

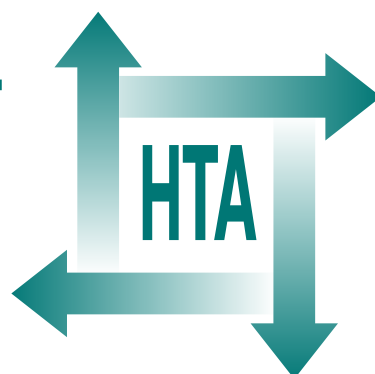
The effectiveness and cost-effectiveness of cochlear implants for severe to profound deafness in children and adults: a systematic review and economic model

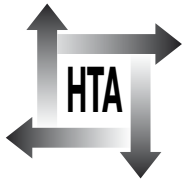
M Bond, S Mealing, R Anderson, J Elston,
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A Price and K Stein



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The effectiveness and cost-effectiveness of cochlear implants for severe to profound deafness in children and adults: a systematic review and economic model

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Abstract

The effectiveness and cost-effectiveness of cochlear implants for severe to profound deafness in children and adults: a systematic review and economic model

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Objectives: To investigate whether it is clinically effective and cost-effective to provide (i) a unilateral cochlear implant for severely to profoundly deaf people (using or not using hearing aids), and (ii) a bilateral cochlear implant for severely to profoundly deaf people with a single cochlear implant (unilateral or unilateral plus hearing aid).

Data sources: Main electronic databases [MEDLINE; EMBASE; Cochrane Database of Systematic Reviews; CENTRAL; NHS EED; DARE; HTA (NHS-CRD); EconLit; National Research Register; and ClinicalTrials.gov] searched in October 2006, updated July 2007.

Review methods: A systematic review of the literature was undertaken according to standard methods. A state-transition (Markov) model of the main care pathways deaf people might follow and the main complications and device failures was developed.

Results: The clinical effectiveness review included 33 papers, of which only two were RCTs. They used 62 different outcome measures and overall were of moderate to poor quality. All studies in children comparing one cochlear implant with non-technological support or an acoustic hearing aid reported gains on all outcome measures, some demonstrating greater gain from earlier implantation. The strongest evidence for an advantage from bilateral over unilateral implantation was for understanding speech in noisy conditions (mean improvement 13.2%, $p < 0.0001$); those receiving their second implant earlier made greater gains. Comparison of bilateral with unilateral cochlear implants plus an acoustic hearing aid was compromised by small sample sizes and poor reporting, but benefits were seen with bilateral implants. Cochlear implants improved children's quality of life, and those who were implanted before attending school were more likely to

do well academically and attend mainstream education than those implanted later. In adults, there was a greater benefit from cochlear implants than from non-technological support in terms of speech perception. Increased age at implantation may reduce effectiveness and there is a negative correlation between duration of deafness and effectiveness. Speech perception measures all showed benefits for cochlear implants over acoustic hearing aids [e.g. mean increase in score of 37 points in noisy conditions ($p < 0.001$) with BKB sentences]; however, prelingually deafened adults benefited less than those postlingually deafened (mean change scores 20% versus 62%). For unilateral versus bilateral implantation, benefits in speech perception were significant in noisy conditions on all measures [e.g. 76% for HINT sentences ($p < 0.0001$)]. Quality of life measured with generic and disease-specific instruments or by interview mostly showed significant gains or positive trends from using cochlear implants. The Markov model base-case analysis estimated that, for prelingually profoundly deaf children, the incremental cost-effectiveness ratio (ICER) for unilateral implantation compared with no implantation was £13,413 per quality-adjusted life-year (QALY). Assuming the utility gain for bilateral implantation is the same for adults and children, the ICERs for simultaneous and sequential bilateral implantation versus unilateral implantation were £40,410 and £54,098 per QALY respectively. For postlingually sensorineurally profoundly deaf adults, the corresponding ICERs were £14,163, £49,559 and £60,301 per QALY respectively. Probabilistic threshold analyses suggest that unilateral implants are highly likely to be cost-effective for adults and children at willingness to pay thresholds of £20,000 or £30,000 per QALY.

There are likely to be overall additional benefits from bilateral implantation, enabling children and adults to hold conversations more easily in social situations.

Conclusions: Unilateral cochlear implantation is safe and effective for adults and children and likely to be

cost-effective in profoundly deaf adults and profoundly and prelingually deaf children. However, decisions on the cost-effectiveness of bilateral cochlear implants should take into account the high degree of uncertainty within the model regarding the probable utility gain.



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List of abbreviations

ACE	advanced combination encoder	HHIA	Hearing Handicap Inventory for Adults
AHA	acoustic hearing aids	HINT-C	Hearing in Noise Test for Children
AQL	Assessment of Quality of Life	HPS	Hearing Participation Scale
BCIG	British Cochlear Implant Group	HRG	Healthcare Resource Group
BKB	Bamford–Kowal–Bench test	HSM	Hochmaier, Schultz and Moser sentence test
CAP	Categories of Auditory Performance	HUI-3	Health Utilities Index 3
CDT	connected discourse tracking	IADL	Instrumental Activities of Daily Living scale
CEAC	cost-effectiveness acceptability curve	ICER	incremental cost-effectiveness ratio
CHQ	Child Health Questionnaire	IOWA	Iowa Matrix Sentence Test
CI	confidence interval	IRQF	Index Relative Questionnaire Form
CIS	continuous interleaved sampling	KINDLr	Munich Quality of Life Questionnaire for Children
Cr I	credibility interval	LNT	Lexical Neighbourhood Test
CRISP	Children's Realistic Intelligibility and Speech Perception	MAA	minimal audible angle
CT	computerised tomography	MAIS	Meaningful Auditory Integration Scale (IT-MAIS, infant/toddler version)
dB	decibels	MAPE	mean absolute percentage error
dB HL	decibels hearing level	MHAS	Modernisation of Hearing Aid Services
ESP	Early Speech Perception	MHRA	Medicines and Healthcare Products Regulatory Agency
FDA	Food and Drug Administration	MHU	marginal hearing aid users
GASP	Glendonald Auditory Screening Procedure		
GBI	Glasgow Benefit Inventory		
GHSI	Glasgow Health Status Inventory		
HES	Hospital Event Statistics		

continued

MLNT	Multisyllabic Lexical Neighbourhood Test	RNID	Royal National Institute for the Deaf
MMPI	Minnesota Multiphasic Personality Inventory	SAD	Social Avoidance and Distress scale
NCIQ	Nijmegen Cochlear Implant Questionnaire	SF-36	Short-Form 36
OC	oral communication	SIFTER	Screening Instrument for Targeting Educational Risk
OLS	ordinary least squares	SIR	Speech Intelligibility Rating scale
OR	odds ratio	SNR	signal to noise ratio
PQLF	Patient Quality of Life Form	SPEAK	spectral peak
PTA	pure-tone audiometry	TAPS	Test for Auditory Perception and Speech
PTT	pure-tone thresholds	TC	traditional candidates
QALY	quality-adjusted life-year	UKCISG	UK Cochlear Implant Study Group
QWBS	Quality of Well-being Scale	ULS	Usher Lifestyle Survey
RCT	randomised controlled trial		

All abbreviations that have been used in this report are listed here unless the abbreviation is well known (e.g. NHS), or it has been used only once, or it is a non-standard abbreviation used only in figures/tables/appendices, in which case the abbreviation is defined in the figure legend or in the notes at the end of the table.



Executive summary

Objectives

To assess the clinical effectiveness and cost-effectiveness of cochlear implants for children and adults with severe to profound sensorineural hearing loss by answering the following questions:

1. For severely to profoundly deaf people (either using or not using hearing aids), is it effective and cost-effective to provide a first (i.e. unilateral) cochlear implant?
2. For severely to profoundly deaf people with a single cochlear implant (either unilateral or unilateral with a hearing aid), is it effective and cost-effective to provide a second (i.e. bilateral) cochlear implant?

Methods

These questions were addressed using the following criteria:

Intervention Multichannel cochlear implants using whole-speech processing coding strategies, e.g. ACE, SPEAK, CIS and SMP, i.e. devices that are the same as, or comparable with, those currently available on the NHS.

Comparators In the review of clinical effectiveness, multichannel implants were compared with non-technological support (no devices of any kind) and acoustic hearing aids, and unilateral implants were compared with bilateral implants, and bilateral implants with unilateral implants plus acoustic hearing aids. In the cost-effectiveness analysis the following comparisons were made: no implant versus unilateral implantation; simultaneous bilateral versus unilateral implantation; and sequential bilateral versus unilateral implantation.

Population Children and adults with severe to profound deafness. People with severe loss of hearing cannot detect tones on average at a level below 70–94 decibels hearing level (dB HL) in their better-hearing ear, whereas those with profound hearing loss cannot detect tones below 95 dB HL in their better-hearing ear.

Main outcomes Measures of sensitivity to sound (hearing), speech perception, speech production, adverse effects of treatment, health-related quality of life, and educational outcomes.

Main databases searched Limited to English language papers only but no restriction on publication date. The bibliographies of retrieved references were checked for additional publications. All initial searches were carried out in October 2006 and the update searches were rerun in July 2007. Databases searched included MEDLINE; EMBASE; Cochrane Database of Systematic Reviews; CENTRAL; NHS EED; DARE; HTA (NHS-CRD); EconLit; National Research Register; and ClinicalTrials.gov.

Study selection Studies were included if they were randomised controlled trials (RCTs), quasi-RCTs, or pre-/post, cross-sectional or non-randomised controlled studies. They were excluded if they used either single channel implants or feature extraction or compressed analogue coding strategies, which are not comparable with current NHS practice, or if they were narrative reviews (including literature reviews), preclinical or technical studies, uncontrolled studies, conference abstracts, animal studies, or not relevant to the UK or otherwise outside the criteria for this assessment. Included studies were critically appraised for internal and external validity. For each comparison sufficient studies were included for 75% of the total population of that comparison to be in the assessment. Relevant data were extracted and narrative reviews undertaken, but meta-analyses of the clinical data were not carried out as the data were too heterogeneous to pool. The manufacturers' submissions to the National Institute for Health and Clinical Excellence were searched for additional evidence.

PenTAG cost-utility model We developed a state-transition (Markov) model of the main care pathways deaf people might follow and the main complications and device failures. The costs (2006 prices) of assessing candidacy, implantation, training and maintenance are included.

Results

Summary of clinical effectiveness

The systematic search produced 1581 abstracts/titles, from which 1436 items were excluded. The evaluation of the 145 papers retrieved left 33 papers in the clinical effectiveness review. These studies, only two of which were RCTs, used 62 different outcome measures. Although there were some notable exceptions (principally those conducted in the UK), overall the studies were of moderate to poor quality with some weaknesses in design and internal validity.

Children

There is considerable heterogeneity in the studies of one cochlear implant versus non-technological support; therefore, pooling of data was not possible. However, there was a large total number of participants ($n = 848$) and the design of most of the studies was prospective. All studies reported gains on all reported outcome measures, some demonstrating greater gain from earlier implantation. Measures of hearing showed that clear gains were made 6 months post activation onwards, with hearing thresholds ranging from 32 to 44 dB HL post implantation. The results for speech perception and production show a 50% improvement in understanding speech in noise [Hearing in Noise Test for Children (HINT-C): before implantation, $11\% \pm 21\%$; 6 months after, $61\% \pm 37\%$].

When unilateral cochlear implantation was compared with acoustic hearing aids the results indicate greater gains in all outcomes with cochlear implants. In one study, on a 4-point scale measuring ability to identify everyday sounds, children with cochlear implants had mean scores 1.6 points above those of children with acoustic hearing aids. The speech perception outcomes ranged from a minimal difference in understanding of spoken language of 0.1 points at 24 months post implant to 56.5 points on picture identification tasks.

Comparing unilateral implantation with bilateral implantation the strongest evidence for an advantage from the latter was for understanding speech in noisy conditions, with bilateral implantation giving a mean improvement of 13.2% ($p < 0.0001$). Age at second implant was found to affect the speed of improvement and final gain; those receiving their second implant earlier made greater gains.

The comparison of bilateral implants with unilateral cochlear implants plus an acoustic hearing aid was compromised by small sample sizes (range 10–30) and poor reporting. The psychoacoustic results give the strongest evidence; improvement was seen in the ability to detect the direction of sound (minimal audible angle: bilateral = 28.0° ; unilateral + hearing aid = 44.4° ; $p < 0.05$). Speech perception was better in children with two cochlear implants. The degree of benefit ranged from a mean difference of 4.0 for the Children's Realistic Intelligibility and Speech Perception (CRISP) test of matching pictures to spoken words to 25.0 for the Multisyllabic Lexical Neighbourhood Test (MLNT) of recognising spoken words, both in quiet conditions.

None of the studies of children reviewed reported health-related quality of life or educational outcomes. Therefore the searches were screened again for studies with broader inclusion criteria. Six quality of life and seven educational outcome studies were found. Compared with before implantation, cochlear implants improved children's quality of life. The educational studies showed that children who are implanted before they attend school are more likely to do well academically and attend mainstream education than those implanted after school age. Profoundly deaf children with cochlear implants performed at levels similar to moderately or severely deaf children without implants.

Adults

Comparing unilateral implantation with non-technological support, results for speech perception demonstrated a greater benefit from cochlear implants in all studies. Measures were taken before and post implantation at intervals, with participants acting as their own controls. The overall results indicate an improvement in quality of life from cochlear implant use with a Health Utilities Index 3 (HUI-3) gain for traditional candidates of 0.22 (95% CI 0.19–0.24) and for marginal hearing aid users of 0.15 (95% CI 0.11–0.19). There is some indication that increased age at implantation may reduce effectiveness [normalised index of audiovisual gain (AVGN): $r = 0.164$, $p < 0.01$], and also a negative correlation between duration of deafness and effectiveness ($r = -0.203$, $p < 0.01$), with people who had been profoundly deaf for more than 30 years before implantation not showing any significant benefit.

Six studies compared unilateral implantation with acoustic hearing aids. Speech perception measures

all showed benefits for cochlear implants, in particular a mean increase in score of 37 points for cochlear implants compared with acoustic hearing aids in noisy conditions ($p < 0.001$) with BKB sentences. However, prelingually deafened adults benefited less, with mean change scores of 20% compared with 62% for the postlingually deafened. When participants were asked to rate functional performance and the effects of cochlear implants on their quality of life, cochlear implants were given a higher functional performance rating (59%) than hearing aids (40%). Another study found commensurate gains in quality of life, with 84% of participants quite or very positive about the impact of cochlear implants on their lives.

The comparison of unilateral with bilateral cochlear implantation demonstrated hearing advantages from bilateral implantation: mean difference for spatial hearing 0.71 (95% CI 0.08–1.33, $p < 0.01$), quality of hearing 0.7 (95% CI 0.2–1.2, $p < 0.05$), hearing for speech 9.00 (95% CI 3.00–5.00, $p < 0.01$) measured on the Speech Hearing, Spatial Hearing and Qualities of Hearing Questionnaire, and for detection of sound direction 24° azimuth ($p < 0.001$). Benefits in speech perception were significant in noisy conditions on all measures. These ranged from 12.6 for City University of New York (CUNY) sentences ($p < 0.001$) to 76% for HINT sentences ($p < 0.0001$). There were particular advantages from the head shadow effect (-3.5 , $p < 0.0001$). However, not all measures showed significant gains.

Quality of life was measured with generic and disease-specific instruments. Two measures showed benefits from bilateral implantation: the Glasgow Health Status Inventory (2.00; 95% CI 1.00–7.00, $p < 0.05$) and Abbreviated Profile of Hearing Aid Benefit (communication 5.7; SE 0.2, $p < 0.0001$). However, in another study neutral and negative results came from the HUI-3 [-0.01 ; 95% CI -0.1 to 0.08, NS), visual analogue scale (VAS; -0.06 ; 95% CI 0.12–0.00, NS) and EuroQol 5 dimensions (EQ-5D; -0.045 ; 95% CI -0.12 to 0.03, $p < 0.05$), although multiple regression indicated that the negative results might have been primarily due to the worsening tinnitus following the second implant for two participants in that study. A further review of the clinical searches added five quantitative and one qualitative study to this review of adult quality of life. The eight measures used in the studies showed either significant gains or positive trends from using cochlear implants. The degree of improvement ranged from a mean (SD) gain of 7.2 (14.5) on the Short-Form 36 (SF-36) to 21 (25.29) on the Hearing Handicap Inventory for

Adults (HHIA). The qualitative study found that all 17 interviewees thought that cochlear implants had substantially improved their quality of life.

Summary of cost-effectiveness

As there were no data for bilateral implantation in children, estimates of the utility gain were assumed to be the same as for adults. Therefore the incremental cost-effectiveness ratios (ICERs) for bilateral implantation in children are highly speculative.

The PenTAG Markov model base-case analysis (over a lifetime) estimated that, for prelingually profoundly deaf children, in comparison with no cochlear implant use, unilateral implantation conferred an additional 4.48 quality-adjusted life-years (QALYs) for an additional £60,070 per person, giving an estimated ICER of £13,413 per QALY. Simultaneous bilateral implantation conferred an estimated additional 0.67 QALYs for an additional £27,105 per person compared with unilateral implantation, giving an estimated ICER of £40,410 per QALY. Sequential bilateral implantation versus unilateral implantation conferred an estimated additional 0.60 QALYs for an additional £32,657 per person, giving an estimated ICER of £54,098 per QALY.

The PenTAG model base-case analysis estimated that, for postlingually sensorineurally profoundly deaf adults, in comparison with no cochlear implant, unilateral implantation conferred an additional 2.40 QALYs for an additional £33,959 per person, giving an ICER of £14,163 per QALY. Simultaneous bilateral implantation versus unilateral implantation conferred an additional 0.38 QALYs for an additional £19,048 per person, giving an ICER of £49,559 per QALY. Sequential bilateral implantation conferred an additional 0.33 QALYs over unilateral implantation for an additional £19,678 per person, giving an ICER of £60,301 per QALY.

Deterministic one-way sensitivity analyses showed that the cost–utility results were sensitive to changes in discount rates, the time horizon used in the analysis, and the long-term utility gain associated with unilateral implant use compared with not using cochlear implants. Results for bilateral implantation were sensitive to the discount offered on the cost of a second implant system and extremely sensitive to the incremental utility associated with bilateral cochlear implant use as opposed to unilateral implant use.

Probabilistic threshold analyses suggest that, when measured on a lifetime horizon, and compared with either non-technological support or acoustic hearing aids, unilateral cochlear implants are highly likely to be cost-effective for adults and children at willingness to pay thresholds of £20,000 or £30,000 per QALY. There are likely to be overall additional benefits from bilateral implantation, enabling children and adults to hold conversations more easily in social situations.

Children

Probabilistic sensitivity analysis based on 1000 simulated trials showed that, at an assumed maximum willingness to pay threshold of £30,000 (or £20,000) per QALY, unilateral implantation conferred greater net benefit over no implantation in 100% (99.9%) of simulations and was dominated (fewer QALYs for greater cost) in 0%. Again, assuming that the mean incremental utility gain associated with bilateral cochlear implant use is the same in children as in adults, simultaneous bilateral implantation conferred greater net benefit over unilateral implantation in 34.9% (16.6%) of simulations and was dominated in 16.9%. Comparing sequential bilateral implantation and unilateral implantation, the former conferred greater net benefit in 21.3% (5.5%) of simulations and was dominated in 16.2%. However, any changes to the central estimate would have a potentially large impact on any decision uncertainty and could alter these results considerably.

Adults

Probabilistic sensitivity analysis based on 1000 simulated trials showed that, at £30,000 (or £20,000) per QALY, unilateral implantation conferred greater net benefit than no implantation in 100% (100%) of simulations and was dominated (fewer QALYs for greater cost) in 0%. Simultaneous bilateral implantation conferred greater net benefit over unilateral implantation in 20.7% (30%) of simulations and was dominated in 13.2%. Sequential bilateral implantation conferred greater net benefit over unilateral implantation in 8.9% (0.7%) of simulations and was dominated in 12.8%.

Conclusions

Unilateral cochlear implantation is safe and effective for adults and children. In the latter it seems likely that unilateral implantation improves academic performance and may increase the likelihood of children remaining in mainstream education. Greater benefits are derived from earlier implantation and a shorter duration of deafness

before implantation. In profoundly deaf adults and profoundly and prelingually deaf children, unilateral cochlear implants are likely to be cost-effective. Probabilistic threshold analyses suggest that, when measured on a lifetime horizon, and compared with either non-technological support or acoustic hearing aids, unilateral cochlear implants are highly likely to be cost-effective for adults and children at willingness to pay thresholds of £20,000 or £30,000 per QALY. There are likely to be overall additional benefits from bilateral implantation, enabling children and adults to hold conversations more easily in social situations. Any conclusion about the cost-effectiveness of bilateral cochlear implants should take into account the high degree of uncertainty within the PenTAG model regarding the probable utility gain.

Suggested future research questions and priorities

1. Determination of the level of residual hearing remaining before it becomes cost-ineffective to provide an implant rather than an acoustic hearing aid.
2. Definition of the earliest age at which the implantation of a congenitally deaf child is safe and effective.
3. Investigation of the utility gain for children from bilateral compared with unilateral implantation.
4. Studies in children and adults enabling mapping (i.e. reliable prediction) from measures of speech perception and production and hearing to validated generic utility assessment instruments.
5. Studies on employment prospects in adults or children using cochlear implants compared with employment prospects in profoundly/severely deaf people.
6. Larger studies with longer follow-up, using standard measures for outcomes and quality of life impact, and recording full data on known covariates of postimplantation speech and quality of life outcomes. There may be a strong case for a national research registry of all cochlear implantees in the UK.
7. Development of a standard classification system for defining levels of functional hearing.
8. More comparative empirical research into the relative effectiveness of, and patient and clinician preferences for, simultaneous versus sequential bilateral implantation.
9. Studies on the clinical effectiveness and cost-effectiveness of cochlear implants for children and adults with multiple disabilities and their effects on quality of life.

Chapter I

Background

Description of the problem

Hearing loss

Loss of hearing is a common problem, generally associated with increasing age.¹ In the UK about 40% of those over 50 years of age have some degree of deafness.² A person who can detect tones at an average level below 20 decibels hearing level (dB HL) is considered to have normal hearing. Those with a severe loss of hearing cannot detect tones at an average level below 70–94 dB HL in their better-hearing ear. Those with a profound loss of hearing cannot detect tones at an average level below 95 dB HL in their better-hearing ear.

Traditional acoustic hearing aids may improve hearing function but are diminishingly ineffective for many people with severe to profound sensorineural loss of hearing.³ For some of this group the advent of cochlear implants has provided an alternative treatment.⁴

Epidemiology

Incidence and/or prevalence

Children (0–16 years)

An estimated 371 [95% confidence interval (CI) 327–421] children in England and 21 (95% CI 18–24) children in Wales are born annually with permanent severe to profound deafness.⁵ The prevalence for severe to profound deafness is about 59 cases per 100,000 children.⁵ About 1 in 1000 children is severely or profoundly deaf at 3 years old. This rises to 2 in 1000 children aged 9–16 years.⁶

Adults (over 16 years)

Significant hearing loss affects one-third of those over 60 years and half of those over 75 years.⁴ In the UK around 3% of those over 50 years and 8% of those over 70 years have severe to profound hearing loss.² People with severe to profound hearing loss make up around 8% of the adult deaf population.² This number is likely to rise with the increasingly elderly population. In those over 60 years the prevalence of hearing impairment is higher in men than in women (55% and 45%, respectively, for all degrees of deafness).¹

Aetiology

Children

A 15-year study by Fortnum and colleagues⁷ that examined birth cohorts of those born in the UK between 1980 and 1995 found nearly 3600 (21%) cases of children with permanent severe hearing loss (71–95 dB) and 4262 (25%) cases with permanent profound hearing loss (> 95 dB). The aetiology of severe hearing loss was 22% more likely than other levels of deafness to have perinatal causes ($p < 0.001$). Those with profound deafness were more likely to have a genetic (42%; $p < 0.001$), postnatal (20%; $p < 0.001$) or prenatal (12%; $p < 0.001$) aetiology. Fortnum and colleagues also looked at the subset of children with cochlear implants. Here, significantly more of these children had a postnatal aetiology (47.7%; $p < 0.001$) than those profoundly deaf children not implanted.

Adults

The most common cause of eventual severe to profound deafness in the elderly is presbycusis.¹ This is progressive hearing loss due to the failure of hair-cell receptors in the inner ear, in which the highest frequencies are affected first. Hearing loss may also be due to noise exposure, ototoxic drugs, metabolic disorders, infections or genetic causes.⁸ Communication problems from deafness may lead to social isolation and depression.^{9–11}

Pathology

Hearing impairment can be classified as conductive or sensorineural. Conductive deafness is caused by disease of the external, or more commonly middle, ear, which prevents the conduction of sound waves to the cochlea where they are sensed. Cochlear implantation is not a treatment for conductive deafness, which will not be considered further.

Sensorineural hearing loss occurs when there is damage to the inner ear (cochlea) or to the nerve pathways from the inner ear (retro cochlea) to the brain. Sensorineural hearing loss is permanent and not only involves a reduction in the ability to hear faint sounds but also affects speech understanding and discrimination.

Sensorineural hearing loss can be caused by disease, birth injury, drugs that are toxic to the auditory system, and genetic syndromes. It may also occur as a result of noise exposure, viruses, head trauma, ageing and tumours. It can be much more severe than conductive hearing loss, causing insensitivity to even the loudest sounds (total deafness).

Co-morbidities

Hearing loss is often associated with other health problems; Fortnum and colleagues⁷ found that 27% of children who were deaf had additional disabilities. In total, 7581 disabilities were reported in 4709 children; however, this may be an underestimate as 'no disability' and 'missing data' responses were not distinguished. Abutan and colleagues¹ found that 11% of adults over 60 years with hearing loss also had tinnitus. About 23,000 (0.3%) of the population of deaf people are also blind and 250,000 (2.7%) of hearing-impaired people have some degree of additional sensory disability.² Additionally, 45% of severely or profoundly deaf people under 60 years have other disabilities, usually physical; this rises to 77% of those over 60 years.²

Measurement of hearing sensitivity

The degree of sound intensity that can be heard is measured in decibels (dB); this is a relative not an absolute measure. Hearing loss is characterised as the additional intensity that pure tones must possess to be detected by an individual relative to the intensity that can be detected by young adults free from auditory pathology. The additional intensity is measured in units of decibels hearing level (dB HL) and is usually averaged across frequencies from 500 to 4000 Hz.

Communication with hearing loss

People with hearing loss communicate face to face in two different ways:

- oral communication – this includes auditory-oral skills, which can range from emphasising auditory information without lip-reading to cued speech in which hand cues supplement lip-reading
- total communication – this emphasises both signed and spoken communication with considerable variation from one setting to

another in the emphasis placed on each modality.

Of those with severe or profound deafness, about 450,000 cannot hear well enough to use a voice telephone.²

It is estimated that about 50,000 people, mainly those who were born deaf or who lost their hearing early in life, use British sign language as their first language.² It is difficult to accurately estimate the number of lip-readers as this skill is used in varying degrees by most deaf people.²

Impact of deafness

Children

In children, hearing loss may have significant consequences for linguistic, cognitive, emotional and social development.¹² Many deaf children live in relative isolation in their early years and their first contact with other deaf children may be when they attend school.¹³

Early life may be dominated by trying to adapt to their impairment. This may involve learning to lip-read and/or using cued speech or sign language, either at mainstream or special schools.¹⁴ The inability to communicate wants and needs may alienate children from family members.¹²

At school, deaf children may also exhibit more behavioural problems than their hearing peers. Greater problems are evident in those with bilateral severe to profound deafness.^{13,15} Congenitally deaf children fare poorly academically.^{13,15} In the longer term children with uncorrected hearing loss are at an increased risk of becoming underemployed.^{16,17}

Measurement of quality of life in young children (i.e. < 5 years) is often by proxy through parents (or teachers).^{18,19} In total, 90% of deaf children have two hearing parents and 95% have at least one.^{13,20} There are no standardised measures to assess quality of life specific to deaf children, deaf adolescents or their parents.¹⁵ However, two generic profile measures have been used to assess quality of life in deaf children, the Child Health Questionnaire (CHQ)^{15,21} and the Munich Quality of Life Questionnaire for Children (KINDLr).^{19,22} Both have been used to assess quality of life in children with severe to profound deafness, including those who are prelingually deafened, either using an acoustic hearing aid or with a cochlear implant. Prelingual deafness refers to deafness occurring before a child has developed

speech, with an age of 3 years often taken as a proxy for this. Postlingual deafness refers to deafness occurring after this time.

An Australian cross-sectional study¹⁵ used the 28-item short version of the parent proxy report CHQ to compare quality of life in children aged 7–8 with significant congenital hearing loss (with mild to profound hearing impairment, including cochlear implant users) with their hearing peers. The CHQ has 12 subscales – physical functioning, role (social–physical), role (social–emotional), bodily pain, behaviour, mental health, self-esteem, general health, parent impact (emotional), parental impact (time) and family activities – and produces two summary scores (physical and psychosocial). The CHQ has only been provisionally validated.²³ Children with congenital hearing loss scored significantly worse in six domains [role (social–physical), behaviour, mental health, parent impact (emotional), parental impact (time) and family activities]. The psychosocial summary score (out of 100) was also significantly lower in children with congenital hearing loss (49.2, SD 9.6) than in children with normal hearing (53.1, SD 8.2). Ceiling scores of 100 were reported on four subscales in both groups.¹⁵ The study did not control for differences in parental level of tertiary education or co-morbidity.

An Austrian study²² used the KINDLr to assess the quality of life of children (aged 8–16 years) with cochlear implants. It has six domains (physical health, general health, family functioning, self-esteem, social functioning and school functioning). Total self-reported scores for boys (67.5, SD 9.6) and girls (63.1, SD 8.6) were significantly below those of their hearing peers (76.8, SD 8.6 and 76.7, SD 8.7 respectively).

Adults

Studies indicate that deafness may adversely affect the quality of life of adults^{24–29} and that of their family members.^{31,32} Mulrow and colleagues³³ reported that 82% of the elderly deaf stated that deafness had an adverse effect on their quality of life and 24% felt depressed.

Commonly reported difficulties identified by postlingually deaf adults include feelings of isolation, loss of confidence and tinnitus.¹⁰ In social settings, in particular those with background noise, communicating with others can be very challenging.¹⁷ In a study of 47 severely to profoundly postlingually deafened adults in Wales,³⁴ nearly two-thirds identified feelings of

isolation, loss of confidence and loss of social life as causing them difficulties. Such difficulties may influence the viability of personal networks and, therefore, the sense of self.¹⁶ These effects can lead to reduced feelings of well-being.¹⁷ The difficulties caused by hearing loss may result in withdrawal from social activities, reducing intellectual and cultural stimulation and cognitive functioning.^{12,17}

In an Italian study of 1191 non-institutionalised elderly,³⁵ those with hearing impairment had twice the risk [odds ratio (OR) 2.1, 95% CI 1.36–3.25] of poor functioning in daily living activities compared with non-impaired elderly, with over 20% of the elderly deaf having a level of functioning classified as poor by the Instrumental Activities of Daily Living (IADL) scale. A similar relationship between hearing loss and self-sufficiency was seen among middle-aged adults (51–61 years) living in the community.³⁶

A US cross-sectional study³¹ of 178 adults (17–84 years) with profound postlingual deafness showed that 13% showed clinically elevated levels of depressed mood (T-score ≥ 70) and 16% had feelings of significant social isolation on the Minnesota Multiphasic Personality Inventory (MMPI). Their levels of anxiety in social contexts, measured using the Social Avoidance and Distress (SAD) scale, were also greater than those of people diagnosed with simple phobias.³¹ A follow-on study involving 95 of these participants also showed that they had lower levels of social participation than 44 age-matched hearing control subjects.³¹ Candidates experienced lower levels of pleasant social events (16%) and non-social events (19%) than control subjects (23% and 27% respectively; $p < 0.05$).³¹

Dalton and colleagues²⁷ used the Short-Form 36 (SF-36) to measure the impact of hearing impairment on quality of life in 2688 adults. The SF-36 measures physical functioning, role limitation because of health problems, social functioning, role–emotional, general health, bodily pain, mental health and vitality on a scale from 0 to 100. They found that severity of hearing loss was significantly associated with worse quality of life. Those with moderate to severe hearing loss (> 40 dB) had the lowest scores. Scores were 1.9–5.9 points lower than in those without hearing loss across six of the eight domains. The greatest differences were in the domains of role (physical) (5.9), physical functioning (5.2), vitality (4.2) and role (emotional) (3.9). There was no association with general health (2.1) or bodily pain (1.9), although scores did decline with hearing loss.²⁷

There was also a statistically significant difference in the two adjusted summary component scores in physical and mental health between people with no hearing loss (40.3, SE 1.87 and 50.2, SE 1.59 respectively) and those with moderate to severe hearing loss (38.8, SE 1.89 and 49.0, SE 16.1 respectively).²⁷ The impact of increasing deafness on quality of life has been shown in other studies.³⁷ It is not clear to what extent these relationships are causally related to the hearing impairment rather than to other disabilities or diseases associated with ageing or the aetiology of deafness (e.g. premature birth).

In a Dutch study³⁸ of 46 people waiting for cochlear implants, SF-36 scores in those with profound postlingual deafness, mean age 51 years (SD 16), were between 60.2 (SD 41.5) [role (physical) domain] and 79.2 (SD 24.8) (physical functioning domain). A Norwegian study³⁹ of 27 postlingually deaf, cochlear implant candidates compared pre- and postimplantation scores. They found that postimplantation participants had similar physical functioning scores (80.8) as preimplantation participants but higher role (physical) scores (71.0, SD 40.0). The vitality domain had the lowest scores (58.8, SD 21.8).

Tinnitus

Tinnitus is often associated with sensorineural hearing loss.^{28,40} One in five people reported tinnitus as severely annoying,^{28,40} affecting speech discrimination, concentration and sleeping patterns.^{29,41} The Norwegian study⁴⁰ found that 67% of people with subjective hearing loss had tinnitus. Similarly, the prevalence of tinnitus was 70% in those with severe to profound deafness.⁴⁰

In an American study²⁹ 25% of adults with tinnitus attending an audiology clinic had moderate to severe depression, impacting on their quality of life. Self-assessment using the Quality of Well-being Scale (QWBS) was 0.53 (SD, 0.15), with a score of 0 equating to death and 1 to complete functioning. Thus, combined with hearing loss, tinnitus may exacerbate problems with maintaining a social life.²⁹

Quality of life in families of people with hearing loss

As the majority of parents and relatives of deaf people have no previous experience of deafness¹³ they may need to spend time and effort managing communication problems or assisting their deaf

relative when engaging in social activities.^{42,43} Over time this additional load may result in reduced physical health and elevated levels of emotional and psychological distress,^{15,42} the magnitude of which may be moderated by personal and external resources or the severity of the impairment.³² However, the evidence for effects on health in families with a hearing-impaired child is inconclusive.³²

Whose quality of life? – The deaf world perspective

The deaf world community do not consider that deafness is an impairment.⁴⁴ From their perspective, deafness is a variation of normality.^{45,46} Therefore, people who use sign language do not require hearing to be functional, productive and happy.⁴⁴ Growing up or living in a deaf community provides social and emotional support against the difficulties commonly associated with deafness,^{13,47} as well as a cultural identity.⁴⁷ As such, the hearing world may undervalue the quality of life experienced by deaf people. A Dutch study⁴⁴ has shown that degree of deafness is not associated with a respondent's happiness or perceived quality of life. Wald and Knutson⁴⁷ have shown that deaf people who have a deaf identity have higher self-esteem than with those who do not. Some deaf activists argue that providing cochlear implants for prelingually deaf children will result in a declining deaf community.⁴⁶ They believe that the provision of cochlear implants poses a long-term indirect threat to the survival of the deaf world.

However, in assessing arguments about the ethics of providing cochlear implantation to deaf children, it is necessary to dissociate the needs of a community for recruits to ensure its survival from issues of what is right and best for children. Indeed, Arlinger¹⁷ has shown that deaf people are not always aware of all of the consequences of their condition and therefore may underestimate the impact of deafness on the quality of their own lives.

Current service provision

Relevant national guidelines

- National action plan for audiology – *Improving Access to Audiology Services in England*.⁴⁸ This framework document sets out how health reform levers can be brought to bear to improve quality, efficiency and access to audiology services. It also describes national work intended to support this for adults and children.

- MHAS – Modernisation of Hearing Aid Services (Adults)
- MCHAS – Modernisation of Hearing Aid Services (Children) (2001)
- NHS Newborn Hearing Screening Programme – seeks to identify deafness within 26 days of birth.

Significance to the NHS

Although deafness per se is not an illness, it does impact on NHS resources through the need for procedures of diagnosis and assessment and the possible provision of acoustic hearing aids and cochlear implants with the associated follow-up and support required.

Cochlear implants have been available in England and Wales since the late 1980s. Currently there are 14 tertiary implant centres in England and three in Wales. Treatment is provided by multidisciplinary teams of clinical scientists in audiology, audiologists, surgeons, speech and language therapists, hearing therapists and administrators. Within paediatric services, teams also include teachers of the deaf. Some units use or have access to clinical and/or educational psychology, link nurses and paediatricians.⁴⁹

The recently published best practice guidance *Improving Access to Audiology Services in England*⁴⁸ seeks to improve the responsiveness of audiological services to cut waiting times to a maximum of 18 weeks.

Management of hearing loss **NHS Newborn Hearing Screening Programme**

Nationally all newborns are screened for hearing problems within 26 days of birth with positive cases referred to NHS audiology departments. If confirmed deaf the baby should be provided with a hearing aid within 2 months. Referrals to other services are usually coordinated by the audiology department. These include:

- paediatric services, to assess for possible co-morbidities
- ear, nose and throat services, to consider surgery, including possible referral to a tertiary centre for cochlear implant assessment
- educational services
- social services.

Variation in services for hearing loss

There is geographical variation in the way that hearing impairment is managed in different parts of the UK. In general, models of adult services tend to follow the MHAS. Differences occur in the types of digital hearing aids fitted, the diagnostic facilities available and the access to hearing therapists. The professionals providing services may also vary. The larger departments and teaching hospitals tend to employ clinical scientists (audiology) whereas local district general hospitals are more likely to employ audiologists.

Paediatric services also vary; there are different models of newborn hearing screening, with some being maternity-unit based and others community based. In some areas second-tier paediatric services are delivered in the community, usually by community paediatricians with support from audiologists. In other areas these services have been integrated into the main audiology department and are clinical scientist/audiologist led. Hearing aid services for paediatrics will usually follow the MCHAS model.

The referral process for cochlear implants may also vary, but referrals will go to the major centres (14 in England and three in Wales). Similar protocols are used for adults and children.

There may be slight variation nationally in the initial screening and diagnostic services described above. Although follow-up care may vary more, the following description may be considered reasonably typical (expert advisory group, 2006, personal communication).

For children, following diagnosis and fitting with an initial hearing aid 2 months later, services generally conform to the following pattern:

- visit to the audiology department every 2 weeks for new ear moulds for 6 months
- visit from educational services every week
- formal diagnosis of level of hearing loss at 3 months
- potential cochlear implant use considered very early on, i.e. usually within the first year
- audiological assessment at 6 months, then every 6 months until 2 years old or until hearing aid use is stable and consistent
- once stable audiological checks every 6 months until 5 years old, then annually until adult services take over at 18 when there are 4-yearly reassessments.

Adults make up the vast majority of people seen in the NHS for hearing problems. The NHS provides over 2,600,000 adult hearing aid services per year; 600,000 of these are assessments of hearing, 500,000 are hearing aid fittings, 500,000 are follow-up appointments and more than 1,000,000 are for 'repairs' of devices.⁵⁰ Services are coordinated by audiology departments. Adults normally have a 4-yearly review, although this varies across the UK (Dr Jonathan Parsons, Mid, East Devon and Exeter Area Primary Care Trust, 2006, personal communication).

Description of technology under assessment

Summary of intervention

Cochlear implants first became available on the NHS in the 1980s. These were single channel devices that used simple coding strategies to interpret speech into intelligible sounds. These early devices gave 15–35% word or sentence understanding.⁵¹ Cochlear implants and their coding strategies have been continually developed since then, with step changes in the quality of performance coming from the arrival of multichannel devices and whole speech coding strategies in the mid-1990s, giving up to 90% understanding of words or sentences.⁵¹ It is these later multichannel whole-speech processing devices that this technology assessment will consider.

Aim of cochlear implants

The aim of cochlear implants is to improve quality of life by enabling people with hearing loss to hear

and interpret sounds, thus improving their ability to understand others, communicate effectively and move safely in their environment.

Description of cochlear implants

Cochlear implant systems consist of the following components (*Figure 1*). A microphone, worn behind the ear, is connected by a wire to a sound processor. The sound processor is connected by a wire to a transmitter coil, worn on the side of the head. The transmitter coil transmits electrical power (by induction) and data (as a radio-frequency signal) to a receiver coil. The receiver coil is part of a receiver/stimulator package that is placed in a depression fashioned surgically in the mastoid bone behind the ear. The transmitter coil is held in place, and is aligned with the receiver coil, because the coils surround magnets of opposing polarity. The stimulator is a microprocessor that receives electrical power and digital data from the receiver coil. The microprocessor translates the data into biphasic charge-balanced electrical pulses, which are delivered to an array of electrodes that are placed surgically within the cochlea. The primary neural targets of the electrodes are the spiral ganglion cells, which innervate fibres of the auditory nerve.

When the electrodes are activated by a signal they send a current along the auditory nerve, which produces a sensation of hearing. This is not a restoration of hearing. A normal ear can resolve patterns of sound energy in about 60 distinct bands of frequency in the range from 100 Hz to 20,000 Hz. The best that users of implants

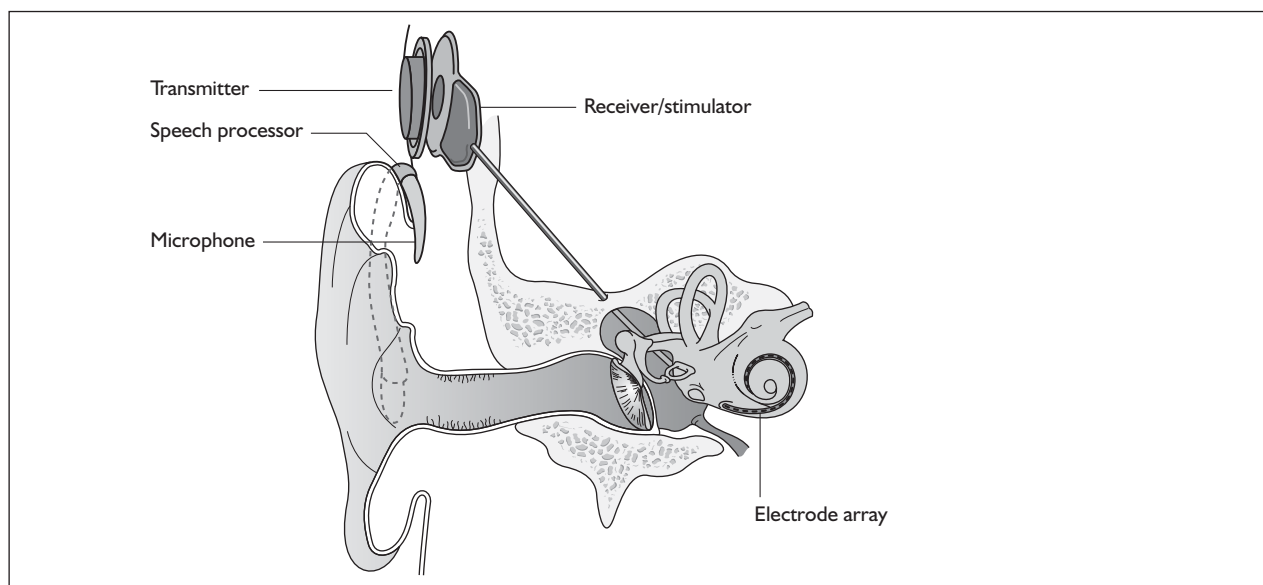


FIGURE 1 Ear with cochlear implant.

achieve is 6–8 bands, regardless of whether they have 24, 16 or 12 electrodes (Professor Quentin Summerfield, University of York, May 2007, personal communication).

One of the limitations of implants arises because electrical stimulation spreads widely within the cochlea. This means that a single electrode excites spiral ganglion cells that would normally respond to a wide range of frequencies. In comparison, the tuning of the basilar membrane in the normal cochlea restricts the spread of excitation to a narrow range of spiral ganglion cells.

Initially, sound processors were about the size of a packet of cigarettes and were worn clipped to clothing or, in the case of a young child, held in a harness. More recently, miniaturisation of electronic circuitry and the increased capacity of small batteries have allowed the processor to be combined with the microphone in an assembly worn behind the ear, like an acoustic hearing aid. Body-worn processors are still used by infants because the processor can be held securely in place in a harness. Behind-the-ear assemblies are used by older children and adults.

Insertion procedure

The procedure for cochlear implant surgery takes between 2 and 3 hours under general anaesthetic. It involves the insertion of the electrode array into the cochlea through a tunnel that has been drilled above the external ear canal, bypassing the mastoid cavity.⁵²

Criteria for candidacy for cochlear implantation

Currently there are no nationally agreed criteria for candidacy for cochlear implantation, although the British Cochlear Implant Group (BCIG) is due to produce a position statement in 2007. A summary of its recent audit of UK practice can be found in Appendix 4.

The joint submission to NICE of the British Academy of Audiology (BAA), BCIG and the British Association of Otorhinolaryngologists (ENT UK) in March 2007⁴⁹ states that, in broad terms, criteria for candidacy in the UK are based on:

- failure to achieve adequate benefit from conventional acoustic amplification in cases of severe to profound sensorineural deafness
- organisation of the cochlea together with the presence of viable spiral ganglion cells and auditory nerve capable of stimulation

- the ability to gain surgical access to the cochlea
- the ability of the patient to utilise the auditory input from the cochlear implant.

A number of other issues should be considered in relation to candidacy:

- In the UK there are no upper or lower age limits for consideration for cochlear implantation; however, hearing evaluation tests mean that implantation is unlikely before 9 months.
- Profound deafness of greater than 30 years has been linked to poorer outcomes;⁵³ however, positive outcomes are possible and therefore skilled candidate selection is essential.
- Progressive and fluctuating loss can give rise to a greater degree of difficulty experienced by the patient than the audiogram may suggest at any particular time. Patients within these groups require careful multidisciplinary monitoring and intervention in a timely fashion.⁵⁴
- Patients with a profound unilateral loss, or an asymmetric profound/severe loss, can also experience high levels of difficulty in adapting to a cochlear implant.

It might be assumed that the inability to detect tones at severe and profoundly deaf levels correlates directly with speech perception; however, while there is some correlation this is not total (Professor Quentin Summerfield, University of York, May 2007, personal communication). This raises a problem because in clinical situations older children and adults are assessed for implant suitability on the basis of functional outcomes, i.e. ability to understand prerecorded sentences without lip-reading; however, the inclusion criteria of most research studies are based on the average ability to detect tones in the better-hearing ear. Thus, people who are classified as profoundly deaf do not form a homogeneous group, so that a person may meet the candidacy criteria on functional outcomes but not on audiological ones. This causes a potential mismatch between clinical assessment for candidacy and the research on which effectiveness for particular levels of deafness is based.

Assessment for cochlear implantation

Assessment for cochlear implantation is undertaken by a multidisciplinary team whose aim is to select people who are medically, audiological and

psychologically suitable. Assessment comprises a number of evaluations:

- **Audiological** – This involves a pure-tone audiogram to give an indication of the degree of hearing deficit. If this results in a likely indication for cochlear implantation then patients undertake a 3-month trial with acoustic hearing aids to confirm that these do not provide sufficient support.
- **Functional hearing** – This is tested using optimally fitted acoustic hearing aids to find out if cochlear implants are likely to improve hearing outcomes.
- **Speech, language and communication** – This is difficult in prelingual children and requires a specialist speech and language therapist to assess abilities in relation to normal development and contribute to judgements about the level of functional hearing. Most adult candidates are postlingually deafened and so their ability to communicate and comprehend in social situations is assessed.
- **Medical** – This involves an assessment of fitness for surgery, the aetiology of hearing loss and whether there are other disabilities or medical conditions present that may affect the success of implantation.
- **Radiological** – This involves an examination of the anatomical structure of the cochlea and the auditory nerve for anomalies that might contraindicate surgery or require a modified implantation. This is carried out using computerised tomography (CT) and magnetic resonance imaging scanning, under general anaesthetic in young children.
- **Psychological assessment** – This may be carried out to ensure that realistic expectations of the benefits and the demands of training are understood. Children may also be evaluated by teachers of the deaf.

Setting and equipment required

Specialist surgical equipment is needed to perform the operation, in particular, specialist drills for shaping the mastoid bone and monitoring equipment to check the integrity of the facial nerve. Intraoperative CT scanning may be used to check the position of the electrode array.

Follow-up required for children

Cochlear implantation requires a commitment from the child's carers to long-term involvement in rehabilitation. Children receive individualised programmes of audiological training once they

have shown that they are able to detect sound after implantation (the device is switched on approximately 1 month after insertion). Intensive training over several months is undertaken by a speech and language therapist and a teacher of the deaf. Tuition addresses sound discrimination, recognition with associated meaning and the appropriate response to verbal cues (comprehension). The development of speech is encouraged by imitation and concurrent articulation, progressing to sentence production. Complete training may take many years; however, initial benefit occurs within 6–18 months. Typically, a child's progress is assessed at approximately 3, 6 and 12 months post implant and then annually. These evaluations involve a variety of measures to test understanding of others' speech and the intelligibility of their own to others.

Identification of important subgroups

As far as the included data permit we look at the issues of pre- and postlingual implantation in children and differences in outcomes between adults who were born deaf and those who later became deaf.

Bilateral implantation

Bilateral implantation has the potential to provide a number of benefits above those of unilateral implantation:

- **Localisation of sounds.** The ability to detect the direction that a sound comes from can be measured either by the minimum audible angle in the frontal horizontal plane, which is a measure of the least separation that two sources of sound need to have to be able to tell which direction the sound comes from, or by the accuracy with which someone can localise the sources of sound to more than two locations.
- **Measures of the ability to use both ears to improve the accuracy with which speech is understood in noise:**
 - binaural summation is shown when both speech and noise come from the same place, and ability with both ears is significantly better than ability with the better-hearing single ear
 - the head shadow effect is shown when speech and noise come from separate locations, and ability is better when listening with both implants than with a single implant for the ear closer to the noise

TABLE 1 Cochlear implant centre usage in England and Wales to year ending March 2007⁴⁸

	Total registered		Implanted, current year		Under assessment		Waiting time first OPDI (mean months)	
	Adults	Children	Adults	Children	Adults	Children	Adults	Children
England	2599	2474	374	221	416	434	5.4	5.6
Wales	72	45	8	22	35	12	4	5

OPDI, outpatients' appointment.

- binaural squelch is shown when speech and noise come from separate locations, and ability is better when listening with both implants than with a single implant for the ear closer to the speech.
- The assurance that the better of the two ears receives an implant.
- That two ears are often better than one even when there is no difference between the sound reaching the two ears.

These potential benefits of bilateral implantation are outcomes that are measured in the systematic review in Chapters 4 and 5.

Current usage in the NHS

By the year ending March 2007 there were 374 adults and 221 children implanted with cochlear implants in England and eight adults and 22 children in Wales. A further 451 adults and 446 children are under assessment. A summary of the results of an audit by the BCIG of cochlear implant services for the year ending March 2007 is shown in *Table 1*. Ages ranged from babies of less than 12 months to adults of over 80 years.⁴⁹

Bilateral implantation in the UK

Throughout the UK there had been 115 bilateral implantations by the year ending April 2006; of these, 33 were simultaneous implantations (both ears implanted in the same operation) and 82 were sequential implantations (ears implanted in different operations). In the year ending March 2007 there were an additional 32 child and 11 adult bilateral implantations. There had also been 34 bilateral reimplantations to this date either because of contraindication of more surgery to the first ear or because residual function of the first device was considered likely to contribute to the benefit from a second implant.⁴⁹

Estimated future demand

The BAA, BCIG and ENT UK joint submission to NICE in March 2007⁴⁹ estimated (based on

the assumption that 25% of severely deaf people with > 85 dB HL may benefit from an implant) that in 2005 there were potentially 625 children and 1620 adults per year who could benefit from implantation.

Anticipated costs associated with cochlear implantation

The costs of cochlear implantation to the NHS mainly comprise the resources involved in assessing deaf people for possible implantation, the purchase costs of the devices (implanted components and speech processors), the costs of surgery and postsurgical care, the costs of tuning (setting the implant to individual requirements) and training to use the devices, and any costs over the lifetime of the implant recipient associated with hardware failures, other complications or routine external device replacements or upgrades.

Cochlear implant devices are currently purchased by the NHS under a long-term procurement contract (framework agreement) between the four main manufacturers and the NHS Supply Chain (formerly part of the NHS Purchasing and Supply Agency). This contract (contract reference number CM/RSG/05/3419) was established in November 2005 and applies until 31 October 2008, with an option to extend for a further 24 months (www.pasa.nhs.uk/PASAwEB).

The suppliers and different products included in this agreement are listed in *Table 2*, together with the price for each product (the 'applicable national price band' for buying a full implant system for an NHS trust). The full agreement involves adjustment of these price bandings according to actual sales volumes (price adjustments not shown here). The price of single systems varies from £12,250 to £15,600. One of the suppliers, Neurelec, provides a two-system pack of Digisonic SP cochlear implant devices. The same supplier also offers a 24-channel 'binaural' device, which comprises one device and two electrode arrays.

TABLE 2 Current suppliers of cochlear implants to the NHS with products and per system prices for NHS trusts

Supplier	Product	Cost (£) ^a	Cost (£) if low sales	Cost (£) if high sales
Advanced Bionics	CLARION ICS HiRes 90K Bionics Ear (HF IJ CI-1400-01)	14,900	16,550	12,900
	HiRes CI 24R with HiFocus Helix Electrode (CI-1400-02H)	14,900	16,500	12,900
Cochlear UK	Nucleus CI 24R (ST) 'K' with a Sprint or ESPrit 3G Speech Processor	14,350	14,350 ^b	14,350 ^b
	Nucleus CI 24R (CA) Advanced with a Sprint or ESPrit 3G Speech Processor	14,350	14,350 ^b	14,350 ^b
	Nucleus CI 11 + 11 + 2 Double Array with a Sprint or ESPrit 3G Speech Processor	14,350	14,350 ^b	14,350 ^b
	Nucleus Freedom with either BTE or BWP option ^c	15,250	15,250 ^b	15,250 ^b
	Nucleus Freedom with both BTE and BWP option ^c	15,550	15,550 ^b	15,550 ^b
MED-EL	Pulsar CI-100 (implant and patient kit)	15,600	17,375	13,500
	Pulsar CI-100 (implant alone)	13,500	13,500	13,500
Neurelec	DIGISONIC SP with Digi SP or Digi SP*K (model no. DX10/SP/K)	12,250	12,250	10,200
	DIGISONIC SP for bilateral implantation – two full systems (model no. DX10/SP-BILAT)	18,375	18,375	15,300

Source: spreadsheet supplied by NHS Supply Chain.
a 'Applicable national price band' for all NHS trusts.
b Cochlear UK products have different sales volume bandings for offering either percentage discounts or free systems to individual cochlear implant centres.
c Product difference between the two differently priced Nucleus Freedom devices is not clear.

TABLE 3 Costs associated with cochlear implantation in children and adults (2005/6)^a

Cost type/stage of use	Children (£)	Adults (£)
Assessment	2843	4011
Implantation (excluding hardware costs)	3480	2814
Tuning (first year post implantation)	9148	5262
First year of maintenance	4716	1060
Second year of maintenance	3640	1018
Each subsequent year	1897	861

Sources: Barton *et al.*⁵⁵ (for paediatric costs) and UK Cochlear Implant Study Group⁵³ (for adult costs).
a Converted from 2001/2 euros using exchange rate reported in the original papers (£1 = €1.54), and inflated to 2005/6 UK pounds using inflation factors from Curtis and Netten.⁵⁶

Although this is part of the NHS Supply Chain contract it is not shown here because it is not a bilateral cochlear implant.

Bilateral implantation essentially involves the use of two systems in the same person. However, a range of price discounts are offered by manufacturers to reduce the per system price

(usually by offering a percentage discount on the second implant system). These price discounts are discussed more fully in the assessment of cost-effectiveness (Chapter 6).

The other main costs associated with cochlear implantation have been estimated in two relatively recent UK-based studies.^{52,54} They are summarised

in *Table 3* and discussed in more detail in the assessment of cost-effectiveness (Chapter 6). Note that the costs of tuning and maintenance in *Table 3* include some costs for repairs and replacements, which under current warranty arrangements would be covered by the manufacturer.

These NHS costs reflect the current organisation of NHS service provision for cochlear implantation, which is via 20 regional tertiary cochlear implant centres in the UK (14 in England, three in Wales, two in Scotland and one in Northern Ireland).

Chapter 2

Definition of the decision problem

Decision problem

The purpose of this report is to assess the clinical effectiveness and cost-effectiveness of cochlear implants for severe to profound deafness in children and adults.

Because cochlear implants may be placed in either one or both ears, and because having one cochlear implant may be an intermediate step between having none and having two, there are in fact two decision problems in the severely and profoundly deaf population: (1) should people without a cochlear implant have one implanted and (2) should people who already have one (unilateral) cochlear implant receive a second one in the other ear (i.e. bilateral cochlear implantation).

More fully, therefore, the policy questions to be answered are:

1. For severely or profoundly deaf people (who may be either using or not using a hearing aid), is it effective and cost-effective to implant a first (i.e. unilateral) cochlear implant?
2. For severely or profoundly deaf people with a single cochlear implant (either unilateral or unilateral with a hearing aid), is it effective and cost-effective to implant a second (i.e. bilateral) cochlear implant?

In the clinical effectiveness systematic review these questions are answered by looking at eight independent comparisons. These are:

- In children:
 - unilateral cochlear implants versus non-technological support (no devices of any kind)
 - unilateral cochlear implants versus acoustic hearing aids
 - unilateral cochlear implants versus bilateral cochlear implants
 - bilateral cochlear implants versus unilateral cochlear implants and acoustic hearing aids.
- In adults:
 - unilateral cochlear implants versus non-technological support (no devices of any

kind)

- unilateral cochlear implants versus acoustic hearing aids
- unilateral cochlear implants versus bilateral cochlear implants
- bilateral cochlear implants versus unilateral cochlear implants and acoustic hearing aids.

Although the two policy questions above set out the two main logical comparisons (going from using no cochlear implant to one cochlear implant, and going from using one to two cochlear implants), there is also the clinical reality – and different decision problem – of going straight from having no cochlear implant to bilateral implantation. This is why, in the absence of reliable outcome (especially utility) data to answer the second policy question, the cost-effectiveness of simultaneous and sequential bilateral cochlear implantation is assessed in this report, that is, in deaf adults and children who are not currently cochlear implant users.

Interventions

This assessment considers multichannel cochlear implants using whole-speech processing coding strategies, for example advanced combination encoder (ACE), spectral peak (SPEAK), continuous interleaved sampling (CIS) and speech and motion sensor (SMP) (i.e. devices that are the same as, or comparable with, those currently available on the NHS).

Population including subgroups

The population is children and adults with severe to profound deafness. People with a severe loss of hearing cannot detect tones at an average level below 70–94 dB HL in their better-hearing ear. People with a profound loss of hearing cannot detect tones at an average level below 95 dB HL in their better-hearing ear.

The assessment considered the following groups of people depending on the availability and quality of the data:

- children who were born deaf or who became deaf before the age of 3 years (prelingually deaf)
- children who were post lingual (3 years or older) when they became deaf
- adults who became deaf after learning spoken language compared with adults who were born deaf or who became deaf before acquiring spoken language
- adults who were born deaf.

The comparison between having no cochlear implant and having one cochlear implant was analysed separately for those already using hearing aids and those only using non-auditory methods to aid communication. (However, we acknowledge that many people who only use non-auditory methods may either be clinically ineligible to receive a cochlear implant or would choose not to have one for the same reasons that they may choose not to use hearing aids.)

The comparison between having one and two cochlear implants was analysed separately for those with a contralateral hearing aid and those with a cochlear implant but no hearing aid in their other ear. This is because the use of a hearing aid, either with or without a cochlear implant, indirectly reflects both the severity and the cause of deafness; they are thus more appropriately defined as subgroups rather than comparators in this assessment.

