed to evaluate the robustness of the ICER in response to changes of single parameter values in the model. In particular, the impact of medication persistence and adherence on cost-effectiveness of raloxifene were addressed in the one-way analyses.

All analyses were conducted using TreeAge Pro Suite 2015 (TreeAge Software, Williamstown, MA, USA). Presentation of the model and study results followed the Consolidated Health Economic Evaluation Reporting Standards (CHEERS) guidelines.³⁹

Results

Base case analysis

Raloxifene treatment improved health outcomes at a higher cost than conventional treatment (Table 2). The average improvement of 0.006 in QALY and average incremental cost of USD 221 seen for raloxifene treatment resulted in an ICER of USD 36,891 per QALY gained. Given the current WTP threshold, raloxifene treatment had a 45% probability of being cost-effective (Figure 2). In addition, both NMB and NHB were negative.

One-way sensitivity analyses

In general, varying any of a number of critical parameter values within the model did not change the cost-effectiveness decision (Table 2). However, raloxifene treatment was cost-effective given the current WTP threshold if the clinical efficacy was improved by 20% or the treatment duration was changed to 10 years.

Impact of medication persistence and adherence on clinical- and cost-effectiveness of raloxifene

High raloxifene persistence and adherence improved clinical effectiveness, but the costs were also higher (Table 3). It should be noted that the relative clinical effectiveness of conventional treatment increased if raloxifene persistence and adherence decreased more than 20%. On the other hand, the average cost of raloxifene treatment was lower than that of conventional treatment if raloxifene persistence and adherence decreased more than 20%. In addition, raloxifene treatment became cost-effective compared with conventional treatment strategy if raloxifene persistence and adherence decreased by 30%–50%.

Discussion

To our knowledge, this is the first study to evaluate the cost-effectiveness of raloxifene in the treatment of osteoporotic fractures in Chinese postmenopausal women using

Table 2 Results of base case and one-way sensitivity analyses

Parameter	Cost (2015 USD)		ΔC	Effectiveness (QALYs)		ΔE	ICER (USD/ QALY gained)	NHB ^a (QALYs)	NMB ^a (2015 USD)
	Conventional	Raloxifene		Conventional	Raloxifene				
Base case	5,114	5,336	221	8.7306	8.7366	0.0060	36,891	-0.0051	-101.34
Discount rate: 0	7,091	7,368	277	10.9581	10.9672	0.0091	30,445	-0.0048	-95.05
Discount rate: 0.05	4,255	4,448	193	7.6814	7.6860	0.0046	42,005	-0.0051	-101.22
No residual effects after medication discontinuation	5,114	5,336	221	8.7139	8.7179	0.0040	55,336	-0.0071	-141.34
0.8 times raloxifene efficacy	5,114	5,336	221	8.7306	8.7302	-0.0004	-553,360	-0.0115	-229.34
1.2 times raloxifene efficacy	5,114	5,336	221	8.7306	8.7472	0.0166	13,334	0.0055	110.66
0.8 times raloxifene persistence	5,114	5,171	57	8.7202	8.7203	0.0001	565,640	-0.0027	-54.56
1.2 times raloxifene persistence	5,114	5,567	453	8.7565	8.7724	0.0159	28,476	-0.0067	-134.76
0.8 times raloxifene adherence	5,114	5,326	211	8.7306	8.7315	0.0009	234,851	-0.0097	-193.37
1.2 times raloxifene adherence	5,114	5,346	231	8.7306	8.7426	0.0120	19,268	0.0004	8.79
Treatment duration: 2 years	4,926	4,958	32	8.7306	8.7361	0.0055	5,805	0.0039	78.07
Treatment duration: 10 years	4,926	4,958	32	8.7306	8.7373	0.0067	4,765	0.0051	102.07
0.8 times annual fracture rates	4,157	4,343	186	9.0458	9.0497	0.0039	47,677	-0.0054	-107.94
1.2 times annual fracture rates	6,051	6,309	258	8.4288	8.4365	0.0077	33,452	-0.0052	-103.58
0.8 times fracture inpatient costs	4,286	4,512	226	8.7306	8.7366	0.0060	37,730	-0.0053	-106.38
1.2 times fracture inpatient costs	5,943	6,159	216	8.7306	8.7366	0.0060	36,051	-0.0048	-96.31
0.8 times nursing home costs	4,972	5,192	221	8.7306	8.7366	0.0060	36,756	-0.0050	-100.54
1.2 times nursing home costs	5,257	5,479	222	8.7306	8.7366	0.0060	37,025	-0.0051	-102.15
0.8 times annual raloxifene costs	5,114	5,235	121	8.7306	8.7366	0.0060	20,193	-0.0001	-1.16
1.2 times annual raloxifene costs	5,114	5,436	322	8.7306	8.7366	0.0060	53,588	-0.0101	-201.53
0.8 times base case HSUV	5,114	5,336	221	6.8554	6.8607	0.0053	41,763	-0.0058	-115.34
1.2 times base case HSUV	5,114	5,336	221	10.6890	10.6953	0.0063	35,134	-0.0048	-95.34
Initial population age: 70 years	4,514	4,686	173	7.1923	7.1981	0.0058	29,768	-0.0028	-56.65
Initial population age: 75 years	3,870	4,006	136	5.6785	5.6832	0.0047	28,958	-0.0021	-42.10
Initial population age: 80 years	3,159	3,272	113	4.3061	4.3110	0.0049	23,084	-0.0008	-15.11

Note: ^aWillingness-to-pay threshold is set at USD 20,000 per QALY gained.