The extent to which the degree of residual hearing (e.g. severe deafness, profound deafness) and the presence of other additional needs (e.g. dual sensory impairments, learning disabilities) may

influence costs and outcomes could be considered but was constrained by lack of data; no utilities were found for severe deafness or co-disabilities. Additionally, a sensitivity analysis, including the wider costs and benefits of educational placement, which are not reflected in health-related quality of life measures, was conducted.

Outcomes

The outcome measures found in the studies included in the systematic reviews were:

- sensitivity to sound
- speech perception
- speech production
- adverse effects of treatment
- health-related quality of life
- educational outcomes.

Overall aims and objectives of assessment

This project will review the evidence for the effectiveness and cost-effectiveness of cochlear implants for children and adults who have severe to profound or profound deafness. The assessment will look at multichannel devices used in one or both ears and will draw together the relevant evidence about unilateral and bilateral cochlear implants and try to determine what, if any, is the incremental cost-effective benefit of the population using one implant rather than acoustic hearing aids or non-auditory support and if there is an additional benefit from using two cochlear implants.

Chapter 3

Clinical effectiveness systematic review methods and search results

Methods for reviewing effectiveness

The clinical effectiveness of cochlear implantation was assessed by a systematic review of published research evidence. The review was undertaken following the general principles published by the NHS Centre for Reviews and Dissemination.⁵⁷

Identification of studies

Electronic databases were searched for published systematic reviews and/or meta-analyses, randomised controlled trials (RCT) and ongoing research in October 2006 and this search was updated in July 2007. The updated search revealed one new cross-sectional study. Appendix 1 shows the databases searched and the strategies in full. Bibliographies of articles were also searched for further relevant studies, and the US Food and Drug Administration (FDA) and European Regulatory Agency Medical Device Safety Service websites were searched for relevant material. The search was limited to English language papers only.

Relevant studies were identified in two stages. Abstracts returned by the search strategy were examined independently by two researchers (MB and JE) and screened for inclusion. Disagreements were resolved by discussion. Full texts of the identified studies were obtained. Two researchers (MB and JE) examined these independently for inclusion or exclusion and disagreements were again resolved by discussion. The process is illustrated by the flow chart in Appendix 2.

Inclusion and exclusion criteria

Intervention

This assessment considers one or two multichannel cochlear implants using whole-speech processing coding strategies that attempt to transmit as much sound signal information as possible, for example ACE, SPEAK and CIS, rather than earlier feature extraction strategies. In cases in which the coding strategy was not disclosed in the research paper, attempts were made to contact authors for this information. When there was no response it was

assumed that studies which collected data after 1995 used whole-speech processing and that those before did not.

This distinction between coding strategies was made following expert advice that whole-speech processing strategies are considered more effective and that older coding strategies are no longer being implanted by the NHS (Professor Quentin Summerfield, University of York, January 2007, personal communication). The devices currently supplied to the NHS and those in the included studies are shown in *Table 4*. There are currently 11 cochlear implant devices sold on contract to the NHS. Only two of these were used in the studies included in this report. Fourteen others were used in the studies but are no longer supplied under contract to the NHS.

Comparator

One cochlear implant was compared with non-auditory support, acoustic hearing aids and two cochlear implants. Two cochlear implants were compared with one cochlear implant plus a contralateral acoustic hearing aid.

Population

The population was children aged from 12 months to 18 years and adults.

Outcomes

These included:

- sensitivity to sound
- speech perception
- speech production
- psychological outcomes
- educational outcomes
- adverse events
- health-related quality of life.

Relevance to the UK NHS of the technology

Studies were included if they were in health-care settings that were considered to be sufficiently similar to the UK to be relevant to this assessment (e.g. Europe, North America and Australasia).

TABLE 4 Cochlear implant devices currently on contract to the NHS and those in the included studies

Supplier	Brand and model no. ^a	Year of introduction
Advanced Bionics	HiRes 90K with HiFocus Helix Electrode CI-I400-02H	2005
	CLARION ICS HiRes 90K Bionic Ear HF I J CI-400-01	2003
	CLARION CII HiFocus	2001
	BI CLARION Platinum Aura	
	CLARION multistrategy implant with CIS	1994
	CLARION I.2	
Cochlear UK	Nucleus Freedom with either the BTE or BWP option	2006
	Nucleus CI 24R (ST) 'K' with a Sprint or ESPrit 3G speech processor	
	Nucleus CI 24R (CA) Advanced with a Sprint or ESPrit 3G speech processor	2003
	Nucleus CII 1 + 1 + 2 double array with a Sprint or ESPrit 3G speech processor	2000
	Nucleus 24 contour	1997
	Nucleus 24	1997
	Nucleus 22 with SPEAK	1994
MED-EL	Nucleus multichannel	
	Pulsar CI-100 (implant and patient kit)	2004
	Pulsar CI-100 (implant alone)	2004
	COMBI 40+	1996
Neurelec	COMBI 40	1996
	DIGISONIC SP with Digi SP or Digi SP*K, model no. DX10/SP-K	
	DIGISONIC SP binaural 24 channel, model no. DX10/SP-BIN	
	DIGISONIC SP for bilateral implantation, two full systems, model no. DX10/SP-BILAT	
Manufacturers not reported	Tempo+	
	Spectra	
	CIS Pro+	
	SPRINT	

a Light grey shading, in the NHS contract but not in the included studies; no shading, in the included studies but not in the NHS contract; dark grey shading, in the NHS contract and in the included studies.

Overview of the policy questions

This technology assessment report seeks to respond to the following NHS policy questions:

1. For severely or profoundly sensorineurally deaf people (who may be either using or not using acoustic hearing aids), is it effective and cost-effective to implant a first (i.e. unilateral) cochlear implant? This first question is addressed by the following comparisons:
 - a. unilateral cochlear implant versus no other hearing aid (non-technological support)
 - b. unilateral cochlear implant versus an acoustic hearing aid.
2. For severely or profoundly sensorineurally deaf people with a single cochlear implant (either unilateral or unilateral with a hearing aid), is it effective and cost-effective to implant a second (i.e. bilateral) cochlear implant? This second question is addressed by the following comparisons:
 - a. bilateral cochlear implants versus unilateral cochlear implant
 - b. bilateral cochlear implants versus unilateral cochlear implant and acoustic hearing aid.

Study design hierarchy

Systematic reviews and randomised controlled trials

All systematic reviews and RCTs were included, including those with waiting list controls. Systematic reviews ideally only consider well-conducted RCTs; however, in this instance the evidence base is methodologically highly variable across the policy questions of interest. The inclusion criteria for studies of clinical effectiveness were as follows.

Controlled studies

Other types of controlled studies (i.e. non-RCTs, cross-sectional studies and pre/post studies with people acting as their own controls) were included. These designs, including within-subject designs, were considered acceptable because levels of sensitivity to sound outcome at preimplantation were near or at zero and because hearing loss was unlikely to improve over time. Thus, benefits seen over time can be attributed to the intervention. However, with speech outcomes for children it could be expected that there would be a natural improvement over time. Prospective cohort designs, in which other people acted as control subjects, were included when baseline levels of hearing loss between the two groups were similar.

The inclusion of prospective cohort studies in a systematic review requires caution. The absence of randomisation introduces the possibility of bias in the selection of participants so that the group receiving the intervention may have different characteristics from the control group. These dissimilarities may cause confounding. Further bias may occur in measurement, for example ceiling effects from the benefit of a unilateral cochlear implant may obscure the benefit of an additional implant.

A number of the included studies were prospective case series; although these had the advantage of allowing participants to be their own controls, the validity of the results obtained is uncertain as familiarity with test materials, and therefore procedural learning, may affect results.⁵⁸ In observational studies confounding is a greater issue than lack of statistical power. A review⁵⁹ evaluating non-randomised intervention studies has concluded that:

Results from non-randomised studies sometimes, but not always, differ from

results of randomised studies of the same intervention. Non-randomised studies may still give seriously misleading results when treated and control groups appear similar in key prognostic factors.

Data abstraction strategy

Data were independently abstracted by one of five researchers (MB, SM, JE, ZL and CM). Each data extraction form was checked by another researcher. Disagreements were resolved by discussion.

Critical appraisal strategy

Assessments of study quality were performed using the indicators shown in the following sections. Results were tabulated and these aspects described in Chapter 4 and Chapter 5.

Internal validity

Consideration of internal validity addressed the selection of appropriate study groups, the identification of sources of possible confounders and their effects on analyses, whether the study was prospective, the blinding of assessors and data analysts, the validity and reliability of outcome measures, the reporting of attrition and the appropriateness of data analysis.

External validity

External validity was judged according to the ability of a reader to consider the applicability of findings to a patient group in practice. Study findings can only be generalisable if they (1) describe a cohort that is representative of the affected population at large or (2) present sufficient detail in their outcome data to allow the reader to extrapolate findings to a patient group with different characteristics. Studies that appeared representative of the UK population with regard to these factors were judged to be externally valid.

Data synthesis

The high degree of clinical heterogeneity of the studies combined with generally poor reporting of methods, plus a preponderance of non-randomised studies, meant that quantitative pooling of the data has not been possible. Instead, narrative syntheses of studies with tabulated quantitative results have been given.

Clinical effectiveness search results

Structure of the clinical effectiveness results section

The assessment of clinical effectiveness will be presented as follows:

- a brief summary of the history of cochlear implant research
- an overview of the quantity and quality of included studies
- a description of the outcome measures used in the included studies.

Then, separately for children and adults we present:

- a critical review of the evidence for cochlear implantation with each comparison reviewed in turn, including the type and quality of studies; a summary table of key quality indicators; study results, presented as a narrative description and as tables giving a visual overview of study results; and a summary of the comparison results
- at the end of the child and adult comparisons a review of studies reporting quality of life outcomes outside the population intervention comparator outcome setting (PICOS) criteria
- at the end of the children's section a review of studies reporting educational outcomes outside the PICOS criteria
- at the end of the child and adult sections a summary of all of the clinical effectiveness studies
- a review of the safety and reliability of cochlear implants.

Summary of cochlear implant research history

In the late 1970s and early 1980s the earliest research prototype cochlear implants provided totally deaf people with a sensation of sound. This enabled them to identify environmental sounds and possibly a few words. The research issues at that time were those of safety and efficacy and understanding the differences in outcome that people experienced.

In 1993 an RCT⁵⁰ compared single channel and multichannel devices and showed that multichannel implants had significant advantages. This study led to the end of single channel

implantation. Also, in the early 1990s the Iowa research group⁶⁰ compared the leading makes of multichannel implants by allocating recipients alternately to either device. As well as showing no differences between devices, this group demonstrated that a large number of people would be needed to show significant differences between devices. Thus, the research agenda shifted to studies of small numbers of carefully selected people to test different processing strategies, and large-scale RCTs were not undertaken.

Quantity and quality of studies found

The systematic search of electronic databases for clinical effectiveness studies produced 1581 abstracts/titles.

From the search results 1436 items were excluded; reasons for these exclusions included that items were narrative reviews, preclinical or technical papers, uncontrolled studies, conference abstracts, not relevant to the UK setting, animal studies or outside the PICOS criteria for this assessment. The movement of papers can be seen in the QUOROM flow chart in Appendix 2. One meta-analysis and 144 other primary research papers were obtained for further examination. This led to the exclusion of 97 papers, leaving 47.

Further papers ($n = 27$) were obtained from the reference lists of the included papers; when these had been assessed four papers were added to the review giving a total of 51 primary research papers in the review of clinical effectiveness.

Because of the large number of eligible studies ($n = 51$), some of which included a very small sample size (range $n = 3$ to $n = 311$), and constraints on resources, we evaluated sufficient studies for each of the eight comparisons (see Chapter 2, Decision problem) to have at least an arbitrary 75% of the total eligible study population for that comparison, starting with the largest studies. We would have preferred to make these further exclusions on grounds of quality; however, on examination it was found that the heterogeneity amongst the studies was such that there was no logical way to pursue this. The 75% population cut-off left a total of 33 studies (13 adult studies and 20 child studies). All of the excluded studies used non-randomised designs.

The main theoretical implication of not including all eligible studies is that the excluded studies may

contain evidence that contradicts that presented. In reality this is unlikely to be the case as, although there is a large amount of heterogeneity between the included studies in terms of design, numbers, outcome measures, etc., the results all go in the same direction. It is therefore unlikely that the excluded smaller studies would contradict this finding. Another potential problem could occur if data were pooled, as the results of the excluded studies could change the central estimate; however, in this review, because of heterogeneity, there is no pooling of data. Furthermore, the excluded studies may contain particular information that is not available in the other studies.

The meta-analysis by Cheng and colleagues⁶¹ was a comparison of published and unpublished literature on child cochlear implantation. However, all of the included studies were of old technologies excluded from this review. *Table 5* provides a summary of the types and numbers of studies included. The relaxing of criteria to include non-RCTs permits the introduction of many sources of bias and limits the possible statistical analyses.

A summary of ongoing trials can be found in Appendix 14.

Definitions of study design used in this report

- **Waiting list RCTs** – These are RCTs in which participants are randomly allocated to have the intervention immediately or to go onto a waiting list and have the intervention in the future. Outcomes from both groups are then compared at baseline and at the same time points from baseline. The weakness of this design is that confounding variables may affect the control group in the time before they receive the intervention.
- **Pre/post studies** – This design consists of measuring and comparing outcomes before and after the intervention, with participants usually acting as their own controls. The main weaknesses of this design are its inability to account for maturation effects and selection bias.
- **Cross-sectional studies** – These measure differences in outcomes between intervention and control groups at one point in time. Usually the intervention and control groups are two different groups of people. However, in the case of cochlear implants they may be the same, as the external component of an implant

TABLE 5 Summary of the numbers and types of studies included for each comparison

Comparison	Design				Total studies	n in each group	% of potential participants included
	Waiting list RCTs	Pre/post studies	Cross-sectional studies	Prospective cohort studies			
Adult groups							
One CI vs NT	0	4	0	0	4	984	89
One CI vs AHA	0	2	1	1	4	248	91
Two CI vs ICI	2	2	1	0	5	147	77
Two CI vs ICI and AHA	0	0	0	0	0	0	–
Total adults	2	8	2	1	13	1379	88
Child groups							
One CI vs NT	0	8	0	0	8	848	97
One CI vs AHA	0	2	1	3	6	535	87
Two CI vs ICI	0	0	3	0	3	61	84
Two CI vs ICI and AHA	0	1	2	0	3	69	100
Total children	0	11	6	3	20	1513	93
Total both groups	2	19	8	4	33	2892	90

AHA, acoustic hearing aid; CI, cochlear implant; NT, non-technological support; RCT, randomised controlled trial.

can be removed and outcomes measured without the device. The main weaknesses of this design are that it cannot report changes over time and if different groups are measured then selection bias may occur.

- Prospective cohort studies – In this design the intervention group is compared with control subjects who have been selected to have similar characteristics. The weakness of this design is the lack of randomisation, which would control for selection bias and potential confounders.

Summary tables for each comparison are shown at the beginning of the relevant section.

Only seven studies reported both sensitivity to sound and functional measures of severity of deafness. Moreover, there were insufficient studies (with the same comparators) to reveal any apparent relationships between the preimplantation sensitivity to sound hearing level and size of functional outcome.

Of the studies reporting both types of measures of deafness (sound sensitivity and functional ability) only one⁶² used health utility outcomes; this study classified implant recipients according to preimplantation speech perception using standard sentence tests and when using optimally fitted hearing aids. This can be viewed as a classification according to level of ‘functional hearing’, and was predictive of levels of utility gain with implantation. Given that, in the current UK NHS, ability to benefit from cochlear implantation is primarily judged on the basis of level of functional hearing ability, it is unfortunate that the vast majority of the evaluative research on this technology only reports the audiological severity of deafness of implantation candidates.

Number and type of studies excluded

Studies of single channel implants or those that used feature extraction or compressed analogue coding strategies were excluded as they are not comparable with current NHS practice. In total, 132 studies were excluded from the clinical systematic review. This was for a variety of reasons, for example the outcome measures or comparisons were outside our inclusion criteria, they included technologies that are no longer in current use, none of the data published was usable, they described technical details of the technologies, they

were literature reviews or conference proceedings or they had very small sample sizes.

Quality of life and educational outcome studies

The study selection process found only three studies that included measures of quality of life, and no studies with educational outcomes. Therefore, the searches were screened again for studies with these outcomes using broader inclusion criteria that allowed normal-hearing control subjects and no control subjects; further searches were carried out; and references from included studies were checked. Seven studies were identified that included educational outcomes for children with cochlear implantation. For the quality of life of cochlear implant users four studies in children and six studies in adults were found. Quality of life and educational outcomes are therefore reported separately for children and adults in Chapters 4 and 5 respectively.

Outcome measures

This section reports an overview of outcome measures used in the included studies. The outcome measures selected by the authors of the included studies reflect the hypothesised benefits that may come from cochlear implantation. These are enhanced auditory receptive skills with evidence of emergence of aural/oral communication modes, followed by useful levels in ability in spoken language; improved performance at school in terms of academic achievement and reduced levels of specialist educational support, leading to enhanced social skills; a successful transition to secondary education; and better educational outcomes with better further educational and employment prospects, which may lead to greater independence and quality of life.

The outcome measures can be categorised as sensitivity to sound, speech perception, speech production, quality of life and educational. Because of the large numbers of measures ($n = 62$) reported in the included studies they are described in more detail in Appendix 5. Here we present a brief description of the different types of outcome measure followed by a list of outcomes by type and the number of studies that used each one. In *Tables 6–10*, measures shaded in dark grey were used with adults, those shaded with light grey were used with

TABLE 6 Sensitivity to sound measure

Measure	No. of studies using this measure
Basal auditory ability ⁶⁴	1
CAP – Categories of Auditory Performance ⁶⁵	1
MAA – Minimal audible angle	3
MAIS (IT-MAIS) – Meaningful Auditory Integration Scale ⁶²	2
PTA – Pure-tone audiometry	2
SSQ – Speech Hearing, Spatial Hearing and Qualities of Hearing questionnaires ⁶³	1

adults and children and those unshaded were used with children.

Sensitivity to sound measures

Six different sensitivity to sound measures were used in 10 studies, nine of which were studies of children (*Table 6*).

Some of these measures used everyday sounds, for example the basal auditory ability test, which determines whether a child can correctly associate a common sound with its source, such as a door bell. Real-life listening behaviours of children were measured by proxy from carer questionnaires with the Meaningful Auditory Integration Scale (MAIS).⁶³ Other instruments were laboratory-based, measuring the ability to detect the direction of sound (Speech, Spatial and Quality of Hearing questionnaires⁶⁴) or the smallest change in position that could be discriminated (minimal audible angle, MAA).

Speech perception measures

Most studies reported speech perception measures. In total, 32 measures were used; 11 measures were used for adults, one measure was used for adults and children (Bamford–Kowal–Bench sentences⁶⁷) and 20 were used only on children (*Table 7*). The tests consisted of lists of phonemes, words or sentences that had to be correctly identified. Some tests included word recognition tasks in which a word is spoken and the correct picture has to be pointed to [e.g. the Early Speech Perception (ESP) battery⁶⁸]. Other tests [e.g. the Glendonald Auditory Screening Procedure (GASP)⁶⁹] required a verbal response and so could also be used to measure speech production. These outcome measures place varying cognitive demands on people to complete the tasks, i.e. perception,

discrimination, recognition and understanding at different levels (word, sentence, phoneme). This means that the tests and results are not all comparable and cannot be considered as equally difficult.

Speech production measures

Speech production measures were less frequently used, including three measures in four studies, all of which were in children (*Table 8*). Measures evaluated the intelligibility of whole speech by a range of listeners (Speech Intelligibility Rating) and parts of speech such as noun phrases (Index of Productive Syntax).

Quality of life measures

Quality of life with cochlear implants was measured in 23 studies using 19 different instruments (children, five; adults, 13; both, one) (*Table 9*). A range of experience was covered by the measures, which included ad hoc, condition-specific questionnaires (Everyday Life Questionnaire) to generic, validated measures of utility (Health Utilities Index 3). Other instruments measured particular aspects of quality of life and psychological, social, emotional and physical states (Glasgow Health Status Inventory) or focused on specific diseases or symptoms (Usher Lifestyle Questionnaire and the Tinnitus Questionnaire).

Educational measures

Only two questionnaire measures of educational outcomes were used (*Table 10*). These measured the skills that deaf children need to succeed in mainstream education [Assessment of Mainstream Performance (AMP)] and school performance [Screening Instrument for Targeting Educational Risk (SIFTER)].

TABLE 7 Speech perception measures

Measure	No. of studies using this measure
One-syllable test ⁷⁰	1
Two-syllable test ⁷⁰	1
AB monosyllables – Arthur Boothroyd monosyllabic word test ⁷¹	1
AVGN – A normalised index of audiovisual gain	1
BKB – Bamford–Kowal–Bench sentences ⁶⁷	5
CAP – Categories of Auditory Performance ⁷²	1
CDT – Connected discourse tracking ⁷³	1
CID sentences – Central Institute for the Deaf sentences ⁷⁴	1
CNC – Consonant Nucleus Consonant monosyllabic word test ⁷⁵	4
Common Phrases Test ⁷⁶	3
CUNY – City University of New York ⁷⁷	5
ESP – Early Speech Perception battery ⁶⁸	5
FMWT – Freiburger monosyllabic word test ⁷⁸	1
GASP – Glendonald Auditory Screening Procedure ⁶⁹	7
Gottinger speech lists ⁷⁹	1
HINT – Hearing in Noise Test ⁸⁰	3
HINT-C – Hearing in Noise Test for Children ⁸⁰	3
HSM sentences – Hochmaier, Schultz and Moser sentence test ⁸¹	2
IMST – Iowa Matrix Sentence Test ⁸²	1
LNT – Lexical Neighbourhood Test ⁸³	2
MAC – Minimal Auditory Capabilities ⁸⁴	1
Minimal Pairs Test ⁷⁶	1
MLNT – Multisyllabic Lexical Neighbourhood Test ⁸⁵	2
Mr Potato Head ⁸⁶	3
NU-6 – Northwestern University Auditory Test number 6 ⁸⁷	1
OLSA – Oldenburg sentence test ⁸⁸	1
PB-K – Phonetically Balanced Kindergarten Word List ⁸⁹	5
RITLS – Rhode Island Test of Language Structure ⁹⁰	1
SECSHIC – Scales of Early Communication Skills for Hearing Impaired Children ⁹¹	1
TAC – Test for Auditory Comprehension of Language ⁹²	1
TAPS – Test for Auditory Perception and Speech ⁹³	1
TROG – Test for the Reception of Grammar ⁹⁴	1

TABLE 8 Speech production measures

Measure	No. of studies using this measure
CRISP – Children’s Realistic Intelligibility and Speech Perception test ⁹⁵	2
IPSyn – Index of Productive Syntax ⁹⁶	1
SIR – Speech Intelligibility Rating ⁹⁷	1

TABLE 9 Quality of life measures

Measure	No. of studies using this measure
APHAB – Abbreviated Profile of Hearing Aid Benefit ⁹⁸	1
AQoL – Assessment of Quality of Life ⁹⁹	2
Everyday Life Questionnaire ¹⁰⁰	1
EQ-5D – EuroQol 5 dimensions ^{101,102}	1
GBI – Glasgow Benefit Inventory ¹⁰³	2
GHSI – Glasgow Health Status Inventory ¹⁰⁴	2
HHIA – Hearing Handicap Inventory for Adults ¹⁰⁵	1
HPS – Hearing Participation Scale ¹⁰⁶	1
HUI-3 – Health Utilities Index 3 ¹⁰⁷	2
IRQF – Index Relative Questionnaire Form ¹⁰⁸	1
KINDLr – Munich Quality of Life Questionnaire for Children ¹⁰⁹	1
NCIQ – Nijmegen Cochlear Implant Questionnaire ¹¹⁰	1
PQLF – Patient Quality of Life Form ¹⁰⁸	1
Quality of life questionnaire ¹¹¹	2
SF-36 – Short-Form 36 ¹¹²	1
Symptom Checklist 90-R ¹¹³	1
Tinnitus Questionnaire ¹¹⁴	1
ULS – Usher Lifestyle Questionnaire ¹¹⁵	1
VAS quality of life scale – Visual analogue scale ^{101,102}	1

TABLE 10 Educational measures

Measure	No. of studies using this measure
AMP – Assessment of Mainstream Performance ¹¹⁶	1
SIFTER – Screening Instrument for Targeting Educational Risk ¹¹⁷	1

Other considerations about measures and their implementation

There is some evidence that the choice of speech recognition test can affect outcomes; sentences

that have more syllables per minute are harder to recognise.¹¹⁸ It has also been shown that a known voice is easier to understand than an unknown one.¹¹⁹

Chapter 4

Results of the clinical effectiveness evidence for children

The majority of studies reported results in figures (usually bar charts) rather than in the text or in tables. To maximise accurate data extraction the figures had to be enlarged ($\times 400\%$) to enable reading of the study results. Thus, values may deviate from values measured by the original authors. Summary tables of study characteristics and results can be found in Appendix 3.

Unilateral cochlear implants versus non-technological support – children

This section considers studies in which the comparisons did not include devices of any kind.

Type and quality of studies

Eight studies were included in the review of evidence for one cochlear implant versus non-technological support (i.e. the absence of acoustic or tactile aids but permitting sign language and lip-reading). All used pre/post designs, with participants acting as their own controls. Two of the studies were based in the UK,^{120,121} two in other European countries,^{70,122} two in Canada^{123,124} and two in the USA.^{125,126} There were 848 participants in total, with sample sizes ranging from 49 to 182. Participants' ages were between 1 year 3 months and 17 years 11 months. Follow-up times ranged from 6 months to 12 years. Two studies were excluded on the grounds of population size ($n = 10$ and $n = 19$); however, 97% of the total population was included.

Surprisingly two studies did not report the degree of deafness of participants; four of the studies had a profoundly deaf population; and the other two studies' populations were severe to profoundly deaf. The outcome measures used varied widely between studies and covered measures of sensitivity to sound, speech perception and speech production. See Appendix 3 for summary tables of study characteristics and results.

As can be seen from *Table 11*, overall the studies were of moderate to poor quality, with inadequate

descriptions of methods and lack of reporting of important quality markers. None of the studies was an RCT, yet possible confounding factors were scarcely reported, and in only one case¹²⁰ were they accounted for in the analysis. Furthermore, not all participants were accounted for, and neither was the treatment of missing data reported.

Study results for unilateral cochlear implants versus non-technological support

Despite the large variety of outcome measures used the overall results for all outcomes from all studies were in favour of cochlear implants. The outcomes used in the studies can be classified as sensitivity to sound, speech perception or speech production. For further clarification of the measures see *Tables 6–10*, Chapter 3 (Clinical effectiveness search results) and Appendix 5 (*Tables 110–114*). *Table 12a–c* provides a visual summary of the results by type of outcome measure. A summary of the characteristics and results of the included studies can be found in Appendix 3 (*Tables 92 and 93* respectively).

Sensitivity to sound

Only one study, conducted by Manrique and colleagues ($n = 182$),^{122,127} measured sensitivity to sound in this comparison. They found a significant improvement in pure-tone audiometry (PTA) scores ($p < 0.05$) at 12 months post activation compared with preimplantation (preimplantation = 115.8, SD 3.25; 12 months post implantation = 34.3, SD 8.25). This indicates that a fundamental change in the children's ability to detect sound had occurred.

Speech perception

In total, 666 children were measured for speech perception ability across seven studies using 22 different instruments.

Staller and colleagues ($n = 78$)¹²⁴ used four measures of speech perception [ESP battery, GASP, Lexical Neighbourhood Test (LNT) and the Hearing In Noise Test for Children (HINT-C)]. The results showed a range of improvements for children (age 3–17 years) over 6 months, from a

TABLE 11 Summary of key quality indicators for studies of children: unilateral cochlear implants vs non-technological support

Quality criteria	Harrison 2005 ¹²²	Nikolopoulos 2004 ¹¹⁹	Manrique 2004 ¹²¹	Staller 2002 ¹²³	MED-EL 2001 ¹²⁴	Nikolopoulos 1999 ¹²⁰	Illg 1999 ⁶⁹	Kessler 1997 ¹²⁵
Was the study prospective?	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Selection bias								
Eligibility criteria stated?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Appropriate?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	-
Were the participants representative of the population?	Yes	Partly ^a	Partly ^a	Yes	Yes	Yes	Yes	Yes
Were potential confounders reported?	Yes	Yes	Yes	No	No	No	Some	No
Were they accounted for in the design or analysis?	No	Yes	NR	NR	NR	NR	NR	NR
Assessment bias								
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR	NR	NR	NR	NR	NR
Objective?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Attrition bias								
Was attrition reported?	No	Yes	No	No	Yes	Yes	Yes	Yes
Were all participants accounted for?	No	No	No	No	Yes	Yes	Yes	No
How were missing data accounted for?	NR	NR	NR	NR	NR	NR	NR	NR
Protocol violations specified?	NR	NR	NR	NR	NR	NR	NR	NR
Power and analysis								
Data analysis	ANOVA	DS	t-test	DS	DS	DS	DS	DS
Was the analysis appropriate?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Was there a power calculation?	No	No	No	No	No	No	No	No
Other								
Was ethical approval given?	NR	NR	NR	NR	NR	NR	NR	NR
Generalisability?	Yes	Somewhat	Somewhat	Yes	Yes	Yes	Yes	Yes
Intercentre variability?	NA	NA	NA	NR	NR	NA	NA	NA

ANOVA, analysis of variance; DS, descriptive statistics; NA, not applicable; NR, not reported.
 a Children with other disabilities were excluded.

35% difference with the LNT (word recognition) to a 50% difference with the HINT-C (sentence recognition).

Further evidence for the benefits of cochlear implants came from the MED-EL report (for the FDA) ($n = 82$).¹²⁵ This measured speech perception 6 months post activation with six instruments [ESP battery, GASP, Communicative Skills Checklist for all ages (18 months to < 18 years) and the Multisyllabic Lexical Neighbourhood Test (MLNT), LNT and Bamford–Kowal–Bench (BKB) test for older children (≥ 5 to < 18 years)]. The scores for younger children ranged from a 50% difference on the ESP spondee identification test (two long syllables) to a 70% difference on the ESP battery (pattern perception test). Older children's scores ranged from a 53% difference with the BKB test (simple sentences) to a 79% difference with the ESP spondee identification test and the GASP. However, not all children were entered for all tests.

An earlier study by Illg and colleagues ($n = 167$)⁷⁰ reported on seven measures in children from 12 months to 15 years over a 2-year follow-up period [Test for Auditory Perception and Speech (TAPS), GASP (word and sentence recognition), Mr Potato Head (following instructions to assemble the toy), pattern perception, one- and two-syllable tests and a minimal pairs test]. All results showed a trend favouring cochlear implants, with scores for younger children (< 7 years) ranging from an 8% (SD 8.5) difference with the GASP to a 59% difference with a pattern perception test. Older children's (7–15 years) scores ranged from a 15% (SD 14.5) difference with the Mr Potato Head assembly task and the minimal pairs test (words that differ by one feature) to a 39% difference with a pattern perception test.

Kessler and colleagues' much smaller study ($n = 49$)¹²⁶ measured speech perception with the Phonetically Balanced Kindergarten Word List (PB-K), ESP, GASP and Mr Potato Head over 6 months for children aged 7 years or over. They found that all outcome measures showed a benefit from cochlear implants, with a range of improvement in scores from a 32% difference with the PB-K to a 54% difference with the ESP.

Additionally, the MED-EL, Staller and Kessler studies reported parental ratings of listening behaviours (e.g. responding to a door bell) using the MAIS as the mean percentage point improvement over 6 months. Although significance was not reported, all found increased scores (MED-EL = 38%, Staller = 16%, Kessler = 20%).

All of these four studies^{70,124–126} found a positive association between early age at implantation and improvements in speech understanding. However, only one study reported significance levels.

Harrison and colleagues ($n = 82$)¹²³ used four speech perception tests [Test for Auditory Comprehension (TAC), GASP, PB-K word test and PB-K phoneme test] with children aged from 2 to 13 years. They found a positive trend associated with earlier implantation with mean differences from preimplantation ranging from 6.36% with the TAC to 84.25% with the GASP. A similar association between age at implantation and positive outcome was found by Nikolopoulos and colleagues ($n = 82$)¹²⁰ who examined participants' understanding of English grammar and found a link between earlier age at implantation and greater understanding of the construction of grammar. The proportion of those with understanding comparable to normal-hearing peers rose from 2% at preimplantation to a remarkable 67% after 5 years when measured with the Test for the Reception of Grammar (TROG).

In an earlier study Nikolopoulos and colleagues¹²¹ found significant negative correlations with age at implantation at 3 (–0.38) and 4 (–0.58) years from baseline on the connected discourse tracking (CDT) measure of auditory performance ($p < 0.01$), and at 4 years (–0.44) with the Iowa Matrix Sentence Test (IMST), a closed-set sentence test ($p < 0.05$), thus further indicating that increased benefit from cochlear implants was associated with earlier implantation. Interestingly, Nikolopoulos and colleagues also showed significantly greater improvements for younger-implanted children than older-implanted children in Categories of Auditory Performance (CAP; a measure of performance on a range of auditory tasks performed in a quiet situation); scores were recorded at between 24 and 48 months of implant use (correlation coefficients with age at implantation: 24 months = –0.32, $p = 0.006$; 36 months = –0.48, $p = 0.0007$; 48 months = –0.58, $p = 0.002$). This indicates that in quiet situations there was again benefit from earlier implantation.

Speech production

Results for speech production were similarly positive. Only one study, that by Nikolopoulos and colleagues ($n = 126$),¹²¹ examined the effects of age at implantation on speech production. Using the Speech Intelligibility Rating (SIR) scale they found that at 4 years post activation there was a significant correlation (–0.49) between earlier implantation and better speech production ($p < 0.01$).

TABLE 12 (a) Visual summary results table: unilateral cochlear implants versus non-technological support – children: sensitivity to sound outcomes

Study design (follow-up, months)	Study	n	Audiological outcomes
			PTA
PP (P) (144)	Manrique 2004; ¹²² 2004 ¹²⁷	182	
PP (P), pre/post (prospective). Dark grey shading = positive significant outcome ($p < 0.05$).			

TABLE 12 (c) Visual summary results table: unilateral cochlear implants versus non-technological support – children: speech production outcomes

Study design (follow-up, months)	Study	n	Speech production outcomes
			SIR
PP (P) (72)	Nikolopoulos 1999 ¹²¹	126	
PP (P), pre/post (prospective). Dark grey shading = positive significant outcome ($p < 0.05$).			

TABLE 12 (b) Visual summary results table: unilateral cochlear implants versus non-technological support – children: speech perception outcomes

Study design (follow-up, months)	Study	n	MAIS	IT-MAIS	CAP	GASP (words/sentences)	PKB (words/phonemes)	TAC	TROG	ESP	LNT	HINT-C	MLNT	BKB sentences	Communicative skills checklist	IMST	CDT	TAPS	Mr Potato Head	Monosyllable word test	Pattern perception	One-syllable test	Two-syllable test	MPT	
PP (R) (96)	Harrison 2005 ¹²²	82				Light grey	Light grey	Light grey																	
PP (P) (60)	Nikolopoulos 2004 ¹²⁰	82							Light grey																
PP (P) (6)	Staller 2002 ¹²⁴	78		Light grey		Light grey						Light grey													
PP (P) (6)	MED-EL 2001 ¹²⁶	82		Light grey		Light grey							Light grey												
PP (P) (72)	Nikolopoulos 1999 ²¹	126			Dark grey											Dark grey	Dark grey								
PP (P) (36)	Ilig 1999 ⁷⁰	167				Light grey												Light grey	Light grey						
PP (P) (6)	Kessler 1997 ¹²⁶	49				Light grey	Light grey														Light grey	Light grey	Light grey	Light grey	Light grey

PP (P), pre/post (prospective); PP (R), pre/post (retrospective).
 Dark grey shading = positive significant outcome (p < 0.05); light grey shading = positive outcome (not significant or no significance reported).

Summary: effectiveness of unilateral cochlear implants versus non-technological support – children

There is considerable heterogeneity in the studies of unilateral cochlear implants versus non-technological support. The variety of outcome measures used, the range of methods of data analysis and the limited reporting mean that pooling of data was not possible and drawing firm conclusions is difficult. However, weight should be given to the large total number of participants ($n = 848$) and the prospective design of most of the studies. All studies reported gains on all reported outcome measures, some demonstrating greater gain from earlier implantation.

Measures of sensitivity to sound provide the strongest evidence to support the use of cochlear implants. Clear gains were made from 6 months post activation, with PTA thresholds ranging from 32 to 44 dB HL post implantation.¹²²

The results of speech perception and production outcomes have almost certainly been biased by confounding from maturation: as children grow older their ability to understand and produce language may have improved independently. However, the degree of improvement in the ability to understand the speech of others and to produce intelligible speech is likely to be greater than that due to ageing alone, for example a 50% improvement in understanding speech in noise¹²⁴ and a correlation coefficient between the ability of other people to understand their speech after 4 years and age at implantation of -0.49 .¹²¹

Overall conclusions

Unilateral cochlear implants improve the hearing, speech perception and speech production of severely to profoundly and profoundly sensorineurally deaf children, and additional benefit may be gained by early implantation.

Unilateral cochlear implants versus acoustic hearing aids – children

Type and quality of studies

Six studies were included in the review of evidence for unilateral cochlear implants versus acoustic hearing aids. Two of the studies were prospective cohorts, two were prospective pre/post studies

with repeated measures and participants acting as their own controls, one was a cross-sectional study and one was a retrospective cohort design. Four studies were from the USA and two were from Europe. There were 535 participants in total, with population sizes ranging from 30 to 297. Ages of participants ranged from 9 months to 17 years, and all children were profoundly deaf. Three studies were excluded on the grounds of the small size of the study population (total $n = 70$; range 20–26), leaving 87% of the total population included. Again, outcome measures varied widely between studies. A summary of the characteristics and results of the included studies can be found in Appendix 3 (*Tables 94 and 95* respectively).

Table 13 gives a summary of the key quality indicators for the included studies. Overall the studies were of moderate to poor quality, with inadequate descriptions of methods and lack of reporting of important quality markers. The lack of randomisation potentially introduces bias to all of these studies. No information was given about how participants were selected; frequently the results were only presented in figures, which were read off with a degree of inaccuracy. Two of the studies used different participants as control subjects; however, the groups were poorly matched. Generally not enough information was given to assess fully how studies were conducted.

Study results for unilateral cochlear implants versus acoustic hearing aids

The studies covered sensitivity to sound, speech perception or speech production outcomes, with the overall results being in favour of cochlear implants. However, there were some equivocal results from the study by van den Borne and colleagues⁶⁵ for speech perception, possibly because of lower baseline scores for the cochlear implant group.

Sensitivity to sound

In the study by van den Borne and colleagues⁶⁵ a total of 43 children had auditory outcomes measured. The ability to detect everyday sounds was measured on a scale from 1 to 4; both groups were measured before implant and at 6-month intervals, up to 24 months post implant. Both groups were measured with acoustic hearing aids before implant after which the cochlear implant group were measured with implants alone. The score in the cochlear implant group improved by 3.5 points and that in the acoustic hearing aid group by 1.9 points during this time.

TABLE 13 Summary of key quality indicators for studies of children: unilateral implants vs acoustic hearing

Quality criteria	Mildner 2006 ¹²⁸	Tomblin 1999 ¹²⁹	Osberger 1999 ¹³⁰	Svirsky 1999 ¹³¹	Osberger 1998 ¹³²	van den Borne 1998 ⁶⁵
Was the study prospective?	No, cross-sectional	Yes	Yes	No	Yes	Yes
Selection bias						
Eligibility criteria stated?	No	Yes	Yes	Yes	Yes	Yes
Appropriate?	–	Yes	Yes	Yes	Yes	Yes
Were the participants representative of the population?	Yes	Somewhat ^a	Somewhat ^b	Yes	Somewhat ^b	Yes
Were potential confounders reported?	No	Yes	Yes	Yes	Yes	No
Were they accounted for in the design or analysis?	–	Yes	Yes	Yes	Yes	–
Assessment bias						
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	Yes	NR	NR	NR	NR
Objective?	Yes	Yes	Yes	Yes	Yes	Yes
Attrition bias						
Was attrition reported?	No	Yes	No	Yes	No	Yes
Were all participants accounted for?	Yes	Yes	Unclear	No	Unclear	No
How were missing data accounted for?	NR	NR	NR	NR	NR	NR
Protocol violations specified?	NR	NR	NR	NR	NR	NR
Power and analysis						
Data analysis	DS, chi-squared test	t-test, ANOVA	DS, ANOVA	DS, linear regression, ANOVA	ANOVA	DS
Was the analysis appropriate?	Yes	Yes	Yes	Yes	Yes	Yes
Was there a power calculation?	No	No	No	No	No	No
Other						
Was ethical approval given?	NR	NR	NR	NR	NR	NR
Generalisability?	Yes	Somewhat	Somewhat	Yes	Somewhat	Somewhat

ANOVA, analysis of variance; DS, descriptive statistics; NR, not reported.
a Children with other disabilities were excluded.
b Children with learning difficulties were excluded.

Speech perception

Across all studies a total of 209 children had their ability to understand speech measured; two studies reported significance levels.

Mildner and colleagues ($n = 49$)¹²⁸ used a cross-sectional study design to compare children with cochlear implants or acoustic hearing aids. They found a mean percentage gain in understanding visually and orally presented words for the cochlear implant group, with an overall difference in word scores of 22.4%, ($p < 0.01$) (cochlear implant group = 82.8%, acoustic hearing aid group = 60.4%).

An earlier pre/post implantation study by Osberger and colleagues ($n = 58$)¹³⁰ measured speech perception using five tests (ESP, GASP, Mr Potato Head, common phrases test, PB-K phonemes and words). Improvements were seen on all measures over 18 months, ranging from a mean score difference between times of 19.9 on the common phrases test to 56.5 on the ESP. All measures showed a significant difference in favour of cochlear implants ($p < 0.0001$).

A much larger study by Svirsky and colleagues ($n = 297$)¹³¹ compared the difference between actual PB-K words scores for implanted children and predicted PB-K scores for children using acoustic hearing aids. However, they reported insufficient information to calculate the difference in scores for the acoustic hearing aid group. The cochlear implant group mean scores improved by 6.3% over 18 months for those aged less than 6 years and by 6.5% over 12 months for those aged between 6 and 12 years.

A small study by Osberger and colleagues ($n = 30$)¹³¹ measured speech perception using three instruments (ESP, GASP words and sentences, PB-K phonemes and words). Measures were taken before implantation with acoustic hearing aids and 6 months post implantation with cochlear implants. The results showed improvements on all measures over 6 months for the cochlear implant group. The difference in scores between the groups ranged from a mean percentage score difference of 33.3% on PB-K phonemes to 49.6% on PB-K words; however, statistical significance was not reported. These participants may be a subset of those of Osberger and colleagues.¹³⁰

van den Borne and colleagues ($n = 43$)⁶⁵ also reported on speech perception, this time using the Scales of Early Communication Skills for Hearing Impaired Children (SECSHIC), in a prospective

cohort study. Their results showed a small relative improvement in verbal receptive skills over baseline for cochlear implant users compared with those using acoustic hearing aids of 0.1 over 24 months. However, the actual scores at 24 months were better for acoustic hearing aid users (cochlear implant group = 50, acoustic hearing aid group = 54), although it should be noted that the baseline scores were lower for the cochlear implant group (cochlear implant group = 43, acoustic hearing aid group = 47.5). As both groups made gains from their baseline scores (cochlear implant group = +7.0, acoustic hearing aid group = +6.9) it would appear that maturation effects contributed to improvements in receptive language.

Speech production

Only Tomblin and colleagues ($n = 58$)¹²⁹ reported speech production measures, using the Index of Productive Syntax (IPSyn) to analyse transcripts of children retelling stories in a prospective cohort study. Their results showed a mean difference in 5-year total scores of 19.6 in favour of cochlear implants. However, these results may be susceptible to bias as the cochlear implant group had the advantage of repeated exposure to the test whereas the acoustic hearing aid group had only one exposure. Regression analysis showed that, when age was included, length of use of cochlear implants was the main factor in IPSyn scores.

The visual summary of results in *Table 14a–c* shows the overall positive impact of cochlear implants compared with hearing aids for the profoundly deaf children who participated in these studies.

Summary of studies: unilateral cochlear implants versus acoustic hearing aids

Again, heterogeneity and limited reporting precluded meta-analysis. However, the results on a variety of outcomes for 535 profoundly sensorineurally deaf children (range > 98 to ≥ 110 dB HL) indicate that for this group greater gains in sensitivity to sound, speech perception and speech production can be made with cochlear implants compared with acoustic hearing aids.

Only one study reported sensitivity to sound, showing that children with cochlear implants had mean scores 1.6 points above those of children with acoustic hearing aids on a 4-point scale measuring the ability to identify everyday sounds.

In addition to poor reporting, some studies excluded children with other physical or learning

TABLE 14 (a) Visual summary results table: unilateral cochlear implants vs acoustic hearing aids – children: auditory outcomes

Study design (follow-up, months)		Study		Auditory outcomes	
	n		n		
PC (36)		van den Bourne 1998 ⁶⁴	43	Basal sound identification	

PC, prospective cohort.
Light grey shading = positive outcome (not significant or no significance reported).

TABLE 14 (b) Visual summary results table: unilateral cochlear implants vs acoustic hearing aids – children: speech perception outcomes

Study design (follow-up, months)		Study		Overall word scores		Response to vowels		Response to consonants		ESP		GASP (words/sentences)		Mr Potato Head		Common phrases		PKB (words/phonemes)		SECSHIC		
	n		n																			
XS	49	Mildner 2006 ¹²⁸																				
PP (P) (18)	58	Osberger 1999 ³⁰																				
PC (18)	29	Svirsky 1999 ³¹																				
PP (P) (6)	30	Osberger 1998 ³²																				
PC (36)	43	van den Bourne 1998 ⁶⁵																				

PC, prospective cohort; PP (P), pre/post (prospective); XS, cross-sectional, other control.
Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).

TABLE 14 (c) Visual summary results table: unilateral cochlear implants vs acoustic hearing aids – children: speech production outcomes

Study design (follow-up, months)		Study		Speech production outcomes	
	n		n		
PC (60)		Tomblin 1999 ¹²⁸	58	IPSyn	

PC, prospective cohort.
Light grey shading = positive outcome (not significant or no significance reported).

disabilities, and this, together with the diverse outcomes, makes comparison between studies difficult. However, all of the speech perception outcomes measured were in favour of cochlear implants. They ranged from a difference from baseline of 0.1 on the SECSHIC to 56.5 on the ESP.

The results for speech production are weakened by the bias introduced from the greater test exposure given to the cochlear implant group.

Overall conclusions

The evidence suggests that cochlear implants facilitate improved sensitivity to sound and speech outcomes for profoundly sensorineurally deaf children when compared with acoustic hearing aids. However, methodological variation and other study limitations affect the certainty of this conclusion.

Unilateral cochlear implants versus bilateral cochlear implants – children

Type and quality of studies

Three studies have compared unilateral cochlear implantation with bilateral cochlear implantation in children. These were cross-sectional studies with participants acting as their own controls, that is, all children had been bilaterally implanted; tests were taken with either one or both external components in place. The study by Peters and colleagues¹³³ was a larger study with a pre/post repeated measures design of bilateral implants versus a unilateral implant and acoustic hearing aid and so this study is also reported in the next comparison. Two of the studies were from the USA and one from Europe. A total of 61 children participated, with sample sizes ranging from 13 to 30. Ages of participants ranged from 2 years 11 months to 13 years. All of the studies were funded by manufacturers of the devices. One study was excluded on the grounds of sample size ($n = 10$); 86% of the possible total population was included. All of the participants in these studies were severe to profoundly deaf. One study measured sensitivity to sound; the other two looked at different speech perception outcomes. A summary of the characteristics and results of the included studies can be found in Appendix 3 (Tables 96 and 97 respectively).

Table 15 gives a summary of the key quality indicators. The quality of the studies varied from moderate to poor. In only one study¹³⁴ were

potential confounding factors identified and accounted for in the design or analysis. In another study⁷⁹ the eligibility criteria were not stated and so it is not possible to say whether the results are generalisable. It is assumed that because the children were bilaterally implanted they were severe to profoundly sensorineurally deaf.

Study results for unilateral implants versus bilateral implants

The outcomes measured in these studies were either sensitivity to sound or speech perception. The studies all showed a direction of change in favour of bilateral implantation.

Sensitivity to sound

Only one small study, that by Litovsky and colleagues ($n = 13$),¹³⁴ reported sensitivity to sound, using the MAA, which assess the narrowest angle at which a person can detect a change in sound direction. This is used to determine whether there is an advantage of bilateral implantation in improving the ability to tell the direction that a sound has come from. However, of the 13 participants recruited, only the nine who found the task easiest were measured, somewhat undermining these results. Litovsky and colleagues found that these children were able to discriminate sound location better with two implants than with one (mean score first side 27.7%, second side 29.7%, bilateral 16.2%; $p < 0.001$).

Speech perception

Two studies with a total of 48 participants measured speech perception using six tests.

The cross-sectional study by Peters and colleagues ($n = 30$)¹³³ measured speech perception in quiet conditions with the MLNT, LNT and HINT-C and in noise with the Children's Realistic Intelligibility and Speech Perception (CRISP) test. The participants were grouped by age (group 1: 3–5 years, group 2: 5.1–8 years, group 3: 8.1–13 years). Children recruited were not a representative sample of candidates for cochlear implantation, as only those who already had open-set speech perception abilities with their first implant were eligible.

None of the results in quiet conditions reached significance. However, all of the results showed a trend in favour of the use of bilateral implants. The difference in scores ranged from 5% with the HINT-C in the oldest group to 13% with the LNT for the youngest group. They found that children who received their second implant when

TABLE 15 Summary of key quality indicators for studies of children: unilateral implants vs bilateral implants

Quality criteria	Peters 2007 ¹³³	Litovsky 2006 ¹³⁴	Kuhn-Inacker 2004 ⁷⁹
Was the study prospective?	Yes	Yes	Yes
Selection bias			
Eligibility criteria stated?	Yes	Yes	No
Appropriate?	Yes	Yes	Unknown
Were the participants representative of the population?	Somewhat ^a	Yes	Unknown
Were potential confounders reported?	Yes	Yes	No
Were they accounted for in the design or analysis?	No	Yes	Yes
Assessment bias			
Were the outcome measures relevant to the research question?	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR
Objective?	Yes	Yes	Yes
Attrition bias			
Was attrition reported?	No	NA	NA
Were all participants accounted for?	No	Yes	No
How were missing data accounted for?	NR	NR	NR
Protocol violations specified?	No	No	No
Power and analysis			
Data analysis	DS	DS	DS
Was the analysis appropriate?	Yes	Yes	Yes
Was there a power calculation?	NR	NR	NR
Other			
Was ethical approval given?	NR	Yes	NR
Generalisability?	Somewhat	Yes	Unknown

DS, descriptive statistics; NA, not applicable; NR, not reported.
a Participants met minimum requirements on a variety of tests and participated in a particular rehabilitation setting.

they were younger than 8 years old did better at word recognition than those who received their second implant when they were older (10.6% mean improvement < 8 years, 5.5% mean improvement 8–13 years). The CRISP test directs sound from the front and at both ears individually to test the ability to identify picture and sound combinations. All sound directions showed a significant bilateral advantage with the greatest advantage when noise was directed at the ear that was implanted first (mean improvement of 13.2%; $p < 0.0001$).

Similar results were found in an earlier small cross-sectional study by Kuhn-Inacker and colleagues ($n = 18$).⁷⁹ They measured speech perception with the Gottinger test in quiet conditions and with a discrimination in noise test. Both tests showed a trend in favour of bilateral implantation. Mean scores in quiet conditions were 70% and 71% for

each ear independently and 87% bilaterally. When tested in noise the unilateral mean score was 60% and the bilateral mean score was 80%. However, this study was very poorly reported with no description of the selection criteria and other key quality indicators.

Table 16a and b provides a visual summary of the results.

Summary of studies for unilateral cochlear implants versus bilateral cochlear implants – children

The heterogeneity between the studies, small numbers of participants, weaknesses in design, poor reporting of methods and lack of controlling for confounding factors mean that it is difficult to come to firm conclusions regarding the benefits

TABLE 16 (a) Visual summary results table: unilateral cochlear implants vs bilateral cochlear implants: auditory outcomes

Study design (follow-up, months)	Study	n	Auditory outcomes	
			MAA degrees azimuth	
XS (OC)	Litovsky 2006 ¹³⁴	13		

XS (OC), cross-sectional, own control.
Dark grey shading = positive significant outcome ($p < 0.05$).

TABLE 16 (b) Visual summary results table: unilateral cochlear implants vs bilateral cochlear implants: speech perception outcomes

Study design (follow-up, months)	Study	n	Speech perception outcomes				
			MLNT words	LNT words	HINT-C	CRISP (noise) ^a	Gottinger test (quiet/noise)
XS (OC)	Peters 2007 ⁷⁰	30					
XS (OC)	Kuhn-Inacker 2004 ⁸	18					

XS (OC), cross-sectional, own control.
Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).
a Results for noise directed at the front, the first implant or the second implant.

of bilateral versus unilateral implantation for children.

In laboratory conditions Litovsky and colleagues¹³⁴ found that the most able children in their study had an improved ability to detect sound direction of 12.5° azimuth. However, it is hard to generalise from this small sample ($n = 13$) in artificial conditions; larger numbers tested in noise are needed to accurately gauge differences between these two modalities in real-life conditions.

The strongest evidence for an advantage from bilateral implantation comes from speech perception outcomes measured in noise. Peters and colleagues¹³³ found a mean improvement after bilateral implantation compared with unilateral implantation of +13.2% ($p < 0.0001$).

Peters and colleagues¹³³ also found that age at second implant affected the speed and final level of improvement. In addition, Kuhn-Inacker and colleagues⁷⁹ found a greater degree of improvement in noise than in quiet (20% in noise and 16.5% in quiet).

Overall conclusions

The evidence from these studies, albeit with important limitations, suggests that there may be an advantage of bilateral implantation over unilateral implantation in children. However,

in our opinion, larger, better-quality studies are needed to establish this with certainty.

Bilateral cochlear implants versus unilateral cochlear implant and an acoustic hearing aid – children

Type and quality of studies

One pre/post repeated measures study and two cross-sectional studies were included in the comparison of two cochlear implants versus one cochlear implant with an acoustic hearing aid. Two of the studies^{133,134} were included in the previous comparison but different outcomes are reported here. All of the studies were from the USA. There were 69 participants in total, with sample sizes ranging from 19 to 30. The pre/post study by Peters and colleagues¹³³ followed up participants at 12 months. Litovsky and colleagues¹³⁴ did not report the degree of deafness of participants; participants in the other two studies were severe to profoundly deaf. No studies were excluded from this comparison on the grounds of sample size. A summary of the characteristics and results of the included studies can be found in Appendix 3 (Tables 98 and 99 respectively).

Peters and colleagues¹³³ measured the ability of children to understand speech in noise and quiet.

Participants were only selected if they had shown an ability to perceive speech when using one implant. The children were assessed in three age groups (3–5 years, 5.1–8 years, 8.1–13 years).

Litovsky and colleagues¹³⁴ measured the ability to detect the direction of sound. Participants attended between one and three sessions at 3–15 months following the second implant (mean 7 months). Results from participants who attended more than one session were reported for the latest measurement. Implantation was sequential, with a range of 1–11.6 years between implants (mean 3.9 years).

Litovsky and colleagues¹³⁵ measured speech intelligibility and the ability to detect the direction of sound. Outcomes were measured at 3–26 months post implant (mean 13.5 months). Implantation was sequential with 0.8–6.4 years between implants (mean 3.2 years).

The studies were of moderate to poor quality with little description of how participants were selected. Litovsky and colleagues¹³⁵ did not state the level of the bilateral participants' previous hearing loss. An inadequate description of participants' characteristics was given so that it was not possible to tell if the two groups considered were well matched; however, this was the only study to report age at implantation and whether the children were pre- or postlingually deaf.

No mention was made in any study of approaches to blinding assessors or whether data analyses were conducted blind to study group. However, the studies were prospective and used validated outcome measures and appropriate statistical analyses; for a summary of study quality indicators see *Table 17*.

Study results for bilateral cochlear implants versus unilateral cochlear implant and acoustic hearing aid – children

The outcomes for these studies were either sensitivity to sound or speech perception. The results all showed a greater benefit from bilateral implantation than from a unilateral cochlear implant and acoustic hearing aid.

Sensitivity to sound

A total of 39 children had sensitivity to sound measured by determining their ability to detect the direction that sounds came from using the MAA.

Litovsky and colleagues ($n = 19$)¹³⁴ found that bilaterally implanted children were significantly better than children with one implant plus a hearing aid at detecting sound direction measured using the MAA (which indicates the smallest change in position of a sound that can be detected, with lower scores being better) (bilateral = 28.0°, unilateral + acoustic hearing aid = 44.4°; $p < 0.05$). In another study ($n = 20$)¹³⁵ with the same outcome measure a similar result was obtained (bilateral = 20.0°, unilateral + acoustic hearing aid = 27.0°; $p < 0.05$).

Speech perception

Peters and colleagues¹³³ measured the ability of 50 children to understand speech using three different instruments [MLNT words (age 3–5 years), LNT words (age 5.1–13 years) and HINT-C sentences (age 8.1–13 years)]. All results showed a trend in favour of bilateral implantation; for some groups this reached significance (MLNT, 3–5 years: bilateral = 92.3, unilateral + acoustic hearing aid = 67.3, $p = 0.003$; LNT, 5.1–13 years, bilateral = 86.0, unilateral + acoustic hearing aid = 69.4, $p = 0.004$).

Speech production

Litovsky and colleagues ($n = 20$)¹³⁵ measured speech production using the CRISP test in quiet and in noise. Both conditions showed a significant benefit for bilateral implantation (quiet: bilateral = 20.00, unilateral + acoustic hearing aid = 24.00, $p < 0.0001$; noise: bilateral = 11.00, unilateral + acoustic hearing aid = 17.50, $p < 0.005$).

Table 18a and *b* provides a visual summary of the overall benefit from bilateral implantation reported by these studies.

Summary: bilateral cochlear implants versus unilateral cochlear implant and acoustic hearing aid – children

Again, small sample sizes, poor reporting and design, and a lack of consideration of confounding factors mean that evidence for a definitive benefit for bilateral implants compared with one implant plus an acoustic hearing aid is somewhat unclear.

The psychoacoustics results give the most consistent evidence as, with a small number of participants, significant improvement was shown in the ability to detect the direction of sound

TABLE 17 Summary of key quality indicators for studies of children: bilateral cochlear implants vs unilateral cochlear implant and acoustic hearing aid

Quality criteria	Peters 2007 ¹³³	Litovsky 2006 ¹³⁴	Litovsky 2006 ¹³⁵
Was the study prospective?	Yes	Yes	Yes
Selection bias			
Eligibility criteria stated?	Yes	Yes	Yes
Appropriate?	Yes	Yes	Yes
Were the participants representative of the population?	Somewhat ^a	Yes	Unknown
Were potential confounders reported?	Yes	Yes	Yes
Were they accounted for in the design or analysis?	No	Yes	Yes
Assessment bias			
Were the outcome measures relevant to the research question?	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR
Objective?	Yes	Yes	Yes
Attrition bias			
Was attrition reported?	No	NA	NA
Were all participants accounted for?	No	Yes	No
How were missing data accounted for?	NR	NR	NR
Protocol violations specified?	No	No	No
Power and analysis			
Data analysis	DS	DS	ANOVA
Was the analysis appropriate?	Yes	Yes	Yes
Was there a power calculation?	NR	NR	NR
Other			
Was ethical approval given?	NR	Yes	NR
Generalisability?	Somewhat	Yes	unknown

ANOVA, analysis of variance; DS, descriptive statistics; NA, not applicable; NR, not reported.
^a Participants met minimum requirements on a variety of tests and participated in a particular rehabilitation setting.

(bilateral = 28.0°, unilateral + acoustic hearing aid = 44.4°, $p < 0.05$).

Speech perception, measured by an ability to understand words and sentences, was better for children with bilateral implants. The degree of benefit ranged from a mean difference of 4.0 for the CRISP test in quiet conditions to 25.0 for the MLNT words in quiet conditions.

Overall conclusions

From the limited number of studies it seems that there may be an additional benefit for children from having two cochlear implants compared with one plus an acoustic hearing aid, although the methodological quality of these studies was limited.