Abbreviations: USD, United States Dollars; QALY, quality-adjusted life year; ICER, incremental cost-effectiveness ratio; ΔC , incremental costs; ΔE , incremental effectiveness; NHB, net health benefit; NMB, net monetary benefit; HSUV, health-state utility value.

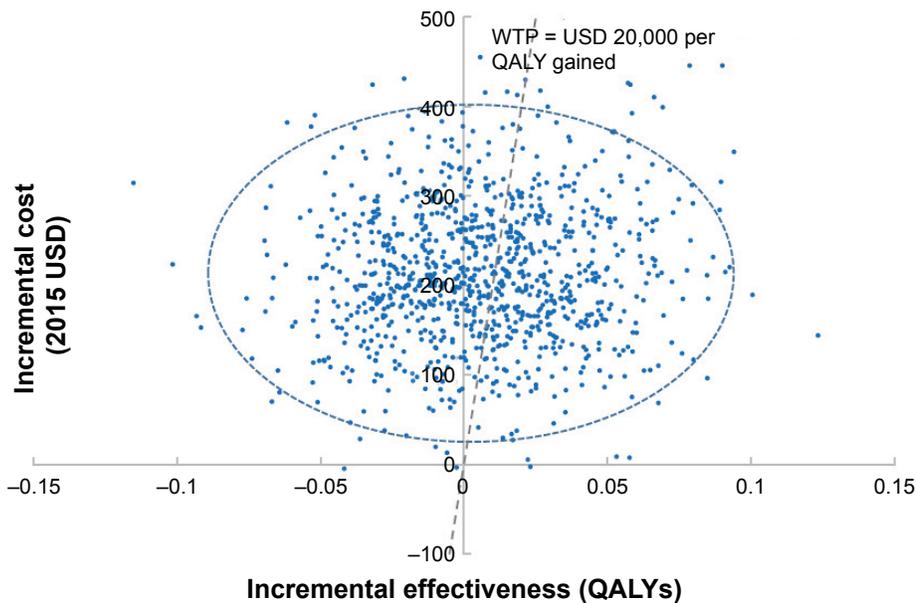


Figure 2 Scatter plot of estimated joint density of incremental cost (2015 USD) and incremental effectiveness (QALYs) of raloxifene versus conventional treatment obtained from probabilistic sensitivity analyses.

Notes: Mean incremental cost is USD 221 and mean incremental effectiveness is 0.006 QALYs for raloxifene versus conventional treatment. Dotted line denotes the WTP threshold, the plots to the right of the WTP threshold are cost-effective. Given a WTP threshold of USD 20,000 per QALY gained, treatment with raloxifene has a 45% probability of being cost-effective.

Abbreviations: QALY, quality-adjusted life year; WTP, willingness-to-pay; USD, United States Dollars.

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Table 3 One-way sensitivity analyses of the impact of raloxifene persistence and adherence on clinical- and cost-effectiveness

Raloxifene persistence and adherence multipliers	Cost (2015 USD)		ΔC	Effectiveness (QALYs)		ΔE	ICER (USD/QALY gained)	NHB ^a	NMB ^a
	Conventional	Raloxifene		Conventional	Raloxifene				
0.5 times base case value	5,114	5,005	-109	8.7306	8.7252	-0.0054	20,233	-0.011	1.26
0.6 times base case value	5,114	5,047	-68	8.7306	8.7268	-0.0038	17,833	-0.007	-8.23
0.7 times base case value	5,114	5,100	-14	8.7306	8.7292	-0.0014	10,356	-0.002	-13.50
0.8 times base case value	5,114	5,164	50	8.7306	8.7311	0.0005	99,978	0.003	-39.99
0.9 times base case value	5,114	5,242	128	8.7306	8.7338	0.0032	39,940	0.010	-63.81
Base case	5,114	5,336	221	8.7306	8.7366	0.0060	36,891	0.017	-101.34
1.1 times base case value	5,114	5,448	334	8.7306	8.7398	0.0092	36,296	0.026	-149.92
1.2 times base case value	5,114	5,582	468	8.7306	8.7435	0.0129	36,245	0.036	-209.56
1.3 times base case value	5,114	5,738	624	8.7306	8.7478	0.0172	36,282	0.048	-280.06
1.4 times base case value	5,114	5,918	804	8.7306	8.7531	0.0225	35,716	0.063	-353.61
1.5 times base case value	5,114	6,122	1,008	8.7306	8.7593	0.0287	35,107	0.079	-433.56
Full persistence and adherence	5,114	8,128	3,014	8.7306	8.8042	0.0736	40,948	-0.0771	-1,541.74

Note: ^aWillingness-to-pay threshold is set at USD 20,000 per QALY gained.