Quality of life – children

As stated in Chapter 3 (see Quality of life and educational outcome studies) the results of the systematic review identified no studies of quality of life in children. The review of the original searches with expanded inclusion criteria (admitting uncontrolled studies and surveys) and further searches found four studies that did not meet the original systematic review inclusion criteria. Three of the studies were cross-sectional surveys and one was a retrospective controlled study. See Appendix 3 for summary tables of these studies and their results (*Tables 100 and 101*). This second review was restricted to non-preference-based studies (see Chapter 6, Utilities, for a review of these studies).

TABLE 18 (a) Visual summary results table: bilateral cochlear implants versus unilateral cochlear implant and acoustic hearing aid – children: sensitivity to sound

Study design (follow-up, months)	Study	n	Auditory outcomes	
			MAA degrees azimuth	
XS (NRC)	Litovsky 2006 ¹³⁴	19		
XS (NRC)	Litovsky 2006 ¹³⁵	20		

XS (NRC), cross-sectional, other control subjects.
Dark grey shading = positive significant outcome ($p < 0.05$).

TABLE 18 (b) Visual summary results table: bilateral cochlear implants versus unilateral cochlear implant and acoustic hearing aid – children: speech perception outcomes

Study design (follow-up, months)	Study	n	Speech perception outcomes			
			MLNT words	LNT words ^a	HINT-C sentences	CRISP (quiet/noise)
PP (P) (12)	Peters 2007 ¹³³	30				
XS (NRC)	Litovsky 2006 ¹³⁴	20				

PP (P), pre/post (prospective; XS (NRC), cross-sectional, other control subjects.
Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).
a Results for groups 2 and 3; group 3 is significant.

The quality of these studies varied from moderate to poor with some papers inadequately describing participants, procedures and results. The degree of deafness was only reported by two studies; it is assumed that all other participants were severely or profoundly sensorineurally deaf. *Table 19* gives a summary of the key quality indicators.

Study results – quality of life in children and their carers

Huber²² investigated health-related quality of life using the KINDLr. In total, 37 children and seven of their parents completed this cross-sectional survey; results were compared with normal hearers. The total score for the cochlear implant children aged 8–12 years was below that of normal hearers (cochlear implant = 64.6, normal = 76.8, $p < 0.001$) and less than parent ratings (80.8, $p < 0.0001$). The total score for older children (13–16 years) was within the norm (72.1) with no significant difference between children and parents.

Chmiel and colleagues¹³⁷ examined quality of life using an ad hoc questionnaire within a cross-sectional survey of parents ($n = 11$) and children with cochlear implants ($n = 11$) from the same families. They found that parents and children

rated the benefits of cochlear implants similarly, with both groups indicating that they found the implant to be ‘a lot of help’. The ability to hear environmental sounds was held to be the greatest benefit by both groups. All of the children reported that the implant helped them to ‘feel happier’.

Damen and colleagues¹³⁶ retrospectively evaluated the health-related quality of life of children with Usher syndrome type 1 who used cochlear implants. They used proxy measures from parents by comparing the responses on two quality of life measures from parents of children with ($n = 7$) and without ($n = 2$) cochlear implants. They found an increased quality of life reported by parents of children with cochlear implants measured on the Nijmegen Cochlear Implant Questionnaire (NCIQ) (mean scores, with cochlear implant = 66, without cochlear implant = 41). However, the results of the Usher Lifestyle Questionnaire (ULS) were similar between groups and more difficult to interpret because of the disparity in group numbers.

The study by Spahn and colleagues⁴² ($n = 74$) investigated the quality of life of parents of children with cochlear implants. It used a cross-sectional design, using the Symptom Checklist 90-R to measure psychological distress, and the

TABLE 19 Summary of key quality indicators for children's quality of life studies

Quality criteria	Damen 2006 ¹³⁶	Huber 2005 ²²	Spahn 2004 ⁴²	Chmiel 2000 ¹³⁷
Was the study prospective?	No	NA	NA	NA
Selection bias				
Eligibility criteria stated?	Minimal	Yes	Yes	Minimal
Appropriate?	Yes	Yes	Yes	Yes
Were the participants representative of the population?	No, Usher syndrome	Somewhat ^a	Yes	Yes
Were potential confounders reported?	No	No	No	No
Were they accounted for in the design or analysis?	No	No	No	No
Assessment bias				
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR	NR
Objective?	No	No	No	No
Attrition bias				
Was attrition reported?	No	Yes	No	No
Were all participants accounted for?	Yes	Yes	No	Yes
How were missing data accounted for?	NR	NR	NR	NR
Protocol violations specified?	No	No	No	No
Power and analysis				
Data analysis	DS	Mean scores	t-tests	NR
Was the analysis appropriate?	Yes	Yes	Yes	
Was there a power calculation?	NR	NR	NR	NR
Other				
Was ethical approval given?	NR	NR	Yes	NR
Generalisability?	No	Somewhat	Yes	Yes

DS, descriptive statistics; NR, not reported.
^a Children with special needs or who came from socially disadvantaged families were excluded.

Everyday Life Questionnaire to measure quality of life. They used a postal questionnaire, comparing parents with population norms. Results of the distress scale showed that parents of children with cochlear implants had heightened psychological distress (cochlear implant = 79%, norm = 21%). The results of the quality of life measure were compared with those of various disease groups and students; parents of cochlear implant children had a better quality of life than cardiac patients but a worse quality of life than students (cochlear implant = 168, cardiac patients = 151, students = 172). However, there was no comparison group of parents with similarly deaf children who had not received cochlear implants and so it is not possible to say whether these findings are due to cochlear implantation or deafness.

Summary of quality of life studies – children

The quality of life studies for children with cochlear implants all used different measures. Two studies directly measured children's ratings of quality of life, three used parents' proxy ratings and one measured only the quality of life of parents.

The results showed that, in comparison to preimplantation, cochlear implants improved children's quality of life and that deaf children with cochlear implants had a higher parent-rated quality of life than those without. However, this remained below that of normal hearers. Parents rated their children's quality of life at least as highly as their children did. When parents were asked about psychological distress and their own quality of

life they rated their levels of distress much higher than those of general population norms and their quality of life as better than that of cardiac patients but worse than that of students. The difficulties in measuring quality of life, particularly in children, together with the quality of these studies mean that these results are uncertain.

Chapter 6 (see Utilities) summarises a more specific review of studies that reported utility values for paediatric cochlear implantation.

Conclusions

Cochlear implants may improve the quality of life of child users.

Educational outcomes

The clinical evidence from this systematic review suggests that cochlear implants improve speech perception and production in children, and that the degree of improvement is linked to the age at implantation and duration of deafness. Improvements may be substantial, for example a 57% mean score increase in ESP understanding of speech pattern scores post implantation.¹³⁰ It follows that there may be consequent effects on educational outcomes.

However, the results of the following review should be read with caution for a number of reasons: first, because of the potential for bias to have confounded the results because of lack of randomisation; second, because of changes in government policy over the years, with increasing emphasis being put on the integration of children with disabilities within mainstream schools; and, third, because the effects of differing socioeconomic status, social support structures and the presence of other disabilities may not have been taken into account in the analyses.

As stated in Chapter 3 (see Quality of life and educational outcome studies), none of the studies originally included in the systematic review measured educational outcomes. Therefore, the searches were reviewed with the inclusion criteria relaxed. Seven studies were found that compared cochlear implant users with either normal-hearing peers or non-implanted hearing-impaired peers. Three of the studies measured academic outcomes and five investigated educational placement.

The quality of the studies was generally good; *Table 20* gives a summary of the key quality indicators.

Review of educational studies

Barton and colleagues¹³⁸ conducted a large cross-sectional survey of teachers, asking them to state the educational placement of a representative sample of deaf children amongst other outcomes (costs are reported in Chapter 6). A total of 383 teachers of children with cochlear implants returned questionnaires between May 1999 and October 2001. They found that 76% of children with cochlear implants compared with 49% of those profoundly sensorineurally deaf at an average hearing level (AHL) > 105 dB, 70% of those profoundly sensorineurally deaf at AHL 96–105 dB and 76% of those severely deaf (AHL 71–95 dB) were in primary or secondary school. The proportion of implanted children in schools for deaf children was less than that of the most profoundly sensorineurally deaf unimplanted children (AHL > 105 dB) (17% and 34% respectively). However, less of those profoundly sensorineurally deaf at AHL 96–105 were in a school for the deaf (15%) (*Table 21*). These results are from the same research project as that of Stacey and colleagues.²¹

Stacey and colleagues²¹ used a cross-sectional design to look at variables affecting different outcomes, including education, in children with cochlear implants. (Other aspects of the same study covered auditory performance, academic achievements, health-related quality of life and costs of special education.) They invited the parents of 993 children with cochlear implants, 3288 profoundly sensorineurally deaf children and 3580 severely deaf children in the UK to take part in a questionnaire survey. Teachers of participating children were invited to judge academic abilities. In total, 468 parents and 383 teachers of children with cochlear implants returned the questionnaires. Children were stratified by age at implantation and duration of use of implants.

Educational data were analysed by multiple regression to control for associations between outcomes and potentially confounding variables, for example age, age of onset of hearing loss, degree of hearing impairment, socioeconomic status and number of disabilities. The results showed an inconsistent association between implantation and enhanced educational outcomes, and also few of the possible associations reached

TABLE 20 Summary of key quality indicators for educational studies

Quality criteria	Barton 2006 ¹³⁸	Stacey 2006 ²¹	Damen 2006 ¹³⁹	Thoutenhoofd 2006 ¹⁴⁰	Archbold 2002 ¹⁴¹	Fortnum 2002 ¹⁴²	Archbold 1998 ⁴³
Was the study prospective?	NA	NA	NA	Yes	NA	No	Yes
Selection bias							
Eligibility criteria stated?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Appropriate?	Yes	Yes	Yes ^a	Yes	Yes	Yes	Yes
Were the participants representative of the population?	Yes	Yes	Somewhat ^b	Yes	Yes	Yes	Yes
Were potential confounders reported?	No	No	No	No	No	No	No
Were they accounted for in the design or analysis?	No	No	No	No	No	No	No
Assessment bias							
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR	NR	NR	NR	NR
Objective?	No	No	No	Yes	Yes	Yes	Yes
Attrition bias							
Was attrition reported?	NA	NA	NA	Yes	NA	NA	NA
Were all participants accounted for?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
How were missing data accounted for?	NR	Identified by logistic regression	NR	NR	NR	NR	NR
Protocol violations specified?	No	No	No	No	No	No	No
Power and analysis							
Data analysis	Linear regression	Linear and logistic regression	Mann-Whitney test	DS	Chi-squared test	Chi-squared test and logistic regression	Chi-squared test, ANOVA and Mann-Whitney test
Was the analysis appropriate?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Was there a power calculation?	No	No	No	No	No	No	No
Other							
Was ethical approval given?	NR	NR	NR	NR	NR	NR	NR
Generalisability?	Yes	Yes	Somewhat	Yes	Yes	Yes	Yes

ANOVA, analysis of variance; DS, descriptive statistics; NA, not applicable; NR, not reported.

a Postlingually deaf children were excluded from the analysis.

b None of the participants had additional disabilities.

TABLE 21 Educational placement as reported in Barton and colleagues¹³⁸

School placement	Severe (AHL 71–95 dB)	Profound (AHL 96–105 dB)	Profound (AHL > 105 dB)	Implanted	Total
Nursery	5 (1%)	2 (1%)	2 (0%)	15 (4%)	24
Primary	282 (42%)	132 (35%)	104 (25%)	239 (62%)	757
Secondary	228 (34%)	132 (35%)	100 (24%)	54 (14%)	514
School for the deaf	50 (7%)	57 (15%)	141 (34%)	64 (17%)	312
Special school	58 (9%)	18 (5%)	29 (7%)	5 (1%)	110
Further education	41 (6%)	29 (8%)	37 (9%)	3 (1%)	110
Left school	4 (1%)	6 (2%)	4 (1%)	0 (0%)	14
Other	3 (0%)	1 (0%)	2 (0%)	3 (1%)	9
Total	671	377	419	383	1850

significant levels. The authors hypothesised that this pattern would arise if the measures used were unresponsive to change in outcome.

Stacey and colleagues found that reading (assessed by teachers) was positively significantly associated with implantation before the age of 5 years and with between 2 and 4 years' experience of implantation (1.721, $p < 0.01$). However, for this same group there was a negative significant association with academic ability (assessed by parents) (-0.234 , $p < 0.01$). The authors suggest that this anomaly may be explained by the greater amount of missing data from parents compared with teachers on educational outcomes, and the possibly higher educational expectations of these parents compared with those of non-implanted children.

Two significant associations were found for children implanted before the age of 5 years and with at least 4 years' cochlear implant experience (assessed by teachers); these were academic ability (0.185, $p < 0.05$) and participation and engagement (0.224, $p < 0.05$).

Damen and colleagues¹³⁹ compared prelingually deaf children with cochlear implants ($n = 32$) in mainstream education with normal-hearing peers ($n = 35$) in a cross-sectional study in the Netherlands. The implanted children had a mean age of 9.0 years (range 4.5–13.0), had been deaf for a mean of 3.4 years (range 0.4–9.7), had been implanted at a mean age of 3.7 years (range 1.0–9.7) and had used their implants for a mean of 5.0 years (range 1.0–9.1). The normal-hearing control subjects were quasi-randomly selected from their classmates. The children were assessed by their teachers using two questionnaires: the

AMP, a measure of the skills needed to succeed in mainstream schools, and the SIFTER, which measures school performance.

The results were analysed with non-parametric statistics (Mann–Whitney) and a general linear model to look for correlations between AMP scores, SIFTER scores or class ranking and different variables.

For the AMP, Damen and colleagues found that, for kindergarten-aged children (3–5 years), the cochlear-implanted and normal-hearing children spent a similar amount of time performing to their ability in class [mean (SD) AMP scores 4.6 (0.94) and 5.3 (0.25) respectively]. The older (elementary age) deaf children (6–13 years) showed significantly less regular participation and appropriate communicative behaviour compared with their normal-hearing peers [cochlear implant = 4.1 (0.68), normal = 5.0 (0.59), $p < 0.001$]. When teachers were asked to estimate the children's class level compared with their peers all of the cochlear-implanted children scored 'above average' and all of the normal hearers scored 'good'; these differences were not significant (kindergarten cochlear implant = 3.33 (0.82), normal = 3.58 (0.67); elementary cochlear implant = 3.07 (1.00), normal = 3.55 (0.83), $p = 0.08$).

For elementary age children negative correlations were found between the AMP scores and age at implantation and duration of deafness (-0.06 , $p < 0.001$ and -0.66 , $p < 0.001$ respectively), indicating that earlier implantation and shorter time between deafness and implantation had educational benefits, with a greater effect for duration of deafness.

The SIFTER is divided into five subscales (academic, attention, communication, class participation and school behaviour). No significant differences were found between the kindergartener-aged cochlear-implanted and normal-hearing children. However, the normal-hearing elementary school-aged children did significantly better than the cochlear-implanted elementary school-aged children on the attention [cochlear implant = 8.52 (2.79), normal = 10.96 (2.32), $p < 0.001$], communication [cochlear implant = 7.32 (2.53), normal = 11.43 (2.01), $p < 0.001$] and class participation [cochlear implant = 9.17 (2.63), normal = 12.33 (2.25), $p < 0.001$] subscales.

The duration of deafness in implanted elementary school-aged children was correlated negatively with academics (-0.53 , $p = 0.01$), attention (-0.46 , $p = 0.02$), communication (-0.52 , $p < 0.001$) and class participation (-0.048 , $p = 0.02$), showing that the shorter the period of deafness and the longer the period of cochlear implant use the better the outcomes. Similarly, kindergartener-aged cochlear-implanted children had negative correlations between duration of deafness and communication (-0.88 , $p = 0.02$). Duration of implant use was positively correlated with attention (0.81 , $p = 0.05$) and social behaviour (0.84 , $p = 0.04$).

Thoutenhoofd¹⁴⁰ studied a cohort of cochlear-implanted children in Scotland from 2000 to 2004. There were 105 primary school-aged children with a mean age of 8.06 (SD 2.1) years, a mean age at implantation of 3.02 (SD 1.6) years and a mean of 4.01 (SD 1.9) years of cochlear implant experience. A total of 47 secondary school-aged children were included with a mean age of 14.07 (SD 1.9) years, a mean age at implantation of 7.07 (SD 4.1) years and a mean of 5.03 (SD 3.0) years of cochlear implant experience.

A total of 139 of these children were in full-time educational placements: 56 (40.2%) were in mainstream schools, 14 (10.1%) were in a designated integrated placement, 48 (34.5%) were in a special unit placement and 21 (15.1%) were in schools for deaf pupils.

National test scores for reading, writing and mathematics were taken by normal-hearing children ($n = 478,931$), bilaterally profoundly deafened (≥ 95 dB HL) children without cochlear implant ($n = 78$) and cochlear implant students ($n = 89$) in the years 2000–4. It is not reported whether the profoundly sensorineurally deaf children were matched for level of hearing loss with

the cochlear implant group. The results showed that the deaf students did not attain the same level as normal hearers and that as demands rose the deaf students fell further behind. The results of the students with cochlear implants were closer to those of normal hearers than the profoundly sensorineurally deaf pupils without implants.

Table 22 shows the differences in mean scores between profoundly deaf non-cochlear-implanted and cochlear-implanted children and normal hearers. The results indicate educational gains in all three categories from cochlear implants, most apparent in mathematics (grade F: cochlear implant difference from normal hearers = 1.4%, profoundly deaf without implants difference from normal hearers = 9.5%, i.e. those with implants had scores that were closer to those of their normal-hearing peers). Additionally, although the difference in scores between normal hearers and the profoundly deaf increases as the tasks get harder, the increase in the difference scores is less marked for profoundly deaf cochlear implant users than for those who do not use implants. However, most deaf children, including cochlear implant users, fell below the national average.

Archbold and colleagues¹⁴¹ compared the educational settings in the UK, 3 years after implantation, of profoundly deaf children using cochlear implants ($n = 42$) and aged-matched peers using acoustic hearing aids (severely deaf $n = 635$, profoundly deaf $n = 511$). Participants had received their implants before 5 years of age. The severely deaf comparison group had pure-tone hearing threshold levels between 71 and 95 dB and the profoundly deaf group had a pure-tone hearing threshold level > 95 dB.

They found that, after 3 years of implantation, the cochlear implant group had 38% of its members in mainstream education, 57% in a unit or special class in a mainstream school and 5% in a school for the deaf. This contrasts favourably with profoundly sensorineurally deaf hearing aid users, of whom 12% were in mainstream school, 55% were in a unit or class in a mainstream school and 33% were in schools for the deaf. The results for the severely deaf children were closer to those of the cochlear implant group: 38% were in mainstream schools, 51% were in a unit of a mainstream school and 11% were in a special school. A comparison between the placement of cochlear-implanted children and the placement of profoundly sensorineurally deaf children was significant at $p < 0.00001$. There was no significant difference between the placement of

TABLE 22 The difference in scores from normal-hearing children of profoundly sensorineurally deaf cochlear implant users and non-users from aggregate national tests by attainment level for 5- to 14-year-olds

Category	Group	Average population size	Lowest grade in national tests (A+), %	Highest grade in national tests (F+), %
Reading	National data normal hearers	478,931	90.4	17.5
	Profoundly deaf without CI	78	28.8 ^a	16.1 ^a
	CI users	89	22.2 ^a	8.0 ^a
Writing	National data normal hearers	478,931	88.5	49.8
	Profoundly deaf without CI	78	39.2 ^a	48.3 ^a
	CI users	89	24.1 ^a	45.0 ^a
Maths	National data normal hearers	478,931	98.4	11.0
	Profoundly deaf without CI	78	27.7 ^a	9.5 ^a
	CI users	89	20.1 ^a	1.4 ^a

CI, cochlear implant.
a Difference in scores from normal hearers.

severely deaf children and the placement of those with cochlear implants.

Thus, profoundly sensorineurally deaf children with cochlear implants (> 95 dB HL) who are implanted for less than 5 years may have similar educational placement expectations to severely deaf non-implanted children.

Fortnum and Marshall¹⁴² studied a cohort of deaf children born between 1980 and 1997 ($n = 12,255$). They reported on population data collected in 1998 ($n = 2938$, profoundly sensorineurally deaf with cochlear implants = 608, profoundly sensorineurally deaf without cochlear implants = 2330). Analyses showed that a number of variables, including cochlear implantation, were independently associated with educational settings that had lower levels of support. The results for profoundly sensorineurally deaf children with cochlear implants showed that 18% were in mainstream schools, 58% were in units within mainstream schools, 21% were in schools for the deaf and 3% were placed elsewhere. In comparison, of profoundly sensorineurally deaf children without a cochlear implant, 11% were in mainstream education, 36% were in a unit within a mainstream school, 46% were in a school for the deaf and 7% were placed elsewhere.

Archbold and colleagues¹⁴³ looked at the educational placement of 121 profoundly deaf children before and 2 years after cochlear implantation. In particular, they looked at the effect of whether children were implanted before

($n = 47$) or after ($n = 74$) they had started school. They found that 53% of preschool-implanted children were in mainstream education 2 years later, compared with 6% of children who were already in school when implanted. Similarly, 13% of preschool-implanted children were in schools for the deaf compared with 33% of children implanted after starting school, and 33% of preschool-implanted children were in special units compared with 61% who were in education before implantation. The difference in educational setting was significant ($p = 0.004$).

Archbold and colleagues also looked at the effects of age at implantation and duration of deafness. They found that the mean age at implantation for those in a school for the deaf or in a unit was 72 months, and for those in mainstream education it was 49 months. This was significantly younger than in the other settings ($p < 0.01$). For duration of deafness the mean length of deafness before implantation was 58 months for those in special schools, 54 months for those in units and 25 months for those in mainstream education. These differences were significant ($p = 0.004$) and indicate that children who are given implants before they enter education may be more likely to go into mainstream education than those who are implanted after they have begun school. Once a child is in a particular education setting they may be less likely to change that setting than when they are at the preschool stage and choosing the most appropriate educational placement. However, the results from this retrospective review may be affected by biases that have not been controlled for;

the early implanted group may have had different characteristics to those implanted later which meant that they were selected for implantation at an earlier age.

Summary of education

Educational placement

The data in *Table 23* indicate that, taken together:

- children with cochlear implants are more likely to be in mainstream education, including a special unit within the school (75–95%), than in a school for the deaf (5–21%).
- children with cochlear implants are less likely to be in schools for the deaf (5–21%) than profoundly deaf children without cochlear implants (29–46%).

Effect of implanting before or after starting school on educational placement

Archbold and colleagues¹⁴³ looked at the effect of implantation before and after children had started school on educational placement. They found that 53% of children who were implanted before starting school were in mainstream schools compared with 6% of those who were implanted after (*Table 24* and *Figure 2*).

Educational attainment

Academic outcomes

Damen and colleagues ($n = 32$)¹³⁹ found that before the age of 5 years cochlear implantation was associated with improved scores on a measure of skills needed for mainstream education (AMP) (age = -0.06 , $p < 0.001$; duration of deafness = -0.66 , $p < 0.001$).

Stacey and colleagues ($n = 7861$)²¹ compared cochlear-implanted children with non-implanted severely and profoundly sensorineurally deaf children. They found that a lower duration of deafness was associated with improved academic attainment, reading level (assessed by teachers: 1.721 , $p < 0.01$), academic ability (assessed by teachers: 0.185 , $p < 0.05$; assessed by parents: -0.234 , $p < 0.01$), participation and engagement (assessed by teachers: 0.224 , $p < 0.05$).

Thoutenhoofd ($n = 152$)¹⁴⁰ compared profoundly sensorineurally deaf children with cochlear implants with age-matched normal-hearing children and profoundly sensorineurally deaf children without cochlear implants. The difference in reading scores for profoundly sensorineurally deaf children with cochlear implants compared with normal-hearing peers was less than the

difference in reading scores for similar children without cochlear implants compared with normal-hearing peers (cochlear implant difference = 8%, no cochlear implant difference = 16.1%).

Similarly, the differences in writing scores and mathematics scores for profoundly sensorineurally deaf children with cochlear implants compared with normal-hearing peers were less than those for similar children without cochlear implants compared with normal-hearing peers (writing : cochlear implant difference = 45%, no cochlear implant difference = 48.3%; mathematics: cochlear implant difference = 1.4%, no cochlear implant difference = 9.5%).

Conclusions

Cochlear implantation may have educational benefits in terms of academic outcomes. Children who are implanted before they attend school may be more likely to achieve better academic results and be in mainstream education than those who are implanted after they reach school age. Profoundly sensorineurally deaf children with cochlear implants performed at similar levels to moderately or severely deaf children without implants.

Overall summary of effectiveness in children

Table 25 gives an overview of the outcomes from the children's studies included in the clinical effectiveness systematic review. It shows that all outcomes were either positively significant ($n = 19$) or showed a positive trend ($n = 41$) (significance not reported or results not significant).

Summary of clinical effectiveness studies – children

The 20 studies of children in this systematic review had a total population of 1513. The heterogeneity between the studies and the large number of outcome measures ($n = 38$) meant that pooling of data was not possible.

Clinical summary

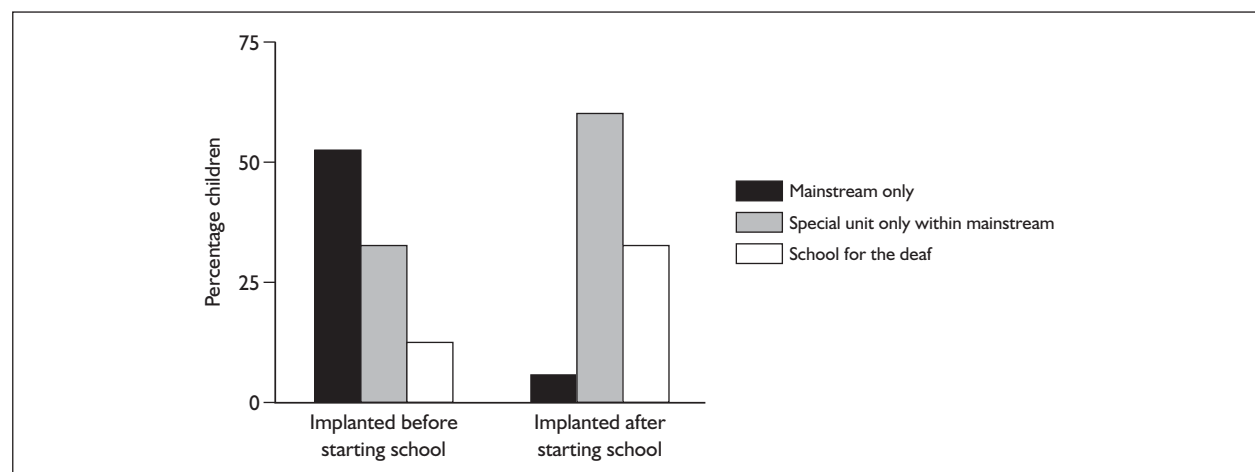
- All of the studies were in favour of one cochlear implant over acoustic hearing aids or non-technological support and of bilateral

TABLE 23 Educational placement of severely and profoundly deaf children with and without a cochlear implant

School placement	Barton 2006 ¹³⁸			Archbold 2002 ¹⁴¹			Fortnum 2002 ¹⁴²		Thoutenhoofd 2006 ¹⁴⁰	
	Severe (AHL 71–95 dB), n (%)	Profound (AHL 96–105 dB), n (%)	Profound (AHL > 105 dB), n (%)	Severe (AHL 71–95 dB), n (%)	Profound (AHL > 95 dB), n (%)	Profound (AHL > 95 dB), n (%)	Profound (AHL > 95 dB), n (%)	Implanted, n (%)	Profound (AHL > 95 dB), n (%)	Implanted, n (%)
Mainstream including unit	510 (76)	164 (70)	204 (49)	293 (76)	565 (89)	342 (67)	40 (95)	1088 (47)	459 (76)	104 (75)
School for the deaf	50 (7)	57 (15)	141 (34)	64 (17)	70 (11)	167 (33)	2 (5)	1073 (46)	128 (21)	21 (15)
Nursery	5 (1)	2 (1)	2 (0)	15 (4)						
Special school	58 (9)	18 (5)	29 (7)	5 (1)						
Further education	41 (6)	29 (8)	37 (9)	3 (1)						
Left school	4 (1)	6 (2)	4 (1)	0 (0)						
Other	3 (0)	1 (0)	2 (0)	3 (1)				169 (7)	20 (3)	14 (10)
AHL, average hearing level.										

TABLE 24 The effect of implanting before and after starting school on educational placement

Educational setting	Implanted before starting school (n = 47)	Implanted after starting school (n = 74)
Mainstream school	53.0%	6.0%
Special unit within mainstream school	33.0%	61.0%
School for the deaf	13.0%	33.0%

**FIGURE 2** The effect of implanting before and after starting school on educational placement.

over unilateral implants with or without a contralateral acoustic hearing aid.

- A small number of studies showed that cochlear implants improved quality of life compared with preimplantation and with profoundly deaf non-implanted children.
- Educationally, cochlear implants may benefit profoundly sensorineurally deaf children in terms of their academic achievement.
- Profoundly deaf children with cochlear implants may be more likely to attend mainstream school.
- Positive outcomes may be associated with earlier age at implantation and a shorter duration between deafness and implantation.
- No adverse events were reported by the included studies. Adverse events for children are considered alongside those of adults in Chapter 5 (see Safety and reliability of cochlear implants – children and adults).

Methodological summary

- Overall the studies were of moderate to poor quality with some weaknesses in design and internal validity. In particular, outcomes were sometimes measured at different times for different groups.

- Our assessment of confounding factors showed that very few studies reported or allowed exploration of how outcomes varied with different age at implantation, different duration of deafness or different levels of audiological hearing impairment. No effectiveness studies separately reported outcomes for subgroups of deaf children with different levels of 'functional hearing', or for children with other sensory impairments or complex needs defined in other ways.
- The participants were not always clearly a representative sample and this potentially limits generalisability; in some cases those with other disabilities or who performed less well on screening tests were excluded. There was a lack of power calculation in all cases.
- Many of the studies were poorly reported. Results were not reported in the text but had to be interpreted from figures; the methods of participant selection were not well documented; attrition and accounting for all participants did not always occur; and it is not known whether those who assessed or analysed the outcomes were blinded to the condition of the participants.

TABLE 25 Overall summary of effectiveness – children

Comparison	Total outcomes, n (no. reporting significance)	Positive significant outcomes ($p < 0.05$), n (%)	Positive trend (not significant, not reported) outcomes, n (%)	Negative trend (not significant, not reported) outcomes, n (%)	Negative significant outcomes ($p < 0.05$), n (%)
Cochlear implant vs non-auditory support					
Audiological outcomes	1 (1)	1 (100)			
Speech perception	31 (3)	3 (10)	28 (90)		
Speech production	1 (1)	1 (100)			
Cochlear implant vs acoustic hearing aid					
Audiological outcomes	1 (1)	1 (100)			
Speech perception	12.5 (7)	7 (56)	5.5 (44)		
Speech production	1 (0)		1 (100)		
One cochlear implant vs two cochlear implants					
Audiological outcomes	1 (1)	1 (100)			
Speech perception	5 (5)	1 (20)	4 (80)		
Two cochlear implants vs one cochlear implant and acoustic hearing aid					
Audiological outcomes	2 (2)	2 (100)			
Speech perception	4 (4)	2.5 (63)	1.5 (37)		

Chapter 5

Results of the clinical effectiveness evidence for adults

Unilateral cochlear implants versus non-technological support – adults

Type and quality of studies

Four studies are included in this comparison. Two have prospective pre/post designs, one is a prospective cohort study and one is a retrospective review of data from one UK implant centre. In all studies participants were their own controls. Two studies were based in the UK and two in the USA. There were 984 participants in total, with sample sizes ranging from 214 to 311. Follow-up times ranged from 3 months to 24 months and the age of participants ranged from 16 years to 82 years. Six studies were excluded on the grounds of size of population, with a total $n = 127$ (range 4–41); 89% of the total possible population was included. Two of the studies included populations that were profoundly deaf, with the other two having populations that were severe to profoundly deaf. A wide range of speech perception outcomes were measured by these studies. A summary of the characteristics and results of the included studies can be found in Appendix 3 (*Tables 102 and 103* respectively).

The quality of the studies ranged from good to poor, with some not reporting or accounting for confounding factors, follow-up of all participants, missing data, power calculations and whether ethical approval was given. A summary of the key quality indicators is given in *Table 26*.

Study results

The studies measured either speech perception or quality of life. All outcomes showed a significant benefit or a non-significant trend towards benefit from unilateral cochlear implants.

Speech perception

The total number of participants in this comparison was 984, with the four studies using nine instruments; however, there is some overlap between those taking part in the UK Cochlear Implant Study Group (UKCISG)^{62,144} study and

those in the Mawman and colleagues study¹⁴⁵ (number unknown); therefore the actual total number will be less.

The UKCISG study ($n = 316$)^{62,144} measured speech perception with the BKB and a normalised index of audiovisual gain (AVGN) preimplantation and 9 months later. Participants were divided into 'traditional candidates' [TC: mean hearing level = 117.1 dB (95% CI 115.7–118.5)] or 'marginal hearing aid users' [MHU: mean hearing level = 108.7 dB (95% CI 106.8–110.5)] on the basis of their score on speech intelligibility tests taken before implantation. Both groups were profoundly sensorineurally deaf. The MHU results are also reported in the next comparison (one cochlear implant versus acoustic hearing aid) as their preimplantation measures were with acoustic hearing aids. They are recorded here to show the comparative effects of level of hearing loss.

The mean scores for both outcome measures improved at 9 months compared with preimplantation, with the TC group showing significantly more improvement than the MHU group [BKB: TC = 53.0 (95% CI 48–58), MHU = 44.0 (95% CI 37–51), $p < 0.05$; AVGN: TC = 68.0 (95% CI 63–71), MHU = 31.0 (95% CI 26–37), $p < 0.001$].

Further evidence for the benefits of cochlear implants came in the same year from Mawman and colleagues ($n = 214$)¹⁴⁵ who looked retrospectively at patient records from one UK cochlear implant centre. Speech perception results were measured with BKB sentences and Arthur Boothroyd (AB) monosyllable words preimplantation and 18 months later. They found non-significant trends in favour of cochlear implants for both measures [BKB mean difference = 64.0 (SD 24.0); AB mean difference = 50.0 (SD 17.3)].

An earlier study by Parkinson and colleagues ($n = 216$)¹⁴⁶ used a pre-/postimplantation design and evaluated speech perception in quiet conditions using City University New York (CUNY) sentences and words and HINT sentences, and in noise using CUNY sentences. They found

TABLE 26 Summary of key quality indicators for studies of adults: unilateral cochlear implants versus non-technological support

Quality criteria	UKCISG 2004 ^{62,144}	Mawman 2004 ¹⁴⁵	Parkinson 2002 ¹⁴⁶	Kessler 1997 ¹²⁶
Was the study prospective?	Yes	No	Yes	Yes
Selection bias				
Eligibility criteria stated?	Yes	No	Yes	Yes
Appropriate?	Yes	–	Yes	Yes
Were the participants representative of the population?	Yes	Yes	Yes	Yes
Were potential confounders reported?	Yes	Yes	No	No
Were they accounted for in the design or analysis?	Yes	Yes	No	No
Assessment bias				
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NA	NR	NR
Objective?	Yes	Yes	Yes	Yes
Attrition bias				
Was attrition reported?	Yes	Yes	No	No
Were all participants accounted for?	Yes	Yes	No	No
Were missing data accounted for?	Yes	NR	NR	NR
Protocol violations specified?	No	No	No	No
Power and analysis				
Data analysis	DS	DS	DS	DS
Was the analysis appropriate?	Yes	Yes	Yes	Yes
Was there a power calculation?	NR	NR	NR	NR
Other				
Was ethical approval given?	NR	NR	NR	NR
Generalisability?	Yes	Yes	Yes	Yes

DS, descriptive statistics; NA, not applicable; NR, not reported.

significant positive benefits for cochlear implants at 3 months post implant ($p < 0.001$ for all measures). Mean change (SD) scores from pre- to post implantation ranged from 34.5 (22.6) for CUNY words in quiet to 67.0 (31.5) for CUNY sentences in quiet.

Kessler and colleagues ($n = 238$)¹²⁶ found similar benefits from cochlear implants when they measured outcomes from preimplantation to 12 months post implantation on a range of instruments [Minimal Auditory Capabilities (MAC) vowels and consonants, CUNY sentences, Central Institute for the Deaf (CID) sentences, Northwestern University Auditory Test number six (NU-6), words and everyday sentences listened to over the telephone]. Positive trends were found

on all measures; these ranged from a median 36% improvement in score with NU-6 words to a 73% improvement with everyday telephone sentences.

Quality of life

Only the UKCISG study⁶² measured quality of life, using three instruments [Health Utilities Index 3 (HUI-3), Glasgow Health Status Inventory (GHSI) and the Glasgow Benefit Inventory (GBI)]. This study compared the preimplant scores of 64 people with their 9-month post implant scores. All measures showed a trend towards improvement in quality of life. In particular, the HUI-3 showed that traditional candidates had a significantly better health-related quality of life than marginal hearing aid users after 9 months [mean changes: TC = 0.22

(95% CI 0.19–0.24); MHU = 0.15 (95% CI 0.11–0.19), $p < 0.01$].

Association with age at implantation

The UKCISG study⁶² also considered the association between speech perception and quality of life and age at implantation. Participants were divided into six age groups (years): < 30, 30–39, 40–49, 50–59, 60–69, ≥ 70 .

There were no strong links between speech perception and quality of life and age at implantation. Pearson correlations revealed that there was a non-significant decline in speech intelligibility as age at implantation increased when measured with the BKB. However, there was a significant increase in benefit with age in audiovisual gain at 9 months post operation [$r = 0.164$ shown by the AVGN ($p < 0.01$)]. The HUI-3 and GHSI quality of life measures declined with age at implantation, significantly with the latter measure ($r = -0.114$, $p < 0.05$). The GBI did not vary significantly with age.

Association with duration of deafness

The UKCISG study⁶² showed a stronger effect on speech perception and quality of life with duration of deafness, with greater effectiveness being associated with implantation in the ear with a shorter duration of profound deafness. On all measures effectiveness declined with duration of deafness ($r = -0.203$, $p < 0.01$), with a significant difference being found between the group with the shortest duration of deafness and those with more than 30 years of deafness.

Table 27a and b provides a visual summary of these outcomes showing the pattern of results.

Summary: unilateral cochlear implants versus non-technological support – adults

Again, heterogeneity between studies precluded pooling. There was a large variation in the quality of studies, with the UKCISG providing the most comprehensive reporting of methods, quality indicators and outcomes.

All studies measured speech perception and all found a benefit from cochlear implants. Measures were taken before implantation and post implantation at various time intervals with participants acting as their own controls. Mean change (SD) scores from pre- to post implantation ranged from 34.5 (SD 22.56) with CUNY words

in quiet to 67.0 (SD 31.5) for CUNY sentences in quiet.

The results also indicate an improvement in quality of life from cochlear implant use with a HUI-3 gain for traditional candidates of 0.22 (95% CI 0.19–0.24) and for marginal hearing aid users of 0.15 (95% CI 0.11–0.19).

There were no strong links between speech perception and quality of life and age at implantation. A greater effect is seen in the correlation between duration of deafness and effectiveness ($r = -0.203$, $p < 0.01$), with people who had been profoundly deaf for more than 30 years before implantation not showing a significant benefit.

Overall conclusions

This evidence, which ranges from good to poor quality, suggests that cochlear implants improve the ability of severe to profound or profoundly sensorineurally deaf adults to understand speech as well as improving their quality of life. There is a weak correlation with age at implantation and a slightly stronger correlation with duration of deafness before implantation.

Unilateral cochlear implants versus acoustic hearing aids – adults

Type and quality of studies

Four studies are included in the review of evidence for one cochlear implant versus acoustic hearing aids in adults. Two were prospective cohort studies (one with the same participants in both groups), one was a prospective pre/post study and one had a cross-sectional design with participants acting as their own controls. One study was from the UK, one from Europe, one from the USA and one from Australia. There were 248 participants in total, with study sizes ranging from 21 to 106. Mean ages ranged from 37 to 62 years. Three of the studies were of people with severe to profound deafness; the other study's population was profoundly deaf people. This comparison had a wider range of outcome measures than the previous one, including sensitivity to sound, quality of life, speech production and speech perception. Three studies were excluded on the grounds of the size of population, with a total $n = 25$ (range 3–12); 91% of the total possible population was

TABLE 27 (a) Visual summary results table: unilateral cochlear implants versus non-technological support – adults: speech perception outcomes

Study design (follow-up, months)		Speech perception outcomes	
Study	n	Study design (follow-up, months)	Speech perception outcomes
C (P) (9)	316	UK Cochlear Implant Study Group 2004 ^{62,144}	BKB AVGN AB monosyllabic words CUNY words CUNY sentences CUNY sentences in noise HINT sentences MAC vowels MAC consonants CID sentences NU-6 monosyllabic word test Everyday telephone sentences
PP (R) (> 18)	214	Mawman 2004 ¹⁴⁵	AB monosyllabic words
PP (P) (3)	216	Parkinson 2002 ¹⁴⁶	CUNY words CUNY sentences CUNY sentences in noise HINT sentences MAC vowels MAC consonants CID sentences NU-6 monosyllabic word test Everyday telephone sentences
PP (P) (24)	238	Kessler 1997 ¹²⁶	CUNY words CUNY sentences CUNY sentences in noise HINT sentences MAC vowels MAC consonants CID sentences NU-6 monosyllabic word test Everyday telephone sentences

PP (P), pre/post (prospective); PP (R), pre/post (retrospective); C (P), prospective cohort. Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).

TABLE 27 (b) Visual summary results table: unilateral cochlear implants versus non-technological support – adults: quality of life outcomes

Study design (follow-up, months)	Study	n	Quality of life outcomes		
			HUI-3	GHSI	GBI
PP (P) (9)	UK Cochlear Implant Study Group 2004 ^{62,146}	316			

PP (P), pre/post (prospective).
Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).

included. Appendix 3 provides a summary of the characteristics and results of the included studies (Tables 104 and 105 respectively).

The quality of the included studies ranged from good to poor. One study had a separate control group;¹⁴⁷ however, their mean level of deafness was only severe compared with a mean (SD) level of profound sensorineural deafness in the intervention group [cochlear implant = 105 (5) dB HL, acoustic hearing aid = 85 (10) dB HL]. The reporting of inclusion and exclusion criteria ranged from good to inadequate with no information given about exclusions in two cases and minimal reporting of inclusion criteria in one case, making judgements about the generalisability of some of the results difficult. Three of the studies acknowledged confounding factors and accounted for them in analyses. Two studies reported attrition, but none reported whether they had estimated power requirements or obtained ethical approval. Table 28 gives a summary of the key quality indicators for these studies.

Study results: unilateral cochlear implants versus acoustic hearing aids – adults

The results of these studies showed a greater benefit for unilateral cochlear implants for this population than for acoustic hearing aids. The outcomes of these studies included sensitivity to sound, speech perception, speech production, functional performance, quality of life and adverse events.

Sensitivity to sound

Ching and colleagues ($n = 21$)¹⁴⁸ conducted the only study that measured sensitivity to sound in people with severe to profound deafness. They used a cross-sectional design and measured the ability of participants to detect the direction of sound in quiet laboratory conditions. They

found a minimal benefit for cochlear implants by measuring the average root mean squared errors [cochlear implant = 4.5 (95% CI 4.1–4.9), acoustic hearing aid = 4.6 (95% CI 4.3–4.9)].

Speech perception

All studies measured speech perception, using six instruments; the total number of participants was 121.

The UKCISG study ($n = 84$)⁶² used a prospective cohort design to measure speech perception with the BKB and AVGN before implantation and 9 months later in people who were profoundly deaf. Marginal hearing aid users were classified on the basis of their score on speech intelligibility tests taken before implantation [mean hearing level = 108.7 dB (95% CI 106.8–110.5)].

Results showed an improvement in scores on both outcome measures at 9 months [BKB: MHU = 44.0 (95% CI 37–51); AVGN: MHU = 31.0 (95% CI 26–37)]. This is the same study as reported in the previous comparison.

Ching and colleagues ($n = 21$)¹⁴⁸ used a cross-sectional design in a small study to measure the same people with cochlear implants or acoustic hearing aids. Before each condition was measured participants used only that type of device in the preceding week. Ching and colleagues used BKB sentences in noise to measure speech perception and found a significant benefit for cochlear implant users (mean scores, cochlear implant = 39, acoustic hearing aid = 2, $p < 0.001$).

A few years earlier the MED-EL study ($n = 63$)¹²⁵ measured speech perception in quiet conditions with HINT and CUNY sentences and in noise with HINT sentences and Consonant Nucleus Consonant (CNC) words. They compared participants' scores preimplantation with hearing

TABLE 28 Summary of key quality indicators for studies of adults: unilateral cochlear implants versus acoustic hearing aids

Quality criteria	UKCISG 2004 ⁶²	Ching 2004 ¹⁴⁸	MED-EL 2001 ¹²⁵	Hamzavi 2001 ¹⁴⁷
Was the study prospective?	Yes	NA	Yes	Yes
Selection bias				
Eligibility criteria stated?	Yes	Minimal	Yes	Yes
Appropriate?	Yes	Yes	Yes	Yes
Were the participants representative of the population?	Yes	Yes	Yes	Yes
Were potential confounders reported?	Yes	Some	No	Yes
Were they accounted for in the design or analysis?	Yes	Yes	No	Yes
Assessment bias				
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR	NR
Objective?	Yes	Yes + subjective	Yes	Yes
Attrition bias				
Was attrition reported?	Yes	NA	Yes	No
Were all participants accounted for?	Yes	NA	Yes	NR
Were missing data accounted for?	Yes	NR	NR	NR
Protocol violations specified?	No	No	No	No
Power and analysis				
Data analysis	DS	ANOVA	DS	Mann– Whitney
Was the analysis appropriate?	Yes	Yes	Yes	Yes
Was there a power calculation?	NR	NR	NR	NR
Other				
Was ethical approval given?	NR	NR	NR	NR
Generalisability?	Yes	Yes	Yes	Yes

ANOVA, analysis of variance; DS, descriptive statistics; NA, not applicable; NR, not reported.

aids to scores with cochlear implants 6 months later. They conducted two sets of subgroup analyses: (1) pre- and postlingually deaf and (2) duration of deafness in postlingually deaf people (more or less than 25 years old). The mean difference (pre/post) for postlingually deaf people in quiet was 62%, with people with 25 years or less of hearing loss showing greater benefit from cochlear implants than those with more than 25 years of hearing loss (≤ 25 years = 71%, > 25 years = 53%). Prelingually deaf participants had a mean benefit in quiet of 20%. In noisy conditions postlingually deaf people with 25 years or less of deafness again did better than those with more than 25 years of deafness (mean scores: ≤ 25 years = 40% and > 25 years = 29% with CNC words).

Hamzavi and colleagues ($n = 37$)¹⁴⁷ used number and monosyllable tests to measure speech perception preimplantation and 12 months later in participants who were severe to profoundly deaf, with cochlear implants or acoustic hearing aids, in a small prospective cohort study. They also measured changes between 12 and 36 months post implant in quiet and noise with the Hochmaier, Schultz and Moser (HSM) sentence test. They found that people with cochlear implants had a mean improvement in pre/post implant scores of 90% whereas over the same time acoustic hearing aid users' mean scores improved by 37%. The monosyllable word test showed a mean improvement of 43% for cochlear implant users and 19% for acoustic hearing aid users. Over 2 years the HSM scores in quiet improved by 16% for cochlear implant users and 0% for acoustic hearing

aid users. In noise, acoustic hearing aid users again showed no improvement over a range of decibels; however, cochlear implant users showed improvement over all levels, ranging from 3.5% at a signal to noise ratio (SNR) of 0 dB to 19.5% at a SNR of 10 dB.

Speech production

The MED-EL study ($n = 63$)¹²⁵ measured speech production with CID sentences via a telephone. As with the speech perception results, the MED-EL study found an advantage for those who had been deaf for less than 25 years. Cochlear implant recipients were more able to correctly repeat back uncommon sentences (≤ 25 years = 68% and > 25 years = 42%).

Functional performance

Ching and colleagues ($n = 21$)¹⁴⁸ measured functional performance in real-life situations by giving participants an ad hoc questionnaire after they had used each condition unaided by the other for a week. The questions considered the use of the devices, their performance in quiet and noisy conditions and awareness of environmental sounds. Participants with cochlear implants had significantly higher overall scores than those with acoustic hearing aids [cochlear implant = 59% (95% CI 52–65), acoustic hearing aid = 40% (95% CI 36–44), $p < 0.001$], indicating greater satisfaction with the functional performance of cochlear implants.

Quality of life

The UKCISG study ($n = 84$)⁶² measured quality of life with the HUI-3, GHSI and GBI. This study compared preimplant scores with scores 9 months post implant. All measures showed a trend towards improvement in quality of life [mean scores (95% CI): HUI-3 = 0.15 (0.11–0.19); GHSI = 0.19 (0.16–0.22); GBI = 42.0 (37–47)].

Participants in the MED-EL study ($n = 63$)¹²⁵ were given an ad hoc quality of life questionnaire after 6 months with a cochlear implant. Overall, 84% of postlingually and 83% of prelingually deaf people were quite or very positive about the impact of cochlear implants on their quality of life.

Adverse events

Adverse events were measured by the UKCISG⁵³ and the MED-EL study.¹²⁵ The UKCISG found that, out of 311 participants, there were 37 adverse events in 27 (9%) participants. Twelve of these events required readmission but did not lead to revision surgery and 25 events did lead to revision surgery. Eleven people had wound infections treatable by antibiotics. Six people had wound

revisions, one of which went onto permanent explantation; one person had the device explanted and the other ear implanted; six people needed the device electrodes replacing; two needed the electrodes repositioning; and one needed wound revision. Three became non-users (1%); one was explanted because of complications; one had vertigo; and one had poor non-specified outcomes.

The MED-EL results were taken from all 106 adults implanted in the USA with a COMBI 40+. A total of 22 adverse events occurring in 20 (19%) people were reported. Seven of these were medical and 15 were device related. Only one of these required revision surgery (0.9%).

A visual summary of the results for this comparison is shown in *Table 29a–d*.

Summary of studies: unilateral cochlear implants versus acoustic hearing aids – adults

Although the studies ranged from good to poor, some inadequate reporting and weak design again made it difficult to come to firm conclusions about the validity of these results.

Audiologically the results are inconclusive; the measure of the average root mean squared errors [cochlear implant = 4.5 (95% CI 4.1–4.9); acoustic hearing aid = 4.6, (95% CI 4.3–4.9)] from Ching and colleagues¹⁴⁸ is ambiguous, possibly due to levels of residual hearing in participants, as the mean (SD) level of deafness was severe rather than profound [83.3 dB HL (18.9)].

Speech perception was measured in a variety of ways, all showing benefits from cochlear implants. The clearest benefit was indicated by Ching and colleagues¹⁴⁸ who showed a mean score advantage of 37 points for cochlear implants over acoustic hearing aids in noise with BKB sentences ($p < 0.001$), showing that implanted adults were able to correctly repeat back significantly more sentences than when they used hearing aids alone. However, prelingually deaf people had less benefit, gaining mean change scores in quiet of 20% compared with 62% for the postlingually deaf. It is difficult to comment on the results from Hamzavi and colleagues¹⁴⁷ as the cochlear implant and acoustic hearing aid groups had different degrees of deafness [mean (SD): cochlear implant = 105 dB (5), acoustic hearing aid = 85 dB (10)].

The degree of benefit for speech perception and production was linked to the duration of deafness

TABLE 29 (a) Visual summary results table: unilateral cochlear implants versus acoustic hearing aids – adults: sensitivity to sound outcome

Study design (follow-up, months)	Study	n	Auditory outcome	
			Sound direction	
XSOC (NA)	Ching 2004 ¹⁴⁸	21		

XSOC, cross-sectional, own control.
Light grey shading = positive outcome (not significant or no significance reported).

TABLE 29 (b) Visual summary results table: unilateral cochlear implants versus acoustic hearing aids – adults: speech perception outcomes

Study design (follow-up, months)	Study	n	Speech perception outcomes										
			BKB sentences (noise)	AVGN CNC words	CUNY sentences (quiet)	HINT sentences (quiet)	HINT sentences (noise)	HSM in quiet	HSM in noise	CNC words			
C (P)	UKCISG ⁶²	84											
XSOC (NA)	Ching 2004 ¹⁴⁸	21											
PP (P) (6)	MED-EL 2001 ¹²⁵	106											
C (P) (36)	Hamzavi 2001 ¹⁴⁷	37											

C (P), prospective cohort; PP (P), pre/post (prospective); XSOC, cross-sectional, own control.
Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).

TABLE 29 (c) Visual summary results table: unilateral cochlear implants versus acoustic hearing aids – adults: speech production outcome

Study design (follow-up, months)	Study	n	Speech production outcome	
			CID sentences (telephone)	
PP (P) (6)	MED-EL 2001 ¹²⁵	106		

PP (P), pre/post (prospective)
Light grey shading = positive outcome (not significant or no significance reported).

TABLE 29 (d) Visual summary results table: unilateral cochlear implants versus acoustic hearing aids – adults: quality of life outcomes

Study design (follow-up, months)	Study	n	Quality of life outcomes				
			HUI-3	GHSI	GBI	Functional performance in real life	Quality of life questionnaire
C (P)	UKCISG	84					
XSOC (NA)	Ching 2004 ¹⁴⁸	21					
PP (P) (6)	MED-EL 2001 ¹²⁵	106					

C (P), prospective cohort; PP (P), pre/post (prospective); XSOC, cross-sectional, own control.
Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported).

before implantation, with those postlingually deaf who had been deaf for 25 years or less faring better in quiet and noise than those who had been deaf for longer on all measures. For example, with the CID sentence test of uncommon sentences, given over the telephone, those who had been deaf for less than 25 years were able to correctly repeat a greater proportion than those who had been deaf for at least 25 years (≤ 25 years = 68% and > 25 years = 42%).¹²⁵

Participants were asked to rate the functional performance of cochlear implants and their effects on quality of life in the studies by Ching and colleagues¹⁴⁸ and MED-EL¹²⁵ respectively. Ching and colleagues¹⁴⁸ found that cochlear implants were given a higher functional performance rating (cochlear implant = 59%, acoustic hearing aid = 40%). The MED-EL¹²⁵ study found commensurate gains in quality of life with 84% of participants quite or very positive about the impact of cochlear implants on their lives.

The rate of major surgical complications requiring revision surgery found by the UKCISG study⁵³ was fairly low (8%) but not as low as that of the MED-EL study (0.9%).¹²⁵

Overall conclusions

These studies indicate that there may be additional benefits from having cochlear implants over acoustic hearing aids. These benefits become clearer in noisy conditions with greater gain being experienced by adults who are postlingually rather than prelingually deaf. People with cochlear implants may find that their functional hearing and quality of life improve.

Bilateral cochlear implants versus unilateral cochlear implants – adults

Type and quality of studies

Five studies are included in the comparison of unilateral versus bilateral cochlear implantation. Two studies were RCTs with waiting list controls and two studies were pre/post repeated measure designs with their own controls and one was a cross-sectional study. Three of the studies were based in the UK, one in Europe and one in the USA. There were 147 participants in total. Follow-up ranged from 6 to 9 months post implantation and mean ages ranged from 46 to 59 years. All studies used the Nucleus CI 24 device.

It should be noted that there is an overlap of participants between the studies of Summerfield and colleagues,¹⁴⁹ Ramsden and colleagues¹⁵⁰ and Vershurr and colleagues.¹⁵¹ Ramsden and colleagues recruited all of the participants from Summerfield and colleagues plus a further six people, and Vershurr and colleagues' participants were a mixture of those randomised by Summerfield and colleagues and others. Surprisingly two of the studies did not report the degree of deafness of their participants; two of the remaining studies used severely to profoundly deaf people and the other one only the profoundly deaf. Three studies were excluded on the grounds of the size of the population, with a total $n = 43$ (range 5–20); 77% of the total possible population was included.

Summary tables of the characteristics and results of the included studies can be found in Appendix 3 (Tables 106 and 107 respectively).

The studies were of good to moderate quality. All studies were prospective and had eligibility criteria appropriate to the research question and representative populations. The reporting of the degree of participants' deafness and attrition over the period of the trials and the addressing of potential confounding factors varied. The blinding of assessors or data analysts, methods for accounting for missing data and power calculations were not reported by any study. Table 30 provides a summary of the key study quality indicators.

Study results: unilateral cochlear implant versus bilateral cochlear implants – adults

The sensitivity to sound and speech perception results showed a binaural advantage; however, the quality of life results varied with some positive and a few negative trends for bilateral implantation. The outcomes from these studies were either sensitivity to sound, speech perception or quality of life.

Sensitivity to sound

A total of 44 people in two studies had sensitivity to sound measured in laboratory conditions.

The RCT of Summerfield and colleagues ($n = 24$)¹⁴⁹ measured self-reported spatial hearing, qualities of hearing and hearing for speech (Speech Hearing, Spatial Hearing and Qualities of Hearing questionnaires, SSQ) in adults who either had sequentially received a second cochlear implant or were waiting for one. The scores are an average

score for the domain in question with a range of 0–10. They found that there was a significant benefit for spatial hearing at 3 and 9 months post implantation compared with preimplantation [mean difference (SD) scores: 3 months = 1.46 (0.83–2.09), $p < 0.01$; 9 months = 0.71 (0.08–1.33), $p < 0.01$]. When the groups' bilateral results were pooled a stronger effect was seen [3 months = 1.56 (0.95–2.17), $p < 0.001$; 9 months = 2.00 (1.47–2.53), $p < 0.001$]. Pooling of the group results showed significant binaural gains for quality of hearing and hearing for speech [quality of hearing: 3 months = 0.9 (0.5–1.3), $p < 0.05$; 9 months = 0.7 (0.2–1.2), $p < 0.05$; hearing for speech: 3 months = 6.00 (0.00–12.00), $p < 0.01$; 9 months = 9.00 (3.00–15.00), $p < 0.01$].

Verschuur and colleagues ($n = 20$)¹⁵¹ investigated the ability to detect the direction of sound with either unilateral or sequential bilateral implants. They found that bilaterally aided participants made significantly fewer errors in sound direction detection, however speakers were positioned (mean absolute angular error scores: unilateral = 67°, bilateral = 24°, $p < 0.001$).

Speech perception

Three studies measured speech perception in a total of 103 participants using seven outcome measures.

Litovsky and colleagues ($n = 37$)¹⁵² used three outcome measures (CNC words and HINT sentences in quiet conditions and BKB sentences in noise) to measure speech perception in simultaneously implanted adults. They found significant binaural gains on all instruments (CNC: left ear 40%, right ear 36%, bilaterally 54%, $p < 0.0001$; HINT: left ear 66%, right ear 67%, bilaterally 76%, $p < 0.0001$).

In particular, bilaterally implanted participants were able to use the head shadow effect when in noise. This occurs when speech and noise come from different directions producing a difference in the SNR because of the presence of the head. The mean (SD) head shadow effects were 4.95 dB (3.6) for noise right and 6.34 dB (3.8) for noise left, i.e. a slightly greater effect for noise left. When speech reception thresholds were compared for bilateral implants and either ear unilaterally there was a significant gain for bilateral versus unilateral implants (data not reported, $p < 0.0001$).

An earlier study similarly evidenced the benefits of bilateral implantation in noise. The RCT of Ramsden and colleagues ($n = 29$)¹⁵⁰ measured

TABLE 30 Summary of key quality indicators for studies of adults: bilateral cochlear implants versus unilateral cochlear implants

Quality criteria	Summerfield 2006 ¹⁴⁹	Litovsky 2006 ¹⁵²	UK Bi trial 2005	Laszig 2004 ¹⁵³	Verschuur 2005 ¹⁵¹
Was the study prospective?	Yes	Yes	Yes	Yes	Yes
Selection bias					
Eligibility criteria stated?	Yes	Yes	Yes	Yes	Yes
Appropriate?	Yes	Yes	Yes	Yes	Yes
Were the participants representative of the population?	Yes	Yes	Yes	Yes	Yes
Were potential confounders reported?	No	No	Yes	No	Yes
Were they accounted for in the design or analysis?	No	No	Yes	No	Yes
Assessment bias					
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NR	NR	NR
Objective?	No	No	Yes	Yes	No
Attrition bias					
Was attrition reported?	Yes	Yes	Yes	No	NA
Were all participants accounted for?	Yes	No	Yes	No	Yes
Were missing data accounted for?	NR	NR	NR	NR	NR
Protocol violations specified?	No	No	No	Partial	No
Power and analysis					
Data analysis	ANOVA	ANOVA	ANOVA + t-test	NR	ANOVA
Was the analysis appropriate?	Yes	Yes	Yes	–	Yes
Was there a power calculation?	NR	NR	NR	NR	NR
Other					
Was ethical approval given?	NR	NR	Yes	Yes	NR
Intercentre variability reported?	NR	NR	NR	NR	NR
Generalisability:	Yes	Yes	Yes	Yes	Yes

ANOVA, analysis of variance; NR, not reported.

speech perception with the CNC and CUNY in quiet and noise in sequentially implanted adults. They found a significant binaural benefit over the first ear alone for speech and noise from the front ($12.6 \pm 5.4\%$, $p < 0.001$) and when noise was ipsilateral to the first ear ($21 \pm 6\%$, $p < 0.001$). No bilateral advantage over the first ear was found in quiet.

Improved speech perception through accessing the head shadow effect was found by Laszig and colleagues ($n = 37$).¹⁵³ They used three tests in this pre/post study with its own controls [the Freiburger monosyllabic word test (FMWT) words and HSM sentences in quiet, and HSM and Oldenburg sentence test (OLSA) sentences in noise]. They found a significant binaural benefit

in quiet conditions compared with the poorer unilateral ear alone (mean score: unilateral = 49%, bilateral = 58%, $p = 0.00009$). In noisy conditions they found a significant head shadow effect, with bilateral advantage greater when the better ear was closest to the speech source than when the poorer ear was closest (poorer ear closest to noise -10 dB and better ear closest to noise -11.4 dB, $p < 0.00001$).

Quality of life

Quality of life was measured for 54 participants in two studies with five different instruments.

The RCT of Summerfield and colleagues ($n = 24$)¹⁴⁹ measured quality of life with five instruments [GHSI, HUI-3, overall quality of life visual

analogue scale (VAS), EuroQol 5 dimensions (EQ-5D) and a tinnitus questionnaire]. At 9 months post implantation they found that scores on the GHSI showed a positively significant result in favour of bilateral implantation [GHSI = 4.00 (95% CI 1.00–0.08), $p < 0.05$]. Other measures showed neutral or negative mean differences between unilateral and bilateral conditions at 9 months [HUI-3: -0.01 (95% CI -0.1 to 0.08), not significant; VAS: -0.06 (95% CI 0.12–0.00), not significant; EQ-5D: -4.5 (95% CI -12.0 to 3.0), $p < 0.05$]. These results were coincidental with worsening tinnitus that followed the second implantation (seven out of 16 people who reported tinnitus before the second implant said that tinnitus worsened after the second implant). The reduction in quality of life because of tinnitus reached significance at 3 months (mean score on the tinnitus questionnaire: 12 (95% CI 1.0–23), $p < 0.05$). Summerfield and colleagues examined these outcomes with multivariate analyses, which showed that the positive gains that came from improved hearing were offset by worsening tinnitus.

Litovsky and colleagues ($n = 37$)¹⁵² used the Abbreviated Profile of Hearing Aid Benefit (APHAB) to measure quality of life. On four of the subscales they found significant gains for bilateral implantation; these ranged from mean scores of 4.4% ($p < 0.0001$) for reverberant conditions and background noise to 5.7% ($p < 0.0001$) for communication. *Table 31a–c* provides a visual summary of these results.

Summary: bilateral cochlear implants versus unilateral cochlear implants – adults

This comparison included two well-reported RCTs and two less well-reported prospective pre/post studies. Again, heterogeneity meant that pooling of data was not possible.

The sensitivity to sound results are fairly robust (internally valid), although the number of participants is low ($n = 44$). Both studies that measured this outcome found significant binaural advantages. The RCT found a mean difference for spatial hearing of 0.71 (95% CI 0.08–1.33, $p < 0.01$), a mean difference for quality of hearing of 0.7 (95% CI 0.2–1.2, $p < 0.05$) and a mean difference for hearing for speech of 9.00 (95% CI 3.00–15.00, $p < 0.01$) with self-reported tests with scores between 0 and 10; the result for detection of sound direction was 24° ($p < 0.001$).

Binaural benefits for speech perception were found to be significant in noisy conditions on all measures. These ranged from 12.6 for CUNY sentences ($p < 0.001$) to 76% for HINT sentences ($p < 0.0001$). In particular, advantages were shown for the head shadow effect (-3.5, $p < 0.0001$). Not all measures in quiet conditions showed significant gains.

Quality of life was measured with generic and disease-specific instruments. Two measures (GHSI and APHAB) found significant quality of life benefits from bilateral implantation [GHSI: 2.00 (95% CI 1.00–7.00), $p < 0.05$; APHAB communication: 5.7 (SE 0.2), $p < 0.0001$]. However, neutral and negative results came from the HUI-3 [-0.01 (95% CI -0.1 to 0.08), not significant], VAS [-0.06 (95% CI 0.12–0.00), not significant] and EQ-5D [-4.5 (95% CI -12.0 to 3.0), $p < 0.05$]. Multiple regression indicated that the negative results for quality of life after bilateral implantation in one study might have been due to worsening tinnitus following the second implant in that study. The non-disease-specific measures showed no benefit.

Overall conclusions

Bilateral implantation increases the ability to hear clearly, detect the direction of sound in noisy conditions and understand speech and may improve quality of life in the absence of worsening tinnitus.

Bilateral cochlear implants versus unilateral cochlear implant and an acoustic hearing aid – adults

This systematic review did not find any studies of two cochlear implants versus one cochlear implant with an acoustic hearing aid.

Additional studies on quality of life – adults

Three studies met the systematic review inclusion criteria and measured quality of life; these have been discussed previously in this chapter in the comparisons of unilateral cochlear implants and non-technological support, unilateral cochlear implants and acoustic hearing aids and bilateral and unilateral cochlear implants. Improvement in quality of life may be considered the primary

benefit from cochlear implants; therefore, to gain a better picture of the effects of cochlear implants on the quality of life of adults the original searches and papers obtained were reviewed for further studies outside the systematic review inclusion criteria.

A meta-analysis of cost–utility data was found; this contained seven studies, six of which were excluded as their publication dates were 1995 or earlier, the cut-off date for this systematic review because of technological advances since then (see Chapter 3, Inclusion and exclusion criteria). One study from the meta-analysis was included with a further five studies from the other searches. Four studies were prospective designs, three with their own controls and one with cochlear implant candidate controls, one study was cross-sectional and one was a qualitative interview study. See Appendix 3 for a summary of the characteristics and results of these studies (*Tables 108 and 109* respectively).

The quality of these studies varied from moderately good to poor. Descriptions of participants were given rather than specific inclusion criteria, there was a failure to acknowledge or account for any potential confounding factors and the numbers of participants recruited were not always accounted for. *Table 32* gives a summary of the key quality indicators.

Study results – additional studies of quality of life in adults

The six studies evaluated the health-related quality of life of 431 participants. Three studies were carried out in Europe, two in Australia and New Zealand and one in the USA.

Mo and colleagues ($n = 27$)³⁹ prospectively measured the quality of life of postlingually deaf adult cochlear implant recipients. They used three measures [Patient Quality of Life Form (PQLF), Index Relative Questionnaire Form (IRQF) and SF-36]. Over the 15-month follow-up period they found significant differences in the total mean (SD) scores of the PQLF [0.62 (0.47), $p < 0.01$] and IRQF [0.37 (0.39), $p < 0.01$]. However, the SF-36 showed a significant improvement only on the general health subscale [7.2 (14.5), $p < 0.05$]. The greatest mean (SD) improvements were in PQLF communication [0.93 (0.64), $p < 0.01$], feeling being a burden [0.87 (0.90), $p < 0.01$], isolation and relationships with friends [0.60 (0.64), $p < 0.01$] and relations to close individuals [0.29 (0.44), $p < 0.01$].

Vermeire and colleagues ($n = 89$)¹⁵⁴ used the Hearing Handicap Inventory for Adults (HHIA) and the GBI to prospectively measure quality of life in 89 postlingually deafened adults. They found that HHIA postoperative mean (SD) scores were significantly better than preoperative mean (SD) scores [pre = 69 (0.69), post = 48 (25.28), $p < 0.001$]. GBI scores, which range from 0 (low) to 100 (high), were taken post implant and gave a mean total score of 35.16 (SD 19.61).

Hawthorne and colleagues ($n = 34$)¹⁵⁵ prospectively measured quality of life with the Assessment of Quality of Life (AQL) and the Hearing Participation Scale (HPS). They found that after 6 months with a cochlear implant quality of life had improved significantly for the profoundly deaf participants [mean (SD) scores: AQL, difference 0.28 (0.36), $p < 0.01$; HPS, difference 0.20 (0.23), $p < 0.01$].

Hogan and colleagues ($n = 202$)⁴³ used a cross-sectional design to measure quality of life with the AQL. Of the six subscales they found significant differences between the intervention and control groups' mean (SD) scores on physical senses [intervention = 0.78 (0.19), control = 0.58 (0.19), $p < 0.01$] and utilities [intervention = 0.57 (0.27), control = 0.38 (0.22), $p < 0.01$].

Palmer and colleagues ($n = 62$)¹⁵⁶ used a repeated measures pre/post design with non-randomised control subjects and 12 months' follow-up to measure quality of life with the HUI-3. They found a mean (SD) utility gain of 0.20 (0.24) for the implanted group.

Hallberg and Ringdahl ($n = 17$)¹⁶ conducted a grounded theory¹⁵⁷ analysis of interviews with 17 adult, profoundly sensorineurally deaf, cochlear implantees. Participants had used their implant for a mean of 4.1 years (range 1–12). They found that the overarching core category was 'coming back to life', which reflected perceived harmony in life and becoming part of the living world. This was related to four subcategories: preventing disappointment, waiting in silence, retraining the brain and strengthening of self-worth. These told a story of the process of decision-making to undergo implantation, balancing a feeling of having nothing to lose with low expectations of the result. Postoperatively participants had to 'wait in silence' with uncertainty about the outcome. This was followed by the 'significant revelation' following switching the device on and was the emotional starting point of their coming back to life. This was

TABLE 31 (a) Visual summary results table: unilateral cochlear implants versus bilateral cochlear implants – adults: sensitivity to sound outcomes

Study design (follow-up, months)	Study	n	Bilateral cochlear implant condition, auditory outcomes			
			SSQ	Quality of hearing	Hearing for speech	Mean absolute angular error
RCT (WLC) (9)	Summerfield 2006 ¹⁴⁹	24				
XSOC	Verschuur 2005 ¹⁵¹	20				

RCT (WLC), randomised controlled trial (waiting list control); XSOC, cross-sectional, own control. Dark grey shading = positive significant outcome ($p < 0.05$).

TABLE 31 (c) Visual summary results table: unilateral cochlear implants versus bilateral cochlear implants – adults: quality of life outcomes

Study design (follow-up, months)	Study	n	Bilateral cochlear implant condition, quality of life outcomes					
			EQ-5D	GHSI	HUI-3	Tinnitus questionnaire	VAS overall quality of life	APHAB
RCT (WLC) (9)	Summerfield 2006 ¹⁴⁹	24						
PP (P) (6)	Litovsky 2006 ¹⁵²	37						

RCT (WLC), randomised controlled trial (waiting list control); PP (P), pre/post (prospective). Dark grey = positive significant outcome ($p < 0.05$); light grey = positive outcome (not significant or no significance reported); black = negative outcome (not significant or no significance reported); mid-grey = negative significant outcome ($p < 0.05$).

TABLE 31 (b) Visual summary results table: unilateral cochlear implants versus bilateral cochlear implants – adults: speech perception outcomes

Study design (follow-up, months)		Bilateral cochlear implant condition, speech perception outcomes	
Study	n	Study	n
PP (P) (6)	37	CNC words (quiet)	NS
Litovsky 2006 ¹⁵²		BKB binaural redundancy	
		BKB sentences (noise front)	
		BKB sentences (noise right)	
		BKB sentences (noise left)	
RCT (WLC) (9)	29	CUNY sentences (quiet)	
Ramsden 2005 ¹⁵⁰		CUNY sentences (S&NF)	
		CUNY sentences (SFNI)	
		CUNY sentences (SFN2)	
		HINT sentences (quiet)	
PP (P) (6)	37	FMW words	
Laszig 2004 ¹⁵³		HSM sentences	
		HSM sentences (noise)	
		OLSA (front)	

RCT (WLC), randomised controlled trial (waiting list control); PP (P), pre/post (prospective).
 Dark grey shading = positive significant outcome ($p < 0.05$); light grey shading = positive outcome (not significant or no significance reported); mid-grey shading = negative significant outcome ($p < 0.05$).

TABLE 32 Summary of key quality indicators for adult quality of life studies

Quality criteria	Mo 2005 ³⁹	Vermeire 2005 ¹⁵⁴	Hallberg 2004 ¹⁸	Hawthorne 2004 ¹⁵⁵	Hogan 2001 ⁴³	Palmer 1999 ¹⁵⁶
Was the study prospective?	Yes	NA	NA	Yes	NA	Yes
Selection bias						
Eligibility criteria stated?	Minimal	Minimal	Minimal	Minimal	Yes	Yes
Appropriate?	Yes	Yes	Yes	Yes	Yes	Yes
Were the participants representative of the population?	Yes	Yes	Yes	Yes	Yes	Yes
Were potential confounders reported?	No	No	NA	No	No	No
Were they accounted for in the design or analysis?	No	No	NA	No	No	No
Assessment bias						
Were the outcome measures relevant to the research question?	Yes	Yes	Yes	Yes	Yes	Yes
Independent blind assessment?	NR	NR	NA	NR	NR	NR
Objective?	Yes	Yes	No	Yes	Yes	Yes
Attrition bias						
Was attrition reported?	No	No	NA	Yes	NA	Yes
Were all participants accounted for?	Yes	No	NA	Yes	NA	Yes
How were missing data accounted for?	NR	NR	NA	Within dimension computations or regression	NR	NR
Protocol violations specified?	NR	NR	NA	No	No	No
Power and analysis						
Data analysis	t-test, Wilcoxon, linear regression	t-test, ANOVA	Grounded theory	ANOVA	Multiple regression, ANCOVA	ANOVA
Was the analysis appropriate?	Yes	Yes	Yes	Yes	Yes	Yes
Was there a power calculation?	NR	NR	NA	NR	NR	NR
Other						
Was ethical approval given?	Yes	NR	NR	NR	Yes	NR
Generalisability	Yes	Yes	No	Yes	Yes	Yes
ANCOVA, analysis of covariance; ANOVA, analysis of variance; NA, not applicable; NR, not reported.						

TABLE 33 Visual summary of results: additional studies of quality of life – adults: other quality of life outcomes

Study design (follow-up, months)	Study	n	Cochlear implant condition, quality of life outcomes							
			PQLF	IRQF	SF-36	HHIA	GBI	AQL	HPS	HUI-3
PP (P) (15)	Mo 2005 ³⁹	27	■	■	■					
PP (P) (??)	Vermeire 2005 ¹⁵⁴	89				■	■			
PP (P) (6)	Hawthorne 2004 ¹⁵⁵	34						■	■	
XS (NRC)	Hogan 2001 ⁴³	202						■	■	
PP (P) (12)	Palmer 1999 ¹⁵⁶	62								■

PP (P), pre/post (prospective); XS (NRC), cross-sectional, own control.
 Dark grey shading = positive significant outcome ($p < 0.05$); mid-grey shading = positive outcome (not significant or no significance reported); light grey = negative outcome (not significant or no significance reported).

followed by the lengthy training process of learning to hear and listen with the implant. Finally, self-worth was strengthened by being less dependent and having increased social participation. In all, cochlear implants were represented as making a substantial improvement in their recipients' quality of life.

Table 33 provides a visual summary of these quality of life results.

Summary of quality of life studies – adults

There are five quantitative and one qualitative study in this extended review of adult quality of life. The eight measures used by the studies showed either significant gains or trends towards gains from using cochlear implants. The studies that used pre/post measures (within subjects) were more likely to find significant results than those that used other control subjects (between subjects). The degree of improvement ranged from a mean (SD) gain of 7.2 (14.5) on the SF-36 to 21 (25.29) on the HHIA. The qualitative study found that all 17 interviewees thought that cochlear implants had substantially improved their quality of life.

A section in Chapter 7 summarises a more specific review of studies that reported utility values for cochlear implantation in adults (see Utilities).

Conclusions

Cochlear implants improve quality of life in suitable candidates.

Overall summary of effectiveness in adults

Table 34 provides an overall summary of the effectiveness of cochlear implants in adults. This table gives an overview of the outcomes from the adult studies included in the clinical effectiveness systematic review. It shows that the outcomes were positively significant ($n = 26$), showed a positive trend ($n = 27$) (because of significance not being reported or the results not being significant), showed a negative trend ($n = 2$) or were negatively significant ($n = 1$). The negative results were related to the effects of tinnitus on quality of life.

Summary of adult studies of clinical effectiveness

In total, 13 studies were included in the systematic review. There were 1379 adults (92%) who were severely to profoundly or profoundly sensorineurally deaf, with ages ranging from 16 to 87 years.

Clinical summary

- When cochlear implants are compared with non-technological support the evidence indicates that cochlear implants lead to improvements in the ability to understand speech and quality of life. This is moderately associated with age at implantation and more strongly associated with duration of deafness before implantation.
- There may be additional benefits from having cochlear implants compared with acoustic hearing aids for adults with less severe hearing loss. These gains may be greater in noisy

TABLE 34 Overall summary of effectiveness – adults

Comparison	Total outcomes, n (no. reporting significance)	Positively significant outcomes, n (%) ($p < 0.05$)	Positive trend outcomes (NS/NR), n (%)	Negatively significant outcomes, n (%) ($p < 0.05$)
Cochlear implants vs non-auditory support				
Sensitivity to sound	–	–	–	–
Speech perception	14 (6)	6 (43)	8 (57)	–
Speech production	–	–	–	–
Health-related quality of life	3 (1)	1 (33)	2 (66)	–
Cochlear implants vs acoustic hearing aids				
Sensitivity to sound	1 (1)	0	1 (100)	–
Speech perception	10 (3)	3 (30)	7 (70)	–
Speech production	1 (0)	0	1 (100)	–
Health-related quality of life	2 (2)	2 (100)	–	–
Unilateral cochlear implants vs bilateral cochlear implants				
Sensitivity to sound	4 (4)	4 (100)	–	–
Speech perception	18 (9.5)	10 (56)	6 (33)	2 (11)
Speech production	–	–	–	–
Health-related quality of life	6 (6)	2 (33)	1 (17)	1 (17)
Bilateral cochlear implants vs unilateral cochlear implants and acoustic hearing aids				
Sensitivity to sound	–	–	–	–
Speech perception	–	–	–	–
Speech production	–	–	–	–
Health-related quality of life	–	–	–	–

NR, not reported; NS, not significant.

conditions, especially amongst people who are postlingually deaf, although greater gains in noise may be due to ceiling effects of the tests used to measure performance in quiet conditions. Furthermore, functional hearing and quality of life may be improved.

- Bilateral cochlear implantation increases the ability to hear clearly, detect the direction of sound in noisy conditions and understand speech, and may improve quality of life when compared with unilateral cochlear implantation.
- Widening the scope of the review of quality of life confirms the finding that cochlear implants may improve quality of life for severely to profoundly or profoundly sensorineurally deaf adults.

Methodological summary

- Two of the studies were RCTs with waiting list controls, seven were pre-/post implant studies, one was a prospective cohort study and one used a cross-sectional design. Nine papers used participants as their own controls and one used a comparator group of non-implanted severely deaf people. Heterogeneity meant that pooling of data was not possible.
- The quality of the studies was variable, ranging from good to poor. Generally there was inadequate reporting of methods in the non-randomised studies, thus threatening their internal validity.

Safety and reliability of cochlear implants – children and adults

Adverse events were only reported by two studies in the clinical systematic review; therefore, the original clinical searches were reviewed for adverse event studies. Further evidence came from the economic systematic review, which is presented here as adverse events are also a factor in clinical effectiveness. The numbers of adverse events reported were small and similar in children and adults, thus these groups will be considered together. The reliability of cochlear implants is also reviewed.

Adverse events

Abandoned initial procedure

Abandoned procedures represent the irreversible failure of an implant operation.

The study by Ray and colleagues¹⁵⁸ reported on complications experienced in 844 consecutive implants in a mixture of adults and children, the majority of which were performed after 1994. Only one (0.12%) operation was 'abandoned'. Similarly, Bhatia and colleagues¹⁵⁹ report that in 300 consecutive paediatric implantations no major postsurgical complications occurred perioperatively and only one (0.33%) operation was abandoned.

In an Australian model-based analysis of the cost-effectiveness of cochlear implants for both adults and children, published in 1999, Carter and Hailey¹⁶⁰ made provision for 5% of operations to result in some form of complication and assumed a 99% clear-up rate.

Major complications

A major complication is defined as one that leads to revision surgery under general anaesthetic. These may include flap breakdown, cholesteatoma, ear drum perforation, facial nerve damage, persistent infection, meningitis, extrusion of the electrode array or device failure. Revision surgery may also be required to reposition a suboptimally placed electrode array. The surgery to implant the device may mean the loss of residual hearing and it is not possible to predict which patients may suffer such loss.⁴

In considering the safety and effectiveness of the COMBI 40+ implant system MED-EL¹²⁵ collected adverse event data on 106 adults and 82 children. The cumulative implant experiences were 713 months and 533 months respectively. In adults there was one major complication requiring revision surgery. In children there were three major postsurgical complications, two involving resuturing and one explantation. The corresponding complication rates are therefore 1.7 events per 100 patient-years for adults and 6.8 events per 100 patient-years for children.

Two other papers allow the approximation of cumulative implant experience. Proops and colleagues¹⁶¹ reported on complications occurring in 100 adults who received devices as part of the UK-based implant programme. Implants were fitted between December 1990 and May 1996 and the number of operations per year reported. Assuming that all operations occurred in the middle of each year gives an approximate follow-up period of 2638 patient-months. Over that time there were four events reported. The crude rate is therefore 1.8 events per 100 patient-years.

Dutt and colleagues¹⁶² report the same type of data for a different group of 100 adults from the same implant programme. The study period was 1999–2001, over which period 122 operations were carried out. This follow-up period is relatively short and assuming that the same number of operations was carried out in each month gives an approximate follow-up period of 2257 patient-months. Three events classified as major postsurgical complications were reported, giving a crude rate of 1.6 events per 100 patient-years.

Fayad and colleagues¹⁶³ studied the clinical outcomes of children following revision surgery. In total, 28 of the 496 children required some form of revision surgery, leading to an ‘overall revision rate’ of 5.6%. However, without knowing how many children had implants in each year it is impossible to calculate the cumulative implant experience.

Minor complications

Minor complications may resolve with conservative treatment and may include wound infections, flap oedema, haematoma, facial nerve stimulation, tinnitus and temporary vertigo.

In evaluating the safety and effectiveness of the COMBI 40+ implant system¹²⁵ MED-EL noted that there were 21 ‘minor’ events in adults and 16 such events in children. These correspond to event rates of 35.3 minor complications per 100 patient-years for adults and 34.7 events per 100 patient-years for children.

Meningitis

Before 2003 an increased risk of meningitis associated with cochlear implantation was reported.¹⁶⁴ Summerfield and colleagues¹⁶⁵ ascertained that, of 1851 children implanted in the UK before October 2002, none had contracted meningitis and there were no significant differences compared with the general population. Of 1779 adults, five had contracted meningitis, of whom three died.¹⁶⁵ This incidence was significantly higher than that in the general population. For the total UK cochlear implant cohort the incidence rate per 100,000 population was 29 cases (95% CI 9–68), compared with 1.31 per 100,000 population in the general population.¹⁶⁵

Since 2002 the Medicines and Healthcare Products Regulatory Agency (MHRA) in the UK has advised that patients should be routinely vaccinated against pneumococcal meningitis before surgery for cochlear implantation.¹⁶⁶ An international consensus on meningitis and cochlear implants¹⁶⁷

reported that since these and other measures have been in place the incidence of meningitis has fallen to ‘its previously low, acceptable level, and may even have fallen below it’. Nevertheless, the risk of meningitis is discussed with prospective implantees or their carers and is therefore included in sensitivity analyses in the PenTAG cost-effectiveness model but not in the base case.

The increased incidence of meningitis among patients with cochlear implants in 2002 was shown to be significantly associated with a particular type of electrode array, which was subsequently withdrawn from use. It may be that the withdrawal of this array, plus careful attention to preoperative vaccination and postoperative intervention with antibiotics in case of middle ear infection, has reduced the incidence of postoperative meningitis worldwide.

A similar investigation to that of Summerfield and colleagues¹⁶⁵ was undertaken in the USA by Reefhuis and colleagues¹⁶⁸ of paediatric cochlear implant users. The person-years of exposure in this cohort was much larger than that analysed by Summerfield and colleagues (9652 person-years compared with 2478). Reefhuis and colleagues noted 10 cases of meningitis in this cohort, giving an incidence rate of 104 episodes per 100,000 patient-years.

Non-use of devices

Non-use of devices refers to the choice of recipients of cochlear implants to no longer use them for a variety of reasons.

Summerfield and Marshall¹⁶⁹ published a paper reporting the incidence of elective non-use among the first cohort of adult patients to receive implants in the UK ($n = 313$); they found that cumulative elective non-use was stable at 6.3% (95% CI 3.6–9.1%) between 4 and 7 years post implantation but rose to 11.0% (95% CI 1.75–20.3%) at 7.5 years post implantation. Risk factors for non-use were low auditory performance (odds ratio = 8.2, 95% CI 2.1–31.9), low self-reported benefit (odds ratio = 19.6, 95% CI 4.6–84.4) and experiencing a major complication (odds ratio = 3.2, 95% CI 1.0–10.6).

More recently, Bhatt and colleagues¹⁷⁰ conducted a retrospective case review of 214 adults who received implants between June 1988 and June 2002. They found that 29 (13.6%) had at some time not used their device for more than 4 consecutive weeks. The cumulative follow-up period was 1126

patient-years. Over that period two people (0.93%) elected for non-use, three (1.40%) became non-users because of co-morbid illnesses and one (0.47%) became a non-user because of audiological complications. Two people (1%) became non-users because of the deterioration of hearing.

Archbold and colleagues¹⁷¹ looked at long-term cochlear implant use in children ($n = 138$). They found that over 7 years 83% of children wore their implants full-time, 12% most of the time, 2% some of the time and 3% not at all. When the children were classified according to age at implantation they found a significant effect. Those who were full-time users had a median age at implantation of 4.4 years, whereas those who were not full-time users had a median age at implantation of 5.5 years ($p = 0.0009$). All of the children who were total implant non-users had been implanted over the age of 5 years.

These results are similar to those of Ray and colleagues¹⁷² who retrospectively looked at 172 children and 251 adults implanted in the Birmingham programme between 1990 and 2000. They found that five (2.9%) of the children (mean age 11 years) and three (1.2%) of the adults (mean age 42 years) chose not to use their cochlear implants. For children the main reason for non-use was peer pressure and for adults reasons included depression, tinnitus, concomitant neurological problems and non-auditory stimulation.

Non-reimplantation of a cochlear implant during a revision procedure

A cochlear implant may need to be removed for a variety of reasons, for example infection or device failure. Normally, once the problem has been dealt with the ear is reimplanted; however, this is not always the case. Available information concerning

TABLE 35 Reported instances of permanent removal of a cochlear implant following temporary explant

Source	Population group	No. explanted	No. not reimplanted	Comments
Dutt 2005 ¹⁶²	Adults	5	1	Follow-up period 1999–2001
Ray 2004 ¹⁵⁸	Adults	15	1	Follow-up period 1990–2002
Bhatia 2004 ¹⁵⁹	Children	8	2	Follow-up period not reported; paper reports eight reoperations
Balkany 1999 ¹⁷³	Mixture of adults and children	16	0	Follow-up period 1990–7
Stratigouleas 2006 ¹⁷⁴	Mixture of adults and children	6	1	Follow-up period not reported; paper reports seven major postsurgical complications but only six revision operations
Lassig 2005 ¹⁷⁵	Mixture of adults and children	60	2	Follow-up period 1985–2003; overall number

TABLE 36 Cumulative reliability of cochlear implants

Study	Time period covered in years	Number of devices	Cumulative reliability
Maurer 2005 ¹⁷⁶	11	192	91.7%
Conboy 2004 ¹⁷⁹	13	363	90.0%
Lehnhardt 2000 ¹⁸⁰	12	16,427	94.9%
Ajayi 1997 ¹⁷⁸	2	118	99.1%
Von Wallenberg 1995 ¹⁷⁷	5	8804	92.2%

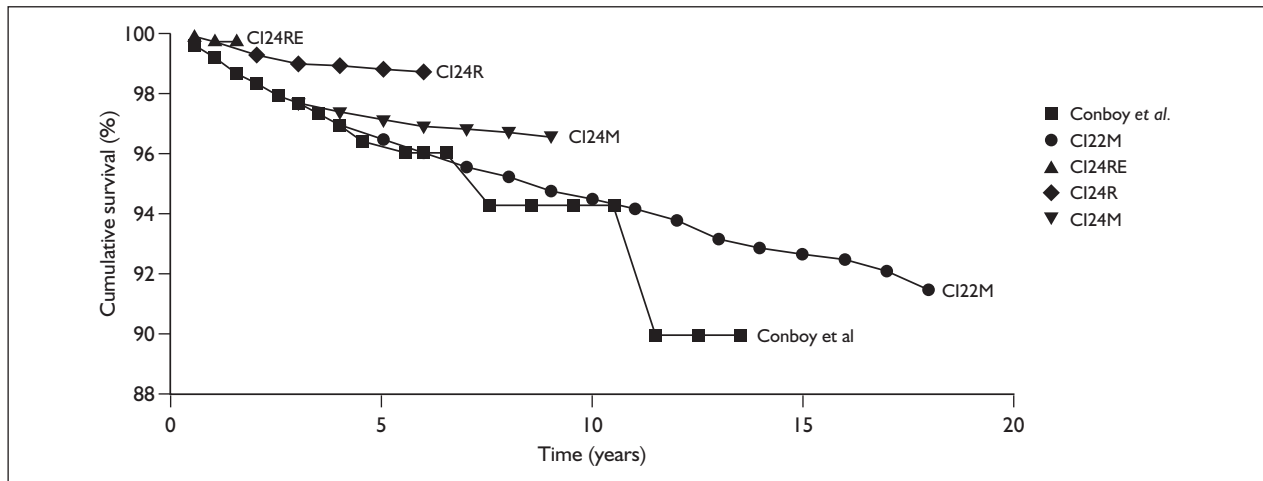


FIGURE 3 Paediatric cumulative survival plots for a range of cochlear implants as reported by Cochlear Europe and Conboy and Gibbin.¹⁷⁹

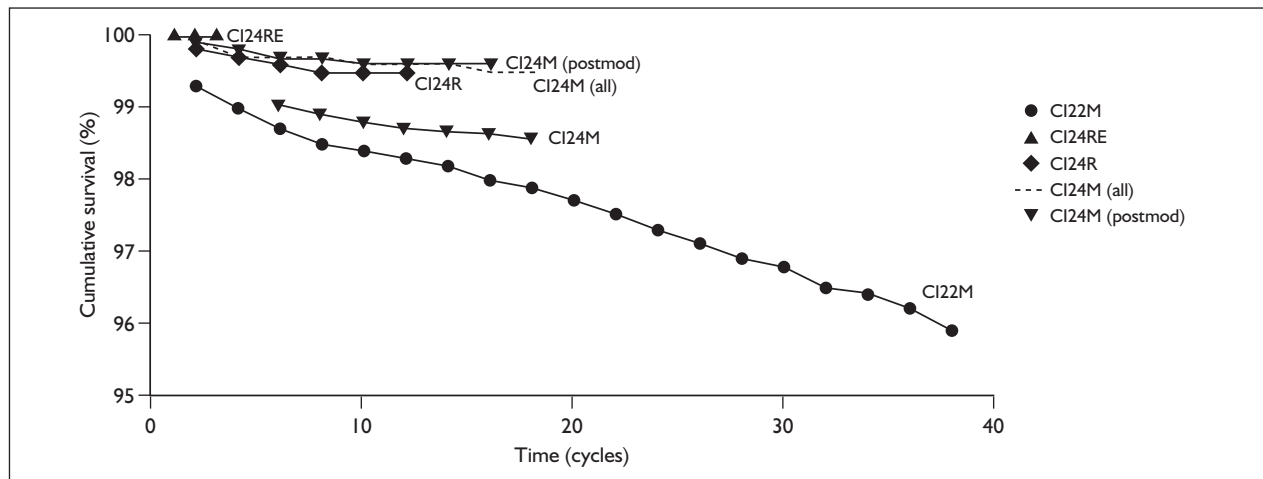


FIGURE 4 Cumulative survival plots for a range of cochlear implants given to adults as reported by Cochlear Europe.

reported instances of cochlear implants being permanently explanted is summarised in *Table 35*.

Reliability of cochlear implants

The reliability of cochlear implants refers to the length of time implants work for before they need replacing.

Failure and replacement of cochlear implant internal components

Maurer and colleagues¹⁷⁶ conducted a review of studies looking at the reliability of cochlear implants. However, only two (Von Wallenberg and Brinch¹⁷⁷ and Ajayi and colleagues¹⁷⁸) of the nine studies reviewed reported the cumulative reliability of devices (*Table 36*).

Maurer and colleagues¹⁷⁶ then looked at the reliability of 192 devices implanted over 11 years (1990–2001) and found an overall cumulative survival of device rate of 91.7% over 11 years.

Conboy and colleagues¹⁷⁹ followed 363 devices for 13 years (1989–2002) and found a similar cumulative survival (90.0%) to that of Maurer and colleagues.¹⁷⁶ Data on the number of implants for each year as well as cumulative device survival are reported. Overall, 94.3% of devices survived to 7 years and 90.0% to 13 years. Again, neither confidence intervals nor standard errors were presented for each time point. This makes it difficult to assess whether the differences between devices reported in the two studies are significantly different. This finding is less favourable than that

from Lehnhardt and colleagues,¹⁸⁰ who reported a cumulative reliability for 16,427 devices over 12 years of 94.9%.

In a review of cochlear implant failures and revisions in 2005, Lassig and colleagues¹⁷⁵ found that, in 900 cochlear implant patients from one centre, 27 (3%) underwent revision surgery because of the failure of the internal device.

The Cochlear Europe submission to NICE presented information about the numbers of devices given to children and the cumulative survival for several different devices. The information was reportedly correct as of 30 June 2006, with each graph representing a type of Nucleus® device based on the receiver/stimulator portion. These data are reproduced in *Figure 3* alongside the annual data presented in Conboy and colleagues.¹⁷⁹

The Cochlear Europe submission also contains cumulative survival curves for various devices as used in adults. These are reproduced in *Figure 4*.

Summary of safety and reliability

- Cochlear implants are safe and reliable. The rate of abandoned operations is low (0.12%).
- The incidence of major complications is 6.8 per 100 patient-years in children and 1.4–1.7 per 100 patient-years in adults.
- The incidence of minor complications is 35.3 per 100 patient-years in adults and 34.7 per 100 patient-years in children.
- Cochlear implants are reliable with 92% of devices lasting 11 years.

Chapter 6

Assessment of cost-effectiveness

Systematic review of economic evaluations

Aim

To summarise existing published research evidence on both the costs and cost-effectiveness of unilateral cochlear implantation (compared with living without a cochlear implant) and bilateral implantation (compared with either unilateral implantation or no implant), with particular emphasis on the potential generalisability of previous studies to the current NHS policy and clinical context.

Methods

Search strategy

Appendix 1 describes the range of sources searched and the search strategy. The search was limited to English language papers only. Databases were searched from their inception to the most recent date available.

Study selection criteria

The inclusion and exclusion criteria for the systematic review of economic evaluations were identical to those for the systematic review of clinical effectiveness, except that:

- decision model-based analyses or analyses of patient-level cost and effectiveness data alongside observational studies were included
- only full cost-effectiveness analyses, cost–utility analyses, cost–benefit analyses and cost–consequence analyses were included (economic evaluations that report only average cost-effectiveness ratios were included only if the incremental ratios could easily be calculated from the published data)
- stand-alone cost analyses based in the UK NHS were also sought.

Using these inclusion/exclusion criteria, initial study selection was made on the basis of titles and abstracts from the search results by one reviewer (ZL), with unblinded checking by a second reviewer (RA).

Data extraction strategy

Data were extracted by one researcher (ZL) and checked by another (RA) into two summary tables, one to describe elements of the study design of each economic evaluation and the other to describe the main results (see Appendix 6).

For each study the following information was recorded in the study design table: author and year, whether model or trial based, type of model (when relevant), design type (e.g. cost-effectiveness analysis, cost–utility analysis or cost analysis), service setting/country, study population, comparators, research question(s), perspective, time horizon and discounting, main costs included, main outcomes included and sensitivity analyses conducted (see Appendix 7).

In the main results table, incremental costs and benefits as well as the incremental cost-effectiveness ratio (ICER) were recorded for each reported pairwise comparison. Occurrences of either dominance or extended dominance were also noted.

Study quality assessment

The methodological quality of any full UK-based economic evaluations was assessed using the international consensus-developed criteria reported by Evers and colleagues.¹⁸¹ This formed the basis of a fuller narrative appraisal of these studies. Because of the relatively large number of full economic evaluations discovered we did not conduct a full assessment of the quality of studies from outside the UK.

Results

In total, 24 studies were identified that reported cost-effectiveness or cost–benefit ratios and, of these, 20 were classified as full economic evaluations. Of the four excluded studies, two (Lea and Hailey¹⁸² for adults and children, and Evans and colleagues¹⁹⁷) were not considered to be full economic evaluations [as they reported only the ratio of cost per quality-adjusted life-year (QALY) without providing further separate information on costs and benefits], and another by Sach and

colleagues¹⁸⁴ was primarily a willingness to pay analysis. The other study, by Cheng and Niparko,¹⁸⁵ was a meta-analysis, which, unusually, pooled utility estimates and cost–utility ratios from seven other studies (conducted in a variety of countries and in different years) to produce overall estimates.

Of the 20 full economic evaluations, three included an assessment of cochlear implantation in both adults and children, six were only in children and 11 were only in adults (see Appendix 7). Eight were analysed primarily from a UK NHS perspective and were usually based on patient-level clinical and resource use data specifically collected from UK cochlear implant centres. All but one of the economic evaluations in children also included educational cost savings in either their main or a subsidiary analysis. A further two studies^{183,186} were based on data collected by UK-based cochlear implantation programmes but did not clearly state the perspective used in the analysis. Four were analysed from a US perspective and based mainly on cochlear implant programmes conducted in the USA. Another four studies were analysed from a variety of other national perspectives (Australian: $n = 2$,^{160,182} Norwegian: $n = 1$,¹⁸⁷ German: $n = 1$ ¹⁸⁸). In the remainder, neither the perspective from which, nor the context in which, the analysis was conducted was reported.

Because of the wide variation in health system settings and study perspectives in the identified studies from outside the UK, these studies were deemed irrelevant to the current decision problem facing the UK NHS. A detailed appraisal of these studies was therefore not carried out (but they are summarised in table form in Appendix 11). Some review papers and other studies that, although not included in the systematic review, were thought to be relevant are also summarised later in this chapter (see Summary of reviews and other studies).

UK-based full economic evaluation studies

Four of the eight full economic evaluations analysed from a UK perspective involved postlingually deafened adults,^{53,189–191} one involved children with prelingual deafness¹⁹⁰ and the remaining three either failed to report whether the children were deafened pre- or post lingually or contained a mixture of pre- and postlingually profoundly deafened children.^{192–194} All of the UK-based full economic evaluations were published between 1995 and 2006. Four of the nine studies are at least a decade old.

No studies were identified in which prelingually deafened adults were analysed from a UK perspective. The clinical and service settings, comparators and basic designs of the eight studies are summarised in *Tables 37* and *38*.

All of these studies were cost–utility analyses. Five were based on clinical effectiveness results from UK-based cochlear implant programmes.^{53,189–191,194} Although the settings in the other three studies^{190,192,193} were not explicitly reported in the papers it is apparent from related papers that they were also based on NHS treatment settings.

All of the UK-based full economic evaluations used average remaining life expectancy as the time horizon. All of the studies applied discounting to both costs and benefits. None of the included studies was funded by manufacturers of cochlear implants.

UK-based economic evaluations of cochlear implantation in adults

All four studies in adults presented cost–utility analyses and used a decision model to produce cost and utility estimates. All four were based on cochlear implant programmes conducted in the UK NHS (see *Table 37*). Summary information on the results is shown in *Table 39*.

All of the four studies examined costs and effects of cochlear implantation as a treatment and reported the cost–utility of cochlear implants relative to either non-implanted or preimplanted adults. None of the studies, however, reported both costs and effects of the comparator.

The earliest UK-based analysis of multichannel cochlear implantation in adults was that conducted by the MRC Institute for Hearing Research, assessing the cost-effectiveness of the technology as used from 1990 to 1994.¹⁹¹ Using a decision model, over their remaining lifetimes of 26 years, the base-case cost–utility of cochlear implantation was estimated as £11,440 per QALY (with costs and benefits discounted at 6% per year). Although this was higher than cost-effectiveness estimates from US-based studies, this partly reflects the high discount rate used. However, they also speculated that the cost-effectiveness of the technology would improve over time because of longer duration of implant use (with people implanted sooner after a diagnosis of profound deafness, and people also living longer); expected further increases in utility gain because of improvements in electrode and

TABLE 37 Summary of full economic evaluations in adults analysed from an NHS perspective

Study	Study type	Analysis type	Participants, country/setting	Comparators/comparisons	Perspective
Summerfield 2002 ⁸⁹	Empirical utility elicitation study and decision model	CUA	Adults undergoing unilateral implantation who did not benefit from hearing aids or benefited marginally, in 14 hospitals in the UK NHS (using HUI-2), and staff and volunteers in one Medical Research Council research unit (for TTO exercise)	Unilateral implantation vs no implant Unilateral implantation vs hearing aids Simultaneous bilateral implantation vs unilateral implantation	UK NHS
Summerfield 1997 ⁹⁰	Decision model	CUA	Postlingually deafened adults receiving a cochlear implant in the UK	Sequential bilateral implantation vs unilateral implantation	UK NHS
Summerfield and Marshall 1995 ¹⁹¹	Empirical utility elicitation study and decision model	CUA	Profoundly postlingually deafened adults who received a cochlear implant under the UK National Cochlear Implantation Programme (1990–4) at hospitals in England, Scotland and Northern Ireland	22-channel implant ^a vs no implant	UK NHS
UK Cochlear Implant Study Group 2004 ⁵³	Prospective cohort study and decision model	CUA	Profoundly hearing-impaired postlingually deafened adults received multichannel cochlear implants, in 13 hospitals in the UK NHS	Unilateral implant vs no implant	UK NHS

CUA, cost-utility analysis; HUI-2, Health Utilities Index 2; TTO, time trade-off.

a Almost certainly only unilateral.

TABLE 38 Summary of full economic evaluations in children analysed from an NHS perspective

Study	Study type	Analysis type	Participants, country/setting	Comparators/comparisons	Perspective
Summerfield 1997 ¹⁹⁰	Decision model	CUA	UK, prelingually (?) deafened children at the Nottingham Paediatric Programme with three educational settings: school for deaf children, special unit attached to mainstream school and mainstream school with support	Unilateral cochlear implant vs no cochlear implant	UK NHS + education costs
Barton 2006 ¹⁹²	Cross-sectional survey	CUA	Profoundly deaf children (implanted both prelingually and at an older age) in the UK with permanent bilateral hearing impairment	Cochlear implant ^a vs no cochlear implant	UK NHS, UK societal
Hutton 1995 ¹⁹³	Decision model/basic calculation	CUA	UK (pre- or postlingually deaf unspecified)	Cochlear implant ^a vs no cochlear implant	UK societal (NHS + education + home support)
O'Neill 2001, ¹⁹⁴ O'Neill 2000 ¹⁸⁶	Basic calculation	CUA	UK, profoundly hearing-impaired children (pre- or postlingually deaf unspecified) at the Nottingham Paediatric Cochlear Implant Programme	Cochlear implant ^a vs no cochlear implant	UK NHS + education costs

CUA, cost-utility analysis.

^a Almost certainly only unilateral.

TABLE 39 Results of economic evaluations in adults with acquired deafness analysed from an NHS perspective

Study	Analysis year	Setting	Source of effectiveness data	Comparator	ICER ^a
Summerfield 2002 ¹⁸⁹	2000	UK, 14 hospitals in the UK NHS and one Medical Research Council research unit	Subset of patients subsequently reported by the UK Cochlear Implant Study Group	Unilateral implantation vs no intervention	£16,774
				Unilateral implantation vs hearing aids	£27,401
				Simultaneous bilateral implantation vs unilateral implantation	£61,734
				'Additional bilateral implantation' vs unilateral implantation	£68,916
Summerfield 1997 ¹⁹⁰	1996	UK	Study by Summerfield and Marshall 1995 ¹⁹¹	Unilateral implantation vs no cochlear implant	£13,300
Summerfield and Marshall 1995 ¹⁹¹	1991/2	UK, the Adult Cochlear Implant Programmes at hospitals in England, Scotland and Northern Ireland	Theoretical mappings of data from the programme onto various health-state classification systems (e.g. HUI and EuroQol)	22-channel implant ^b vs no treatment	£11,440
UK Cochlear Implant Study Group 2004 ⁵³	Resources 1998/9, costs 2001/2	13 hospitals in the UK NHS	The study cohort	Unilateral implantation vs no cochlear implant	€27,142 (= £17,625) ^c

ICER, incremental cost-effectiveness ratio.
a Values are those reported in original papers in the currency used in those papers.
b Not stated but known to be exclusively unilateral implantation.
c Using the conversion rate of £1 = €1.54 as reported in the original paper.

speech processor technology; and efficiency gains in the organisation and provision of services. This was also the first study to publish comprehensive sensitivity analyses.

The UK-based cost-effectiveness analyses published before 2003 serve to highlight the widespread use of health-related quality of life as the only sensible outcome measure for use in cost-effectiveness analyses of the technology; the lack of large well-designed studies of the quality of life impact (and utility gains) associated with cochlear implantation; the critical importance of study perspective (and particularly the potential inclusion of educational cost savings in assessment of paediatric cochlear implantation); the importance of including both device ('hardware') costs and postimplantation tuning, rehabilitation and maintenance costs in determining cost-effectiveness; and the paucity of economic studies evaluating bilateral implantation.

Many of these parameters were not adequately empirically assessed until the series of linked studies by the UK Cochlear Implant Study Group (in adults) and Barton and colleagues (in children) published from 2003 to 2006.^{22,53,55,62,138,192,195,196}

These used unit cost data from the majority of the UK cochlear implant centres, combined with resource use and outcome data from much larger numbers of implant recipients than any of the earlier studies. A fuller description of the costing methods used in these studies is provided later in this chapter (see Resource use estimation, Costs for cochlear implant model).

The only two currently published economic studies of bilateral cochlear implantation were both based in the UK and assessed the technology in adults from an NHS perspective.^{149,189} The more recent (2006) study,¹⁴⁹ based on a small RCT, was not classed as a full economic evaluation as

the exploratory cost–utility analysis forms just a small part of the discussion. The earlier of the two studies¹⁸⁹ elicited health-state values from 70 normal-hearing volunteers who were clinical professionals from cochlear implant centres or academics with experience of profoundly deaf people and cochlear implantation. The other study¹⁴⁹ obtained HUI-3 scores alongside an RCT of 24 adults, 12 of whom were randomised to receive a second implant immediately, the other 12 subjects having their second implant after a 12-month wait. The unadjusted between-trial arm results of this trial for the HUI-3 outcome at 9 months after the second implant are only reported in diagram form. They appear to show a modest but non-significant increase in utility [approximately +0.11, 95% CI –0.11 to +0.29, whereas the whole group result (i.e. before versus after difference) is approximately –0.01, 95% CI –0.1 to +0.08]. On the VAS and EQ-5D there are small negative differences in quality of life at 9 months after the second implant (with the whole group and between-trial arm analyses).

However, this is a small trial and because these negative impacts on quality of life were largely explained by a few trial participants who experienced worsening tinnitus after their second implant (and because research on unilateral implantation suggests that there is usually an overall positive impact on the prevalence and intensity of tinnitus) the authors decided to adjust for the impact of tinnitus using a regression model. Using this model (*Table 1* in the paper), and therefore assuming an overall neutral impact of tinnitus, gives an estimated utility gain from the second cochlear implant of +0.03 (95% CI –0.045 to +0.104). It is this figure that is used in the discussion section to generate an estimate of cost-effectiveness, and this is also the initial estimate used in our model-based analysis of bilateral implantation.

This HUI-3 measured utility gain from the RCT assumes a neutral impact of change in tinnitus, which was not the case in the raw results of this small study (the gain of 0.03 is based on a regression analysis, i.e. after adjusting for the impacts of tinnitus). Also, as second implant recipients in this trial had been unilateral implant users for between 1 and 6 years, these results may not reflect the actual gains of simultaneous bilateral implantation nor those of second implant recipients who have been unilateral implant users for more than 6 years. The cost-effectiveness estimates of bilateral compared with unilateral

cochlear implantation from these two studies are £68,916 and £66,600 per QALY, assuming an overall neutral impact of tinnitus on quality of life. However, the authors are duly cautious about these estimates given the weaknesses in the data on utility gains.

The most recent study was by the UKCISG⁵³ and examined both the expected lifetime costs incurred by the UK NHS of providing and maintaining a cochlear implant and the gains in health benefits (measured using HUI-3) associated with implant use. A total of 311 profoundly deaf adults were classified as belonging to one of four subgroups. These subgroups were chosen to represent a progressive relaxation of implant candidacy criteria relating to severity of deafness. Preimplantation HUI-3 utility values were elicited for each of the groups.

The economic evaluation published in 2002 by Summerfield and colleagues¹⁸⁹ reported estimates of incremental costs, benefits and cost–utility ratios for both unilateral implantation compared with either non-technological support or hearing aids and bilateral implantation (simultaneous and sequential) compared with unilateral implantation. Regardless of comparator, health-related quality of life was measured using the HUI-2 tool.

UK-based economic evaluations of cochlear implants in children

The remaining five included studies were in groups of children. Although the primary perspective was that of the NHS all also performed some analyses which included education cost savings. One included the cost of support services at home¹⁹⁶ and another study costs to the family.¹⁹⁵

Three of the five studies involved either a mixture of pre- and postlingually deafened children or failed to specify their age of onset of deafness, with the other study reporting that only prelingually deafened children were included.¹⁹⁰

The results of the five paediatric evaluations are shown in *Table 40*.

The earliest UK-based study in children was by Hutton and colleagues¹⁹³ and was explicitly only a preliminary analysis, primarily of health system costs and potential cost savings when education costs are included. Their cost-effectiveness estimates were only tentative (e.g. using the speculative assumption that cochlear implantation would increase the utility of deaf

TABLE 40 Results of full economic evaluations in children analysed from an NHS perspective

Study	Analysis year	Setting	Effectiveness data source	Comparison ^a	ICERs (per QALY)
Barton 2006 ¹⁹² (from an NHS perspective)	2001/2	UK	The survey	Unilateral implantation vs no cochlear implantation	Implanted at age 3 years: ^b £17,521; ^c £11,645; ^d £10,006 ^e Implanted at age 6 years: ^b £20,932; ^c £15,042; ^d £13,225 ^e
Barton 2006 ¹⁹² (from a societal perspective)	2001/2	UK	The survey	Unilateral implantation vs no cochlear implantation	Implanted at age 3 years: ^b £15,868; ^c £9029; ^d £7012 ^e Implanted at age 6 years: ^b £19,062; ^c £12,532; ^d £10,331 ^e
O'Neill 2000 ¹⁸⁶	1997/8	UK, the Nottingham Paediatric Cochlear Implant Programme	Study by Summerfield and Marshall 1995 ¹⁹⁷	Unilateral implantation vs no cochlear implantation	£2532
O'Neill 2001 ¹⁹⁴	1997/8	UK, the Nottingham Paediatric Cochlear Implant Programme	Studies by O'Neill 2000 ¹⁸⁶ and Summerfield and Marshall 1995 ¹⁹⁷	Unilateral implantation vs no cochlear implantation	Results stratified by education authority: ^f county: £8310; London: £12,282; Metropolitan: £11,177; unitary: £10,360
Summerfield 1997 ¹⁹⁰	1996	The Nottingham Paediatric Programme with three educational settings: school for deaf children, special unit attached to mainstream school, and main stream school with support	Cost data derived from Summerfield and Marshall 1995 ¹⁹¹	Unilateral implantation vs no cochlear implantation	£15,600 ^g £12,100, ^g taking into account saved costs in education
Hutton 1995 ¹⁹³	1994	UK	Assumption	Unilateral implantation vs no cochlear implantation	£10,000, ^g taking into account cost savings of special equipment for daily living in adulthood £16,214

AHL, average hearing level; ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.
a Number of implants used not stated in any of the studies but known to be exclusively unilateral.
b ICERs for Barton *et al.*¹⁹² converted from Euros at £1 = €1.54, as reported in the paper.
c Corresponds to a subgroup of children with preoperative AHL of 105 dB.
d Corresponds to a subgroup of children with preoperative AHL of 115 dB.
e Corresponds to a subgroup of children with preoperative AHL of 125 dB.
f Original paper presented results in dollars; converted by the authors of this review on an exchange rate of £1 = \$1.45 (as per August 2000).
g Results were derived using a range of scenario analyses using a range of assumptions about costs, cost savings and utility gains associated with paediatric cochlear implantation. Values quoted are therefore speculative rather than based on data.

people from 0.6 to 0.7, and assuming zero costs for the no implantation alternative). Two later studies of paediatric cochlear implantation, by O'Neill and colleagues,^{186,194} were both based on the Nottingham Paediatric Cochlear Implant Programme; they included the cost savings associated with different postimplantation schooling and educational support needs (the second paper mainly highlighted how regional variations in these costs can critically alter the cost-effectiveness of the technology). With the inclusion of educational savings, and relying on a mean utility gain of 0.23 (extrapolated from adult studies), they estimated that unilateral paediatric cochlear implantation achieved an ICER of £2532 per QALY gained (in 1998 UK pounds). Another early study¹⁹⁰ of unilateral cochlear implantation similarly used cost data from the Nottingham Programme and also relied on the assumed average utility gain of 0.23 (from adults); their projected lifetime cost-effectiveness estimates were £15,600 per QALY without educational cost savings, and from £10,000 to £12,100 per QALY when educational cost savings and/or special equipment for daily living were included (all in 1996 UK pounds).

The most recent study, published in 2006 by Barton and colleagues,¹⁹² used regression analysis of a large sample of individual patient data – including 403 implant recipients – to examine the gain in health utility associated with the implant. They used a version of the HUI-3 instrument with slightly adapted and simplified wording for the UK context. Utility was modelled as a linear function of preoperative average hearing level, age at implantation, the time period over which gains are accumulated and level of deafness (profound or severe). They combined these estimates of utility gain with comprehensive NHS costs (from Barton and colleagues⁵⁵) and other cost estimates to produce a range of incremental cost–utility estimates for children at two different ages (3 and 6 years old), for three different levels of preimplantation hearing loss and according to three analytical perspectives (NHS, NHS plus education sector, and ‘societal perspective’).

Finally, two other minor sources of data on paediatric cochlear implantation were identified. One was a brief study by Summerfield and colleagues¹⁹⁰ in which paediatric cochlear implantation was discussed alongside a main study on implantation in adults, and the other was a section in the study by Summerfield and

Marshall¹⁹¹ in which the costs of paediatric implantation were discussed.

Summary of reviews and other studies

One systematic review of economic evaluations¹⁹⁸ and one meta-analysis of a number of cost–utility and cost–benefit analyses¹⁸⁵ were also included. Quite unusually, this latter study involved the pooling of cost–utility ratios across a number of studies.

There was also a fairly recent and very comprehensive costing study by Barton and colleagues⁵⁵ that reported an audit and survey of resource use in all 12 UK cochlear implant centres in 1998/9. This study provided the per patient costs for their economic evaluation and also for our cost–utility analysis later in this assessment report. Another related study¹⁹⁵ showed that much of the variation in costs between implant centres could be explained by differences in the volume of implantation activity in that centre. Finally, a study by Sach and colleagues,¹⁹⁹ using time-adjusted individual patient outcome and cost data from the Nottingham Paediatric Cochlear Implant Programme from 1989 to 1996, showed that the per patient cost of the programme was reducing over time during this period. This was thought to be partly explained by learning effects and economies of scale.

Assessment of industry submissions to NICE

There were three industry submissions made to NICE. These are critiqued in Appendix 8.

PenTAG cost–utility analysis

Decision problem

To reflect both current policy and clinical practice and possible changes to UK NHS practice we aimed to assess, based on available data, the following two policy questions:

1. For profoundly sensorineurally deaf people (who may be either using or not using acoustic hearing aids), is it cost-effective to implant a first (i.e. unilateral) cochlear implant?
2. For profoundly sensorineurally deaf people (who may be either using or not using acoustic hearing aids), is it cost-effective to simultaneously implant two cochlear

implants or to implant two cochlear implants sequentially in relatively close succession?

Note that the population in this second policy question – i.e. deaf people currently not using a cochlear implant – differs from that set out in the original decision problem (see Chapter 2, Decision problem) and project protocol. This is primarily because of a lack of utility data that would inform an assessment of the cost-effectiveness of providing a second cochlear implant to someone who had been a cochlear implant user for some years. The second question (see Chapter 1, Description of the problem) was therefore reframed after examination of the available data.

Throughout this report ‘simultaneous bilateral implantation’ refers to two devices being fitted during the same operation and ‘sequential bilateral implantation’ refers to two devices being fitted in two operations, with these operations being 3 years apart.

The focus of these model-based analyses is therefore population-level policy decisions rather than clinical decisions as such, and it is important that the complete range of relevant policy comparators is included. In *Table 41* we show the main policy comparators included in our analysis, together with the relevant populations.

Methods overview

We developed a state-transition (Markov) model to represent the main care pathways that deaf people might follow (with or without cochlear implantation)²⁰⁰ and, for those using a cochlear implant, the main complications and device failures associated with significant health or cost impacts. The main care pathways concern whether people have surgery for cochlear implantation (or not, if assessed as unlikely to benefit) and also whether the implant has to be permanently removed at any point or is not used voluntarily.

The model does not attempt to simulate the possible progression of deafness or associated impacts, nor is it stratified according to the severity of deafness. This lack of an underlying model of the natural history of deafness is justified because, although there are degrees of deafness, it is not necessarily a progressive condition. Also, although some cost-effectiveness studies have estimated QALY gains and cost-utility for people of different deafness severity, as these groups would be mutually exclusive, their cost-effectiveness

can be evaluated using an unstratified model. The populations that we mainly investigate are profoundly deaf and have mostly therefore already reached the extreme end of the scale.

The cohorts that start in the model are characterised by their level of audiological measured deafness, age when deafened (pre- or postlingual) and age at referral for implantation. All cohorts are modelled until death regardless of these factors.

Costs included in the analysis are those associated with assessment for implantation, device hardware, the surgical procedure and hospital stay, tuning and rehabilitation, regular maintenance and monitoring, and dealing with device failures and complications. When necessary, annual costs were converted to 6-month (per cycle) costs by dividing by two. When relevant, the cost of digital acoustic hearing aids is factored into the costs for people without acoustic hearing aids and who use cochlear implants in conjunction with an (‘contralateral’) acoustic hearing aid. Although the primary outcome of the analysis is QALYs, the model also calculates intermediate outcomes such as lifetime complications or device failure rates. Costs and benefits are both discounted using an annual rate of 3.5%.²⁰¹

The model was developed in Microsoft Excel® (Microsoft Corporation, Redmond, WA) with structure informed by expert clinical opinion on the management of people using either cochlear implants or conventional acoustic hearing aids. The costs and benefits associated with conventional best practice (non-auditory support in combination with an acoustic hearing aid if deemed necessary) were also estimated using a version of the same model. The costs and benefits of giving users already familiar with the technology an additional device were also estimated using a variation on the original model.