Abbreviations: USD, United States Dollars; ΔC , incremental costs; ΔE , incremental effectiveness; QALY, quality-adjusted life year; ICER, incremental cost-effectiveness ratio; NHB, net health benefit; NMB, net monetary benefit; HSUV, health-state utility value.

a modeling approach.^{14,40} In addition, we assessed the impact of raloxifene persistence and adherence on clinical- and cost-effectiveness. Compared with conventional treatment, the overall clinical effectiveness was improved by raloxifene, but the cost was increased. Given the current WTP threshold, raloxifene was not cost-effective compared with the conventional treatment given in the People's Republic of China to postmenopausal women with osteoporotic fractures. Although clinical effectiveness was improved with increases in raloxifene persistence and adherence, the cost-effectiveness decision did not change.

The effect of medication persistence and adherence on cost-effectiveness was twofold. First, high persistence and adherence affected average costs. In this study, average costs in the raloxifene treatment arm increased by 52% with full persistence and adherence compared with that in the base case (Table 3). Second, high persistence and adherence increased clinical effectiveness, but the improvement was marginal in this study. The average effectiveness with full raloxifene persistence and adherence was 8.8042 QALYs, which was 0.0676 (0.7%) greater than in the base case. As medication persistence and adherence affected both cost and clinical outcomes, its impact on cost-effectiveness was case based.

Our results confirmed that it is important to incorporate medication persistence and adherence in health economic evaluation studies, a finding that is significant not only in the context of osteoporosis but also in other disease areas.^{41,42} Given the differences in disease profiles, socioeconomic status, and pharmacoeconomic guidelines, health economics studies in different jurisdictions and populations are encouraged, and the impact of medication persistence and adherence

on cost-effectiveness would be expected to vary in different countries. Therefore, the application of our results to other jurisdictions needs scrutiny. In a Belgian study evaluating the clinical and economic burden of nonadherence to oral bisphosphonates, the ICER was Euro 10,279 (USD 11,472) with full adherence, and Euro 3,909 (USD 4,363) with "real-world" (ie, actual) adherence compared with no treatment.⁴¹ In our analysis, we observed a higher ICER (USD 40,948 vs USD 36,891 per QALY gained) with full raloxifene persistence and adherence compared with that with real-world persistence and adherence. The primary reason for this difference was that the ratio of fracture inpatient costs to raloxifene cost in the Chinese population was substantially smaller than that in the Belgian study population.^{5,41} Inpatient costs in the People's Republic of China for hip, vertebral, and wrist fractures were USD 6,720, USD 5,079, and USD 2,059, respectively, and the annual raloxifene cost was USD 1,149.^{5,25} Consequently, the cost of raloxifene outstripped the decrease in the cost of treating fractures, resulting in higher average costs and ICER with full medication persistence and adherence compared with the real-world scenario (Tables 1 and 3).

In line with the Chinese Guidelines for Pharmacoeconomic Evaluations, the current treatment pattern was used in our study as the comparator.²⁰ Given that more than half of hospitalized patients with fractures received calcitonin to prevent subsequent fractures, the cost-effectiveness of raloxifene in the People's Republic of China might differ from those that used other comparators – for example, no treatment.⁹ Both the current practice and no-treatment are commonly used comparators in health economic evaluations.²⁶

However, no-treatment was not an appropriate comparator in our study, because evidence has shown that osteoporotic patients with fragility fractures are more likely to have subsequent fractures; therefore, in practice, they are prescribed with medications to prevent subsequent fractures.⁴³

Our study has several limitations that should be addressed. First, health effects such as coronary heart disease, breast cancer, venous thromboembolism, and fatal stroke that might have been associated with raloxifene treatment were not included in our analyses.⁴⁴ Although evidence has shown the benefits of raloxifene in reducing the risks of invasive breast cancer; the objective of this study was to evaluate the cost-effectiveness of raloxifene in treatment of osteoporotic fractures. Second, we included only hip, vertebral, and wrist fractures in the model because of the paucity of Chinese data on fractures at other sites such as the proximal humerus, pelvis, distal femur, and proximal tibia, which are also associated with low bone density.⁴⁵ In addition, because of limited data on relative risks of mortality after an osteoporotic fracture, treatment efficacy, and health utility values for postfracture status in the Chinese population, such values were taken from other populations. An updated study should be conducted when such data are available in the Chinese population. Finally, large variations in fracture risks have been shown to exist in different populations within a country.⁴⁶ Given that we have used regional hip and clinical vertebral fracture rates, our results might not be representative of the whole county.

Conclusion

Given the current fracture treatment practices, inpatient costs, medication costs, and WTP threshold in the People's Republic of China, raloxifene is not cost-effective compared with the current management of osteoporotic fractures. Medication persistence and adherence have a strong impact on both clinical- and cost-effectiveness, and therefore should be incorporated in pharmacoeconomic studies.

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Disclosure

The authors report no conflicts of interest in this work.

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