Model structure

The model has a two-level hierarchical structure with the higher level (as depicted in *Figure 5*) primarily reflecting the pathways by which people come to have either one, two or no cochlear implants. The lower level contains the various clinical and device-related events that might occur for those people in the model who are cochlear implant users, such as internal device (electrode) failures, external device (coil and speech processor)

TABLE 41 Treatment scenarios used in the PenTAG model

Population (starting cohort in model)	Treatment strategies (policies) to be compared	Assumptions about possible pathways following treatment strategy
People with profound deafness and who have no cochlear implants and use acoustic hearing aid(s) as necessary	Continue life without a cochlear implant	Continue using acoustic hearing aids as required for most of remaining life (except when age-related worsening of hearing causes their gradual non-use)
	Add a cochlear implant in one ear; (other ear remains as before or with bilateral hearing aid if it improves hearing in combination with the implant)	No possibility of upgrade to bilateral cochlear implant
	Add two cochlear implants in close succession (e.g. within 1 year) for those who might benefit (sequential bilateral implantation), or one in those for whom two implants is not indicated	No possibility of upgrade to bilateral cochlear implant (for those previously judged clinically ineligible) Possible failure and explantation of second implant
	Add two cochlear implants during the same operation (simultaneous bilateral implantation)	No possibility of upgrade to bilateral cochlear implant (for those previously judged clinically ineligible) Possible failure and explantation of second implant
People with profound deafness and who have one cochlear implant (a hearing aid in the other ear if required)	Continue life with one cochlear implant and a hearing aid in the other ear if necessary	No possibility of upgrade to bilateral cochlear implant in the future
	Add a cochlear implant in second ear	Possible failure and explantation of second implant

failures and major postsurgical complications (primarily wound infections and revisions).

Figure 6 shows the main Markov states for users of cochlear implants and Table 42 shows all of the Markov states used in the PenTAG model.

A two-state Markov model (individuals are either alive or not) is used to simulate living without a cochlear implant, with the cost of the only key event for this group – replacement of acoustic hearing aid – being estimated.

Relevant population(s)

The population used in all base-case analyses is people who are profoundly deaf. Adults (18 years old) and children (< 18 years old) are modelled separately. Children are assumed to have been implanted before the onset of speech development (i.e. prelingually). Profoundly deaf children who were implanted at a later stage of childhood do not form part of the base-case analyses and are assessed separately using a scenario analysis. The gender and clinical characteristics of each of the cohorts reflect those of the general population.

As discussed in Chapter 1 (see Criteria for candidacy for cochlear implantation), candidacy is measured in clinical settings using functional rather than purely audiological measures. However, the model population is based on profound deafness. This is because, with the exception of the study by Summerfield and colleagues,⁶² the studies used as the sources for model utilities recruited participants based on their audiological rather than functional hearing ability. We acknowledge that this does not mean that the profoundly deaf are a homogeneous group, but we are constrained by the available data from using functional ability, which would more accurately reflect clinical practice.

Age at implantation

A mean implant age of 50 years was used for all postlingually deafened adult cohorts. Prelingually deafened children are assumed to be implanted at 1 year of age. A non-reference case analysis of children implanted at age 8 is also conducted (although separate utility gain estimates for postlingually deafened children are not available).

Simulation

For each comparator, single birth cohorts of either adults or children were modelled independently

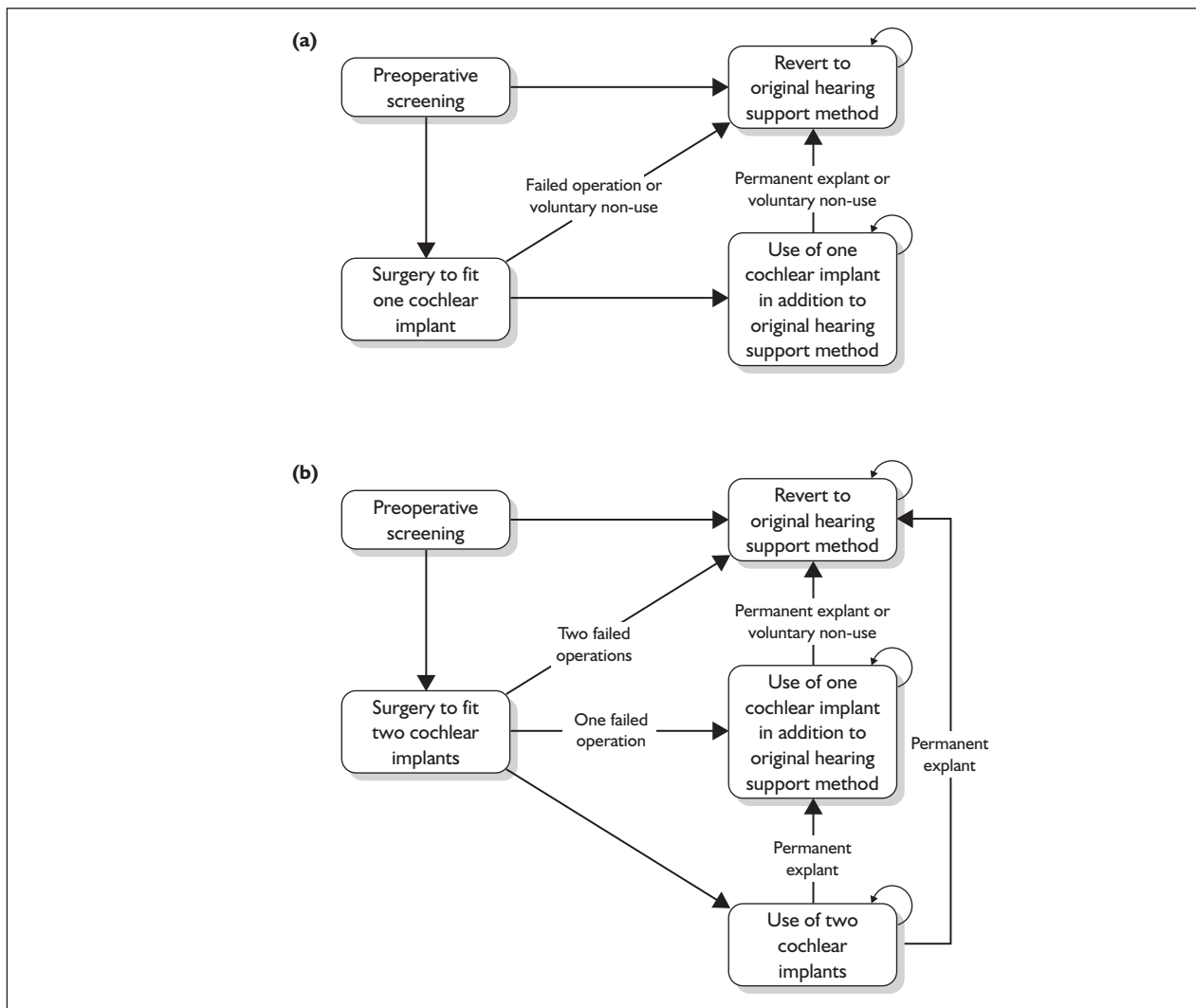


FIGURE 5 Main care pathways in the model for (a) unilateral implantation and (b) bilateral implantation.

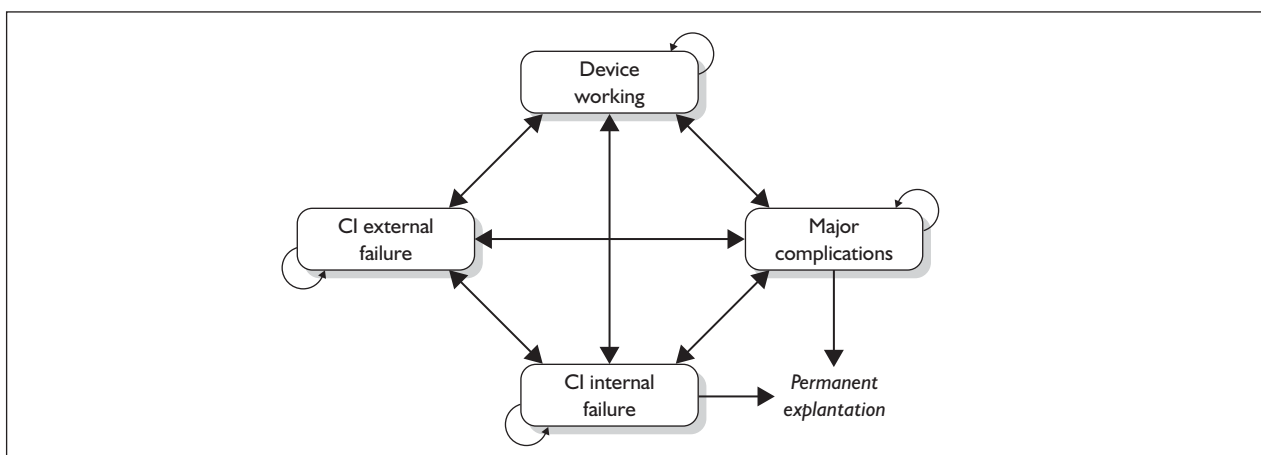


FIGURE 6 States and allowable state transitions corresponding to use of a single cochlear implant (CI). Note: In addition to the transitions shown, all those with a cochlear implant may become implant non-users voluntarily (modelled as a one-off risk after several years' use).

TABLE 42 All Markov states used in the PenTAG model

Markov state(s)	Description
No cochlear implant	Individuals not using any cochlear implants (i.e. using acoustic hearing aids, lip-reading, sign language, etc.)
Preoperative assessment	Implant candidate undergoes a period of preoperative screening to assess whether they are (1) suitable for and (2) ready for implantation
Implantation surgery (unilateral)	Individuals undergo procedure to have a cochlear implant fitted
Implantation surgery to have first of two scheduled implants	Individuals scheduled to receive two cochlear implants undergo procedure to have the initial device implanted
Surgery to have second of two scheduled implants	Individuals scheduled to receive two cochlear implants undergo procedure to have second device implanted. Initial operation successful
Surgery to have second of two scheduled implants (operation for first ear failed)	Individuals initially scheduled to receive two cochlear implants undergo procedure to have second device implanted. Initial operation unsuccessful
Surgery to have two implants implanted simultaneously	Individuals have two cochlear implants fitted during a single procedure
Failed initial operation (if scheduled for two)	Failed initial operation in individuals scheduled to receive two cochlear implants
Cochlear implant working	All fitted cochlear implant(s) and acoustic hearing aids working. No adverse events (other than minor wound problems, which are successfully treated with antibiotics)
Major complication	Individuals experience a major complication as a result of having a cochlear implant, which requires some form of reoperation. Such reoperations may include wound revision, reimplantation following wound-related problems or repositioning of electrode
Internal failure	Individuals experience a problem with the internal component of a cochlear implant device requiring some form of reoperation
External failure	Individuals experience a problem with the external component of a cochlear implant, which needs to be replaced
Death	Death

and results used to produce a deterministic ICER (i.e. using best point estimates for each input parameter). A cycle length of 6 months was used to suitably capture the complexity of the process and to maintain flexibility in the model. The impact of running the model using different time horizons was assessed in sensitivity analysis.

Policy comparisons

The primary research questions investigated in this report are listed in *Table 43*.

Even though, strictly, ‘no cochlear implantation’ should be compared with three main policy comparators – unilateral cochlear implantation and both types of bilateral implantation (simultaneous and sequential) – we have chosen to break down the decision problem into simpler pairwise comparisons. This is for two main reasons. First, in terms of both costs and effectiveness, unilateral cochlear implantation is inherently intermediate between having no cochlear implant and having two. Second, the current dominant de facto clinical

practice in the NHS for the patient groups in our reference case analyses is unilateral implantation. It therefore makes sense to examine the cost and QALY implications of changing policy from this current standard clinical practice.

In addition, we have chosen not to present a head-to-head formal comparison of simultaneous versus sequential bilateral implantation. This is primarily because the difference in QALY gains between these two strategies is entirely due to the difference in age at implantation (and hence life expectancy) when the second implant is put in, rather than to any known difference in the effectiveness between the two strategies of bilateral cochlear implantation. To be consistent with NICE’s principles for the use of social value judgements about age in the development of NICE guidance (Principle 6²⁰²) – and in the absence of reliable clinical evidence that outcomes such as speech perception and quality of life are different between children implanted by each method – then any modelled difference in QALY gain

TABLE 43 Research questions investigated in the assessment report

Description of question	Patient groups in reference case analyses
Compared with no cochlear implantation, is unilateral cochlear implantation cost-effective in people currently using only conventional best practice (non-acoustic support in combination with an acoustic hearing aid as required)?	Prelingually deafened children and postlingually deafened adults
Compared with unilateral cochlear implantation, is simultaneous bilateral cochlear implantation cost-effective in people currently using only conventional best practice?	Prelingually deafened children and postlingually deafened adults
Compared with unilateral cochlear implantation, is sequential bilateral cochlear implantation cost-effective in people currently using only conventional best practice?	Prelingually deafened children and postlingually deafened adults

between sequential and simultaneous bilateral implantation should be ignored as purely resulting from the difference in age (and life expectancy) at implantation.

Furthermore, although there is a difference in the surgical procedure costs of simultaneous versus sequential bilateral implantation, these are small compared with the initial device hardware and other maintenance costs involved.

Transition probabilities

Transitions between individual states used in the Markov model are driven by a sequence of probabilities. In the PenTAG model there are occasions when there are multiple pathways to leave a particular health state and arrive in another. All of these possible pathways must be incorporated into the transition probability used to capture such a move. This is achieved using probability trees.²⁰⁰ A selection of the probability trees used to generate the PenTAG model are shown in Appendix 9.

Replacement of acoustic hearing aids

Although the approximate proportion of hearing aid users in the overall underlying population of profoundly deaf individuals is known, information on subgroups of profoundly deaf individuals who either do or do not gain benefit from acoustic hearing aids was not identified. The PenTAG model, therefore, does not subdivide non-cochlear implant users on the basis of acoustic hearing aid use.

In relation to the chosen cycle length (6 months), the ease and low cost of replacing an acoustic

hearing aid means that the period of time for which an individual is without any acoustic support is minimal following the failure of an acoustic hearing aid. The impact on health states in terms of a reduction in health-related quality of life is therefore also minimal. Consequently a separate health state is not needed to represent acoustic hearing aid replacement and so it can be modelled purely as a cost. During each cycle the number of individuals incurring this cost is based on the underlying proportion of each cohort who are hearing aid users and the probability of device failure.

Model assumptions

A number of assumptions underpin the base case of the model; these are simplifications of real life so that the model is not overly complex but contains sufficient detail to capture key events in the decision process. In the absence of citable sources of research evidence they are based mainly on expert input from our expert advisory group (Table 44).

Time horizon

The model uses a lifetime time horizon; cohorts are followed until death (defined as less than one person alive). The effects of imposing fixed time horizons on the base case ICER are explored in sensitivity analyses.

Discount rates (costs and benefits)

In accordance with Treasury advice, costs and benefits were discounted at an annual rate of 3.5%.²⁰¹

TABLE 44 Main base-case model assumptions

Assumption	Comments
All reimplants occur in the same ear from which the device was temporarily explanted	Loss of all residual hearing is not automatic post implantation
Any complication that occurs during any particular cycle is assumed to affect only one ear. Equally, only one ear can experience a major complication during any particular cycle	Adverse events are rare and therefore the chances of problems in both ears within one cycle are minimal
There is no significant difference in aggregate lifetimes of the internal components of the cochlear implants between manufacturers	Long-term safety data not collected for more recent devices. When aggregated over all devices offered no one company appears to have a significantly better range than any other
Use of either a cochlear implant or an acoustic hearing aid does not alter life expectancy	Initial implant operation is safe, risk of meningitis is not significantly different to that in the general population and device-related side effects do not significantly impact on mortality
All initial operations to fit a cochlear implant are successful	Rates of abandonment discussed in Chapter 5 (see Non-use of devices) are very low
Death from any state involving surgery is the same as for states not involving surgery	Death rate attributable to general anaesthesia extremely low
Meningitis not included in the patient pathway	Risk of meningitis in the general population extremely low. Changes to general preoperative practice mean rates in cochlear implant users also very low ^a
Individuals who gain benefit from acoustic hearing aids receive them	As is the case in general clinical practice
Failure rates for cochlear implants (both external and internal) do not vary significantly between manufacturers	Cochlear implants as a health technology is being modelled. No distinction between products made
Of those people who are lifelong acoustic hearing aid users, in the absence of cochlear implants, 50% will use two acoustic aids and the remaining 50% one acoustic aid	Broadly reflects clinical practice
Individuals that enter the preoperative screening stage but do not go on to receive an implant only incur 25% of the costs of those who do go on to receive an implant	Broadly reflects clinical practice
Major complications occur sooner rather than later. Rate for the first year is ten times higher than the rate used in the rest of the model	Broadly reflects clinical practice

a Although meningitis is not included in the base case it will be included in sensitivity analyses (see Chapter 5, Meningitis, for more details).

Model parameters

Cohort characteristics

Gender distribution

Hospital Event Statistics (HES) have reported cochlear implantation as a distinct category [Healthcare Resource Group (HRG) C60 ‘Cochlear implants’] since 2003/4.

Table 45 shows the number of finished consultant episodes for males and females during the period 2003–6 as well as the average over this period. The data corresponds to HRG v3.5 category C60 and represents the totals for all English strategic health authorities.

Using the 0–14 years category for children, on the basis of the 3-year averages, the male–female

ratio is approximately 52:48. A similar calculation can be performed using the age 15+ category as a proxy for adults. The resulting male–female ratio is approximately 41:59.

Starting ages

Children

ICERs for two distinct profoundly deaf paediatric subgroups are produced: a base case for those who enter the model at age 1 year; and an older group of children, mean age 8 years (90% of whom are prelingually deafened^{21,192}), whose results are explored using scenario analysis. These ages were chosen to reflect the earliest age currently implanted by the NHS and the mean age of a subgroup of older children implanted after the age of 4 years in the study by Barton and colleagues¹⁹² and further investigated by Stacey and colleagues.²¹

TABLE 45 Cochlear implant finished consultant episodes 2003–6

Age category (years)	2003/4	2004/5	2005/6	Average
Males				
0–14	120	143	141	134.67
15–59	60	62	42	54.67
60–74	28	33	28	26.67
75+	11	2	6	6.33
All ages	219	240	217	225.33
Ages 15+	99	97	76	90.66
Females				
0–14	120	111	133	121.33
15–59	86	91	102	93.00
60–74	27	20	33	26.67
75+	6	8	14	9.33
All ages	239	230	282	250.33
Ages 15+	119	119	149	129

Adults

In a UK-based cost-effectiveness analysis the UKCISC³³ analysed data from 311 individuals implanted between 1997 and 2000. The mean implant age was 50.8 years (range 16–82 years). This value is similar to that in a study by Summerfield and colleagues¹⁶⁵ of all UK implantees who received their devices before 2002. The median age of implantation amongst the 1779 adults was 51.5 years (interquartile range 39.4–63.6 years). HES also reports the mean age corresponding to each category in *Table 45*. Taking the 3-year average, and using the gender proportions calculated above as weights, the average age for a finished consultant episode for adults (aged 15 or over) is 49.7 years.

On the basis of this we have used a starting age of 50 years for all adult cohorts. The effect on all pairwise comparisons of changing this starting age is explored in sensitivity analyses.

Severity of baseline hearing impairment

In all base-case analyses individuals are assumed to be profoundly deaf (average hearing level in better ear of > 95 dB). The cost-effectiveness of cochlear implantation in severely deaf individuals is not presented as there are no published utility gain values for this subgroup of cochlear implant recipients, and no studies that would allow them to be reliably estimated.

Benefit from acoustic hearing aids

It was not possible to generate separate parameter values for implant users who would otherwise have been users of either acoustic hearing aids or non-acoustic support because of the lack of research reporting whether hearing aids were used.

We have therefore chosen to match the underlying baseline populations used in each of the cohorts to the real-world situation faced by audiologists. Therefore, we have assumed that, in the absence of cochlear implants, 50% of profoundly deaf individuals will gain benefit from hearing aids (2007, personal communication with expert advisory group).

Event probabilities

Unsuccessful candidacy

No published information on the current UK situation was found; however, clinical opinion suggests that around 20% of paediatric and 30% of adult referrals do not go on to receive an implant (Professor Quentin Summerfield, University of York, 2007, personal communication). These values have been used in all model cohorts.

Background mortality

The most up-to-date life tables (2003–5) produced by the UK government actuarial department²⁰³ were consulted for gender-specific annual values for inhabitants of England and Wales. Equivalent

cycle values were generated and combined using the proportions above to derive the required parameter values.

Rare adverse events

By definition mathematical models are simplifications of reality and, as such, decisions about what not to incorporate into the model have to be made. In representing the patient pathway experienced by cochlear implant users the following events were deemed 'rare' and were therefore not included in the base-case analysis: abandoned initial implant procedures, surgical death and the likelihood of contracting meningitis.

For people scheduled to have sequential bilateral implantation, a proportion of candidates may forego the second operation and remain as users of either one cochlear implant or, if the first operation failed, no implants. This event has also been classified as rare and not included in the base-case analysis.

The effect of introducing these variables is explored in sensitivity analyses.

Number of acoustic hearing aids used

All potential implantees (adults or children) are normally provided with two acoustic hearing aids before implantation as part of the assessment process. We have assumed that, in the absence of cochlear implants, of individuals who showed signs of benefiting from these devices, 50% will remain using two acoustic hearing aids and the remaining 50% will use only one acoustic hearing aid.

Furthermore, the assumption has been made that 70% of adults and 80% of children who undergo unilateral implantation use a contralateral acoustic hearing aid (2007, personal communication with members of the expert advisory group]. Clearly, no one who receives bilateral implants continues to use an acoustic hearing aid.

Expected lifetime of an acoustic hearing aid

In an assessment of best practice standards for adult audiology published in 2002²⁰⁴ the Royal National Institute for the Deaf (RNID) stated that the 'full patient journey' (assessment, fitting and follow-up) should reoccur every 3 years with an upgrade in technology. Currently, independent sector contracts use a patient journey of 5 years (Jonathan Parsons, Consultant Clinical Scientist, Clinical Director of Audiology, East, Mid Devon and Exeter Area, 2007, personal communication).

The assumption has been made that these contracts rather than the guidelines produced by the RNID reflect current practice within the NHS. Therefore, the lifetime of a conventional acoustic hearing aid has been assumed to be 5 years. All individuals in the model who are still alive and users of acoustic hearing aids are given new devices every 5 years.

Failure and replacement of cochlear implant external components

In the absence of any published data, information from the Advanced Bionics submission was used to generate a parameter estimate. This submission reported that around 12% of Auria processors required replacing over a 1-year period. This value was also used in their economic evaluation. Assuming a constant hazard, the expected lifetime of the external components is approximately 7.8 years. The values used in the model are summarised in *Table 46*.

Failure and replacement of cochlear implant internal components

Analysis of internal device reliability is usually presented in the form of cumulative survival graphs.^{176,180,205} Such graphs show the proportions of devices fitted that survive to a particular time point.

Conboy and Gibbin¹⁷⁹ present results relating to the reliability of 377 paediatric implantations carried out as part of a UK programme between 1989 and 2002. Data on the number of implants for each year as well as cumulative device survival are reported. Overall, 94.3% of devices survived to 7 years and 90.0% to 13 years.

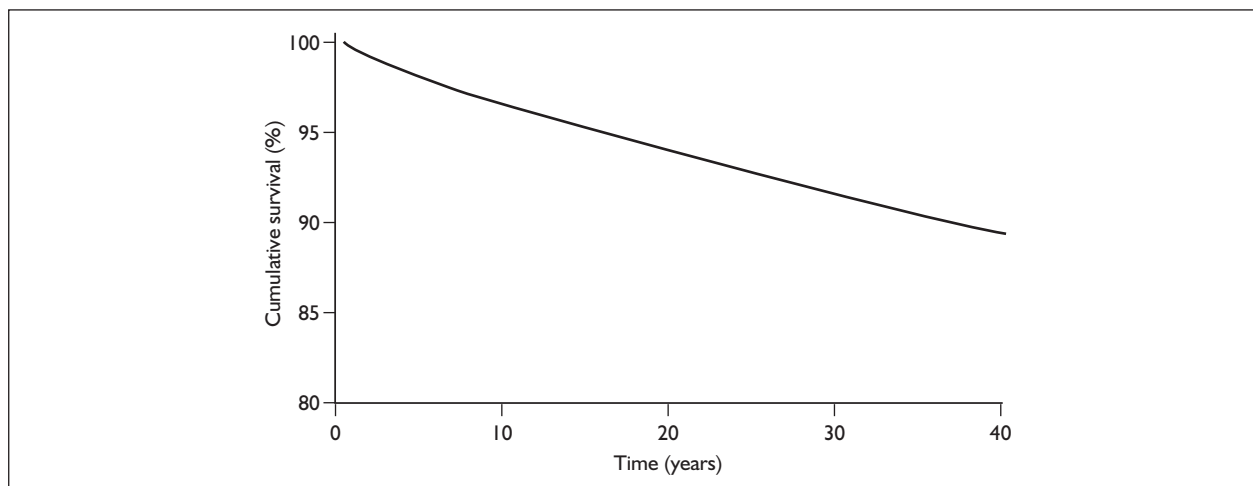
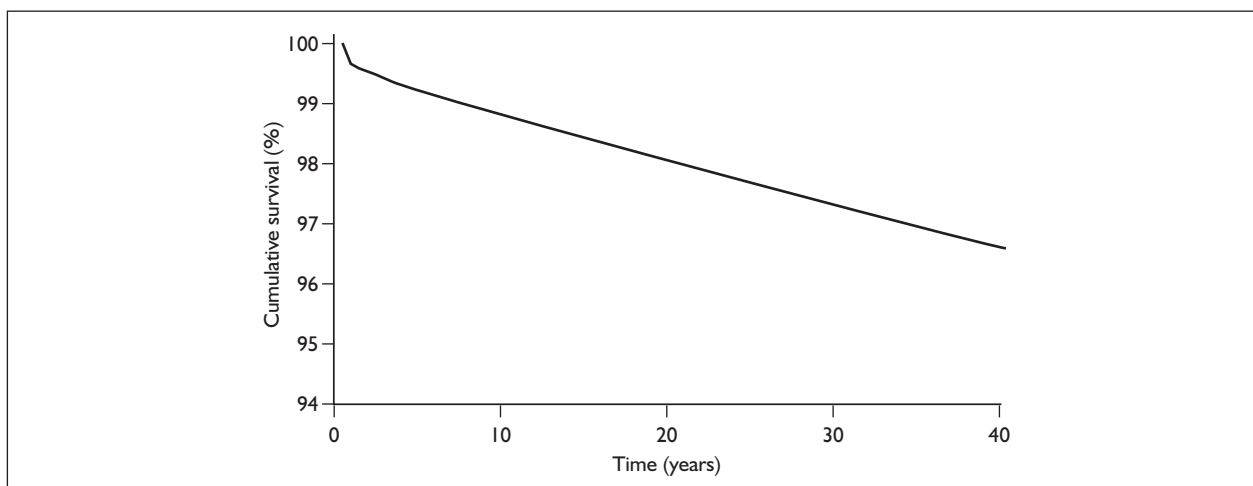
The Cochlear Europe submission presented information about the number of devices given to children and the cumulative survival for several different devices. The information was correct as of 30 June 2006 and each graph in the submission represents a different type of Nucleus[®] device based on the receiver/stimulator.

Information was pooled from both of these sources to generate a survival curve that is representative of all cochlear implant devices currently in use. The resulting curve is shown in *Figure 7*. The time-dependent probability for internal device failure was calculated from the cumulative survival values using standard formulae.²⁰⁶ The construction of this curve is explained in detail in Appendix 10.

The same process can be undertaken to generate a combined survival curve for internal failure for

TABLE 46 Parameter estimates for the probability of cochlear implant external component failure in the PenTAG model

Parameter	Submodel	Annual value	Source
Annual probability of failure and replacement of external component of a cochlear implant	All adult submodels; all child submodels	0.12	Advanced Bionics submission (based on company data for failure rates of external and internal components)

**FIGURE 7** Cumulative survival for internal components in cochlear implants worn by children.**FIGURE 8** Cumulative survival for internal components in cochlear implants worn by adults.

cochlear implants worn by adults. *Figure 8* shows the resulting survival curve.

Major complications

In the PenTAG model a major complication refers to any adverse event that is not related to device failure and which results in some form of reoperation. As discussed in Chapter 2 only four studies were identified that contained enough

information to derive estimates of the likelihood of an event during a model cycle. The relevant information is summarised in *Table 47*.

On the basis of information presented in the study by the UKCISG (*Figure 3*, p. 317) the consequences of our definition mean that the vast majority of major complications are wound related. These require wound revision, electrode replacement

TABLE 47 Major complications associated with cochlear implant use in the first year post implant

Study	n	Cumulative follow-up (patient-years)	No. events
MED-EL (for FDA) 2001 ¹²⁵	106 adults	59.4	1
	82 children	44.4	3
Proops 1999 ¹⁶¹	116 implants in adults	117 ^a	1
Dutt 2005 ¹⁶²	122 implants in adults	32.5 ^a	1
UKCISG 2004 ⁵³	311 adults	233 ^a	14 ^b

a Estimated from information presented in paper.
b In this study all 311 adult patients were followed up for 9 months and, of the 27 patients with adverse events, six were electrode related and a further seven were wound related but only requiring antibiotics, leaving 14 who had wound-related problems requiring some kind of reoperation.

and, more rarely, device explantation followed by implantation of the other ear. On the basis of this we have assumed that it was inappropriate to use the same event probability during each cycle and instead have used one probability for major complications during the first year post surgery and another for all years thereafter.

Of the studies in *Table 47* two^{53,125} have an average per individual follow-up period of less than 1 year and the remainder report the number of events that occur within the first year. Therefore, the weighted average of the complication rates for these studies can be used to derive a cycle probability for the first year post implantation. Although Dutt and colleagues¹⁶² and Proops and colleagues¹⁶¹ both follow groups of patients for longer than 1 year, not enough information is presented to calculate the probability of major complications after the first year. Therefore, we have simply assumed that the long-term probability is a tenth of the year 1 probability. The values used in the model are summarised in *Table 48*.

Permanent elective non-use

To incorporate information on elective non-use (reported in Chapter 2, Non-use of devices) we have assumed a trial period during which individuals use their devices before deciding whether to continue or not. We have therefore made the assumption that all non-use occurs after 2 years (i.e. at the start of the third year). Thereafter, all remaining users are assumed to use their implants fully (*Table 49*).

Device explantation without reimplantation

Because of the small number of studies that report these results for adults and children, the small

numbers of events and the wide range of values, the assumption that the probability of permanent removal is the same for adults and children has been made. The value derived from data presented in *Table 35* has therefore been applied throughout the model.

Sequential bilateral implantation

Conditional on successful assessment, individuals in the cohort used to model sequential bilateral implantation have two operations scheduled. In a UK-based multicentre study by Verschuur and colleagues¹⁵¹ of 20 individuals who underwent sequential implantation, the mean delay between the two operations was 35 months. The interval used in the model is therefore 3 years.

A summary of the PenTAG model parameters, values and sources is presented in *Table 50*.

Resource use estimation

Costs for cochlear implant model

The costs for the model can be broadly divided into those applicable to Markov states in the model (or stages in the clinical pathway) or to events that occur within states or when moving between states.

We have made particular use of the two recent and large UK-based studies that have evaluated the resource use and costs associated with paediatric and adult cochlear implantation: Barton and colleagues⁵⁵ for paediatric costs and UKCISG⁵³ for adult costs.

In the UKCISG study⁵³ in adults, costs were assigned to 316 severely to profoundly hearing-impaired postlingually deafened adults who

TABLE 48 Summary of parameter values used to model major postsurgical complications in the PenTAG model

Parameter	Submodel	Annual probability	Source
Probability of a major complication when using unilateral implants	All adult submodels; all child submodels	Year 1: 0.041	Derived from pooled average of rates for adults and children reported in FDA report for COMBO 40+ system, 124 Dutt 2005164 and Proops 1999163
		Year 2+: 0.004	Assumed to be 1/10 of the value used in year 1
Probability of a major complication when bilateral implants are implanted simultaneously	All adult submodels; all child submodels	Year 1: 0.082	Assumed to be twice the value for one device
		Year 2+: 0.008	
Probability of a major complication when bilateral implants are implanted sequentially	All adult submodels; all child submodels	Year 1: 0.041	Combination of values for unilateral and bilateral implant use applied to this particular cohort
		Year 2–3: 0.004	
		Year 4: 0.045	
		Year 5+: 0.008	

TABLE 49 Probability of voluntary non-use in the PenTAG model

Parameter	Submodel	Cycle	Value	Source
Probability of voluntary non-use of a functioning cochlear implant	All adult submodels; all child submodels	1–4	0.00	Modeller assumption
	All adult submodels; all child submodels	5	0.0236	Weighted average of values presented in Ray 2006 ¹⁷¹ for adults and children
	All adult submodels; all child submodels	6+	0.00	Modeller assumption

had received multichannel cochlear implants in 13 hospitals in the NHS between June 1997 and May 2000. The costing method is described more fully in the paper but, briefly, in relation to assessment and rehabilitation, costs included 'costs incurred in providing acoustic hearing aids when assessing the suitability of a subject for cochlear implantation'. These resources were 'identified and valued in consultation with audiologists'. The analysis also included the 'core cost of providing an implant'. This involved identifying, measuring and valuing the resources used in each of five NHS hospitals (using data on salaries of staff; salary overheads; accommodation of cochlear implantation programme; incidental running costs of the cochlear implantation programme; costs of capital equipment, radiology and surgery; cost of a 72-hour inpatient stay; cost of implant hardware). First, the costs due to salaries, salary overheads, accommodation, running costs and

capital equipment were based on retrospective records of the five NHS hospital programmes since their inception up until March 1999. Second, for each of these programmes a profile of patient care was identified, that is, the pattern of appointments with different clinical professionals and the duration of those appointments during different phases of assessment and postimplantation care. Third, information from steps one and two were combined to arrive at an average cost per contact hour, projected (because they declined during the 1990s) to a 2001/2 value. Monthly contact time costs were then aggregated by treatment phase (e.g. assessment, tuning). Finally, specific procedure or test costs (e.g. preoperative imaging, surgical session, postoperative radiography, implant system, spares and repairs) were estimated in consultation with clinicians and hospital accountants. The cost of the hospital stay for implantation was also included in this last costing step.

TABLE 50 Summary of the PenTAG model parameters, values and sources

Parameter (short description)	Base-case value	Source	Justification
Time horizon	Lifetime	NICE requirement	All cohorts modelled until death regardless of starting age
Annual discount rate	3.5%	UK Treasury recommendations ²⁰¹	Value applied to costs and utilities
Starting age (adults)	50 years	Hospital Event Statistics (HES) database (2003–6)	3-year weighted average for Healthcare Resource Group (HRG) C60 finished consultant episodes
Starting age (children)	Prelingually deafened: 1 year; older profoundly deaf: 8 years	Barton 2006, ¹⁹² Stacey 2006 ²¹	Prelingual value chosen to reflect current clinical practice
Gender distribution (children)	Male: 52%; female: 48%	HES database (2003–6)	3-year weighted average for HRG C60 finished consultant episodes
Gender distribution (adults)	Male: 41%; female: 59%	HES database (2003–6)	3-year weighted average for HRG C60 finished consultant episodes
Proportion of candidates for cochlear implantation who gain benefit from acoustic hearing aids	50%	None	Personal communication (2007) with expert advisory group; assumed to be the same for adults and children
Proportion of unilateral cochlear implant users using contralateral acoustic hearing aids	Adult: 70%; children: 80%	None	Personal communication (2007) with expert advisory group
General mortality	Age dependant	UK government actuarial department life tables ²⁰³	Age-specific values for men and women pooled using relevant gender distribution
Proportion of initial referrals not undergoing an operation to fit a cochlear implant	Adults: 30%; children: 20%	None	Personal communication (Professor Quentin Summerfield, 2007)
Probability of surgical death	0	NA	Classified as a rare event and therefore not included in base-case analysis
Proportion of initial procedures abandoned during implant operation	0%	NA	Classified as a rare event and therefore not included in base-case analysis
Mean lifetime of an acoustic hearing aid	5 years	None	Based on personal communication (Jonathon Parsons). Value used for length of patient journey in independent sector contracts. Assumed same for NHS
6-month probability of cochlear implant external component failure (unilateral)	0.062 (adults and children)	Value for annual replacement taken from industry submission	Assumed same for adults and children
6-month probability of cochlear implant external component failure (bilateral)	0.124 (adults and children)	None	Assumed to be twice the value derived for unilateral use
6-month probability of cochlear implant internal component failure (unilateral)	Time dependant (different values for adults and children)	Kaplan–Meier curves reported in industry submission for a variety of devices	Reported curves approximated using functions. Weighted average of functions used to generate failure probability

Parameter (short description)	Base-case value	Source	Justification
6-month probability of cochlear implant internal component failure (bilateral)	Time dependant (different values for adults and children)	None	Assumed to be twice the value derived for unilateral use
6-month probability of major complication (unilateral)	Year 1: 0.02 (adults and children) Year 2+: 0.002 (adults and children)	Combo 40+ FDA submission 2001; ¹²⁵ Proops 1999; ¹⁶¹ Dutt 2005 ¹⁶² None	Weighted average of adult and children values applied to all models Assumed to be 1/10 of the year 1 value
6-month probability of major complication (simultaneous bilateral)	Year 1: 0.041 (adults and children); year 2+: 0.0041 (adults and children)	None	Assumed to be twice the value derived for unilateral use
6-month probability of major complication (sequential bilateral)	Year 1: 0.041; years 2-3: 0.004; year 4: 0.045; year 5+: 0.008	None	Combination of values for unilateral and bilateral implant use applied to this particular cohort
Additional risk of meningitis in cochlear implant users compared with the general population	0% (adults and children)	NA	Risk in cochlear implant users assumed to be not significantly greater than the risk in the general population
Additional risk of death from meningitis compared with background death probability in cochlear implant users	0% (adults and children)	NA	Probability of death from meningitis assumed to be the same as the age-specific background death value for cochlear implant users
Probability of voluntary (permanent) non-use of implants	2.36% of cochlear implant users stopping at the end of 2 years; full compliance before and after assumed	Weighted average of values presented in Ray 2006 ¹⁷² for adults and children	Insufficient evidence to justify a more complex pattern of non-use
Probability of non-reimplantation of cochlear implant internal component during any surgical procedure	0.115 (adults and children)	Dutt 2005; ¹⁶² Ray 2004; ¹⁵⁸ Bhatia 2004; ¹⁵⁹ Balkany 1999; ¹⁷³ Stratigouleas 2006; ¹⁷⁴ Lassig 2005 ¹⁷⁵	Pooled value applied to all models
Interoperative period between sequential bilateral operations	3 years (adults and children)	None	Modeller assumption + expert advisory group
Proportion of bilateral candidates choosing not to have second operation	0%	None	Best case scenario assumed (100% uptake)

For the costs of paediatric implantation Barton and colleagues⁵⁵ summarise how various categories of resource use were measured and valued in their study to estimate costs incurred in the 1998/9 financial year in all 16 UK hospitals that provided cochlear implants to children at that time. Resource use categories included were staff, accommodation, equipment, incidentals (e.g. office supplies, travel and conferences), inpatient care, implant device and adverse events. Data were obtained from the clinical coordinator of each programme by questionnaire, telephone calls, e-mail and a face-to-face interview. This included developing a description of the profile of care (pattern and length of clinical appointments) for paediatric implant recipients. The clinical case notes of the first 909 children implanted in the UK also fed into this costing exercise, as well as the annual survey of UK cochlear implantation programmes (conducted since 1991).

Tables 51 and 52 show the main data that we have used from these two studies and how we have calculated the relevant parameter values.

In addition, data presented in Figure 3 of the UKCISG study⁵³ was used to estimate the cost of major postsurgical complications (which are mostly wound related, see below).

We have sought input from the current membership of the BCIG and they have assured us that in nearly all respects the pattern of care in UK implant centres, both before and after cochlear implantation, is still very similar to that when these costing studies were carried out.

States in the model

Candidacy/assessment for implantation

Candidacy or assessment costs are all NHS costs incurred between referral to a cochlear implant centre and the day of the implant operation. We used the converted and inflated costs reported in the published studies, as in Tables 3 and 51.

First implantation (unilateral cochlear implant)

The mean NHS cost for 'implantation of intracochlear prosthesis' or 'implantation of extracochlear prosthesis' has the HRG code of C60. The National Schedule of Reference Costs (NSRC) 2005/6 cost of this inpatient episode is £18,005. However, the NHS Supply Chain agency has also provided us with detailed data on the prices currently paid by the NHS under an

NHS purchasing contract for cochlear implants. Depending on the exact cochlear implant model and manufacturer, these prices (for 'applicable national price bands') vary from £12,250 to £15,550 for single implant systems. Within this contract (for one manufacturer's products) there is also a single price for two full implant systems for bilateral implants of £18,375.

There is therefore a choice between using the NSRC cost for the HRG code for cochlear implants and using separate estimates for the costs of the devices and the costs of preoperative, operative and perioperative procedures and care. To retain more flexibility we have decided to use current device costs as provided by the NHS Supply Chain and the converted and inflated costs from the two UK costing studies described above.

All but one of the cochlear implant systems are for use in either children or adults. One of the DIGISONIC products from Neurelec is intended only for use in children under the age of 3 years.

In children

In children the price of a cochlear implant system used in the model is the mean cost of the nine devices in the NHS Supply Chain purchasing contract (£14,611), plus the cost of the implantation procedure and hospital stay (£3480) derived from the Barton and colleagues study.⁵⁵

In adults

In adults the price of a cochlear implant system used in the model is the mean cost of the nine devices in the NHS Supply Chain purchasing contract (£14,611), plus the cost of the implantation procedure and hospital stay (£2814) derived from the UKCISG study.⁵³

Bilateral cochlear implantation

In the reference case analysis we assume that bilateral implantation requires two complete (unilateral) cochlear implant systems and therefore the device costs are twice the device costs of a unilateral implant. However, it is current practice for all four of the manufacturers that sell cochlear implant systems to the UK NHS to offer price discounts when two systems are being implanted in the same person (information supplied by manufacturers and also suggested in the joint submission to NICE from BAA/BCIG/ENT UK). Nevertheless, the continued presence and size of these discounts in the future is impossible to guarantee and so we have decided initially to assess the technology on the basis of those prices that are

TABLE 51 Costs of adult cochlear implantation

Type of costs	2001/2 (€)	2001/2 (£)	2005/6 (£)	2005/6 (£ less repairs)
First year of care: assessment	5286	3432	4011	4011
Implantation: excluding hardware	3709	2408	2814	2814
Second year of care: tuning	6935	4503	5262	5000
Third year of care: maintenance	1397	907	1060	798
Fourth year of care: maintenance	1341	871	1018	756
Future years: maintenance	1135	737	861	599

Source: Table 3 from UKCISG.⁵²

TABLE 52 Costs of paediatric cochlear implantation

Cost type/stage of use	2001/2 (€)	2001/2 (£)	2005/6 (£)	2005/6 (£ less repairs)
Assessment	3743	2433	2843	2843
Implantation: excluding hardware	4582	2978	3480	3480
'Tuning' (first year post implantation)	12,044	7829	9148	9148
First year of maintenance	6209	4036	4716	4184
Second year of maintenance	4792	3115	3640	3107
Each subsequent year	2497	1623	1897	1364

Source: Table 2 from Barton *et al.*⁵⁴

contractually agreed with the NHS (via the NHS Supply Chain).

Therefore, for both simultaneous and sequential bilateral implantation, the device costs are twice those for a single implant system (£14,611 × 2 = £29,222). The cost of the implantation procedure and hospital stay is assumed to be incurred twice for sequential cochlear implantation (£5628 in adults, £6960 in children, derived from the two previous UK costing studies^{53,55}). However, although for simultaneous bilateral implantation only one surgical procedure and hospital stay is required, we assume that these costs are 50% higher than for unilateral implantation (£4221 in adults, £5220 in children), mainly because of the additional time in surgery.

With regard to preimplantation assessment costs we assume that for either simultaneous or sequential bilateral implantation these costs are incurred only once and at the same level as for unilateral implantation. However, the cost of tuning and rehabilitation (in the first year after implantation) is assumed to be incurred after each implantation

operation and is therefore incurred twice for sequential implantees. The long-term costs of routine maintenance (4+ years post implantation) are assumed to be the same whether people have one or two cochlear implants, although the risks of device failures and major complications are doubled in those using two implants (see below).

Device tuning and other early postimplantation costs

In the first year after a successful operation to implant a cochlear implant the recipient requires various specialist appointments during which the devices themselves are adjusted and the person is further assessed and 'trained' to maximise their capacity to benefit from the implants, for example in terms of speech perception and other goals.

We have used the costs of tuning and other care in the first year post implantation from the two recent UK-based studies,^{53,192} as cited at the beginning of this section. After inflation and conversion to 2005/6 UK pounds these NHS care costs in the first year after implantation are £9148 in children and £5000 in adults.

Routine maintenance costs

The routine costs of device maintenance used are those derived from the two previous UK costing studies^{53,55} (from year 4 onwards post implantation: £1364 per year for children and £599 per year for adults). The only exception is that, in generating cost–utility ratios for all paediatric subgroups, the model assumes that children will at some point incur the lower annual costs of device maintenance and hearing support which adults experience. In our model, from the age of 16 years, children incur the annual adult cost (£599) for the remainder of their lives as cochlear implant users rather than the estimated annual cost for children (£1364).

Device failure – internal

In the model internal device failures were attributed the mean NHS cost of a replacement implant device (electrode) (£14,498) plus the operation costs to implant it (£2814 in adults, £3480 in children).

The internal component of a cochlear implant is under warranty for free repairs and/or replacements (information supplied to NICE by manufacturers) and therefore separate costs need to be used for the periods of time inside and outside the warranty.

During the first 10 years after initial implantation all devices are assumed to be within warranty and therefore upon failure individuals only incur the costs associated with implantation. Thereafter, during each model cycle a proportion of internal failures are assumed to be in warranty and the remainder not (and hence incurring the full cost of replacement). The proportions used were derived using the relevant event probabilities in adults and children.

Device failure – external

Similarly, the external component of a cochlear implant is also under warranty for free repairs and/or replacements, with the warranty period being 3 rather than 10 years (information supplied to NICE by manufacturers).

During the initial warranty period we have assumed that all replacements incur no cost; thereafter, a proportion incur the full NHS cost of a replacement speech processor (£4114) and the remainder do not. These proportions were again calculated on the basis of the relevant event probabilities for adults and children.

Major complications

Major complications are defined for our modelling purposes as those requiring a reoperation at the implantation site but not associated with a device failure. Most complications are wound related; more rarely they result in operations to reposition the electrode or receiver/stimulator. We estimated the cost of these on the basis of data on wound-related complications in adults from the UKCISG study⁵³ (specifically, data presented in *Figure 3* of that paper).

For 21 out of the 311 patients in this study a profile is provided of complications that required treatment (e.g. a course of antibiotics); these included wound revision, electrode repositioning, electrode replacement (functioning electrode but wound-affected) and in some circumstances cochlear implant removal and a new cochlear implant in the other ear. We calculated a weighted average of these reported costs (inflated to 2005/6 prices and converted from euros to UK pounds), except using current reimplantation and device costs (as described in the previous section).

The resultant costs of treating major postsurgical complications were £7777 in adults and £7935 in children for unilateral implantees and £6117 in adults and £6212 in children for bilateral implantees (for bilateral implantees complications are, on average, slightly cheaper to treat because implantation in the other ear is not an option).

Speech processor upgrades

These are assumed to take place every 10 years and attract the same cost as a replacement external processor due to device failure (£4114).

Digital hearing aids

In the model, digital hearing aids may be used either in conjunction with cochlear implants or by deaf people in the absence of cochlear implantation. The cost (2007 prices) to the NHS of a moderate-power digital hearing aid varies from £68 to £118, and the cost of a high-power digital hearing aid from £105 to £152. As there are a vast number of products, many with different prices, we have made the reference case assumption that on average they cost £100 each and are replaced every 5 years. (We have not taken into account the cost of hearing aid batteries supplied by the NHS because they are relatively inexpensive.)

TABLE 53 Cost parameters in the model

Parameter name (short description)	Value (2006 £)	Source
Presurgical candidacy costs (adults)	4011	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Presurgical candidacy costs (children)	2843	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices
Unilateral implantation costs (excluding system cost, adults)	2814	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Unilateral implantation costs (excluding device cost, children)	3480	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices
Mean cost of unilateral cochlear implant system (adults)	14,611	NHS PASA purchasing contract for November 2005–October 2006; 'applicable national price bands for NHS Trusts'; mean cost of nine devices
Mean cost of unilateral cochlear implant system (children)	14,611	NHS PASA purchasing contract for November 2005–October 2006; 'applicable national price bands for NHS Trusts'; mean cost of nine devices
Bilateral implantation costs (excluding system cost, adults)	4221	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices; unilateral costs multiplied by 1.5 to reflect additional surgery costs for bilateral operative procedure
Bilateral implantation costs (excluding device cost, children)	5220	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices; unilateral implantation costs multiplied by 1.5 to reflect additional surgery costs for bilateral operative procedure
Cost of bilateral cochlear implant system (adults)	29,222	NHS PASA purchasing contract for November 2005–October 2006; 'applicable national price bands for NHS Trusts'; mean cost of nine devices
Cost of bilateral cochlear implant system (children)	29,222	NHS PASA purchasing contract for November 2005–October 2006; 'applicable national price bands for NHS Trusts'; mean cost of nine devices
Mean replacement cost of a digital hearing aid (adults)	100	NHS Supply Chain (2007 audiology brochure)
Mean replacement cost of a digital hearing aid (children)	100	NHS Supply Chain (2007 audiology brochure)
Postimplantation costs		
Tuning and maintenance costs in year 1 (adults)	5000	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Tuning costs in year 1 (children)	9148	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in year 1 (children)	4184	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in year 2 (adults)	798	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in year 2 (children)	3107	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in year 3 (adults)	756	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in year 3 (children)	1364	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices

continued

TABLE 53 Cost parameters in the model (continued)

Parameter name (short description)	Value (2006 £)	Source
Maintenance costs in years 4+ (adults)	596	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in years 4–15 (children)	1364	Table 3 in Barton 2006 ⁵⁵ converted from euros to pounds and inflated to 2005/6 prices
Maintenance costs in years 16+ (children)	4114	Table 2 in UKCISG 2004 ⁵³ converted from euros to pounds and inflated to 2005/6 prices
Processor upgrade every 10 years (adults and children)	4114	NHS PASA purchasing contract for November 2005–October 2006; mean cost of 10 systems
Cost of major complications (unilateral)	Adult: 7777; child: 7935	Source for mix of mostly wound-related complications: Figure 3 in UKCISG 2004 ⁵³ study of adults (excluding six who had electrode replacements unrelated to wound problems)
Cost of major complications (bilateral)	Adult: 6117; child: 6212	Source for mix of mostly wound-related complications: Figure 3 in UKCISG 2004 ⁵³ study of adults (excluding six who had electrode replacements unrelated to wound problems and excluding any costs for implanting other ear)
Cost of internal component failure (during warranty period)	Adult: 2814; child: 3480	Unilateral implantation costs (excluding device cost) (sources as per initial implantation above)
Cost of internal component failure (in years after warranty period)	Adult: 17,425; child: 18,091	Unilateral implantation costs (including device cost) (sources as per initial implantation above)
Proportion of internal component failures occurring during warranty period	Adult: 0.7%; children: 0.9%	Values derived using time-dependant event probabilities for internal component failure in adults and children
Cost of external component failure (during warranty period)	Adult: 0; child: 0	Authors' assumption
Cost of external component failure (in years after warranty period)	Adult: 4114; child: 4114	NHS PASA purchasing contract for November 2005–October 2006; mean cost of 10 systems
Proportion of external component failures occurring during warranty period	Adult: 31.8%; children: 31.8%	Values derived using event probabilities for external component failure in adults and children
Annual NHS or social services cost of non-acoustic support	0	Not included
NHS PASA, NHS Purchasing and Supply Agency.		

Summary of cost parameters

Table 53 lists the cost parameters included in the model, together with their base-case value and source. It should be noted that although the NHS Purchasing and Supply Agency (PASA; now NHS Supply Chain) prices are cited for the 2005/6 contract period the same contract (and prices) have been extended to September 2008 (NHS Supply Chain, audiology, 2007, personal communication).

Reduced costs of education as a result of cochlear implantation

The review of clinical effectiveness studies has summarised evidence on the impact of cochlear implantation in children on both their educational attainment and the levels of special educational support required at school (i.e. the destination of deaf pupils in terms of mainstream schools, special schools or dedicated schools for the deaf). Although the research evidence is not extensive, the broad conclusion is that for many deaf children cochlear implantation leads to improved academic performance and a greater chance of placement in a mainstream school.

Four studies^{138,186,188,207} have concluded that cochlear implantation is associated with reduced costs of education. The most recent of these is a UK-based study, published in 2006 by Barton and colleagues,¹³⁸ that includes data on 2241 hearing-impaired children, of whom 383 were cochlear implant users. The data were obtained from May 1999 to October 2001 using a questionnaire survey of teachers of the sampled hearing-impaired children. Of the implanted children whose educational costs were estimated, most (62%) were in a mainstream primary school, 17% were in a school for the deaf and 14% were in a mainstream secondary school. The remainder were in nursery ($n = 15$; 4%), at special schools ($n = 3$; 1%) or in further education ($n = 3$; 1%).

This study directly elicited resource use (e.g. staff contact time, size of teaching groups) and educational support information about specific deaf children in particular educational settings and also adjusted for a range of other factors that would influence educational costs (using regression analysis). We have therefore used the results of this study to inform a supplementary cost-utility analysis that includes educational cost savings resulting from cochlear implantation (i.e. in addition to those 'reference case' costs that fall on the NHS). *Table 54* shows the mean estimated

annual educational cost savings due to cochlear implantation at three preoperative average hearing levels (and after adjustment for other factors). We have assumed that £2359 per year is saved in educational costs from age 5 to 16 years inclusive (which assumes that the mean average hearing level of children currently implanted is the same as that when this study was conducted).

Utilities

Utilities were derived wherever possible from the published research literature, following a systematic search for all studies that reported utility values for:

- being severely or profoundly deaf (with or without acoustic hearing aids)
- living with one or two cochlear implants.

The search strategy involved a wide range of search terms spanning various synonyms for quality of life, quality-adjusted life-year and utility, as well as specific acronyms for the main quality of life instruments (e.g. EQ-5D, SF-36 and HUI-2/HUI-3), which can be used to derive utility estimates. Any cost-utility analyses in the systematic review of economic evaluations were also examined for their sources of utility estimates. The complete list of papers reviewed for obtaining utility values is shown in Appendix 11.

Studies were included if they involved the empirical elicitation of utility values relating to being deaf with or without a cochlear implant. We included but gave much less weight to those studies that simply used the utility decrement associated with the levels of hearing impairment as specified in the HUI instrument (i.e. as based on the original Canadian exercise for deriving utility weights).

In accordance with NICE methodological guidance²⁰¹ we tried to obtain utility values from studies of severe or profoundly deaf people who had reported their health-related quality of life using a standardised and validated generic quality of life instrument, and for which the value of changes in health states have been based on public preferences elicited using choice-based methods. In practice, for capturing the quality of life impacts of cochlear implants on deaf people this means finding studies that have used the HUI. This is because, in contrast to alternative generic health-related quality of life measures, such as the SF-36 or EQ-5D, the HUI is the only standard instrument that includes statement items relating to functional

TABLE 54 Estimated annual educational cost savings due to cochlear implantation, by preoperative average hearing level

	AHL 105 dB	AHL 115 dB	AHL 125 dB
2001/2 euros saved during 12 years at school ^a	17,826	37,265	48,376
Annual savings in 2001/2 euros	1486	3105	4031
Annual savings converted to 2001/2 pounds ^b	966	2019	2620
Annual savings inflated to 2005/6 pounds ^c	1128	2359	3062
2005/6 pounds saved during 12 years at school	13,540	28,304	36,744
If discounted at 3.5% per year and incurred from age 5 to 16 years ^d	9834	20,558	26,687

a As reported in Table 10, p. 202, of Barton *et al.*¹³⁸
b Using conversion rate used in original study (p. 200).¹³⁸
c Using inflation factor from Curtis and Netten.⁵⁶
d Discounted to the assumed time of assessment for possible implantation at age 1 year.

limitations because of impaired hearing or speech. The HUI-3 has therefore become the standard outcome instrument used by the UKCISG for quality of life and cost-utility studies.^{53,62} This is despite the fact that the utility (social preference) weights available for the HUI-3 instrument are only from Canadian and US populations.

Also, there are few studies that have used this instrument with the same cohort of deaf people both before and after cochlear implantation, and the medium- to longer-term impacts on health-related quality of life are still largely undocumented.

As the research literature is dominated by non-randomised studies it should be noted that people's reported quality of life immediately before being considered for a cochlear implant will not necessarily be the same as their actual future health-related quality of life had they not received an implant. For example, in postlingually deafened adults their deafness may be progressively worsening and consequently also lowering their future quality of life compared with same-aged people with normal-hearing ability. On the other hand, in prelingually deafened children it might be assumed that their ability to communicate by other means (and hence their quality of life) may gradually improve during childhood.

Another consequence of the requirement to use a standardised and validated generic instrument for estimating the quality of life impacts of deafness and cochlear implantation is that utility estimates for deafness in children will generally have to be obtained from proxy adults, usually their parents.

Utility of being severely or profoundly deaf

Adults

The best study that estimates the utility associated with being a severely or profoundly deaf adult is that by the UKCISG,⁵³ which elicited values from 311 postlingually deafened adults who completed the HUI-3 instrument both before and after cochlear implantation (Table 55). Alternative possible sources that were less suitable were studies by Summerfield and colleagues¹⁸⁹ [smaller sample ($n = 202$), and HUI-2 instrument], Francis and colleagues²⁰⁸ [smaller sample ($n = 47$) and older sample, retrospective assessments, algorithm for utility derivation not stated], Wyatt and colleagues²⁰⁹ [smaller sample ($n = 32$), US sample], Lee and colleagues²¹⁰ [small sample ($n = 11$), Korean implantees, retrospective assessments, HUI version not stated] and Krabbe and colleagues²¹¹ [smaller sample ($n = 45$), Netherlands sample, retrospective assessments, HUI-2 used].

In the UKCISG study⁵³ the age at time of implant ranged from 18 to 82 years in the whole group. Although their AHL in the better-hearing ear ranged from 85 dB HL to 140 dB HL, nearly all were profoundly deaf; the mean preoperative AHL in their better ear ranged from 119 dB HL (95% CI 117.7–121.3 dB HL) in 'non-benefitting traditional candidates' to 107.4 dB HL (95% CI 104.3–110.6 dB HL) in 'scoring marginal hearing aid users' (Table 4, p319, in UKCISG 2004 REF CEA I paper⁶¹).

Children

The best study that estimates the utility associated with being a deaf child is that by Barton and colleagues,¹⁹² which elicited proxy values from

TABLE 55 Preimplantation adult utility values reported by the UK Cochlear Implant Study Group⁵³

Type of cochlear implant candidate ^a	n	Mean preimplantation utility (HUI-3)	95% confidence interval
All	311	0.433	0.411–0.455
All traditional candidates	227	0.410	0.386–0.435
Non-benefiting traditional candidates	134	0.365	0.332–0.398
Benefiting traditional candidates	93	0.475	0.443–0.508
All marginal hearing aid users	84	0.494	0.447–0.540
Non-scoring marginal hearing aid users	53	0.495	0.432–0.557
Scoring marginal hearing aid users	31	0.492	0.422–0.562

a Traditional candidates – scored zero on BKB sentence test with each ear aided acoustically; non-benefiting traditional candidates – also no significant improvement on CUNY sentence test when lip-reading was supplemented by acoustical aiding; benefiting traditional candidates – also significant improvement on CUNY sentence test when lip-reading was supplemented by acoustical aiding; non-scoring marginal hearing aid users – were implanted in an ear that scored zero when aided; scoring marginal hearing aid users – were implanted in an ear that scored above zero when aided, often their better ear.
Source: Table 2 in UKCISG.⁵³

TABLE 56 Preimplantation paediatric utility values reported by Barton and colleagues¹⁹²

Severity of deafness	n	Mean utility (HUI-3)	95% CI
Severe (AHL 71–95 dB HL)	464	0.616	0.598–0.634
'Group profound' (AHL 96–105 dB HL)	259	0.497	0.469–0.535
Profound (AHL > 105 dB HL)	290	0.353	0.327–0.379

AHL, average hearing level.
Source: Table 2 in Barton et al.¹⁹²

the parents of a representative sample of hearing-impaired British children using an adapted version of the HUI-3 instrument (Table 56). We could not find any studies that had tried to directly elicit utility values from deaf children. Alternative possible sources were less suitable, either because they used estimated values for the hypothetical pure state of 'being deaf' (on the HUI instrument) or because they were based on much smaller samples of children in the USA.

Utility following unilateral cochlear implantation

Adults

The best study that estimates the utility associated with unilateral cochlear implantation in deaf adults is that by the UKCISG,⁵³ which elicited values from 311 postlingually deafened adults who completed the HUI-3 instrument both before and after cochlear implantation. Alternative possible sources

that were less suitable were rejected for the same reasons as already listed in the previous section.

Table 57 shows the mean utility at 9 months post implantation and the resultant mean change in utility compared with preimplantation. All improvements in utility were statistically significant at the 95% confidence level. On average, traditional candidates were older (mean age 52.5 years) than the marginal hearing aid users (mean age 46.3 years) at the time of implantation.

A recently published study by Damen and colleagues²¹² is the first to have evaluated long-term changes in quality of life following cochlear implantation. In a group of 37 implant recipients followed for 6 years, and using a number of different quality of life measures, including the SF-36 and HUI-3, they showed that the health-related quality of life of adult implant recipients appears to decrease slightly over time, although

TABLE 57 Mean adult utilities (measured using HUI-3) and resultant mean changes 9 months post implantation as reported by the UK Cochlear Implant Study Group⁵³

Type of cochlear implant candidate ^a	n	Mean postimplantation utility (at 9 months)	Mean change in utility
All	311	0.630	0.197
All traditional candidates	227	0.624	0.214
Non-benefiting traditional candidates	134	0.597	0.232
Benefiting traditional candidates	93	0.666	0.188
All marginal hearing aid users	84	0.645	0.151
Non-scoring marginal hearing aid users	53	0.627	0.132
Scoring marginal hearing aid users	31	0.676	0.184

a Traditional candidates – scored zero on BKB sentence test with each ear aided acoustically; non-benefiting traditional candidates – also no significant improvement on CUNY sentence test when lip-reading was supplemented by acoustical aiding; benefiting traditional candidates – also significant improvement on CUNY sentence test when lip-reading was supplemented by acoustical aiding; non-scoring marginal hearing aid users – were implanted in an ear that scored zero when aided; scoring marginal hearing aid users – were implanted in an ear that scored above zero when aided, often their better ear.
Source: Table 2 in UKCISG.⁵³

this may reflect ageing rather than any supposed diminishing benefits of cochlear implant use.

Children

The study by Barton and colleagues¹⁹² of the cost-utility of paediatric cochlear implantation in the UK provides the most relevant utility estimates for this analysis. The parents of 403 profoundly deaf children with unilateral cochlear implants completed a modified HUI-3 instrument according to their perception of their children's health-related quality of life, together with the parents of 549 profoundly deaf children and 464 severely deaf children without cochlear implants. The responses in relation to the implanted children yielded a mean post implant utility of 0.575 (95% CI 0.553–0.598). This utility weight was intermediate between the raw utility weights of 0.616 for children with severe deafness (AHL 71–95 dB HL) and 0.497 for those with an AHL between 96 and 105 dB HL. The mean preoperative AHL of children with implants was 115 dB and approximately 93% had an AHL of between 100 dB and 130 dB (i.e. they were nearly all profoundly deaf before implantation).

However, linear regression analysis of these data including child-specific data on age, age at onset of hearing impairment, severity of preoperative hearing impairment and years since implantation reveals considerable variations in the estimated utility gain from implantation. The main results of this regression analysis are shown in Table 58. The study shows that the estimated utility change due to cochlear implantation, even in profoundly deaf

children (AHL \geq 105 dB HL), varies considerably from a non-significant ($p > 0.05$) increase of 0.066 to a significant increase of 0.232, depending on preoperative AHL, number of years of use and age at implantation. However, amongst profoundly deaf children who have been implant users for more than 4 years the estimated utility gain is at least 0.183.

No regression analysis was conducted involving cochlear implant variables stratified by age at onset of hearing impairment and so the possible different utility gains for postlingually deafened children were not specifically estimated. The results shown should be regarded as relating to children who became deaf prelingually [of those implanted at < 5 years of age less than 2% became deaf while aged 4 years and only 10% of those implanted at age 5 years or over became deaf after the age of 3 years (using data from Table 4 in Stacey and colleagues²¹)].

Utility and utility changes following bilateral implantation

Adults

Only two published studies have assessed the utility of bilateral cochlear implantation. Summerfield and colleagues¹⁸⁹ used the time trade-off method to elicit values from 70 normal-hearing volunteers, all of whom had familiarity with deaf adults and cochlear implantation in a professional capacity (either clinicians working in the UK adult cochlear implant programme or staff at the MRC Institute of Hearing Research). A more recent study, also

TABLE 58 Utility gain (95% confidence interval) due to cochlear implantation in profoundly deaf children by age at implantation and duration of device use

		Age at implantation	
		< 5 years	≥ 5 years
Duration of use of implant	< 2 years	0.066 (−0.013 to 0.144)	0.130 (0.053–0.206)
	≥ 2 and < 4 years	0.212 (0.161–0.263)	0.172 (0.103–0.240)
	≥ 4 years	0.232 (0.184–0.280)	0.183 (0.126–0.239)

Source: Cochlear implantation vs no implantation variable coefficients in Table 3 of Barton *et al.*¹⁹²

by Summerfield and colleagues,¹⁴⁹ randomised 24 adult unilateral cochlear implant users to receive a second cochlear implant either immediately (12 users) or 12 months later (12 patients). At 9 months after bilateral implantation there was only a small and non-significant difference in HUI-3 estimated utility between the bilateral and unilateral groups, of +0.030 (95% CI −0.045 to +0.104). This very modest utility increment, although based on a small sample of actual implant users, is remarkably similar to the utility increment estimated from the time trade-off exercise with normal-hearing volunteers in the earlier study (+0.031). However, it should be noted that the (HUI-3) utility gain of +0.03 estimated from the RCT assumes a neutral impact from changes in tinnitus; we believe this is justified because a larger body of evidence about the impact of unilateral implantation on tinnitus experience implies reductions in tinnitus are more likely. Also, changes in utility at 3 months and 9 months on the EQ-5D and VAS were neutral or negative.

Although the population in the RCT had been unilateral implant users for between 1 and 6 years, we have assumed that the utility gain estimate from this study more closely applies to simultaneous bilateral implanted adults and those adults sequentially implanted in relatively close succession (3 years in our base case). Unfortunately, neither of the two studies that report utility estimates for bilateral implantation in adults report empirical data from deaf adults who received their second implant more than 5 years after the first implant and so there are no utility gain estimates for this group of potential bilateral implant recipients.

Children

We could not find any published studies evaluating the impact of bilateral cochlear implantation on the quality of life of deaf children; therefore, we assume the same value as for adults, +0.03.

Summary of utility values used in PenTAG base-case analyses

Given the limited availability of high-quality data on utility improvements following unilateral cochlear implantation we have decided to restrict our analyses for these comparisons to two reference cases: one for profoundly deaf adults and one for profoundly deaf children. We have also used information from the single source for the incremental benefit associated with bilateral implantation and applied the result to both adults and children. These are defined in Table 59, together with the relevant best estimate of short-term utility gain.

We were unable to find any reliable published estimates of the utility gain from cochlear implantation for the following specific subgroups of deaf people:

- severely deaf adults or children
- postlingually deafened children
- prelingually deafened adults
- established unilateral implant recipients (e.g. for > 5 years) receiving a second implant
- unilateral implant recipients with (or without) a contralateral hearing aid.

Declining utility gain for scenario analysis

In the base-case analysis for adults the incremental benefit associated with unilateral implantation was modelled as a single value (+0.197). This gain was assumed to hold for the remainder of an individual's expected lifetime. However, published evidence shows that the utility of a normal-hearing person decreases with age.²¹³ A potential weakness of using a single, age-independent value for utility gain is that a profoundly deaf cochlear implant recipient could end up having a better estimated quality of life than their normal-hearing peers.

TABLE 59 Summary of utility values used in the PenTAG analysis

Group implanted	Utility without cochlear implant	Years since implant	Estimated utility gain, unilateral (95% CI)	Estimated utility gain, bilateral (95% CI)	Source
Profoundly deaf prelingually deafened children	0.421	NA			Weighted mean of data relating to profound and 'group profound' in Barton 2006 ¹⁹³
		< 2 years	0.066 (−0.013 to 0.144)		Data relating to those implanted at < 5 years of age in Barton 2006 ¹⁹²
		≥ 2 and < 4 years	0.212 (0.161–0.263)		
		≥ 4 years	0.232 (0.184–0.280)		
		NA		0.03 (−0.045 to 0.104) (versus unilateral)	Authors' assumption
Profoundly deaf postlingually deafened adults	0.433	NA			Data relating to all 311 implanted adults in UKCISG 2004 ⁵³
			0.197 (0.176–0.218)		Data relating to all 311 implanted adults in UKCISG 2004 ⁵³
		NA		0.03 (−0.045 to 0.104) (versus unilateral)	Summerfield 2006 ¹⁴⁹

NA, not applicable.

Cost-effectiveness results were therefore generated using a gradually diminishing (i.e. age-dependent) rather than fixed incremental utility. The baseline values used in this analysis were set to the original deterministic values (age = 50 years, utility gain = +0.197). For each age band a scaling factor was calculated using the formula:

$$\text{Scaling factor} = \frac{\text{population utility (age group)}}{\text{population utility (age 50 years)}}$$

This scaling factor is then multiplied by the baseline utility gain to obtain the values used in the model. These are summarised in *Table 60*.

Cost-effectiveness of adding a second cochlear implant for existing unilateral cochlear implant users

In the protocol for this technology assessment we stated that we would assess the cost-effectiveness of implanting a second cochlear implant for severely or profoundly deaf people already using

a single cochlear implant. That is, what is the cost-effectiveness of implanting a second cochlear implant when someone has been a unilateral cochlear implant user for a number of years. [This should be distinguished from the decision problem in which people with no cochlear implants might receive either one implant or two implants simultaneously (or in relatively close succession) and for whom the decision concerning suitability for bilateral implantation is initially made before the patient has received a cochlear implant.]

We have decided not to present any cost-effectiveness analyses to assess this decision problem, mainly because of a lack of clearly relevant effectiveness evidence. In particular, there was only one study that could provide an estimate of the utility gain associated with unilateral cochlear implant users having a second cochlear implant. This was a small RCT¹⁴⁹ of those who had been using a single cochlear implant for between 1 and 6 years (mean not stated) and therefore is of uncertain relevance for people implanted with the second implant more than 6 years after their first implant. (Note also that we have already assumed that the utility estimates from this study are

TABLE 60 Age-dependant values used to model incremental gain associated with unilateral use as opposed to no implant use in adults

	Age band (years)							
	50–54	55–59	60–64	65–69	70–74	75–79	80–84	85+
Scaling factor	100%	98.0%	98.0%	96.0%	91.0%	84.0%	72.0%	50.0%
Utility gain (one cochlear implant)	0.197	0.193	0.193	0.189	0.179	0.165	0.142	0.099
Utility gain (two cochlear implants)	0.227	0.222	0.222	0.218	0.207	0.191	0.163	0.114

more generalisable to the comparisons involving simultaneous and sequential bilateral implantation, and we use them as the sole source for our analyses of these strategies.)

Furthermore, of published bilateral implantation studies (included in the review of clinical effectiveness, and in either children or adults) there are no studies using comparable outcomes and in comparable populations of deaf people that would allow investigation of the relationship between

the effectiveness of bilateral implantation and the number of years between the first and second implant. However, given the well-documented negative relationship between duration of deafness and a person's ability to benefit from cochlear implants^{62,125,139,143} it can be reasonably assumed that bilateral cochlear implantation following a number of years as a unilateral implant user will probably be less cost-effective than simultaneous bilateral implantation (in people of equivalent age, hearing impairment and age at onset of deafness).

Chapter 7

Results of cost-effectiveness assessment

PenTAG cost and QALY outputs by age

Figures 9–11 summarise the main simulated outputs of the PenTAG cost–utility model for the main comparators and in profoundly postlingually deaf adults and profoundly prelingually deaf children. (All data shown for bilateral implantation are for simultaneous bilateral implantation.)

Figure 9 shows the origin of the costs that make up the total lifetime cost of each of the main comparators (undiscounted and discounted). Figure 10 shows the estimated lifetime pattern of undiscounted costs produced by the model. Similarly, for the benefits, Figure 11 shows the estimated lifetime pattern of utility associated with

unilateral or bilateral cochlear implantation in children and in adults.

Results of cost-effectiveness in prelingually implanted profoundly deaf children

Unilateral implantation compared with best standard care without cochlear implantation

Base-case results produced by the decision model for a cohort of profoundly deaf children entering the candidacy process at age 1 year are shown in Table 61. In comparison to no cochlear implantation, the provision of unilateral cochlear

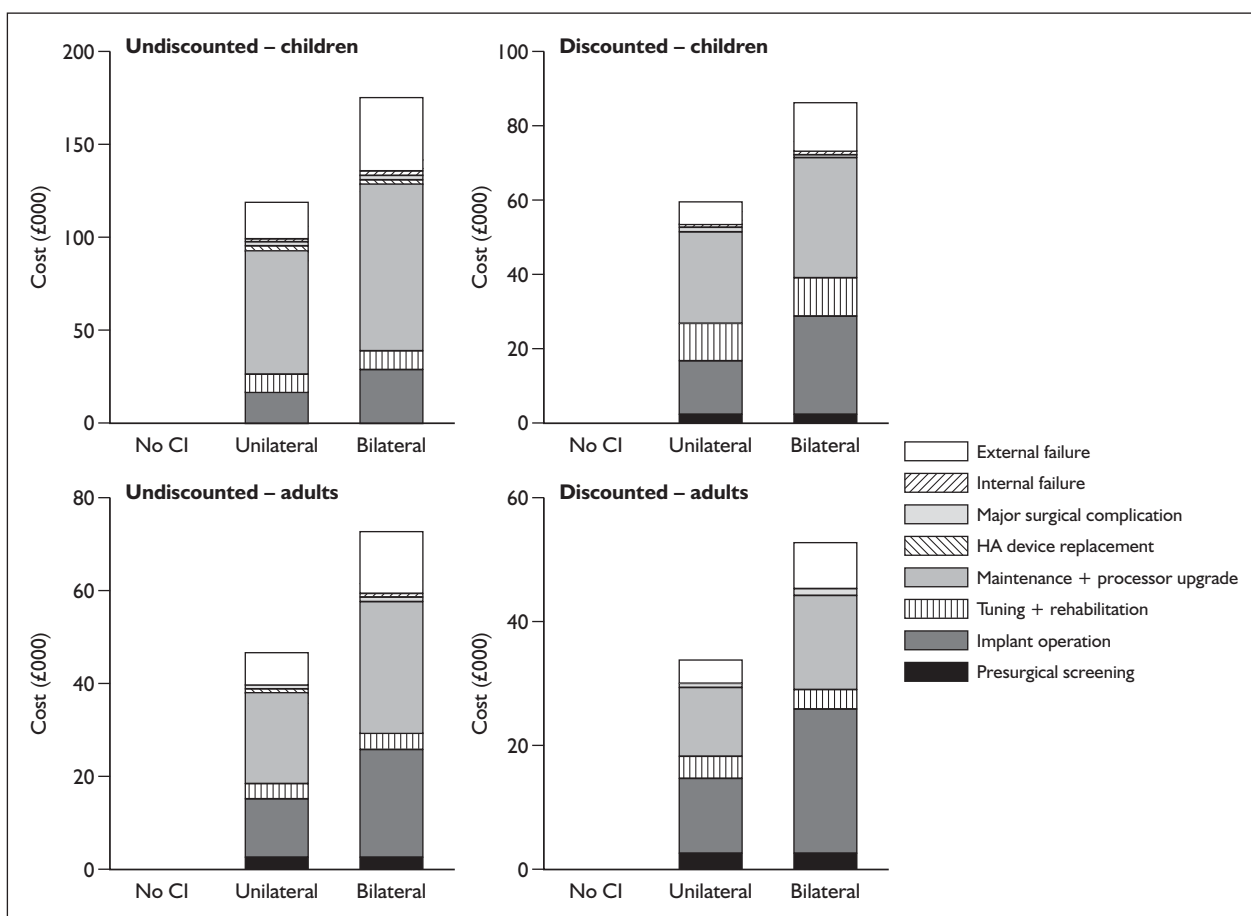


FIGURE 9 Breakdown of costs for each main comparator in the PenTAG analyses, undiscounted and discounted. CI, cochlear implant; HA, hearing aid.

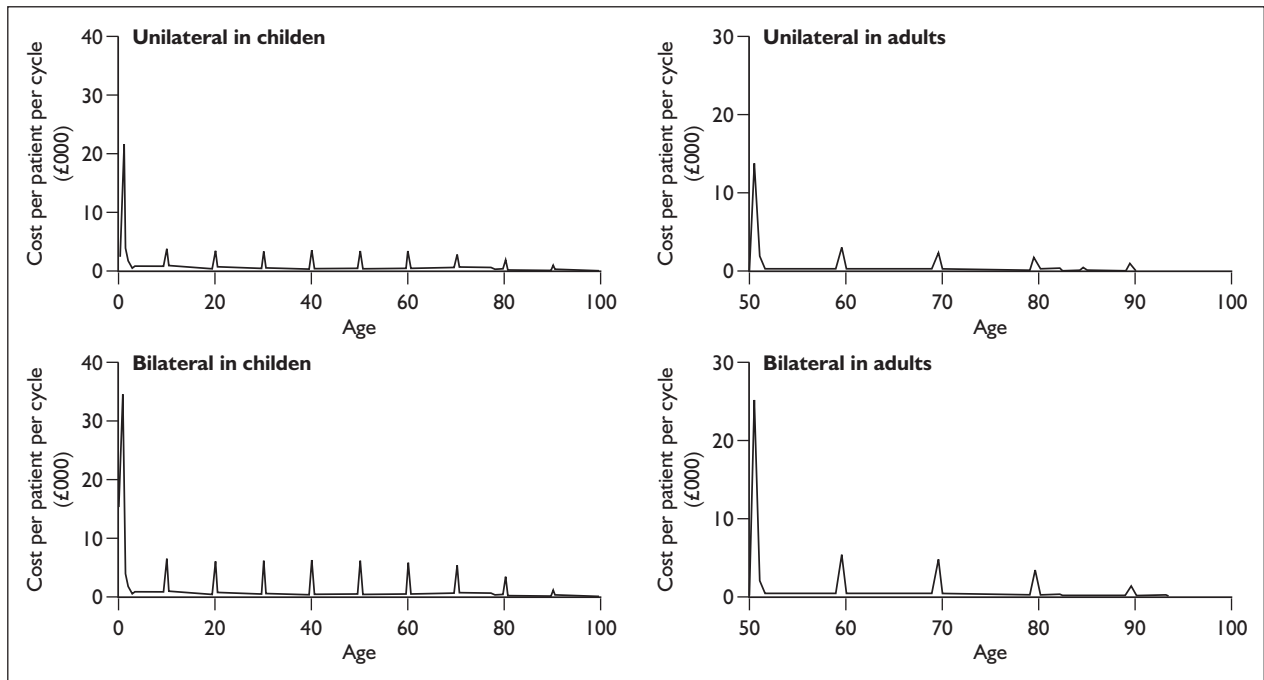


FIGURE 10 Undiscounted costs of unilateral and bilateral implantation by age in children (implanted at age 1 year) and adults (implanted at age 50 years).

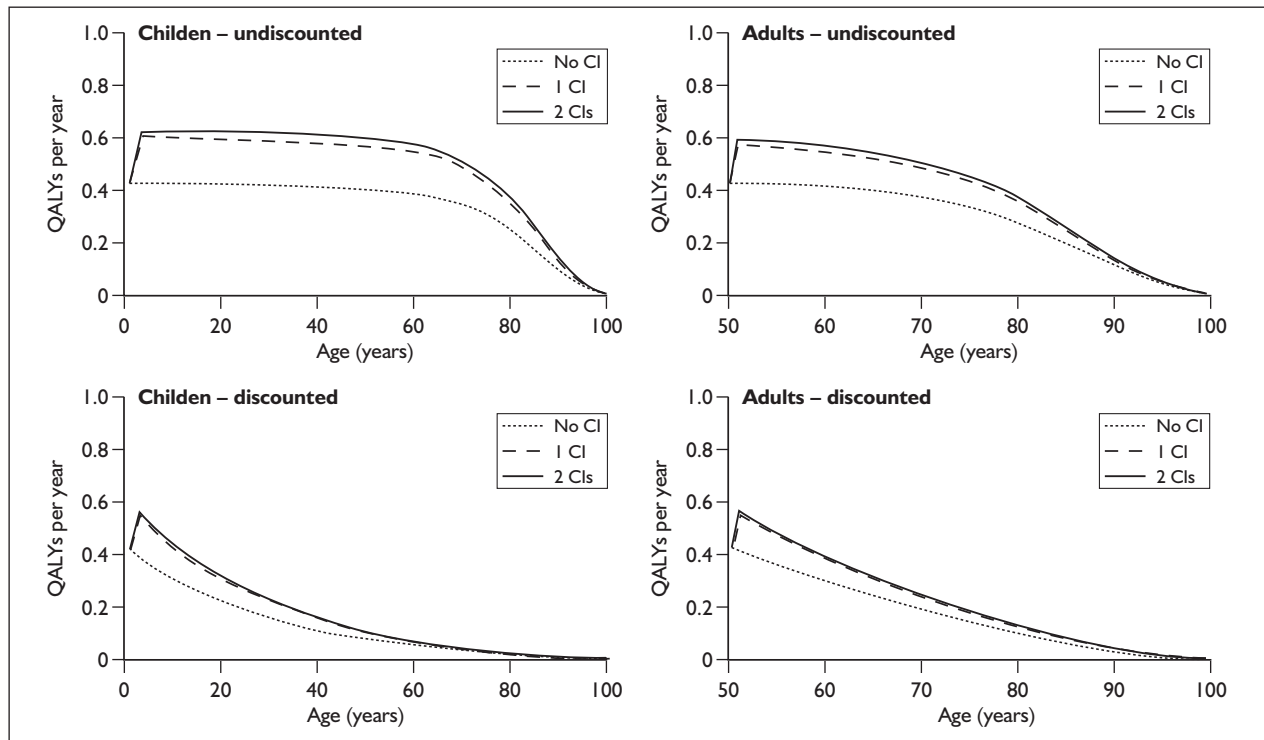


FIGURE 11 Discounted and undiscounted mean quality-adjusted life-years (QALYs) per person for unilateral and bilateral cochlear implantation and no provision of cochlear implantation by age, in adults and children. CI, cochlear implant.

TABLE 61 Discounted base-case cost-effectiveness results per patient for unilateral implantation in 1-year-old children compared with no cochlear implant use

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	371	11.36	–	–	–
Unilateral cochlear implant use	60,441	15.84	60,070	4.48	13,413

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

implantation provides an extra 4.48 QALYs. This improvement would cost the NHS £60,070 per patient to achieve.

Model outputs

Expected lifetime of cohort

Simulated children survive to a mean age of 80 years, similar to mortality in government actuarial life tables.²⁰³ This is because we assume no mortality impact of deafness or the evaluated technologies and use the same life tables to determine mortality in the model. The expected lifetime over which events occur is therefore 79 years.

Event counts

During each cycle of the model a proportion of the cohort used to model unilateral implantation either transfers from one health state to another or remains within their current state. Such transfers can be considered as events. For example, moving from 'device working' to 'cochlear implant external failure' is an indication of the event of receiving a new speech processor and/or transmitter.

These events can be aggregated to provide useful comparative outputs as well as a validation tool against published data and clinical experience.

The model outputs for the whole unilateral cohort as well as the subset of successful cochlear implant recipients are shown in *Table 62*. With the exception of voluntary non-use, all model outputs represent the number of events that an individual can expect to experience over their lifetime. When relevant, results are also reported at the rate per 100 patient-years.

Cohorts of individuals without a cochlear implant are modelled separately and the only event that they can experience is the replacement of an acoustic hearing aid. These individuals can expect to receive 11.4 new acoustic hearing aids over the course of their lifetimes.

Model validation

The validation of model outputs against data reported in empirical studies is not straightforward. First, data have been extrapolated a long way into the future. Second, cochlear implantation is a

TABLE 62 Per-person event counts for paediatric unilateral cochlear implantation of profoundly deaf children at age 1 year

	Whole cohort (including non-recipients)		Unilateral cochlear implant recipients	
	Lifetime	Event rate/100 patient-years	Lifetime	Event rate/100 patient-years
New cochlear implant internal components	0.07	0.09	0.09	0.12
New cochlear implant external components	12.94	16.37	16.17	20.5
Major complications	0.26	0.32	0.32	0.4
Initial implant operations	0.8	NA	1.0	NA
New acoustic hearing aids	12.02	15.21	12.17	15.4
Permanent explants	0.04	0.05	0.05	0.06
Voluntary non-compliance	0.19	0.02	0.02	0.03

NA, not applicable.

rapidly evolving technology and therefore any data from studies with a long follow-up period may well be obsolete.

Analysis of uncertainty

The ICER is the ratio of the incremental cost of treatment and the incremental benefits of treatment (i.e. difference in costs/difference in QALYs) between two interventions. Although this is useful in many situations, the fact that the ICER is a ratio measure makes the metric unstable. As the difference in health benefits between the two health technologies approaches zero the ICER is often difficult to interpret in one-way sensitivity analysis in which effects may be non-linear.

Net benefit^{214,215} is calculated by first assigning a willingness to pay value to a benefit unit. The incremental benefit of the treatment arm of the model can then be rescaled in terms of cost using this valuation. The net benefit of the treatment can then be calculated by offsetting the incremental cost against the incremental benefits of treatment.

The advantage of reporting net benefit is that it behaves in a more linear way than the ICER and incorporates a notional willingness to pay threshold which makes it easier to interpret. The disadvantage of using net benefit is that it relies on a specific level of valuation for each unit of benefit. In our analysis we have assumed a willingness to pay of £30,000 per QALY unless otherwise stated.

Deterministic sensitivity analysis

Extensive one-way sensitivity analyses were undertaken to explore which of the input parameters, when varied alone, had the greatest impact on the cost-effectiveness of unilateral cochlear implantation of prelingually deafened children in comparison to no cochlear implant use. One-way sensitivity analyses also allow the impact of the uncertainty in each parameter to be assessed.

These analyses examined the impact of:

- structural assumptions –including changes in the time horizon and discount rates for costs and QALYs
- event probabilities – including the probability of experiencing both internal and external cochlear implant failure as well as major postsurgical complications
- survival curve fitting – this included looking at the impact of using just one curve for

modelling internal failure instead of the pooled value

- utility values – these include baseline values as well as time-dependant gains
- costs – including the costs of initial implantation, maintenance and tuning as well as all replacements and reoperations.

The results of these analyses have been expressed graphically showing the ICER associated with each new parameter value. Results have been presented as separate graphs for structural parameters (*Figure 12*), utilities (*Figure 13*), event-related probabilities and survival curves (*Figure 14*) and costs (*Figure 15*).

In this analysis of the effect of changes in individual parameters on the cost-effectiveness of paediatric unilateral cochlear implantation the base-case ICER appears particularly sensitive to changes in the following parameters:

- the time horizon of the model
- the discount rates applied to both costs and health benefits
- the incremental utility gain associated with unilateral use as opposed to non-device use (> 4 years post implant operation)
- maintenance costs from year 4 onwards.

Threshold analysis

The deterministic analyses presented in the previous section identified the inputs to which the model is most sensitive. By systematically varying each parameter within plausible ranges it is possible to identify the value at which the incremental net benefit changes from positive to negative. This point represents the parameter value at which unilateral implantation goes from being cost-effective to being cost-ineffective. The graphical output is expressed in terms of the incremental net benefit at an assumed willingness to pay threshold of £30,000 per QALY rather than as ICERs. Cost-effectiveness is represented as a positive net benefit. We considered only the utility gain associated with unilateral implant use of more than 4 years post fitting and the time horizon because cost-effectiveness is particularly sensitive to these parameters.

Utility gain associated with unilateral implant use of more than 4 years post fitting

Figure 16 shows that at a willingness to pay threshold of £30,000 per QALY unilateral implantation only becomes cost-ineffective below

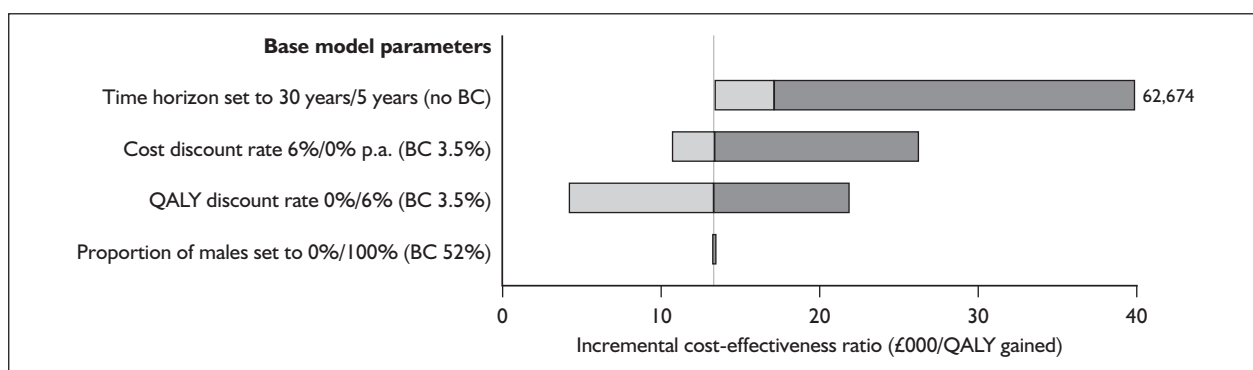


FIGURE 12 One-way sensitivity analysis for structural inputs. Incremental cost-effectiveness ratios of paediatric unilateral cochlear implantation compared with no cochlear implantation use. BC, base-case value; QALY, quality-adjusted life-year.

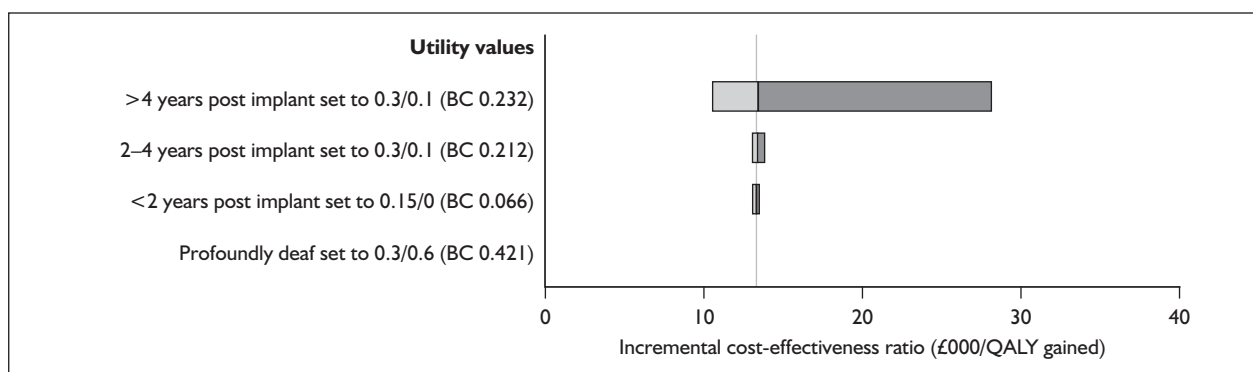


FIGURE 13 One-way sensitivity analysis for utility gain. Incremental cost-effectiveness ratios of paediatric unilateral cochlear implantation compared with no cochlear implantation. BC, base-case value; QALY, quality-adjusted life-year.

a value of approximately 0.09. At a willingness to pay threshold of £20,000 per QALY unilateral implantation becomes cost-ineffective with a utility gain below approximately 0.15.

Time horizon used in analysis

The cost-effectiveness of unilateral cochlear implantation of prelingually deafened children at various time points is shown in *Figure 17*. At a willingness to pay threshold of £30,000 per QALY the procedure becomes cost-effective after approximately 11 years. At a willingness to pay threshold of £20,000 per QALY the procedure becomes cost-effective after approximately 26 years.

Probabilistic sensitivity analysis

A Monte Carlo simulation was used to explore the impact of underlying parameter uncertainty on cost-effectiveness. In these simulations, ranges and distributions used were sampled from the events, utility values and costs shown in Appendix 12.

The simulation output (based on 1000 runs of the model) shows that at a willingness to pay threshold of £20,000 per QALY unilateral implantation of children is cost-effective in 99.9% of simulations. At a threshold of £30,000 per QALY unilateral implantation of children is cost-effective in 100% of simulations and was dominated in 0% of simulations (creating higher costs compared with non-use of cochlear implants but lower QALYs). The probabilistic mean incremental net benefit is £76,081 (95% Cr I £75,214–76,948) and the probabilistic median incremental net benefit is £75,684.

Outputs from the Monte Carlo simulation are shown graphically in *Figure 18*. The two lines represent the willingness to pay thresholds used by NICE in the decision-making process. The cost-effectiveness acceptability curves (CEACs) for unilateral implantation are shown in *Figure 19*. The CEACs show that unilateral implantation would be considered cost-effective only if the willingness to pay threshold was increased beyond approximately £13,500 per QALY.

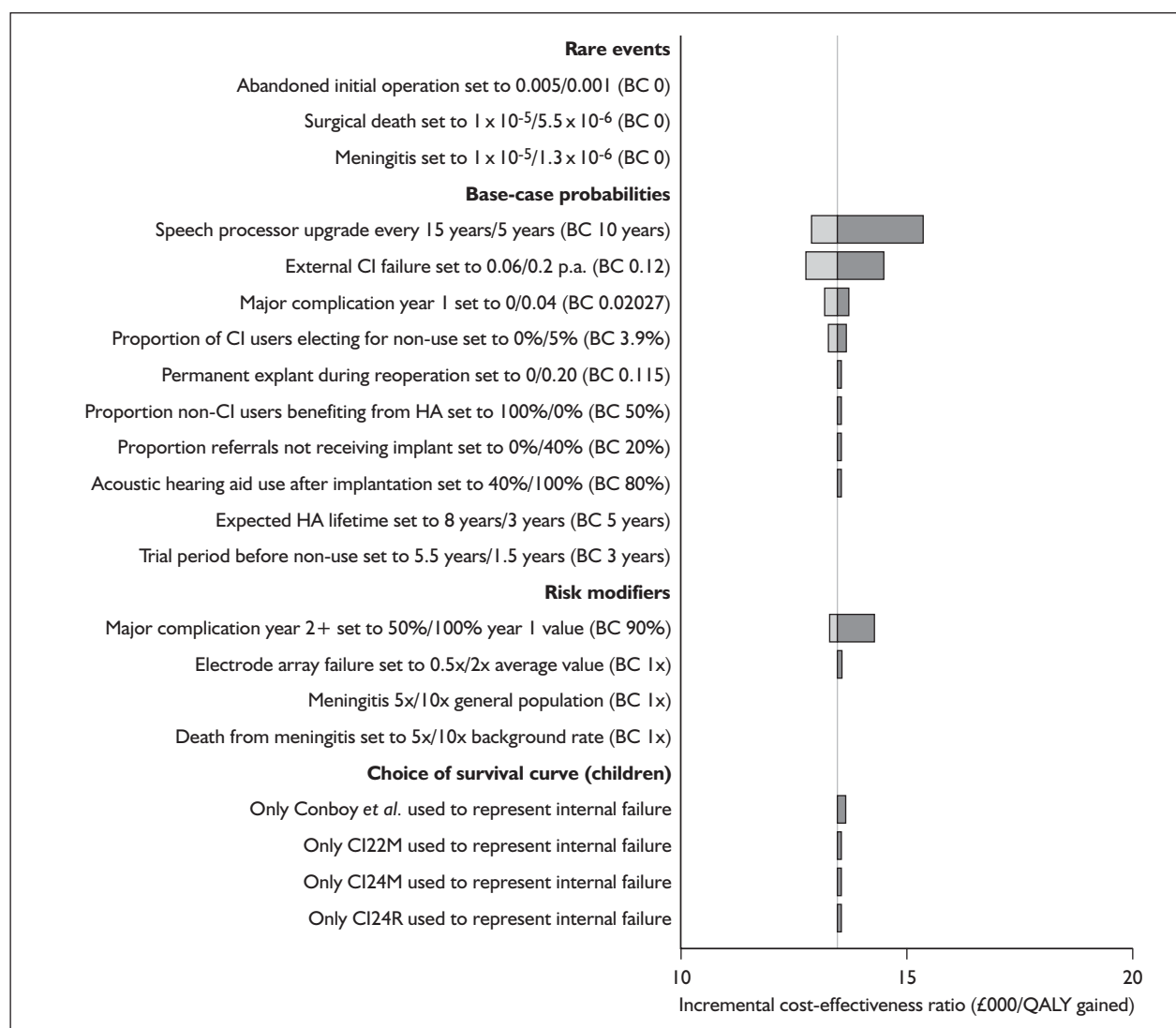


FIGURE 14 One-way sensitivity analysis for event probabilities. Incremental cost-effectiveness ratios of paediatric unilateral cochlear implantation compared with no cochlear implantation use. BC, base-case value; CI, cochlear implant; HA, hearing aid; QALY, quality-adjusted life-year.

Bilateral implantation compared with unilateral implantation in prelingually implanted children

Base-case results for a cohort of children entering the precandidacy screening process at age 1 year are shown on a per-patient basis for simultaneous bilateral implantation in *Table 63* and for sequential bilateral implantation in *Table 64*.

In comparison to unilateral cochlear implantation, simultaneous bilateral cochlear implantation

produces an extra 0.67 QALYs. This health gain would cost the NHS £27,105 per patient to achieve.

In contrast, when compared with unilateral cochlear implantation, sequential bilateral implantation confers an additional 0.6 QALYs at an additional cost of £32,657 per person.

Because of space constraints some model outputs and uncertainty analyses will only be presented for simultaneous implantation. The overall pattern of results – that sequential bilateral implantation will generate slightly fewer QALYs and cost around £5000 more than simultaneous bilateral implantation – should be fairly stable.

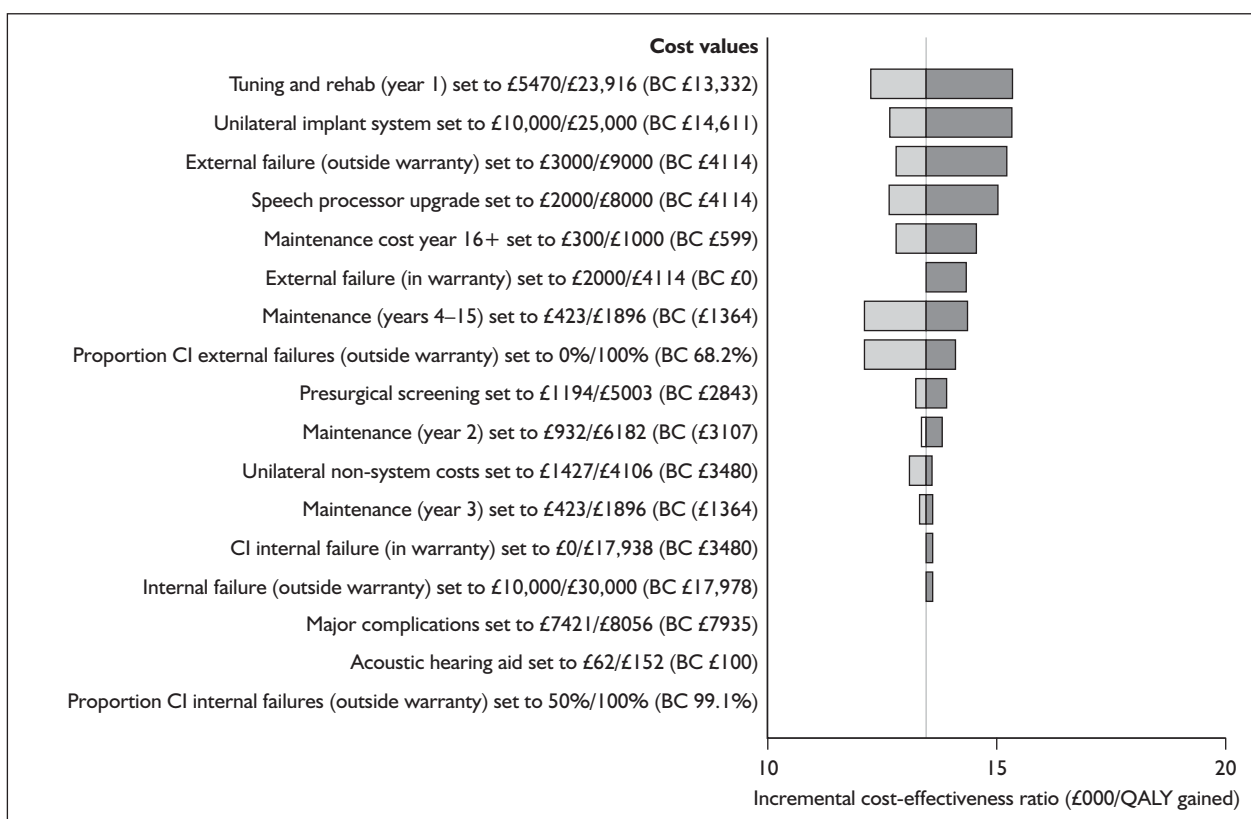


FIGURE 15 One-way sensitivity analysis for costs. Incremental cost-effectiveness ratios of paediatric unilateral cochlear implantation compared with no cochlear implantation use. BC, base-case value; CI, cochlear implant; QALY, quality-adjusted life-year.

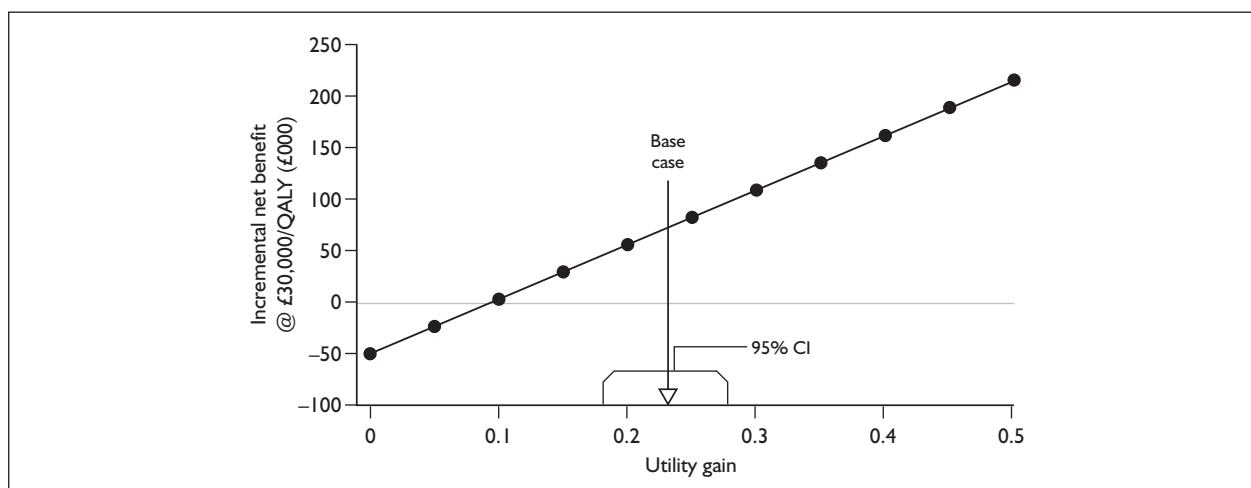


FIGURE 16 Threshold analysis for utility gain associated with unilateral cochlear implantation of profoundly deaf children at more than 4 years after initial fitting. QALY, quality-adjusted life-year.

Model outputs

Expected lifetime of cohort

Bilateral implantation has no significant impact on background mortality and therefore the expected lifetime of the bilateral implant cohort is exactly the same as for the unilateral cohort (79 years).

Device use

Table 65 shows the number of devices used over the course of an individual's expected lifetime. Results for both the whole bilateral implant cohort as well as for the subset of bilateral recipients are reported.

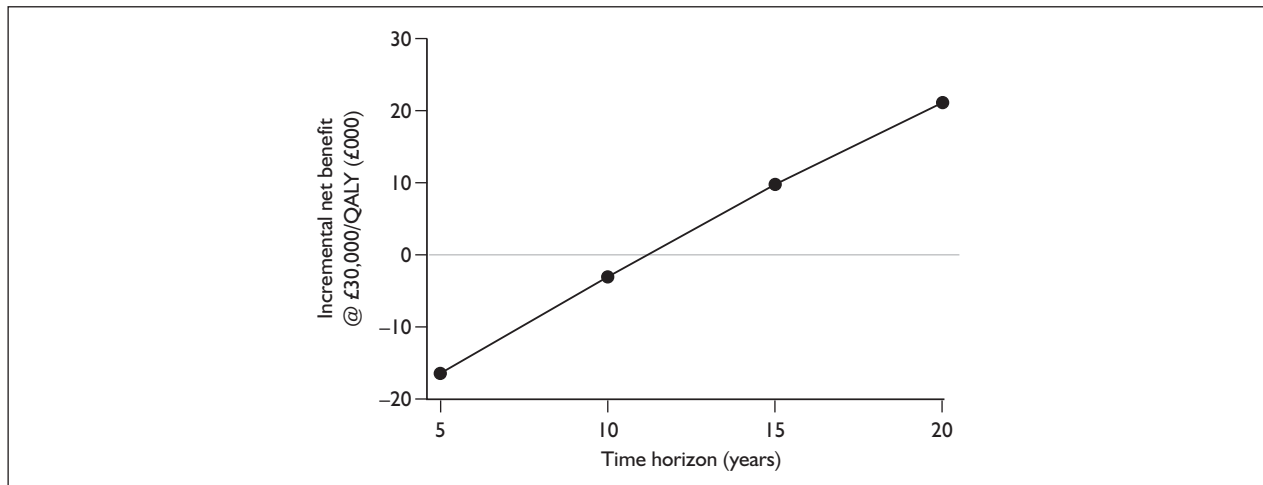


FIGURE 17 Threshold analysis for model time horizon associated with paediatric cochlear implantation. QALY, quality-adjusted life-year.

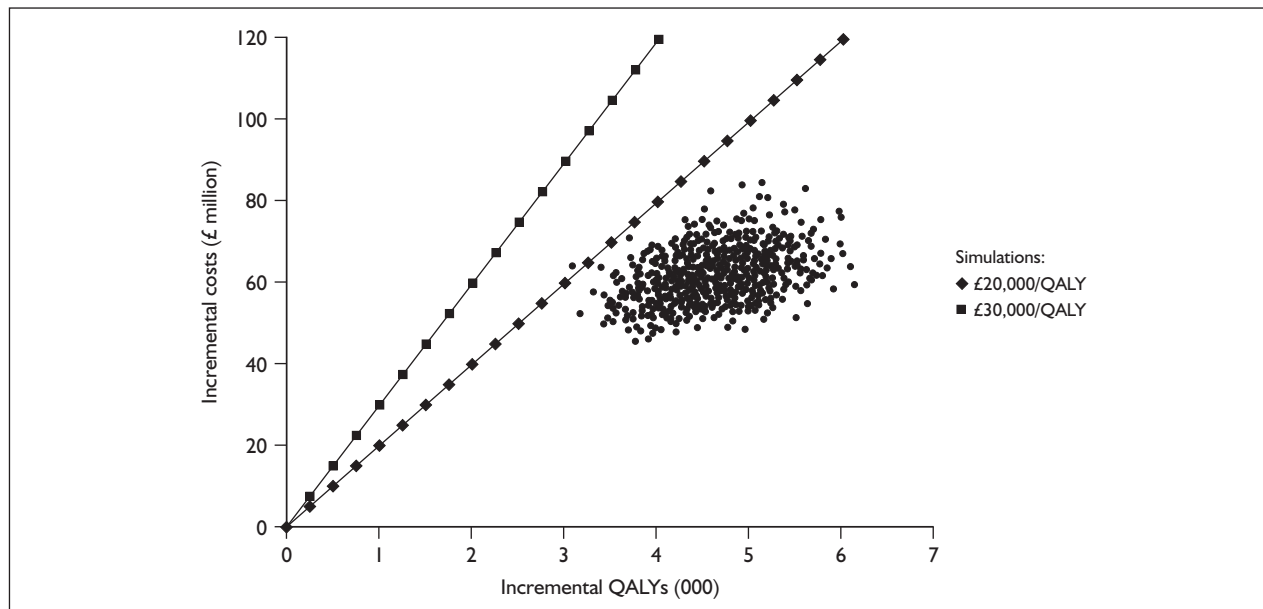


FIGURE 18 Simulation output (cohort based, 1000 trials) for the cost-effectiveness of paediatric unilateral implantation in comparison to non-use of cochlear implants. QALY, quality-adjusted life-year.

The results of this analysis show that if an individual successfully receives two devices there is a 91% chance that they will remain using two devices for the whole of their lives.

Event counts

The event counts for the whole paediatric cohort as well as the subset of successful cochlear implant recipients are shown in Table 66. With the exception of voluntary non-use all model outputs represent the number of events that an individual can expect to experience over their lifetime. When relevant, results are also reported at the rate per 100 patient-years.

The corresponding per-person event counts for unilateral implantation of the same patient group are reported earlier in this chapter.

Analysis of uncertainty Deterministic sensitivity analysis

Separate graphs are again presented for structural parameters (Figure 20), utilities (Figure 21), event-related probabilities and survival curves (Figure 22) and costs (Figure 23).

The base-case ICER appears particularly sensitive to changes in:

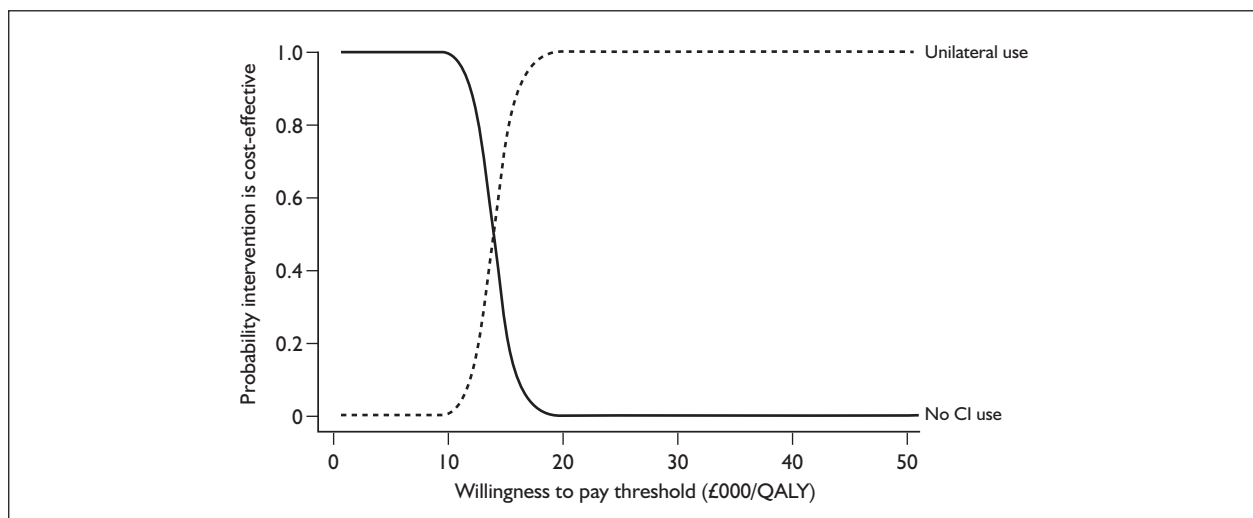


FIGURE 19 Cost-effectiveness acceptability curves for unilateral cochlear implantation of children in comparison to non-use of cochlear implants. QALY, quality-adjusted life-year.

TABLE 63 Discounted base-case cost-effectiveness results per patient for simultaneous bilateral implantation of prelingually deafened children compared with unilateral implantation

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	60,441	15.84	–	–	–
Simultaneous bilateral implantation	87,546	16.51	27,105	0.67	40,410

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 64 Discounted base-case cost-effectiveness results per patient for sequential bilateral implantation of prelingually deafened children compared with unilateral implantation

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	60,441	15.84	–	–	–
Sequential bilateral implantation	93,098	16.45	32,657	0.60	54,098

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 65 Proportion of patient lifetime that bilateral implantees spend with different numbers of devices

	Whole cohort (including non-recipients)	Bilateral cochlear recipients
Proportion of lifetime using two devices	73%	91%
Proportion of lifetime using one device	4%	5%
Proportion of lifetime using no devices	23%	4%

TABLE 66 Per-person event counts for bilateral implantation of profoundly deaf children implanted at age 1 year

	Whole cohort (including non-recipients)		Bilateral cochlear implant recipients	
	Lifetime	Event rate/100 patient-years	Lifetime	Event rate/100 patient-years
New cochlear implant internal components	0.15	0.18	0.18	0.23
New cochlear implant external components	25.9	32.7	32.3	40.9
Major complications	0.51	0.64	0.64	0.81
Initial implant operations	0.8	NA	1.0	NA
New acoustic hearing aids	3.04	3.84	0.93	1.18
Permanent explants	0.07	0.09	0.09	0.12
Voluntary non-compliance	0.019	0.02	0.024	0.03

NA, not applicable.

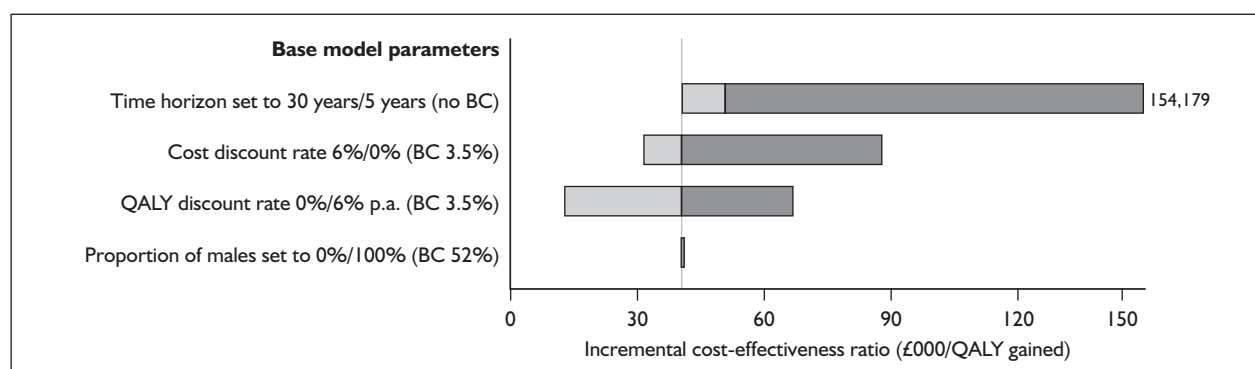


FIGURE 20 One-way sensitivity analysis for structural inputs. Incremental cost-effectiveness ratios of paediatric simultaneous bilateral cochlear implantation compared with unilateral implantation. BC, base-case value; QALY, quality-adjusted life-year.

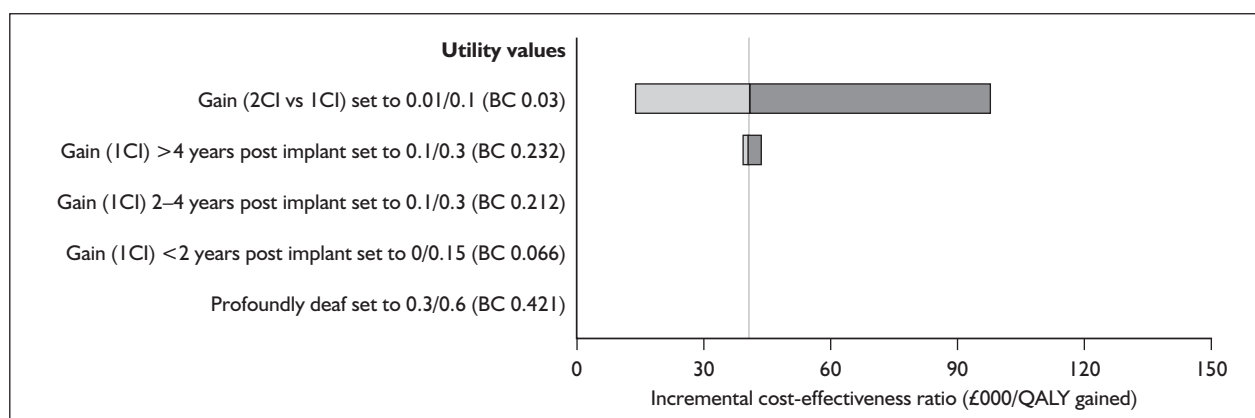


FIGURE 21 One-way sensitivity analysis for utilities. Incremental cost-effectiveness ratios of paediatric simultaneous bilateral cochlear implantation compared with unilateral implant use. BC, base-case value; CI, cochlear implant; QALY, quality-adjusted life-year.

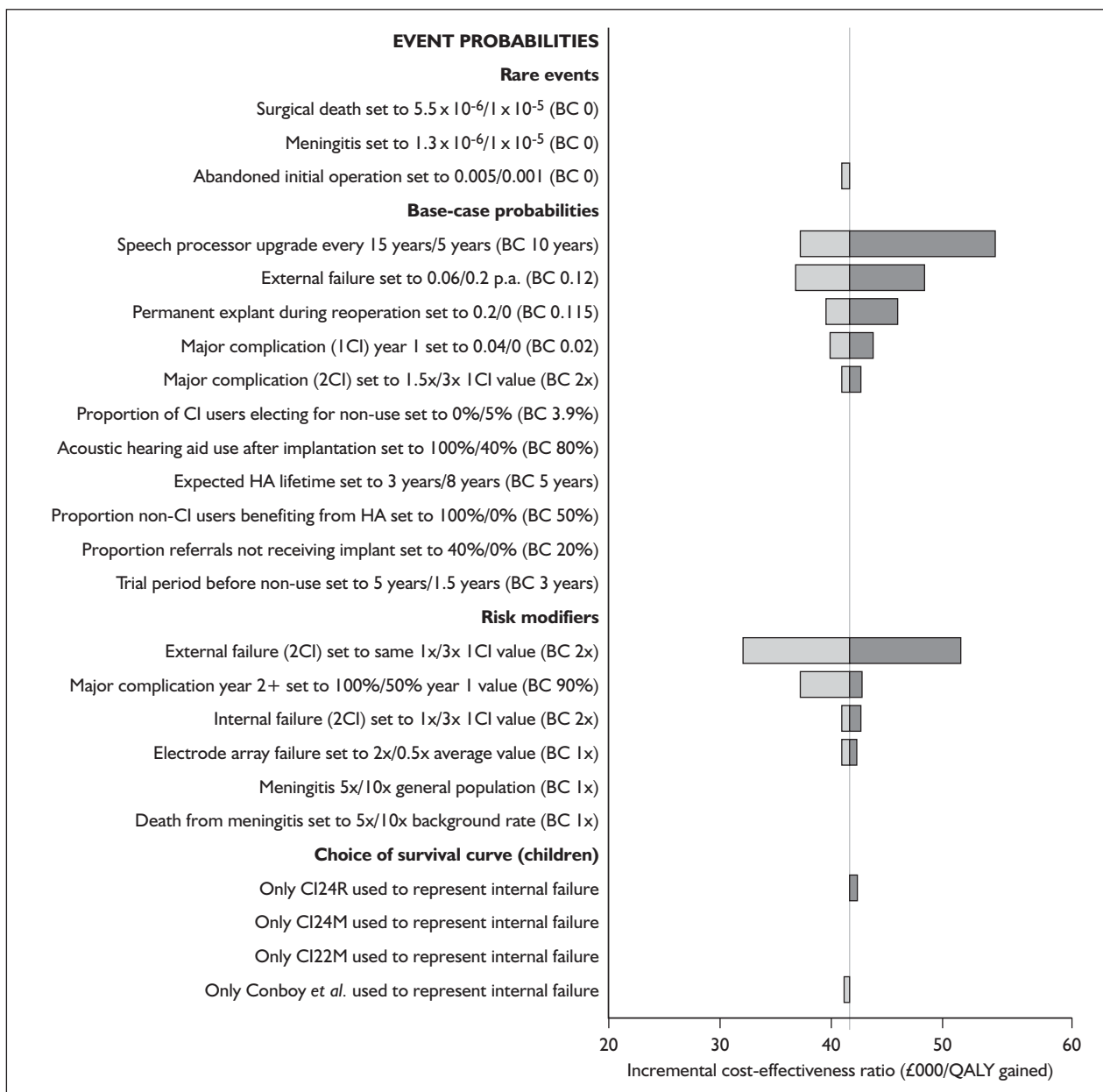


FIGURE 22 One-way sensitivity analysis for event probabilities. Incremental cost-effectiveness ratios of simultaneous bilateral cochlear implantation compared with unilateral use. BC, base-case value; CI, cochlear implant; HA, hearing aid; QALY, quality-adjusted life-year.

- the time horizon used in the model
- the discount rates applied to both costs and health benefits
- the incremental utility associated with bilateral use compared with unilateral use
- the proportion of external failures that occur outside of the 3-year warranty period
- the price discount applied to the cost of the second implant system.

Threshold analysis

Utility gain associated with bilateral compared with unilateral device use

Analysis of the incremental utility associated with bilateral cochlear implant use compared with unilateral cochlear implant use shows that at a willingness to pay threshold of £30,000 per QALY simultaneous bilateral implantation becomes cost-effective when the utility gain associated

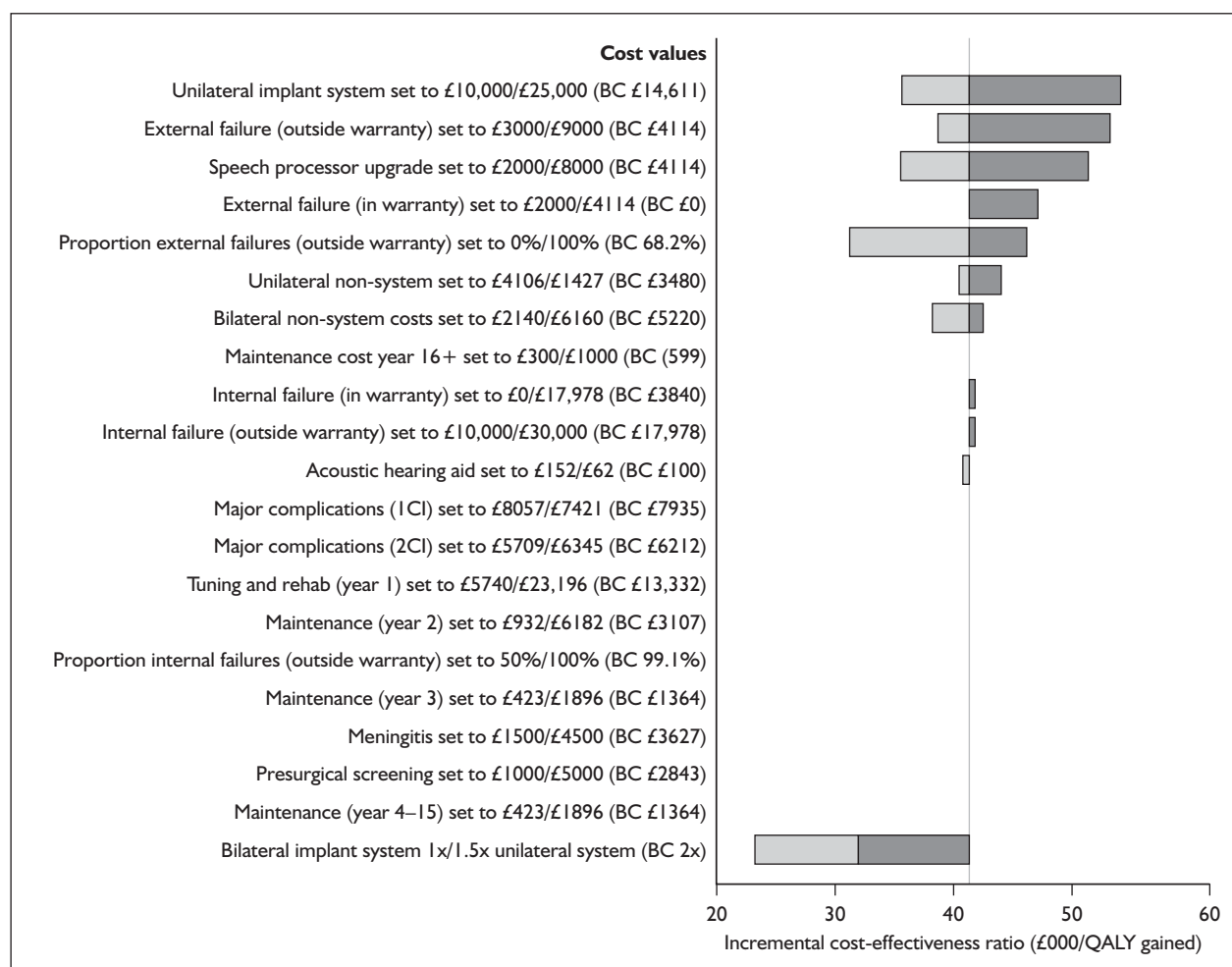


FIGURE 23 One-way sensitivity analysis for costs. Incremental cost-effectiveness ratios of paediatric simultaneous bilateral cochlear implantation compared with unilateral use. BC, base-case value; CI, cochlear implant.

with bilateral implantation rises above a value of approximately 0.04 (Figure 24). At a willingness to pay threshold of £20,000 per QALY bilateral implantation becomes cost-effective when the parameter value is above approximately 0.07. Both of these values are very close to the value assumed in the base case (0.03).

As stated in Chapter 6 (see Utility and utility changes following bilateral implantation) the 95% confidence interval for this parameter is -0.045 to +0.104. Therefore, regardless of which of the threshold values are used the model is extremely sensitive to changes in this parameter.

Although this interval may be statistically meaningful, individuals who receive two cochlear implants will only have a worse quality of life than those with only one implant if the negative impacts on utility, because of, for example, surgical complications or changes in tinnitus, are greater than the other documented benefits of binaural hearing. On current evidence, in particular the

typically ameliorating impacts on tinnitus of cochlear implantation (see Utility and utility changes following bilateral implantation), it seems more reasonable to assume that health-related quality of life may increase rather than decrease with a second device. Table 67 shows the range of ICERs corresponding to positive parameter values within the confidence interval.

Cost of bilateral implant system

Analysis of the cost of a bilateral implant system shows that at a willingness to pay threshold of £30,000 per QALY simultaneous bilateral implantation becomes cost-effective when a discount of approximately 60% is offered on the cost of the second implant system (Figure 25). In the base-case analysis we have assumed that no such discount exists.

Table 68 shows the range of ICERs generated when a range of discounts are applied to the cost of an implant system.

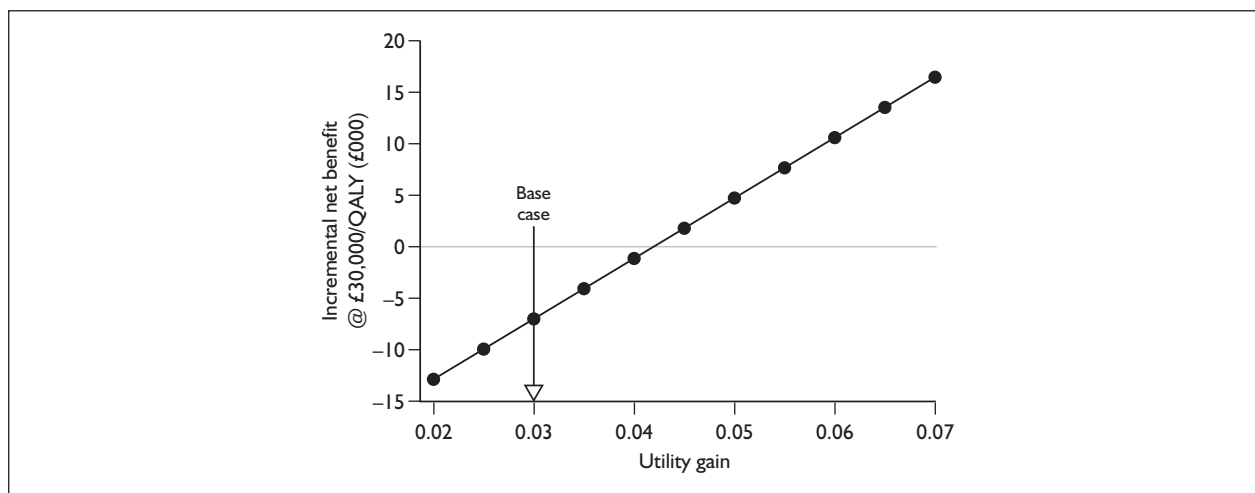


FIGURE 24 Threshold analysis for paediatric utility gain associated with bilateral as opposed to unilateral cochlear implant use. QALY, quality-adjusted life-year.

TABLE 67 Range of incremental cost-effectiveness ratios (ICERs) generated for different utility gains associated with bilateral as opposed to unilateral cochlear implant use in children

	Utility gain											
	-0.01	0	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.10
ICER (£)	Dominated	NA	97,340	57,111	40,410	31,267	25,498	21,526	18,625	16,413	14,670	13,262

NA, not applicable.

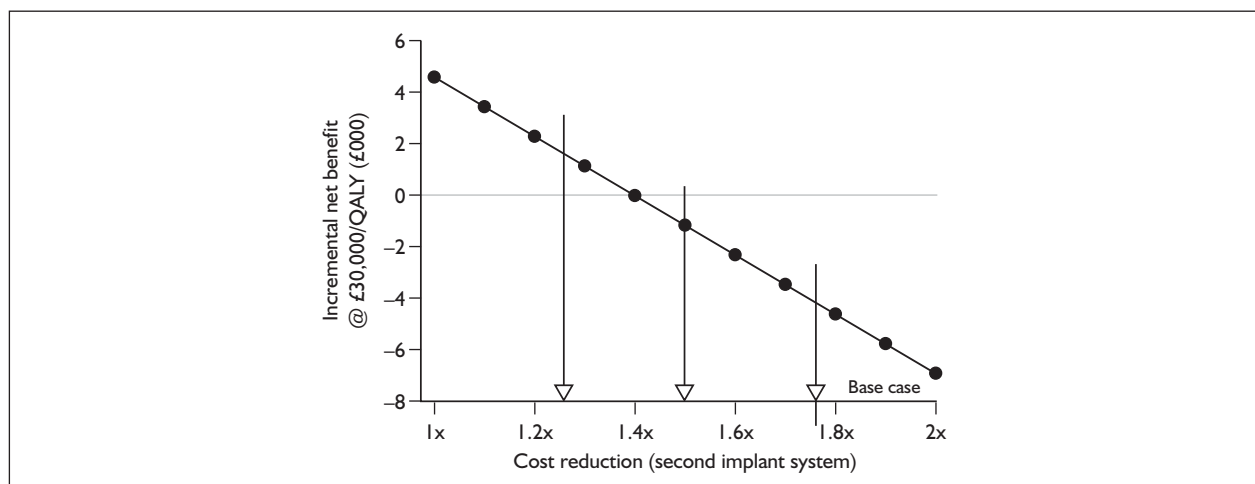


FIGURE 25 Threshold analysis of discount offered on second paediatric implant system used in simultaneous bilateral implantation. QALY, quality-adjusted life-year.

At a willingness to pay threshold of £20,000 per QALY no feasible value for system costs makes bilateral implantation appear cost-effective.

Cost of speech processor

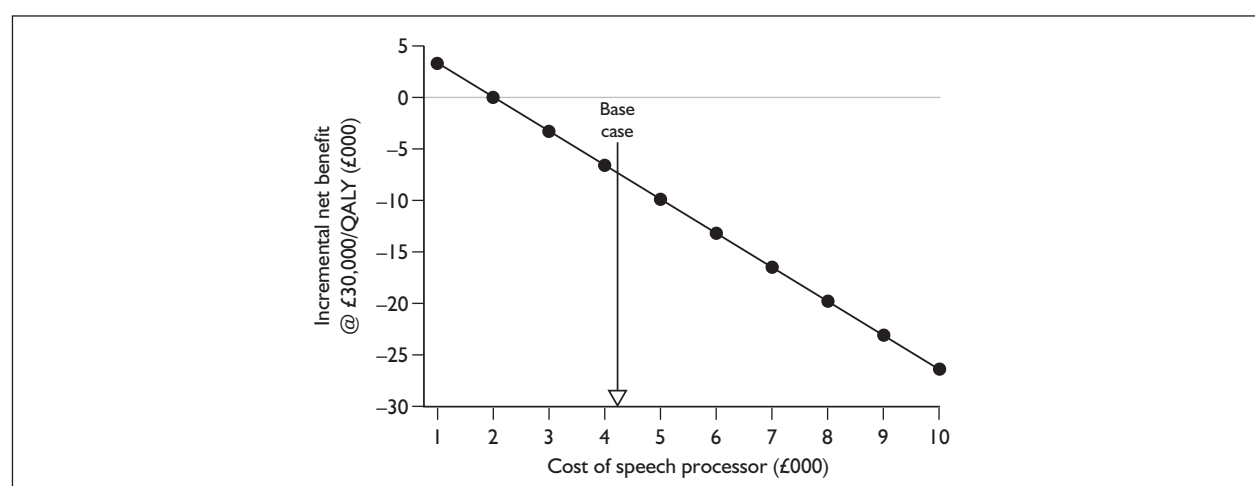
Analysis of the cost of a speech processor shows that at a willingness to pay threshold of £30,000

per QALY bilateral implantation becomes a cost-effective alternative to unilateral implantation when the cost of a speech processor falls below approximately £2000 (Figure 26). No realistic parameter value can make bilateral cochlear implantation appear cost-effective at a willingness to pay threshold of £20,000 per QALY.

TABLE 68 Incremental cost-effectiveness ratios (ICERs) for paediatric simultaneous bilateral implantation for a range of discounts applied to the cost of the second implant system

	Discount offered on cost of second implant system ^a				
	0%	25%	50%	75%	100%
Cost of bilateral implant system ^b	£29,222	£25,569	£21,916	£18,263	£14,611
ICER	£40,410	£36,139	£31,867	£27,595	£23,325

a Discount applied to the cost of a unilateral implant system.
b Corresponds to a cost averaged over all devices from all manufacturers.

**FIGURE 26** Threshold analysis for speech processor costs in children. QALY, quality-adjusted life-year.

Cost of specific implant systems

Figure 27 shows the range of ICERs for simultaneous bilateral implantation of children aged 1 year generated by varying the cost of a unilateral implant system. No price discount on the cost of a second system has been applied (i.e. bilateral implant system cost is twice the cost of unilateral implant system). No specific devices appeared cost-effective at £30,000 per QALY; however, the cheapest implant/processor combination reduced the ICER from around £40,500 to approximately £37,500.

Probabilistic sensitivity analysis

Simultaneous bilateral implantation versus unilateral implantation

The simulation output (based on 1000 runs of the model) shows that, for profoundly deaf, non-cochlear implanted children, at a willingness to pay threshold of £20,000 per QALY simultaneous provision of two cochlear implants is cost-effective in 16.6% of simulations; at £30,000 per QALY it is cost-effective in 34.9% of simulations.

At a willingness to pay threshold of £30,000 per QALY simultaneous bilateral implantation was dominated in 16.9% of simulations (creating higher costs compared with unilateral implantation but lower QALYs). The probabilistic mean incremental net benefit is -£7990 (95% Cr I -£9375 to -£6605) and the probabilistic median incremental net benefit is -£7400.

Outputs from the Monte Carlo simulation are shown graphically in Figure 28, and the CEACs for simultaneous bilateral cochlear implantation are shown in Figure 29. The CEACs show that simultaneous bilateral implantation would be considered cost-effective only if the willingness to pay threshold was increased beyond approximately £41,000 per QALY.

Sequential bilateral implantation versus unilateral implantation

The simulation output (based on 1000 runs of the model) shows that, for profoundly deaf, non-cochlear implanted children, at a willingness to pay threshold of £20,000 per QALY sequential provision of two cochlear implants is cost-effective

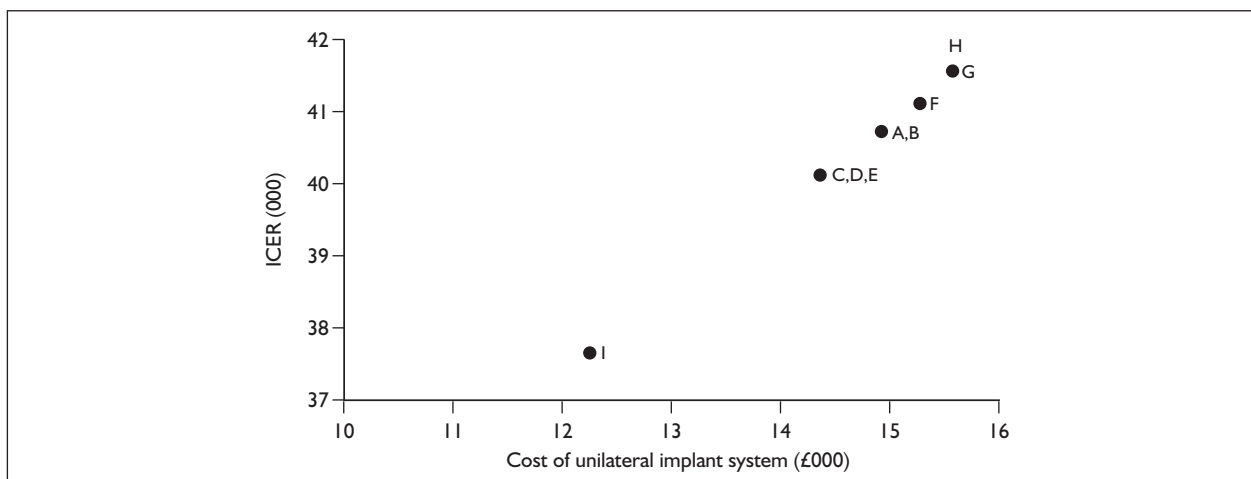


FIGURE 27 Device-specific incremental cost-effectiveness ratios (ICERs) in paediatric bilateral implantation (see Table 2 for actual prices in current NHS Supply Chain contract). A: Advanced Bionics CLARION[®] ICS HiRes 90K; B: Advanced Bionics CLARION[®] HiRes 90K with HiFocus Helix; C: Cochlear Europe Nucleus[®] CI24R (ST) 'K' with a Sprint or ESprit 3G Processor; D: Cochlear Europe Nucleus[®] CI24R (CA) Advanced with a Sprint or ESprit 3G Processor; E: Cochlear Europe Nucleus[®] CI11 + 11 + 2 double array with a Sprint or ESprit 3G Processor; F: Cochlear Europe Nucleus[®] Freedom with either BTE or BWP option; G: Cochlear Europe Nucleus[®] Freedom with both BTE and BWP option; H: MED-EL UK Pulsar CI-100; I: Neurelec DIGISONIC SP with Digi SP or Digi SP*K.

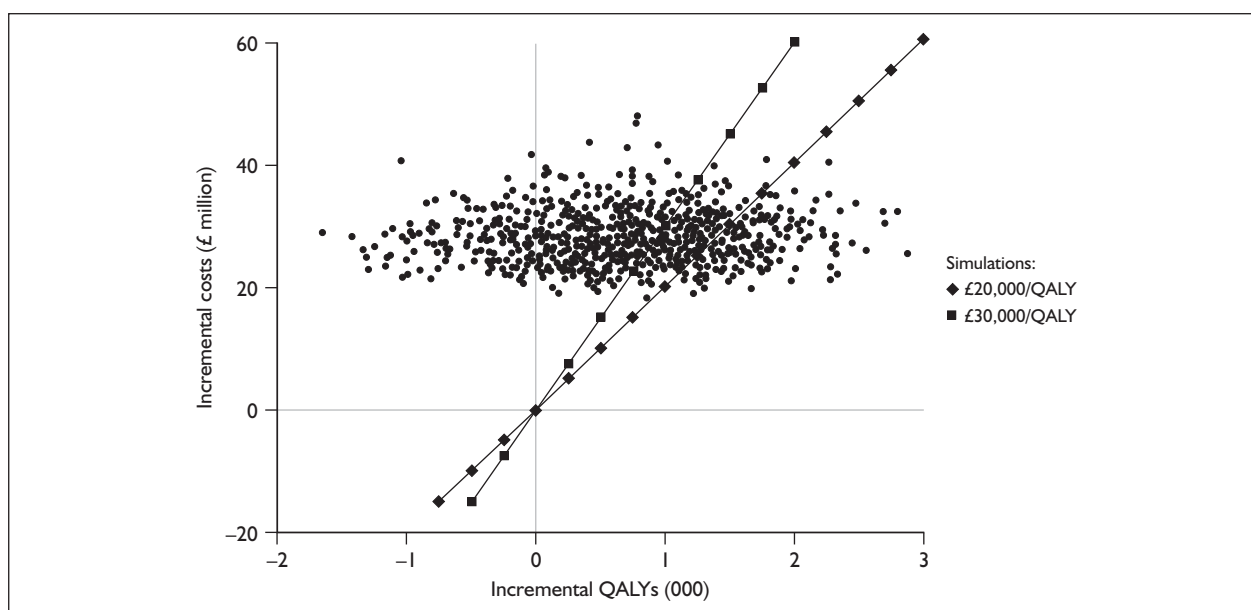


FIGURE 28 Simulation output (cohort based, 1000 trials) for the cost-effectiveness of simultaneous bilateral implantation in comparison to unilateral implantation in profoundly deaf children not using cochlear implants. QALY, quality-adjusted life-year.

in 5.5% of simulations; at £30,000 per QALY it is cost-effective in 21.3% of simulations.

At a willingness to pay threshold of £30,000 per QALY sequential bilateral implantation was dominated in 16.2% of simulations (creating higher costs compared with unilateral implantation but lower QALYs). The probabilistic mean incremental net benefit is -£15,548 (95% Cr I -£16,793

to -£14,303) and the probabilistic median incremental net benefit is -£14,739.

Outputs from the Monte Carlo simulation are shown graphically in Figure 30, and the CEACs for sequential bilateral cochlear implantation are shown in Figure 31. The CEACs show that sequential bilateral implantation would be considered cost-effective only if the willingness to

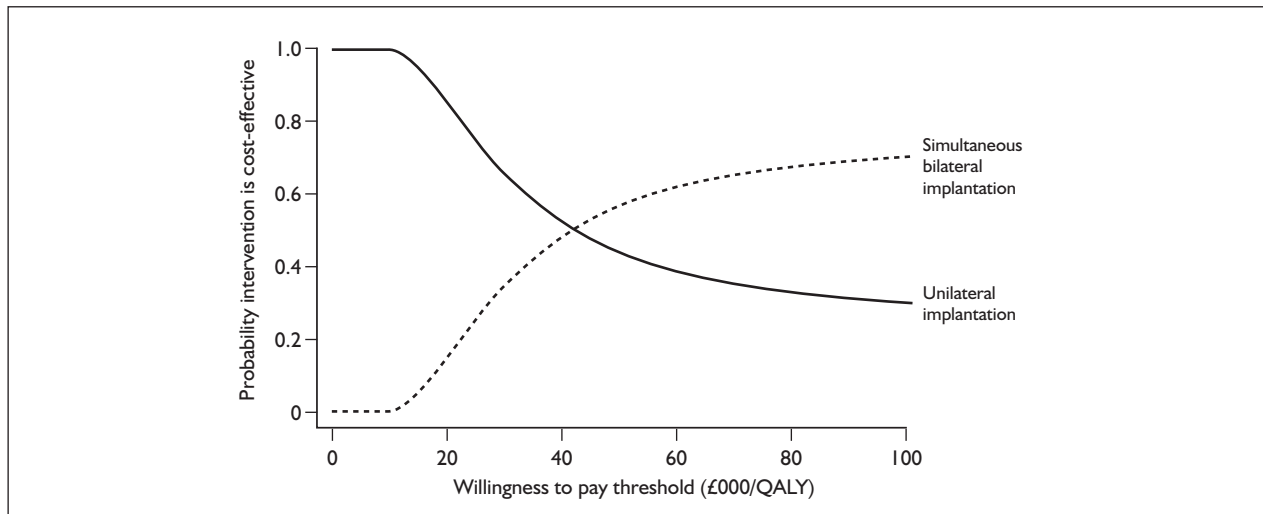


FIGURE 29 Cost-effectiveness acceptability curves for simultaneous bilateral implantation vs unilateral cochlear implantation in profoundly deaf children not using cochlear implants. QALY, quality-adjusted life-year.

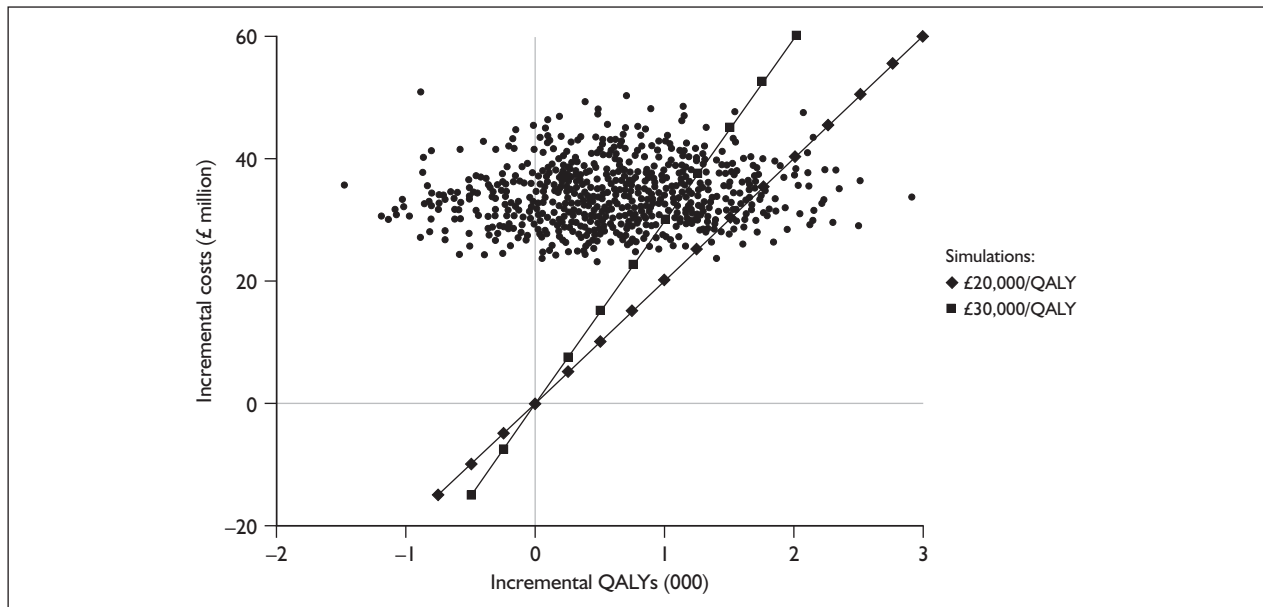


FIGURE 30 Simulation output (cohort based, 1000 trials) for the cost-effectiveness of sequential bilateral implantation in comparison to unilateral implantation in profoundly deaf children. QALY, quality-adjusted life-year.

pay threshold was increased beyond approximately £55,000 per QALY.

Scenario analyses
Cost-effectiveness of paediatric cochlear implantation assuming no product warranties

We examined the impact on cost-effectiveness of the scenario in which product warranties (i.e. free repairs and replacements for a number of years) are no longer offered. The results are shown in *Tables 69 and 70*. Without warranties the ICER increases by approximately 7% for

unilateral implantation in comparison to no cochlear implantation and by approximately 15% for bilateral implantation compared with unilateral implantation. However, all of the previous uncertainties surrounding discounts and incremental utility remain.

Early unilateral implantation of children (including educational costs)

As discussed in Chapter 4 (see Educational outcomes, Review of educational studies), early implantation of children leads to a greater number attending normal schools as opposed to schools for the deaf. From a societal perspective this leads

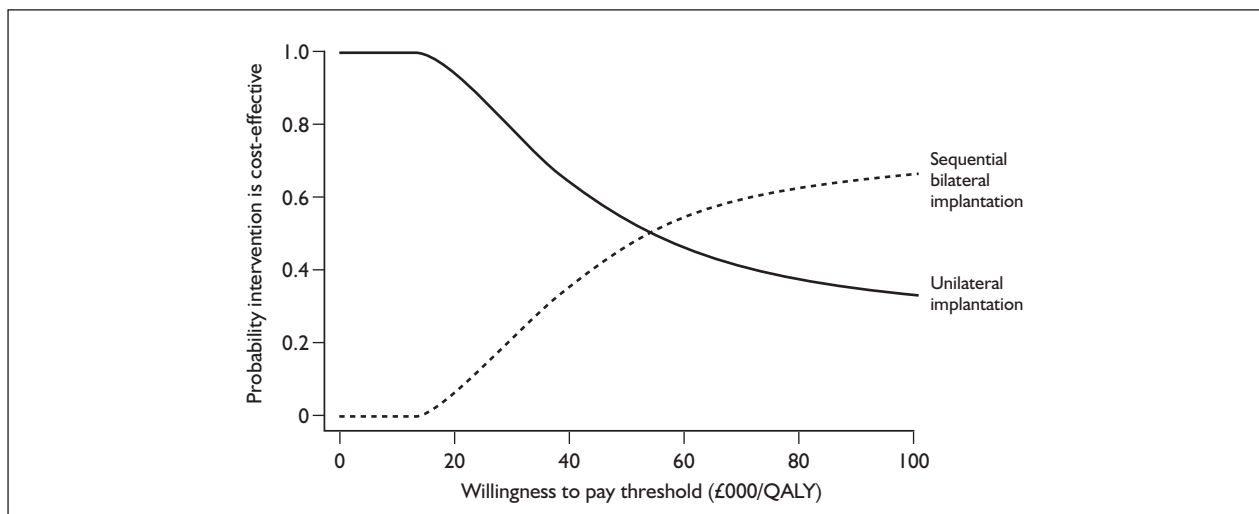


FIGURE 31 Cost-effectiveness acceptability curves for sequential bilateral implantation vs unilateral cochlear implantation in profoundly deaf children. QALY, quality-adjusted life-year.

TABLE 69 Discounted base-case cost-effectiveness of unilateral cochlear implantation of prelingually deafened children assuming no device warranties

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	371	11.36	–	–	–
Unilateral implantation	64,491	15.84	64,120	4.48	14,317

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 70 Discounted base-case cost-effectiveness of simultaneous bilateral cochlear implantation of prelingually deafened children assuming no device warranties

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	64,491	15.84	–	–	–
Simultaneous bilateral implantation	95,647	16.51	31,156	0.67	46,449

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

to savings in educational costs. Although not a reference case analysis, an estimate of the cost-effectiveness of unilateral implantation when these cost savings are introduced can be made.

For the comparison of unilateral implantation with non-cochlear implant use the results for a cohort of non-cochlear implant users entering the precandidacy screening process at age 1 year are shown in *Table 71*. As with the reference case analysis, in comparison to no cochlear implant use, unilateral implantation confers an extra 4.48 QALYs. However, the costs incurred over an

individual's lifetime fall from £60,070 to £44,403. This leads to the ICER falling from £13,413 per QALY to £9,915 per QALY.

No information was found in which the impact of bilateral implantation on schooling was reported. However, it seems reasonable to assume that the impact on schooling when two devices are used is at least as large as the impact with one device. Therefore, assuming that the same cost savings apply to this patient group, the ICER falls from £40,410 per QALY to £40,185 per QALY (*Table 72*).

TABLE 71 Discounted base-case cost-effectiveness results per patient for early unilateral implantation of profoundly deafened children compared with no cochlear implant use (including educational savings)

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	371	11.36	–	–	–
Unilateral implantation	44,774	15.84	44,403	4.48	9915

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 72 Discounted base-case cost-effectiveness results per patient for early simultaneous bilateral implantation of profoundly deafened children compared with unilateral implantation (including educational savings)

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	44,774	15.84	–	–	–
Simultaneous bilateral Implantation	71,728	16.51	26,954	0.67	40,185

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

Differential results for paediatric subgroups

Profoundly deaf children implanted later in childhood

Base-case results for a cohort of non-cochlear implant users entering the precandidacy screening process at age 8 years are shown for unilateral implantation in *Table 73* and for simultaneous bilateral implantation in *Table 74*.

In comparison to no cochlear implant use, unilateral implantation confers an extra 3.88 QALYs. This improvement would cost the NHS £56,832 per patient to achieve. In contrast, when compared with unilateral cochlear implantation, simultaneous bilateral implantation confers an additional 0.64 QALYs at an additional cost of £26,721 per person.

Results of cost-effectiveness in adults

Unilateral implantation compared with best standard care

Base-case results produced by the decision model for a cohort of postlingually deafened adults entering the candidacy screening process at age 50 years are shown in *Table 75*. In comparison to no cochlear implantation the provision of unilateral cochlear implantation provides an extra 2.4 QALYs. This improvement would cost the NHS an extra £33,959 per patient to achieve.

The ICER suggests that unilateral cochlear implantation may be slightly more cost-effective in adults than in children. The reasons for this appear to be that in the first few years post implantation children incur higher tuning and maintenance costs than adults, and that adults have a larger, fixed gain in health-related quality of life. In contrast, in children this gain is time dependant and lower in the first few years than the fixed value used for adults.

Model outputs

Expected lifetime of cohort

Simulated adults survive to a mean age of 82 years, similar to mortality in government actuarial life tables.²⁰³ This value is not the same as the one used in the analyses of prelingually deafened children for reasons of differences in gender mix and also the fact that individuals who have survived to the age of 50 years have an older expected age of death than those who have survived to the age of 1 year. The assumption is again made that neither deafness nor the evaluated technologies carry with them an increased mortality risk. The expected lifetime over which events occur is therefore 32 years.

Event counts

The model outputs for the whole adult cohort as well as the subset of successful cochlear implant recipients are shown in *Table 76*. With the exception of voluntary non-use, all model outputs represent

TABLE 73 Discounted base-case cost-effectiveness results per patient for unilateral implantation in older profoundly deafened children implanted at age 8 years compared with no cochlear implant use

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	364	11.18	–	–	–
Unilateral implantation	57,197	15.06	56,832	3.88	14,665

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 74 Discounted base-case cost-effectiveness results per patient for simultaneous bilateral implantation in older profoundly deafened children implanted at age 8 years compared with unilateral implantation

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	57,197	15.06	–	–	–
Simultaneous bilateral implantation	83,917	15.70	26,721	0.64	41,501

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 75 Discounted base-case cost-effectiveness results per patient for unilateral implantation of adults aged 50 years compared with no cochlear implantation

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	248	8.20	–	–	–
Unilateral cochlear implant use	34,207	10.60	33,959	2.40	14,163

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 76 Per-person event counts for adult unilateral cochlear implantation

	Whole cohort (including non-recipients)		Unilateral cochlear implant recipients	
	Lifetime	Event rate/100 patient-years	Lifetime	Event rate/100 patient-years
New cochlear implant internal components	0.02	0.05	0.02	0.08
New cochlear implant external components	4.45	13.77	6.36	19.67
Major complications	0.10	0.3	0.14	0.44
Initial implant operations	0.7	NA	1.0	NA
New acoustic hearing aids	4.24	13.11	4.15	12.85
Permanent explants	0.01	0.04	0.02	0.06
Voluntary non-compliance	0.016	0.05	0.023	0.07

NA, not applicable.

the number of events that an individual can expect to experience over their lifetime. When relevant, results are also reported as the rate per 100 patient-years.

A separate cohort is used to generate results for adults not using any form of cochlear implant. The only event such individuals can experience is the replacement of an acoustic hearing aid. An individual can expect to receive 4.4 new acoustic hearing aids over the course of their lifetime.

Analysis of uncertainty
Deterministic sensitivity analysis

Results are again presented separately for structural parameters (Figure 32), utilities (Figure 33), event-related probabilities and survival curves (Figure 34) and costs (Figure 35).

In this analysis of the effect of changes in individual parameters on the cost-effectiveness of unilateral cochlear implantation in adults compared with no cochlear implant use the base-

case ICER appears particularly sensitive to changes in the following parameters:

- time horizon used in the model
- annual discount rate applied to health benefits
- starting age of the cohort
- incremental utility associated with unilateral use compared with implant non-use.

Threshold analyses

We considered the imposition of a fixed time horizon, the starting age of the cohort and the incremental utility gain because the model is particularly sensitive to these parameters.

Cohort starting age

Threshold analysis of the starting age of the adult cohort shows that at a willingness to pay threshold of £30,000 per QALY unilateral implantation represents a cost-effective treatment option for all realistic input values (Figure 36). At a willingness to pay threshold of £20,000 per QALY unilateral implantation ceases to appear cost-ineffective

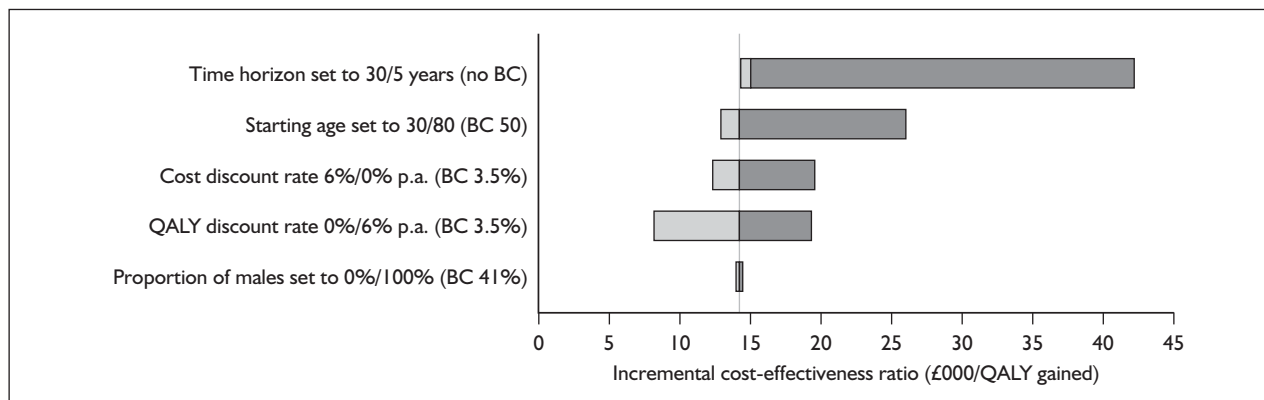


FIGURE 32 One-way sensitivity analysis for structural inputs. Incremental cost-effectiveness ratios of adult unilateral cochlear implantation compared with no cochlear implant use. BC, base-case value; QALY, quality-adjusted life-year.

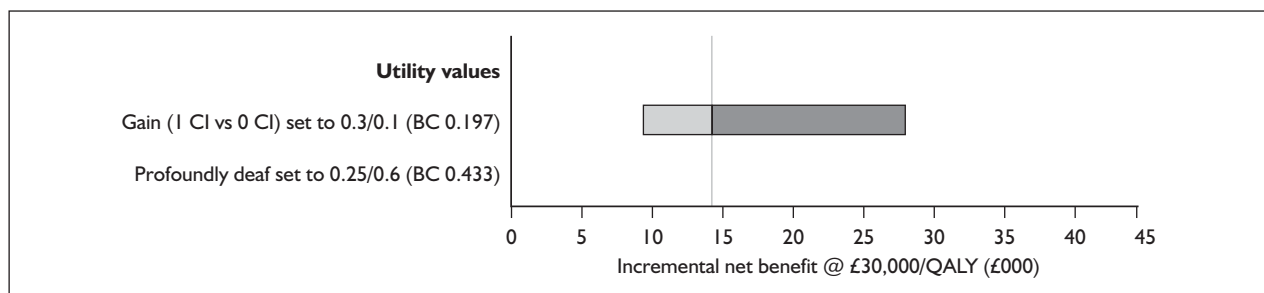


FIGURE 33 One-way sensitivity analysis for utilities. Incremental cost-effectiveness ratios of adult unilateral cochlear implantation compared with no cochlear implant use. BC, base-case value; CI, cochlear implant; QALY, quality-adjusted life-year.

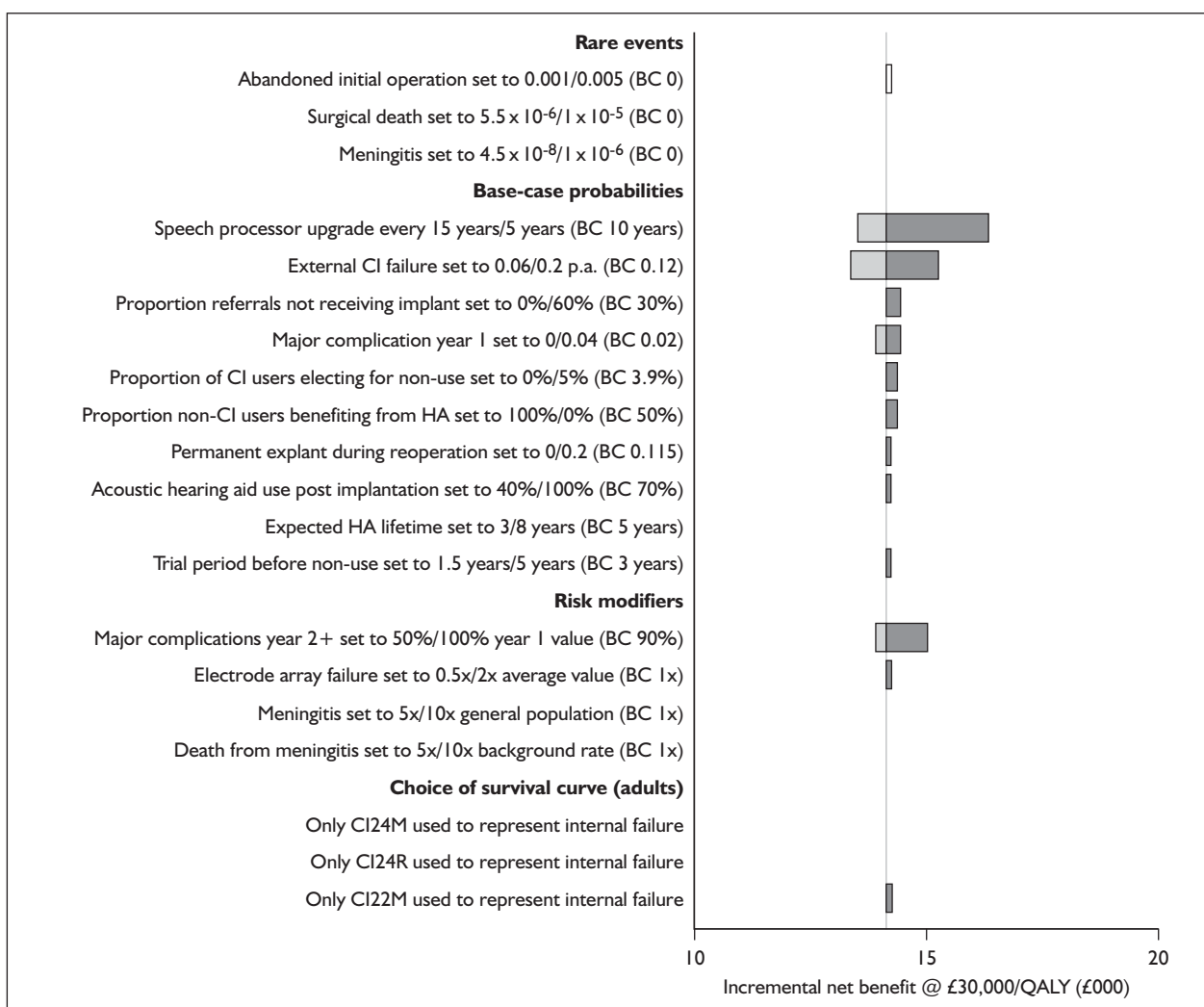


FIGURE 34 One-way sensitivity analysis for event probabilities. Incremental cost-effectiveness ratios of adult unilateral cochlear implantation compared with no cochlear implant use. BC, base-case value; CI, cochlear implant; HA, hearing aid; QALY, quality-adjusted life-year.

when the cohort starting age increases above approximately 70 years.

Utility gain associated with unilateral cochlear implant use compared with no implant use

Figure 37 shows that at a willingness to pay threshold of £30,000 per QALY unilateral implantation becomes cost-ineffective only when the utility gain associated with unilateral cochlear implantation as opposed to no implant use falls below a value of approximately 0.1. At a willingness to pay threshold of £20,000 per QALY unilateral implantation becomes cost-ineffective below a value of approximately 0.15.

Model time horizon

The cost-effectiveness of unilateral cochlear implantation of adults at various time points is shown in Figure 38. At a willingness to pay

threshold of £30,000 per QALY the procedure becomes cost-effective after approximately 8 years. At a willingness to pay threshold of £20,000 per QALY the procedure becomes cost-effective after approximately 14 years.

Probabilistic sensitivity analysis

The simulation output (based on 1000 runs of the model) shows that at both £20,000 per QALY and £30,000 per QALY unilateral implantation of profoundly deaf adults is cost-effective in 100% of simulations.

At a willingness to pay threshold of £30,000 per QALY unilateral implantation was dominated in 0% of simulations (creating higher costs compared with no cochlear implant use but lower QALYs). The probabilistic mean incremental net benefit is £37,390 (95% Cr I £36,999–37,781) and the

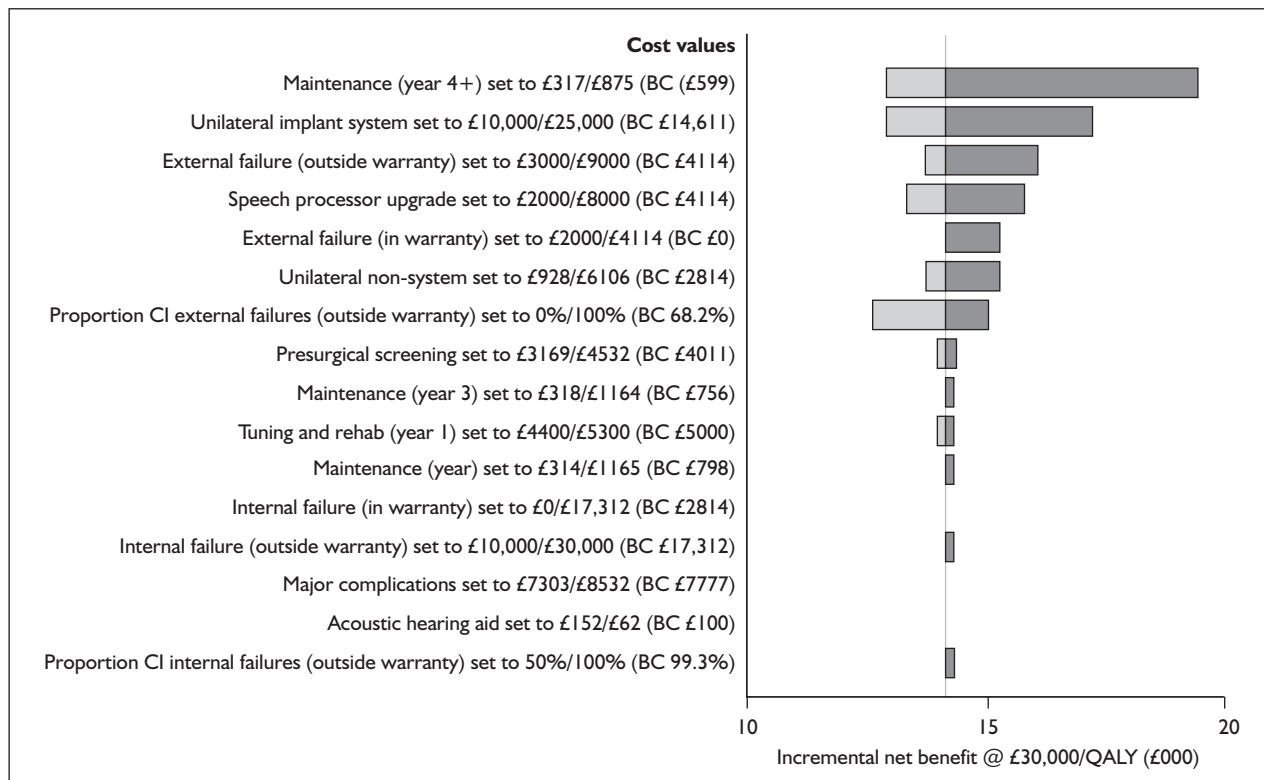


FIGURE 35 One-way sensitivity analysis for costs. Incremental cost-effectiveness ratios of adult unilateral cochlear implantation compared with no cochlear implant use. BC, base-case value; CI, cochlear implant; QALY, quality-adjusted life-year.

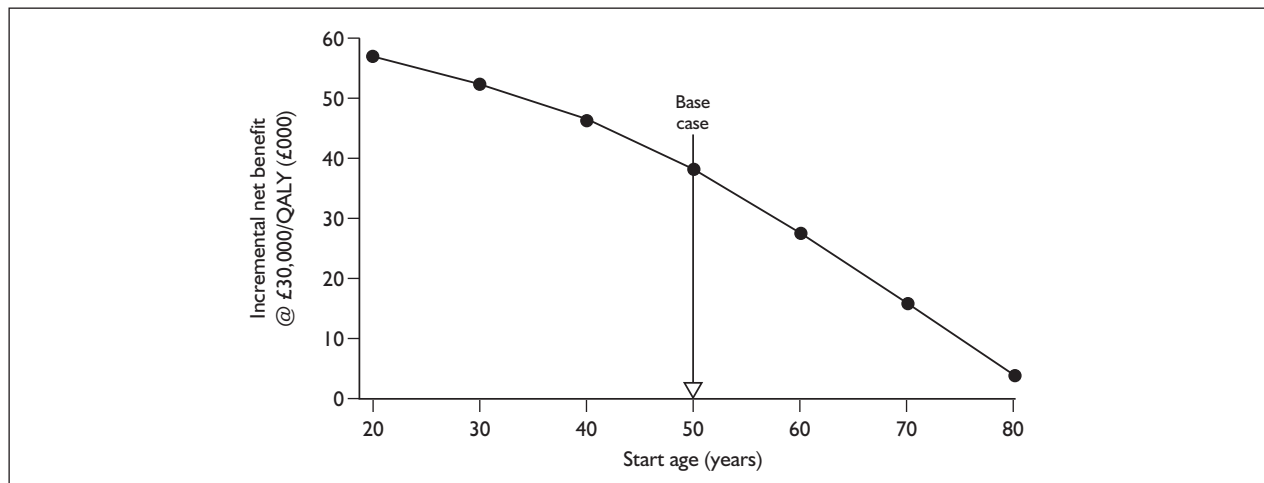


FIGURE 36 Threshold analysis for starting age of adult cohort (unilateral implantation). QALY, quality-adjusted life-year.

probabilistic median incremental net benefit is £37,131.

Outputs from the Monte Carlo simulation are shown graphically in *Figure 39*, and the CEACs are shown in *Figure 40*. The CEACs show that unilateral implantation would be considered cost-effective only if the willingness to pay threshold was increased beyond approximately £14,500 per QALY.

Scenario analysis

Cost-effectiveness of unilateral implantation compared with non-use of cochlear implants (age-dependant utility gain)

The results for this scenario are summarised in *Table 77*. Overall, the ICER is 7.5% higher than that generated in the base-case scenario.

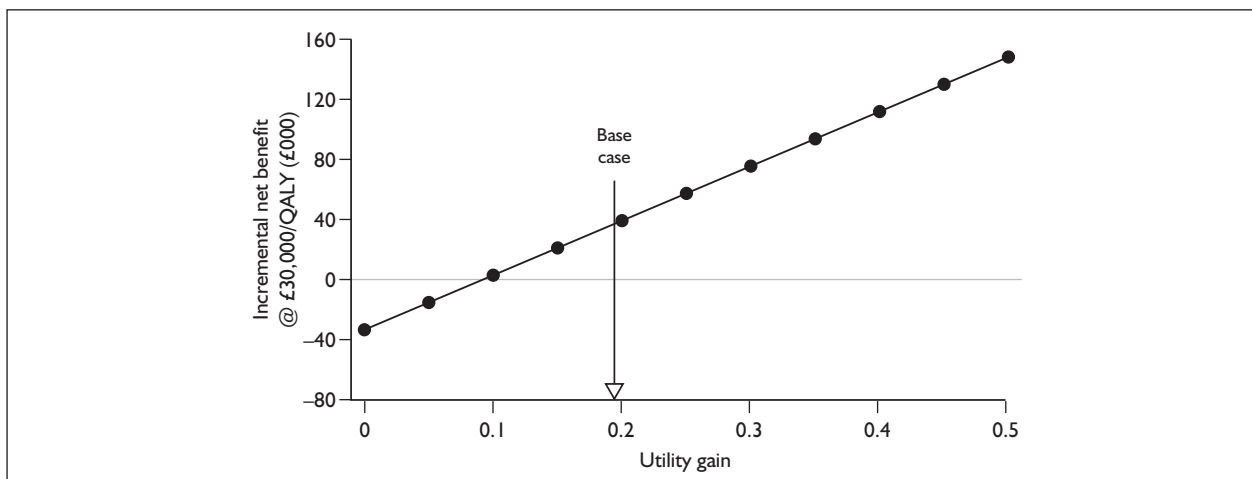


FIGURE 37 Threshold analysis for utility gain associated with unilateral cochlear implant use compared with no device use in adults.

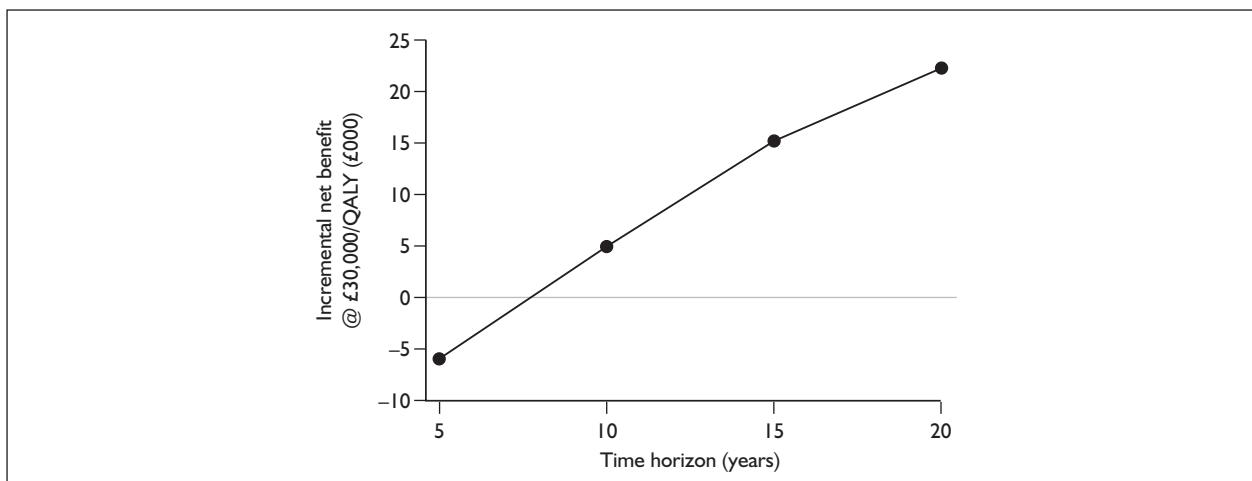


FIGURE 38 Threshold analysis for model time horizon associated with unilateral cochlear implantation of adults at age 50 years. QALY, quality-adjusted life-year.

Bilateral implantation compared with unilateral implantation

Base-case results produced by the decision model for a cohort of postlingually deafened adults entering the candidacy screening process at age 50 years are shown for simultaneous bilateral implantation in *Table 78* and for sequential bilateral implantation in *Table 79*.

In comparison to unilateral cochlear implantation, simultaneous bilateral cochlear implantation provides an extra 0.38 QALYs. This improvement would cost the NHS an additional £19,048 per patient to achieve.

In contrast, when also compared with unilateral cochlear implantation, sequential bilateral implantation confers an additional 0.33 QALYs at an additional cost of £19,678 per person.

As with the analysis of paediatric implantation, all of the following results refer to simultaneous bilateral implantation unless otherwise stated.

Model outputs Expected lifetime of cohort

Bilateral implantation has no significant impact on background mortality and therefore the expected lifetime following implantation of the bilateral implant cohort is exactly the same as for the unilateral cohort (32 years).

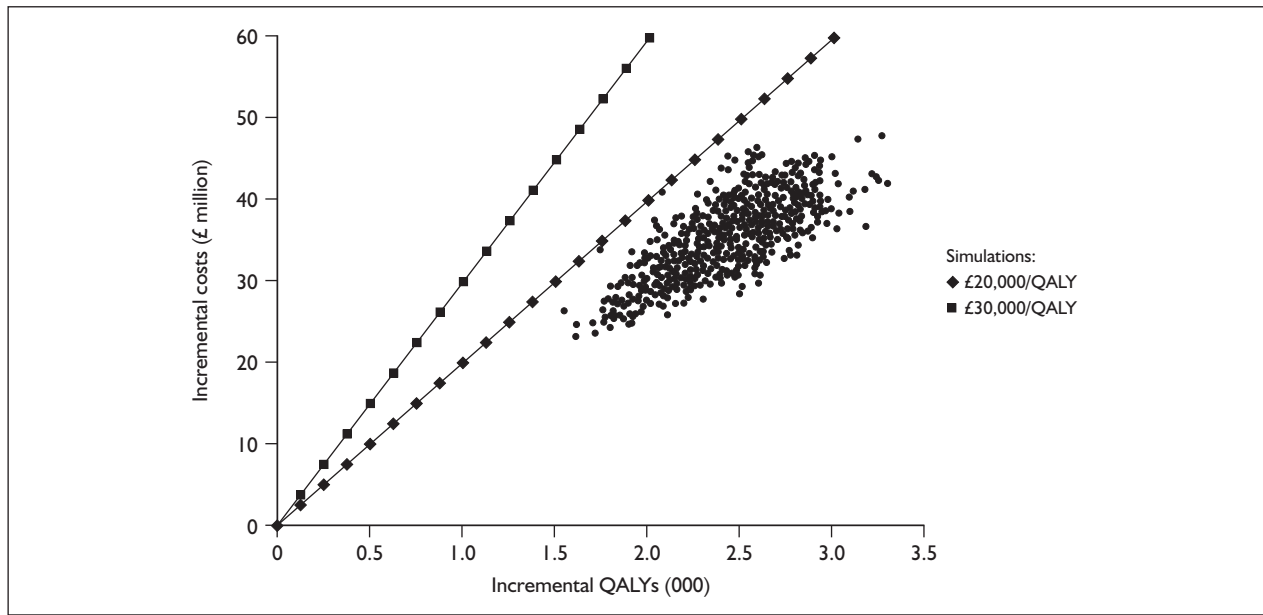


FIGURE 39 Simulation output (cohort based, 1000 trials) for the cost-effectiveness of unilateral cochlear implantation of adults in comparison to no cochlear implant use. QALY, quality-adjusted life-year.

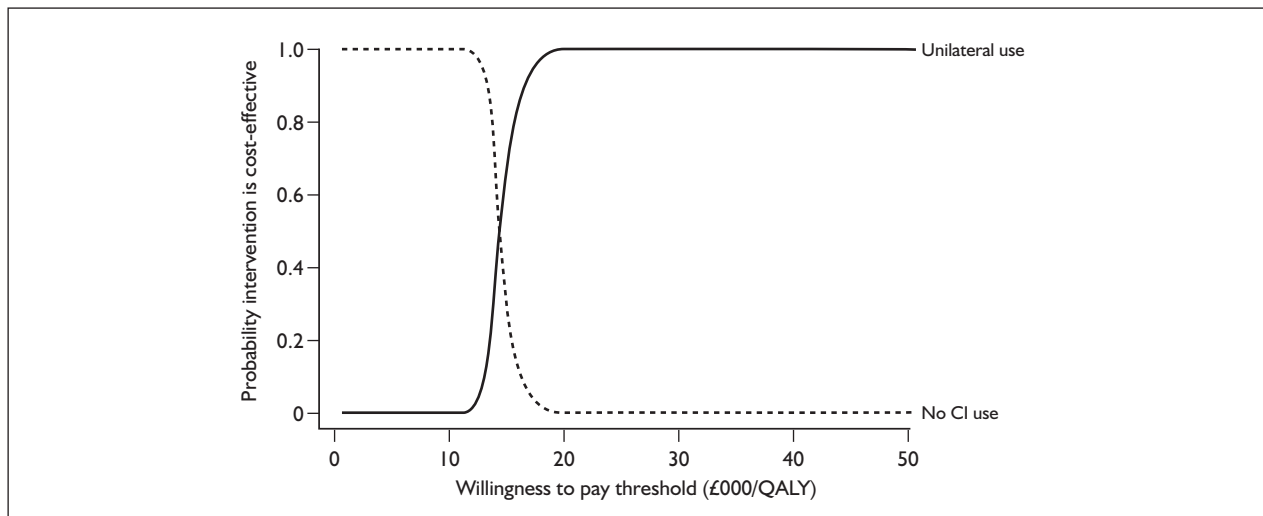


FIGURE 40 Cost-effectiveness acceptability curves for unilateral cochlear implantation of adults vs non-cochlear implant use. QALY, quality-adjusted life-year.

Device use

Table 80 shows the number of devices used over the course of an individual’s expected lifetime. Results for the whole bilateral cohort as well as the subset of bilateral recipients are reported.

If an individual successfully receives two devices there is an 93% chance that they will remain using two devices for the remainder of their life.

Event counts

The event counts for the whole bilateral cohort as well as the subset of simultaneous bilateral recipients are shown in Table 81. With the exception

of voluntary non-use, all model outputs represent the number of events that an individual can expect to experience over their remaining lifetime.

Corresponding per-person event counts for unilateral implantation of the same patient group are reported earlier in this chapter.

Analysis of uncertainty
Deterministic sensitivity analysis

Results have again been presented separately for structural parameters (Figure 41), utilities (Figure

TABLE 77 Discounted base-case cost-effectiveness results for unilateral implantation in adults compared with no cochlear implant use (alternative utility scenario)

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	248	7.66	–	–	–
Unilateral implantation	34,207	9.89	33,959	2.23	15,226

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 78 Discounted base-case cost-effectiveness results per patient for simultaneous bilateral implantation in adults aged 50 years compared with unilateral implantation

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	34,207	10.60	–	–	–
Simultaneous bilateral implantation	53,255	10.99	19,048	0.38	49,559

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 79 Discounted base-case cost-effectiveness results per patient for sequential bilateral implantation in adults aged 50 years compared with unilateral implantation

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	34,207	10.60	–	–	–
Sequential bilateral implantation	53,886	10.93	19,678	0.33	60,301

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 80 Proportion of expected adult lifetime that bilateral implantees spend with different numbers of devices

	Whole cohort (including non-recipients)	Bilateral cochlear recipients
Proportion of lifetime using two devices	65%	93%
Proportion of lifetime using one device	2%	2%
Proportion of lifetime using no devices	33%	5%

42), event-related probabilities and survival curves (Figure 43) and costs (Figure 44).

The baseline ICER corresponding to the comparison of simultaneous bilateral and unilateral cochlear implantation of adults aged 50 years appears particularly sensitive to changes in the following parameters:

- the time horizon used in the model
- the annual discount rate applied to health benefits

- the incremental value associated with bilateral implant use in comparison to unilateral implant use
- the cost of bilateral implant hardware as a proportion of the cost of unilateral implant hardware.

Threshold analyses

Cohort starting age

Threshold analysis of the starting age of the adult cohort shows that at a willingness to pay threshold of £30,000 per QALY bilateral implantation never

TABLE 81 Per-person event counts for adult bilateral implantation

	Whole cohort (including non-recipients)		Only bilateral cochlear implant recipients	
	Lifetime	Event rate/100 patient-years	Lifetime	Event rate/100 patient-years
New cochlear implant internal components	0.03	0.11	0.05	0.15
New cochlear implant external components	8.90	27.53	12.71	39.34
Major complications	0.20	0.61	0.28	0.87
Initial implant operations	0.70	NA	1.00	NA
New acoustic hearing aids	1.47	4.56	0.20	0.63
Permanent explants	0.03	0.08	0.04	0.12
Voluntary non-compliance	0.016	0.05	0.024	0.07

NA, not applicable.

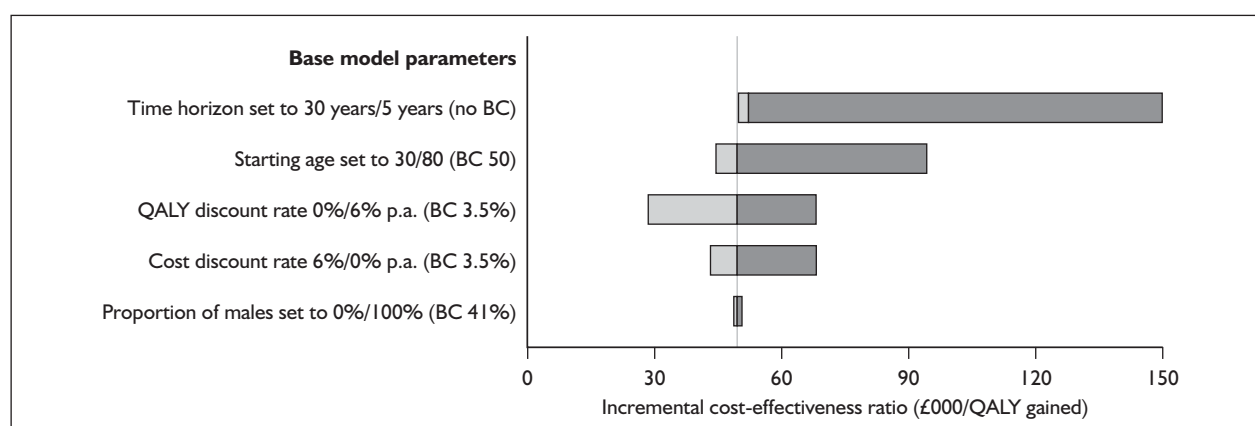


FIGURE 41 One-way sensitivity analysis for structural inputs. Incremental cost-effectiveness ratios of adult simultaneous bilateral cochlear implantation compared with unilateral use. BC, base-case value; QALY, quality-adjusted life-year.

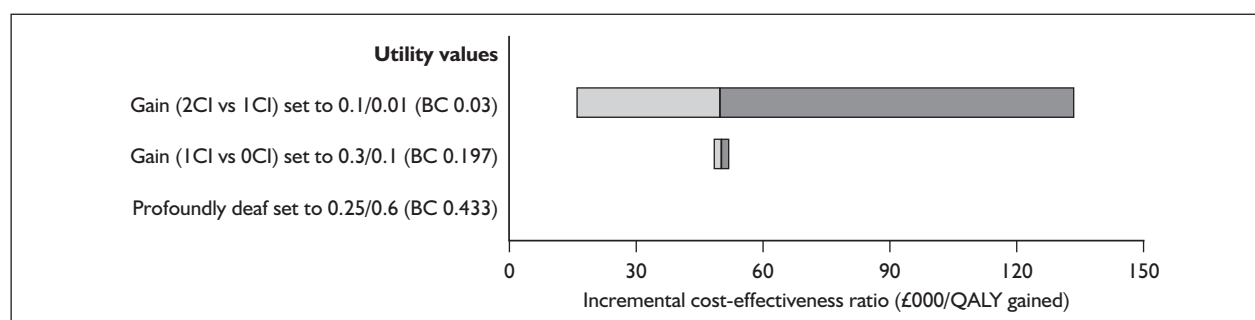


FIGURE 42 One-way sensitivity analysis for utilities. Incremental cost-effectiveness ratios of adult simultaneous bilateral implantation compared with unilateral use. BC, base-case value; CI, cochlear implant; QALY, quality-adjusted life-year.

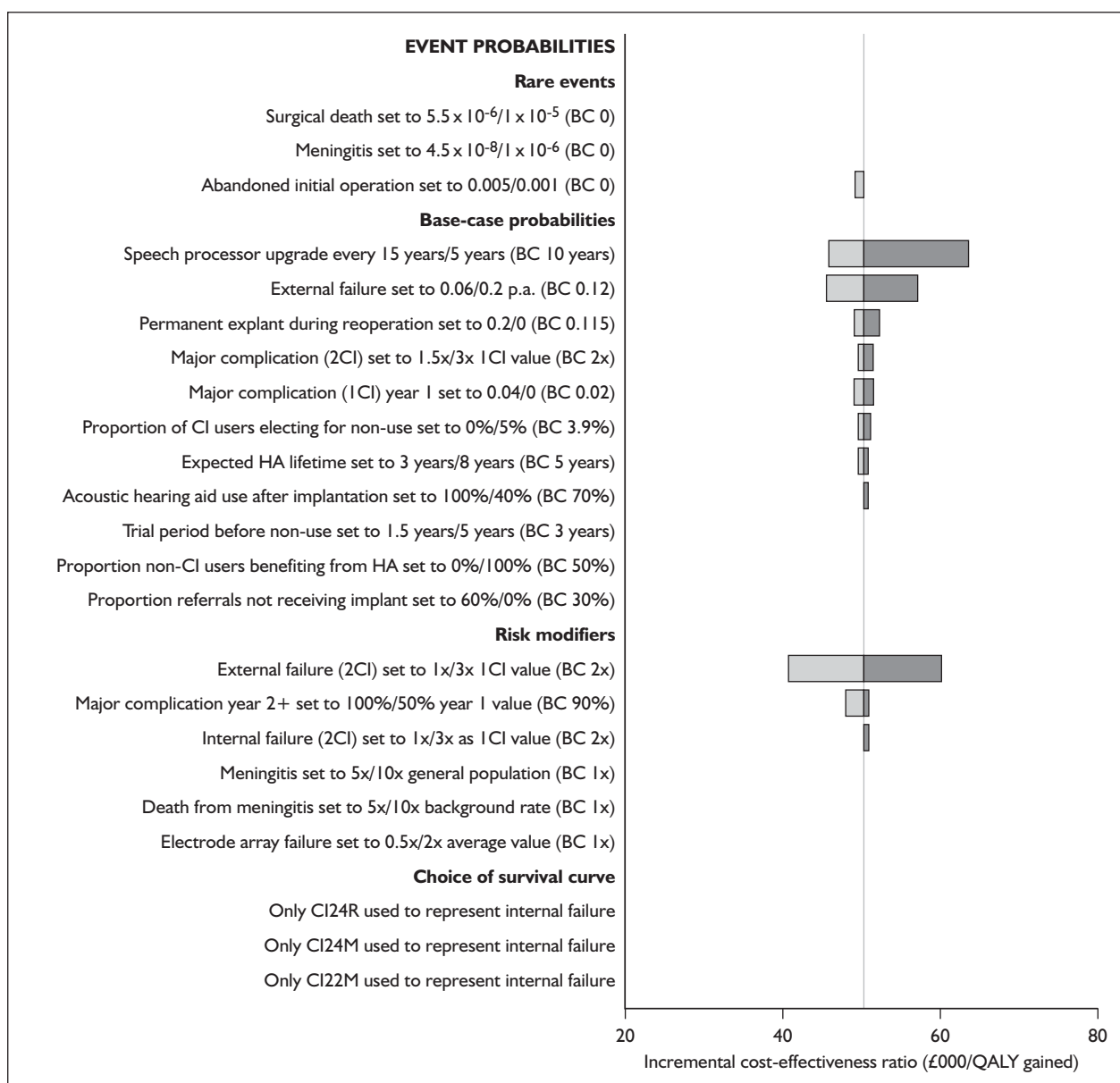


FIGURE 43 One-way sensitivity analysis for event probabilities. Incremental cost-effectiveness ratios of adult simultaneous bilateral implantation compared with unilateral use. BC, base-case value; CI, cochlear implant; HA, hearing aid; QALY, quality-adjusted life-year.

represents a cost-effective treatment option for any feasible input values (Figure 45).

Utility gain associated with bilateral compared with unilateral device use

Analysis of the incremental utility associated with bilateral cochlear implant use compared with unilateral cochlear implant use shows that at a willingness to pay threshold of £30,000 per QALY simultaneous bilateral implantation becomes cost-effective above a value of approximately 0.05 (Figure 46). At a willingness to pay threshold of £20,000 per QALY bilateral implantation becomes cost-effective when the parameter value

is above approximately 0.08. Both of these are close to the value assumed in the base case (0.03). However, because the adult ICER is higher than the corresponding value for children, additional benefit is needed to make the technology appear cost-effective.

As stated in Chapter 6 (see Utility and utility changes following bilateral implantation) the 95% confidence interval for this regression model-derived parameter is -0.045 to $+0.104$. Regardless of which of the threshold values are used the model is extremely sensitive to changes in this parameter.

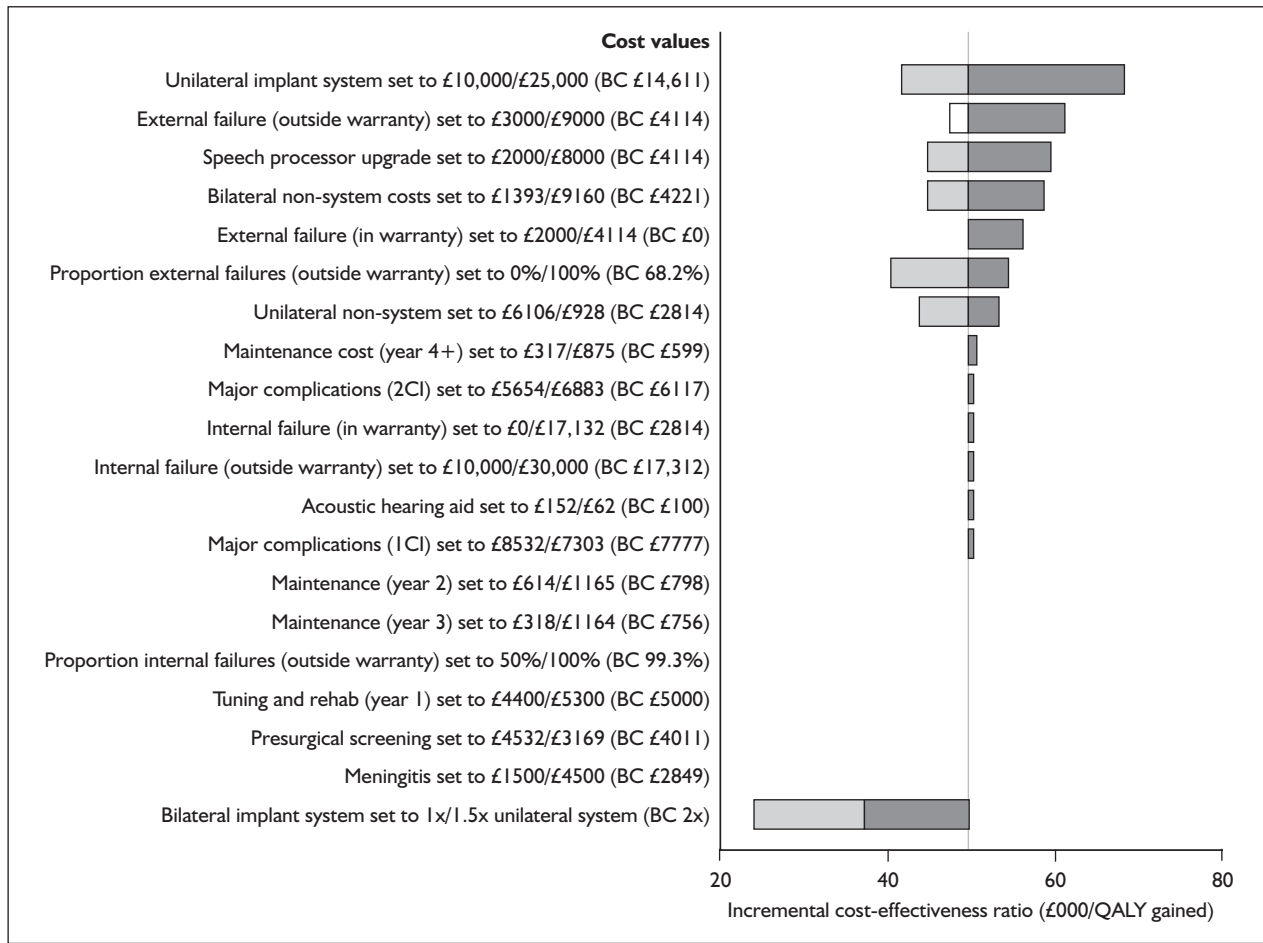


FIGURE 44 One-way sensitivity analysis for costs. Incremental net benefit of adult simultaneous bilateral implantation compared with unilateral implantation at a willingness to pay threshold of £30,000 per QALY. BC, base-case value; CI, cochlear implant; QALY, quality-adjusted life-year.

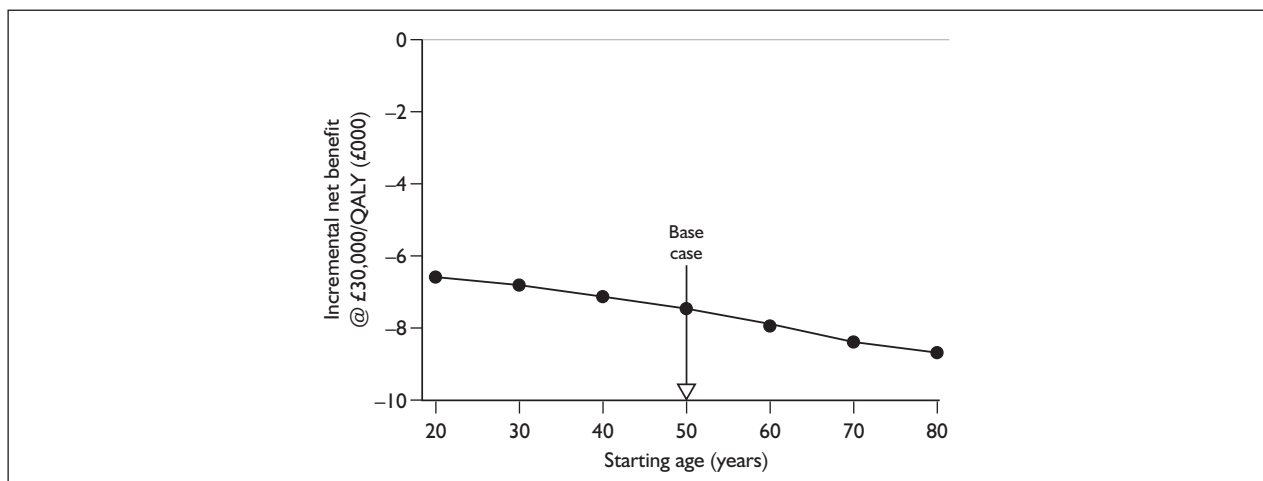


FIGURE 45 Threshold analysis for starting age of adult cohort (bilateral implantation). QALY, quality-adjusted life-year.

Although this interval may be statistically meaningful, individuals who receive two cochlear implants will only have a worse quality of life than with only one implant if the negative impacts

on utility, because of, for example, surgical complications or changes in tinnitus, are greater than the other documented benefits of binaural hearing. On current evidence, in particular the

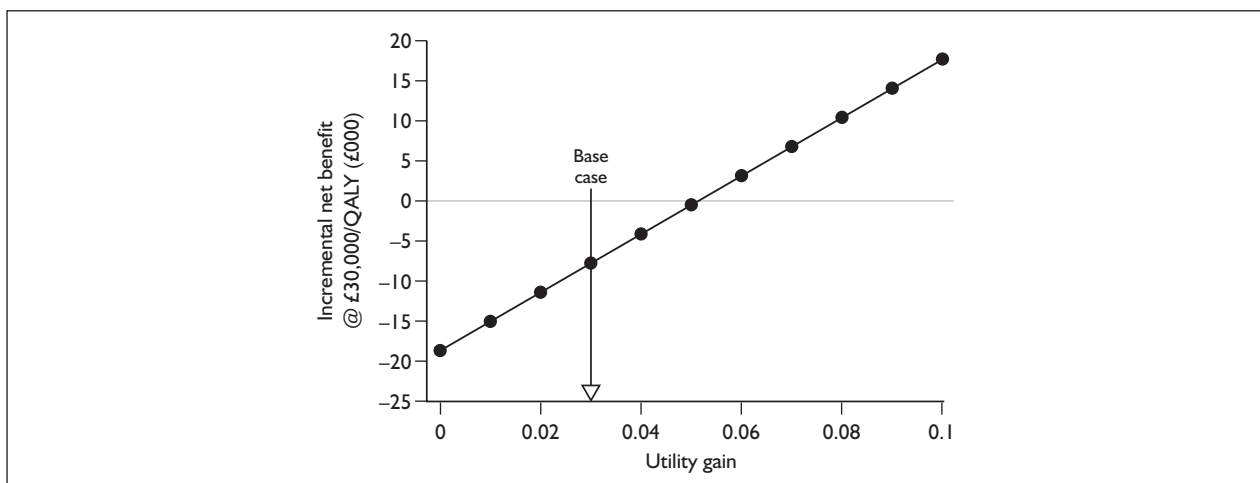


FIGURE 46 Threshold analysis for utility gain in adults associated with bilateral as opposed to unilateral cochlear implant use. QALY, quality-adjusted life-year.

typically ameliorating impacts on tinnitus of cochlear implantation (see Utility and utility changes following bilateral implantation), it seems more reasonable to assume that health-related quality of life may increase rather than decrease with a second device. *Table 82* shows the range of ICERs corresponding to positive parameter values within the confidence interval.

Cost of bilateral implant system

Figure 47 shows that at a willingness to pay threshold of £30,000 per QALY for simultaneous bilateral implantation to become cost-effective a discount of approximately 75% on the cost of the second implant system is required. In the base-case analysis no discount has been applied. The discount is greater than the corresponding value for prelingually deafened children because of the base-case ICER being higher.

Table 83 shows the range of ICERs generated when a range of discounts are applied to the cost of a unilateral implant system.

At a willingness to pay threshold of £20,000 per QALY, no feasible value for system costs makes bilateral implantation appear cost-effective.

Cost of unilateral implant system

Figure 48 shows the range of ICERs for simultaneous bilateral implantation of adults aged 50 years generated by varying the cost of a unilateral implant system. No discount on the cost of the second system has been applied (i.e. the cost of a bilateral implant system is twice the cost of a unilateral implant system). No devices appeared cost-effective at £30,000 per QALY. However, the

cheapest implant/processor combination reduced the ICER from around £50,000 to approximately £45,000.

Probabilistic sensitivity analysis Simultaneous bilateral implantation versus unilateral implantation

The simulation output (based on 1000 runs of the model) shows that at £20,000 per QALY, in profoundly deaf adults who are initially not cochlear implant users, simultaneous bilateral implantation is cost-effective in 3% of simulations; at £30,000 per QALY it is cost-effective in 20.7% of simulations.

At a willingness to pay threshold of £30,000 per QALY, simultaneous bilateral implantation was dominated by unilateral implantation in 13.2% of simulations (creating higher costs but lower QALYs). The probabilistic mean incremental net benefit is -£8868 (95% Cr I -£9525 to -£8212) and the probabilistic median incremental net benefit is -£8256.

Outputs from the Monte Carlo simulation are shown graphically in *Figure 49*, and the CEACs are shown in *Figure 50*. The CEACs show that simultaneous bilateral implantation would be considered cost-effective only if the willingness to pay threshold was increased beyond approximately £50,000 per QALY.

Sequential bilateral implantation versus unilateral implantation

The simulation output (based on 1000 runs of the model) shows that at £20,000 per QALY,

TABLE 82 Range of incremental cost-effectiveness ratios (ICERs) generated for different utility gains associated with bilateral as opposed to unilateral cochlear implant use

		Utility gain											
		–0.01	0	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.10
ICER value	Dominated	NA	£132,986	£72,208	£49,559	£37,725	£30,454	£25,532	£21,980	£19,296	£17,196	£15,508	
NA, not applicable.													

TABLE 83 Incremental cost-effectiveness ratios (ICERs) for adult simultaneous bilateral implantation for a range of discounts applied to the cost of the second implant system

		Discount offered on cost of second implant system ^a				
		0%	25%	50%	75%	100%
Cost of bilateral implant system ^b		£29,222	£25,569	£21,916	£18,263	£14,611
ICER		£49,559	£43,028	£36,497	£29,966	£23,438
a Discount applied to the cost of a unilateral implant system.						
b Corresponds to a cost averaged over all devices from all manufacturers.						

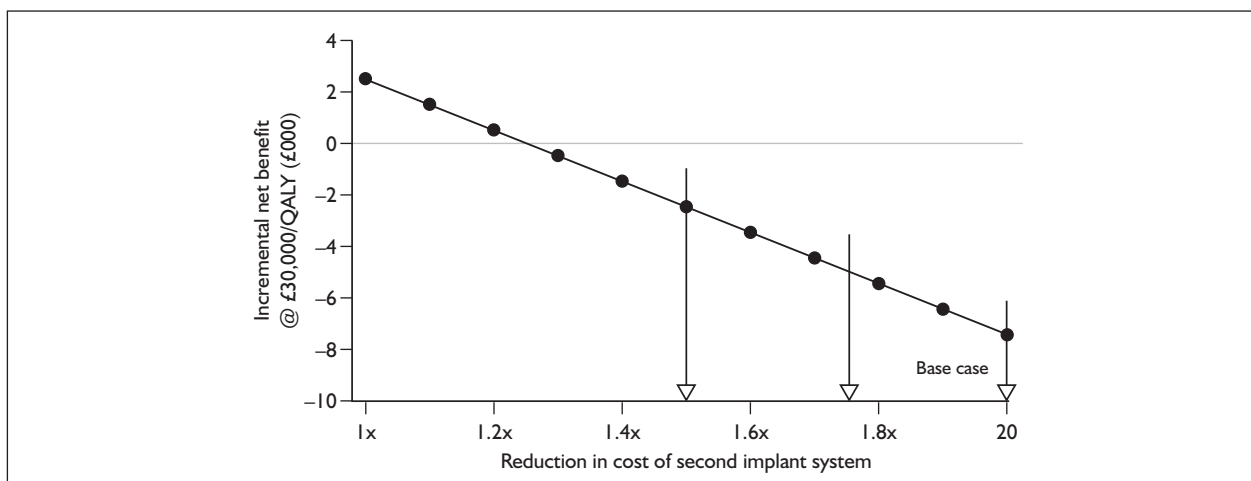


FIGURE 47 Threshold analysis of discount offered on second adult implant system used in simultaneous bilateral implantation. QALY, quality-adjusted life-year.

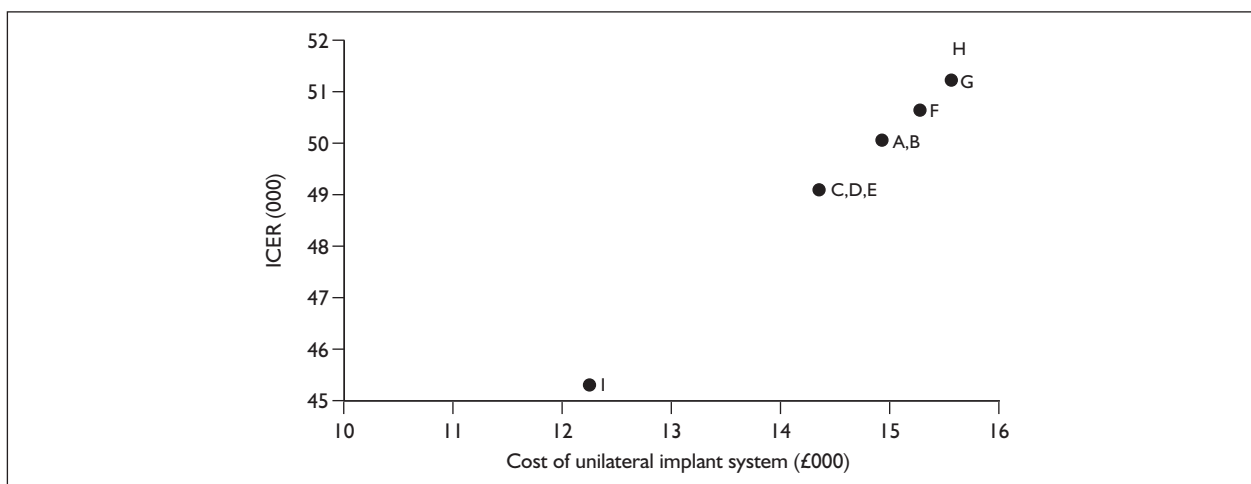


FIGURE 48 Device-specific incremental cost-effectiveness ratios (ICERs) in adult bilateral implantation. A: Advanced Bionics CLARION® ICS HiRes 90K; B: Advanced Bionics CLARION® HiRes 90K with HiFocus Helix; C: Cochlear Europe Nucleus® CI24R (ST) 'K' with a Sprint or ESprit 3G Processor; D: Cochlear Europe Nucleus® CI24R (CA) Advanced with a Sprint or ESprit 3G Processor; E: Cochlear Europe Nucleus® CII 1+11+2 double array with a Sprint or ESprit 3G Processor; F: Cochlear Europe Nucleus® Freedom with either BTE or BWP option; G: Cochlear Europe Nucleus® Freedom with both BTE and BWP option; H: MED-EL UK Pulsar CI-100; I: Neurelec DIGISONIC SP with Digi SP or Digi SP*K.

in profoundly deaf adults who are initially not cochlear implant users, sequential bilateral implantation is cost-effective in 0.7% of simulations; at £30,000 per QALY it is cost-effective in 8.9% of simulations.

At a willingness to pay threshold of £30,000 per QALY, sequential bilateral implantation was dominated by unilateral implantation in 12.8% of simulations (creating higher costs but lower QALYs). The probabilistic mean incremental net benefit is -£11,311 (95% Cr I -£11,869 to -£10,572) and the probabilistic median incremental net benefit is -£10,394. Outputs from the Monte Carlo simulation are shown

graphically in *Figure 51*, and the CEACs are shown in *Figure 52*. The CEACs show that sequential bilateral implantation would be considered cost-effective only if the willingness to pay threshold was increased beyond approximately £61,000 per QALY.

Scenario analyses

Cost-effectiveness of bilateral implantation compared to unilateral implantation (alternative utility scenario)

In the base-case analysis the incremental utilities associated with both unilateral and bilateral cochlear implant use are assumed to be fixed.

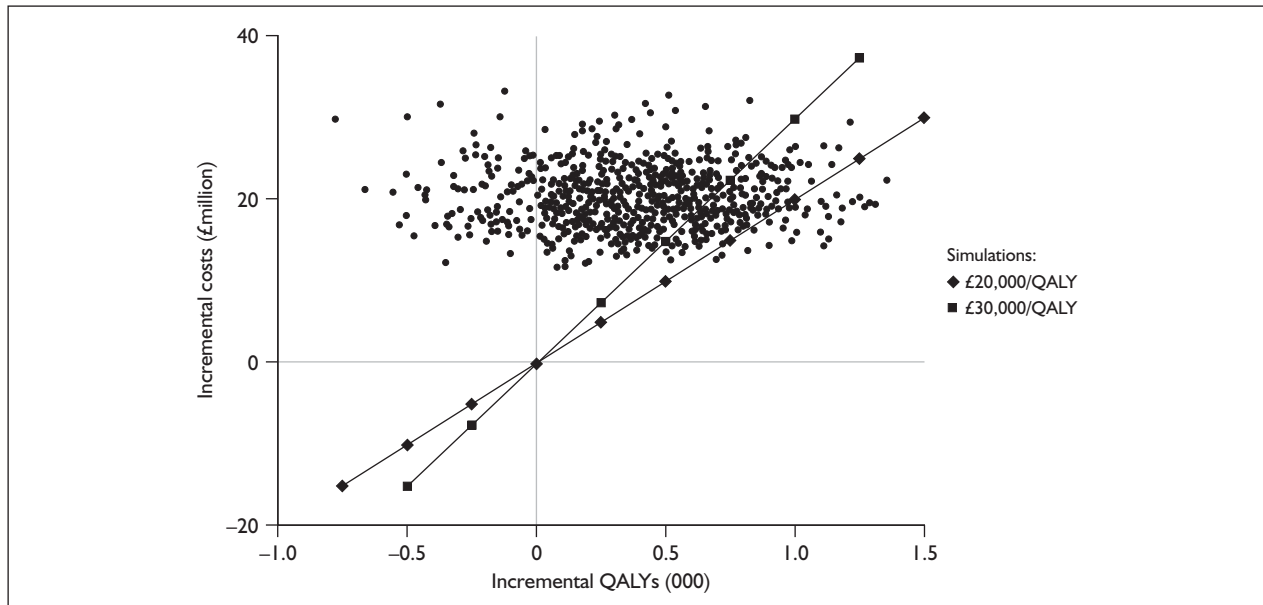


FIGURE 49 Simulation output (cohort based, 1000 trials) for the cost-effectiveness of simultaneous bilateral implantation of profoundly deaf, non-cochlear implant using adults in comparison to unilateral implantation. QALY, quality-adjusted life-year.

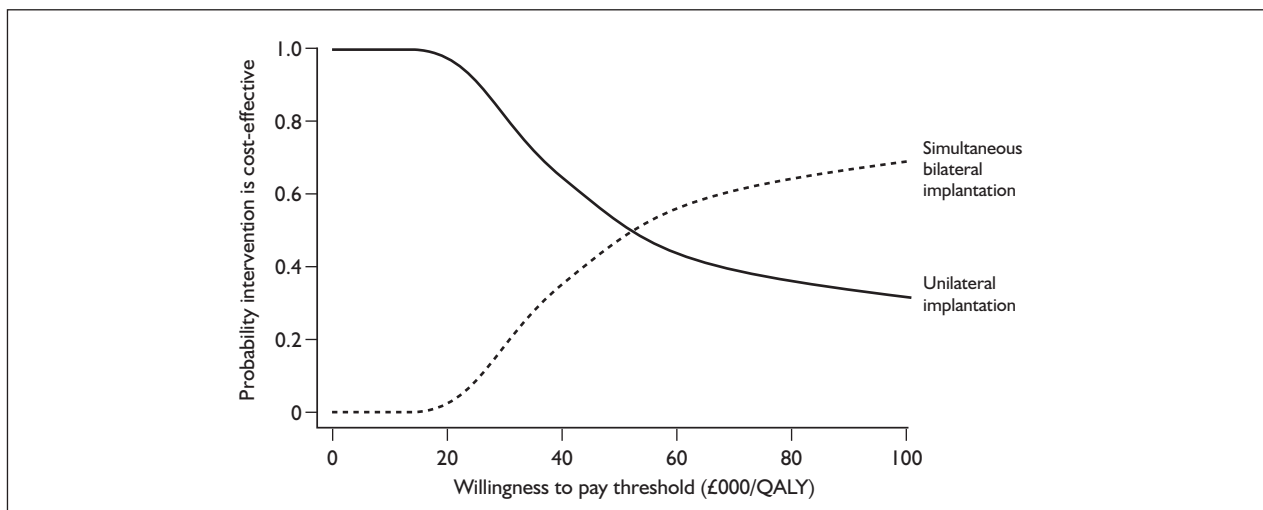


FIGURE 50 Cost-effectiveness acceptability curves for simultaneous bilateral implantation of profoundly deaf, non-cochlear implant using adults vs unilateral implantation. QALY, quality-adjusted life-year.

In this scenario these incremental utilities are assumed to decline with age.

The cost-effectiveness results for this scenario are summarised in *Tables 84 and 85*. Overall, the cost-effectiveness ratios for simultaneous and sequential implantation are approximately 8% and 9% higher, respectively, than those generated in the base-case scenarios.

Cost-effectiveness of adult cochlear implantation assuming no product warranties

The results for this scenario are shown in *Tables 86 and 87*. Without warranties the ICER increases

by approximately 7% for unilateral implantation in comparison to no cochlear implantation and by approximately 13% for bilateral implantation compared with unilateral implantation. However, all of the previous uncertainties surrounding discounts and incremental utility remain.

Comparison of industry-submitted analyses with PenTAG cost-utility analyses

Tables 88–91 compare the key inputs and key results from the PenTAG cost-utility analyses

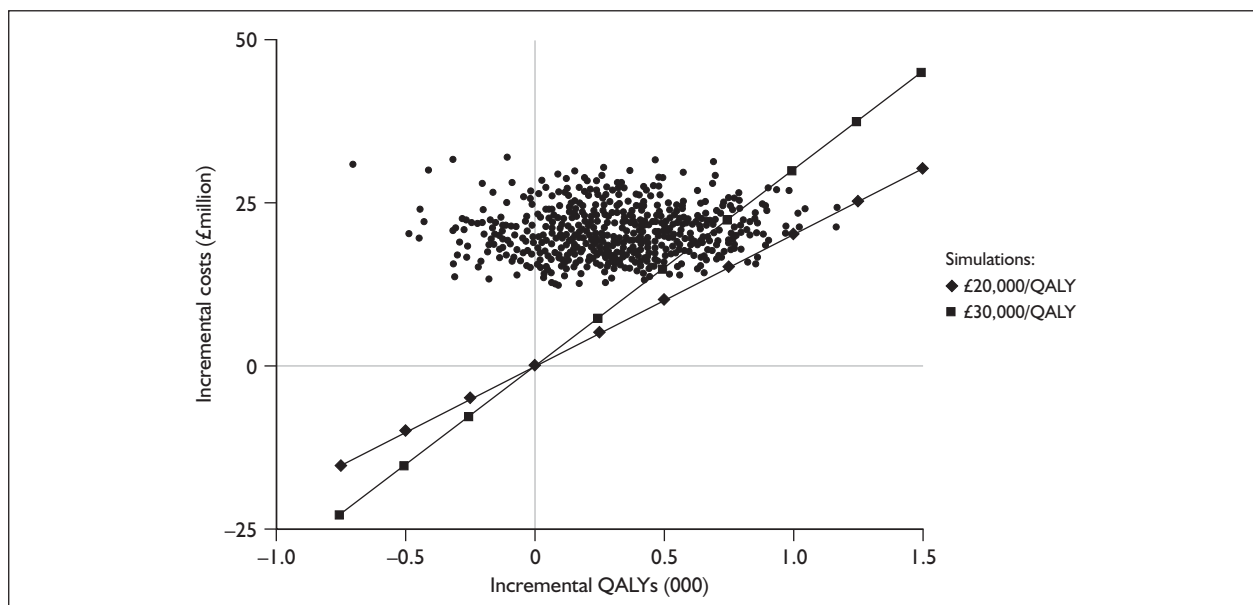


FIGURE 51 Simulation output (cohort based, 1000 trials) for the cost-effectiveness of sequential bilateral implantation of profoundly deaf, non-cochlear implant using adults in comparison to unilateral implantation. QALY, quality-adjusted life-year.

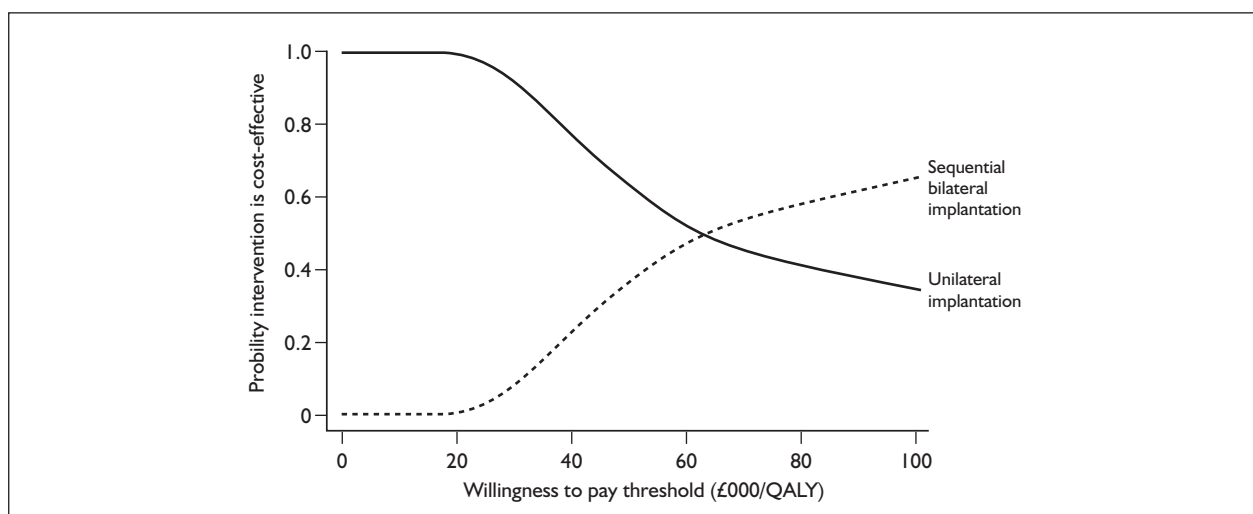


FIGURE 52 Cost-effectiveness acceptability curves for sequential bilateral implantation of profoundly deaf, non-cochlear implant using adults vs unilateral implantation. QALY, quality-adjusted life-year.

TABLE 84 Discounted base-case cost-effectiveness results per patient for simultaneous bilateral implantation in adults compared with unilateral implantation (alternative utility scenario)

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	34,207	9.89	–	–	–
Simultaneous bilateral implantation	53,255	10.24	19,048	0.36	53,441

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 85 Discounted base-case cost-effectiveness results per patient for sequential bilateral implantation in adults compared with unilateral implantation (alternative utility scenario)

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	34,207	9.89	–	–	–
Sequential bilateral implantation	53,886	10.18	19,678	0.30	65,933

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 86 Discounted base-case cost-effectiveness of unilateral cochlear implantation of adults assuming no device warranties

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
No cochlear implant use	248	8.2	–	–	–
Unilateral implantation	36,701	10.6	36,453	2.40	15,203

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

TABLE 87 Discounted base-case cost-effectiveness of simultaneous bilateral cochlear implantation of adults assuming no device warranties

	Costs (£)	QALYs	Incremental costs (£)	Incremental QALYs	ICER (£/QALY)
Unilateral implantation	36,701	10.6	–	–	–
Simultaneous bilateral implantation	58,242	10.99	21,541	0.38	56,046

ICER, incremental cost-effectiveness ratio; QALY, quality-adjusted life-year.

with the analyses submitted to NICE by Cochlear Europe and Advanced Bionics Europe. (The other two suppliers of cochlear implants to the NHS did not submit any original economic analyses.) Cochlear Europe was the only manufacturer that provided a cost-utility analysis of bilateral cochlear implantation.

In terms of differences in key input parameters, in general the PenTAG analyses used slightly lower device costs; slightly lower assessment, tuning/rehabilitation and ongoing maintenance costs; and more conservative but still similar estimates of utility gain. The generally lower lifetime estimates of QALY gain from the PenTAG model may be explained by the fact that these analyses are based on the whole cohort originally referred for assessment for implantation, of whom some (20% of children, 30% of adults) do not go on to receive an implant (and then accrue the cost and QALY profiles of non-implanted profoundly deaf people). Although it is not entirely clear, in the industry-submitted analyses, the unilateral and bilateral

cochlear implantation comparators involve all simulated individuals initially receiving one or two implants.

It can be seen from *Tables 88* and *90* that, in general, the incremental cost-effectiveness estimates for unilateral cochlear implantation (compared with no cochlear implant provision) were similar between analyses. In profoundly prelingually deaf children the three estimates ranged from £10,542 to £13,413 per QALY, whereas in profoundly postlingually deaf adults they ranged from £7145 to £20,027 per QALY (with the PenTAG analysis providing the intermediate estimate of £14,163 per QALY). Whereas the PenTAG and Cochlear Europe ICERs for unilateral implantation were slightly lower in adults than in children, the Advanced Bionics Europe ICER for adults was over 50% higher than that in children; this is largely explained by the substantially higher costs used in this analysis (for adults costs were taken from the study by Barton and colleagues⁵⁵ of paediatric cochlear

TABLE 88 Unilateral implantation in prelingually deafened profoundly deaf children

	PenTAG analysis	Cochlear Europe	Advanced Bionics	Difference: Cochlear Europe	Difference: Advanced Bionics
Key input values					
Degree of deafness	Profound	Severe to profound	Profound		
Age at implantation (years)	1.5	3	3	-1.5	-1.5
Mean survival (age, years)	80	Not stated	Not stated		
Resources for cochlear implantation: assessment; cochlear implant system; surgery; tuning/rehabilitation; maintenance; major complications; device failures (internal or external); routine replacements	All	All	All		
Cost of assessment	£2843	£4925	£3017	-£2082	-£174
Cost of implant system	£14,611	£15,250	£16,000	-£639	-£1,389
Cost of implantation surgery	£3480	£5087	£3693	-£1607	-£213
Cost of tuning/rehabilitation (year 1)	£9148	£9487	£9708	-£339	-£560
Cost of maintenance (years 4–15)	£1364	£1972	£1447	-£608	-£83
Cost of maintenance (years 16+)	£599	£1972	£1447	-£1373	-£848
Cost of processor repair	£0 (years 1–3); £4114	£300pa	£0 (years 1–3); £312pa		
Cost of processor upgrade	£4114	£3500	NR	+£614	
Types of device failures included	Implant or external		Implant or processor		
Utility gain for cochlear implant users	0.232	0.224	0.256	+0.008	-0.024
Utility of being profoundly deaf	0.421	Not used	0.39		+0.031
Other factors or events included	Voluntary non-use of device	Declining HRQoL with age	Voluntary non-use; duration of deafness		
Key results					
Lifetime discounted cost with unilateral cochlear implants	£60,070	£82,888	£84,820	-£22,447	-£24,379
Lifetime discounted cost without cochlear implants	£371	£11,706	£1732	-£11,706	-£1361
Incremental cost (discounted)	£60,070	£71,182	£83,088	-£11,112	-£23,018
Lifetime discounted QALYs with unilateral cochlear implants	15.84	23.15	16.53	-7.31	-0.69
Lifetime discounted QALYs without cochlear implants	11.36	16.40	10.30	-5.04	+1.06
Incremental QALYs (discounted)	4.48	6.75	6.23	-2.27	-1.75
Incremental cost per QALY	£13,413	£10,542	£13,337	+£2871	+£76
Cost per QALY 95% confidence interval (from PSA)		£8804– £12,655	£1945– dominated		
% PSA ICERs < £30,000 per QALY	100%	98% ^a	87.8%	+2.0%	+12.2%
HRQoL, health-related quality of life; ICER, incremental cost-effectiveness ratio; PSA, probabilistic sensitivity analysis. a This percentage read off from cost-effectiveness acceptability curve.					

TABLE 89 Bilateral implantation in prelingually deafened profoundly deaf children

	PenTAG analysis	Cochlear Europe	Difference: Cochlear Europe
Key input values			
Age at implantation (years)	1.5	3	-1.5
Mean survival (age, years)	80	Not stated	Not stated
Resources for cochlear implantation: assessment; cochlear implant system; surgery; tuning/rehabilitation; maintenance; major complications; device failures (internal or external); routine replacements	All	All	
Cost of assessment	£2843	£4925	-£2082
Cost of two implant systems	£29,222	£35,439	-£6217
Cost of implantation surgery	£5220	£7258	-£2038
Cost of tuning/rehabilitation (year 1)	£9148	£11,384	-£2236
Cost of maintenance (years 4–15)	£1364	£1872	-£508
Cost of maintenance (years 16+)	£599	£1872	-£1273
Cost of processor repair	£0 (years 1–3); £4114	£600pa	
Cost of processor upgrade	£4114	£3500	£614
Types of device failures included	Implant or external	Apparently internal or external	
Utility gain for bilateral implant users	0.030	+ 15% = 0.0336	-0.004
Utility of having a unilateral implant	0.653		
Other factors or events included	Voluntary non-use	Declining HRQoL with age	
Key results			
Lifetime discounted cost with bilateral cochlear implants	£87,546	£122,436	-£34,890
Lifetime discounted cost with unilateral cochlear implants	£60,441	£82,888	-£22,447
Incremental cost (discounted)	£27,104	£39,549	-£12,445
Lifetime discounted QALYs with bilateral cochlear implants	16.51	24.17	-7.66
Lifetime discounted QALYs with unilateral cochlear implants	15.84	23.15	-7.31
Incremental QALYs (discounted)	0.67	1.01	-0.34
Incremental cost per QALY	£40,410	£39,049	+£1361
Cost per QALY 95% confidence interval (from PSA)		£31,426–49,798	
% PSA ICERs < £30,000 per QALY	34.9%	24% ^a	+ 10.9%
HRQoL, health-related quality of life; ICER, incremental cost-effectiveness ratio; PSA, probabilistic sensitivity analysis. a This percentage read off from cost-effectiveness acceptability curve.			

implantation). The lowest ICERs for unilateral cochlear implantation, in both adults and children, were those estimated by Cochlear Europe, largely because of the significantly higher estimates of the lifetime QALY gain (which, in adults, was related to

the high utility increment assumed to be associated with unilateral implantation).

However, in all three analyses of unilateral cochlear implantation in young children, the probabilistic

TABLE 90 Unilateral implantation in postlingually deafened profoundly deaf adults

	PenTAG analysis	Cochlear Europe	Advanced Bionics	Difference: Cochlear Europe	Difference: Advanced Bionics
Key input values					
Age at implantation (years)	50	62	50	-12	0
Mean survival (age, years)	82	Not stated	Not stated		
Resources for cochlear implantation: assessment; cochlear implant system; surgery; tuning/rehabilitation; maintenance; major complications; device failures (internal or external); routine replacements	All	All	All		
Cost of assessment	£4011	£4193	£3017	-£182	+£994
Cost of implant system	£14,611	£15,250	£16,000	-£639	-£1389
Cost of implantation surgery	£4221	£3349	£3693	+£872	+£528
Cost of tuning/rehabilitation (year 1)	£5000	£5226	£9708	-£226	-£4708
Cost of maintenance (years 4+)	£599	£625	£1447	-£26	-£848
Cost of processor repair	£0 (years 1-3); £4114	£300pa	£0 (years 1-3); £312		
Cost of processor upgrade	£4114	£3500	£0	£614	£4114
Types of device failures included	Implant or external	Implant or external	Implant or processor		
Utility gain for cochlear implant users	0.197	0.394-0.360	0.214	0.197	0.017
Utility of being profoundly deaf	0.433	0.365-0.333	0.41	0.068	0.023
Other factors or events included	Voluntary non-use of device	Declining HRQoL with age	Voluntary non-use, duration of deafness		
Key results					
Lifetime discounted cost with unilateral cochlear implants	£34,207	£43,524	£59,510	-£9317	-£25,303
Lifetime discounted cost without cochlear implants	£248	£7400	£1031	-£7152	-£783
Incremental cost (discounted)	£33,959	£36,124	£58,479	-£2165	-£24,520
Lifetime discounted QALYs with unilateral cochlear implants	10.60	10.13	9.56	0.45	1.04
Lifetime discounted QALYs without cochlear implants	8.20	5.07	6.64	3.13	1.56
Incremental QALYs (discounted)	2.40	5.06	2.92	-2.66	-0.52
Incremental cost per QALY	£14,163	£7145	£20,027	+£7018	-£5864
Cost per QALY 95% confidence interval (from PSA)		£5907-7794	£2396-dominated		
% PSA ICERs < £30,000 per QALY	100%	100% ^a	68.7%	0%	31.3%
HRQoL, health-related quality of life; ICER, incremental cost-effectiveness ratio; PSA, probabilistic sensitivity analysis. a This percentage read off from cost-effectiveness acceptability curve.					

ICERs were less than £30,000 per QALY in over 87% of simulations. In adults, although both the PenTAG and Cochlear Europe probabilistic

analyses resulted in 100% of simulations generating ICERs less than this threshold, in the Advanced

TABLE 91 Bilateral implantation in postlingually deafened profoundly deaf adults

	PenTAG analysis	Cochlear Europe	Difference: Cochlear Europe
Key input values			
Age at implantation (years)	50	62	-12
Mean survival (age, years)	82	Not stated	
Resources for cochlear implantation: assessment; cochlear implant system; surgery; tuning/rehabilitation; maintenance; major complications; device failures (internal or external); routine replacements	All	All	
Cost of assessment	£4011	£4193	-£182
Cost of implant system	£29,222	£30,500	-£1278
Cost of implantation surgery	£4221	£4476	-£255
Cost of tuning/rehabilitation (year 1)	£5000	£6271	-£1271
Cost of maintenance (years 4+)	£599	£626	-£27
Cost of processor repair	£0 (years 1-3); £4114		
Cost of processor upgrade	£4114	£3500	+£614
Types of device failures included	Implant or external	Implant or external	
Utility gain for bilateral implant users	0.03	0.114	-0.084
Utility of having a unilateral implant	0.63	0.759-0.693	
Other factors or events included	Voluntary non-use of device	Declining HRQoL with age	
Key results			
Lifetime discounted cost with bilateral cochlear implants	£53,255	£68,481	-£152,26
Lifetime discounted cost with unilateral cochlear implants	£34,207	£43,524	-£9317
Incremental cost (discounted)	£19,048	£24,956	-£5908
Lifetime discounted QALYs with bilateral cochlear implants	10.99	10.89	0.10
Lifetime discounted QALYs with unilateral cochlear implants	10.60	10.13	0.47
Incremental QALYs (discounted)	0.38	0.76	-0.38
Incremental cost per QALY	£49,559	£32,909	+£17,050
Cost per QALY 95% confidence interval (from PSA)		£24,051-44,582	
% PSA ICERs < £30,000 per QALY	20.7%	32% ^a	0.8%
HRQoL, health-related quality of life; ICER, incremental cost-effectiveness ratio; PSA, probabilistic sensitivity analysis. a This percentage read off from cost-effectiveness acceptability curve.			

Bionics Europe analysis 68.7% of simulations were below this threshold.

For bilateral cochlear implantation in profoundly deaf adults (Table 91), the deterministic analysis from PenTAG generated a significantly higher ICER than that estimated by Cochlear Europe

(£49,500 per QALY versus £32,900 per QALY). This was mainly explained by a smaller estimated difference in the incremental QALY gain (0.38 in the PenTAG analysis versus 0.76 in the Cochlear Europe analysis). This, in turn, is mainly a result of an assumed gain in utility in the Cochlear Europe analysis for bilateral versus unilateral implantation

of about 0.11 (versus 0.03 in the PenTAG analysis). Although both of these utility gain estimates are from the same source study, Cochlear Europe chose to treat it as a relative utility increment, that is, as a proportion (15%) of the utility value for unilateral implantation (for which they already employ a comparatively high value of 0.759).

In children, despite generating quite similar ICERs (*Table 89*), the estimates should be treated with considerable caution, given that the utility gains from bilateral implantation in children have not yet been the subject of any empirical study. Again, the similarity in the ICERs conceals a quite different estimate of the incremental cost of bilateral implantation (£29,000 in the PenTAG analysis versus £39,500 in the Cochlear Europe analysis), and also a proportionally quite different – although in absolute terms very small – lifetime QALY gain (0.67 versus 1.01).

Summary of key results

Profoundly deaf children

1. A mixed sex cohort of 1000 children aged 1 year who were not already users of cochlear implants was modelled until death.
2. No studies were identified that contained values for the incremental utility associated with bilateral cochlear implant use as opposed to unilateral implant use.
3. The base-case analyses showed that:
 - i. in comparison to no cochlear implant use, unilateral implantation conferred an additional 4.48 QALYs for an additional £60,070 per person, giving an ICER of £13,413 per QALY
 - ii. assuming that the mean incremental utility gain associated with bilateral cochlear implant use is the same in children as in adults, the following speculative results are obtained: (a) simultaneous bilateral implantation versus unilateral implantation confers an additional 0.67 QALYs for an additional £27,105 per person, giving an ICER of £40,410 per QALY; (b) sequential bilateral implantation versus unilateral implantation confers an additional 0.60 QALYs for an additional £32,657 per person, giving an ICER of £54,098 per QALY.
4. One-way sensitivity analyses showed that these results were sensitive to changes in discount rates, the time horizon used in the analysis, the discount offered on the cost of a second

implant system and the long-term utility gain associated with unilateral implant use (versus no cochlear implant).

5. One-way sensitivity analyses showed that the results for bilateral implantation were extremely sensitive to the incremental utility associated with bilateral cochlear implant use (versus unilateral implant use).
6. Probabilistic sensitivity analysis based on 1000 simulated trials showed that at £30,000 per QALY (and at £20,000 per QALY):
 - i. unilateral implantation versus no cochlear implant use: unilateral implantation conferred the greatest net benefit in 100% (99.9%) of simulations and was dominated (fewer QALYs for greater cost) in 0% of simulations
 - ii. again, assuming that the mean incremental utility gain associated with bilateral cochlear implant use is the same in children as in adults, the following speculative results are obtained: (a) simultaneous bilateral implantation versus unilateral implantation: simultaneous bilateral implantation conferred the greatest net benefit in 34.9% (16.6%) of simulations and was dominated in 16.9% of simulations; (b) sequential bilateral implantation versus unilateral implantation: sequential bilateral implantation conferred the greatest net benefit in 21.3% (5.5%) of simulations and was dominated in 16.2% of simulations.

Profoundly deaf adults

1. A mixed sex cohort of 1000 adult non-cochlear implant users aged 50 years was modelled until death.
2. The base case showed that:
 - i. in comparison to no cochlear implant use, unilateral implantation conferred an additional 2.40 QALYs for an additional £33,959 per person, giving an ICER of £14,163 per QALY
 - ii. simultaneous bilateral implantation versus unilateral implantation conferred an additional 0.38 QALYs for an additional £19,048 per person, giving an ICER of £49,559 per QALY
 - iii. sequential bilateral implantation versus unilateral implantation conferred an additional 0.33 QALYs for an additional £19,678 per person, giving an ICER of £60,301 per QALY.

3. One-way sensitivity analyses showed that these results were sensitive to changes in discount rates, the time horizon used in the analysis, the discount offered on the cost of a second implant system and the long-term utility gain associated with unilateral implant use (versus no cochlear implant).
4. One-way sensitivity analyses showed that the results for bilateral implantation were extremely sensitive to the incremental utility associated with bilateral cochlear implant use (versus unilateral implant use).
5. Probabilistic sensitivity analysis based on 1000 simulated trials showed that at £30,000 per QALY (and at £20,000 per QALY):
 - i. unilateral implantation versus no cochlear implant use: unilateral implantation conferred the greatest net benefit in 100% (100%) of simulations and was dominated (fewer QALYs for greater cost) in 0% of simulations
 - ii. simultaneous bilateral implantation versus unilateral implantation: simultaneous bilateral implantation conferred the greatest net benefit in 20.7% (3%) of simulations and was dominated in 13.2% of simulations
 - iii. sequential bilateral implantation versus unilateral implantation: sequential bilateral implantation conferred the greatest net benefit in 8.9% (0.7%) of simulations and was dominated in 12.8% of simulations.
4. Only one study was identified containing a value for the incremental utility associated with bilateral implant use as opposed to unilateral implant use. This study was very small (24 participants) and the values generated assumed that tinnitus was not a problem.

Chapter 8

Assessment of factors relevant to the NHS and other parties

The effects of cochlear implantation on employment

Cochlear implants improve the ability of deaf people to communicate, and in children may improve their educational attainment (see Chapter 4, Educational attainment). It might therefore be expected that this would have an impact on the type and level of employment attained or retained.

Kos and colleagues²¹⁶ conducted a survey of the effects of cochlear implantation on professional occupation in 60 adults with a mean age at implantation of 50 years (range 18–77 years); however, without a matched control group their results are inconclusive. The employment prospects of people with cochlear implants are an area that would benefit from further comparative research (e.g. using age- and sex-matched profoundly deaf control subjects).

Implications for service provision

The numbers of adults and children implanted in the UK have risen each year since 1989 with 57% of cochlear implant centres reporting unmet demand, 10% unable to assess and 33% being content with their level of supply and demand. These figures

come from the British Academy of Audiology, BCIG and ENT UK who have voiced concern about the recruitment, training and retention of staff to meet increasing demand (from the BAA/BCIG/ENT UK joint submission to NICE⁴⁹).

A recent email survey of English and Welsh cochlear implant centres ($n = 9$) conducted by a member of our expert advisory group showed that waiting times varied between centres. The mean paediatric time from referral to operation was 7 months (range 3–17 months), with urgent cases usually seen within 6 weeks (range 1–8 months). The mean time that adults wait from referral to operation was less than 13 months (range 3–26 months), with urgent cases generally seen within 6 weeks (range 1–6 weeks). The waiting times include the time it takes to confirm funding, any treatment for co-morbidities and patient choice.

The BCIG service audit examined the staff mix involved in providing cochlear implant services (Figure 53). Note that this does not capture other support services for the cochlear implants provided by, for example, local education authorities or primary care trusts.

Although there are a number of part-time staff, the work force equates (2007) to nearly 260 whole time equivalent (WTE) staff who are involved with

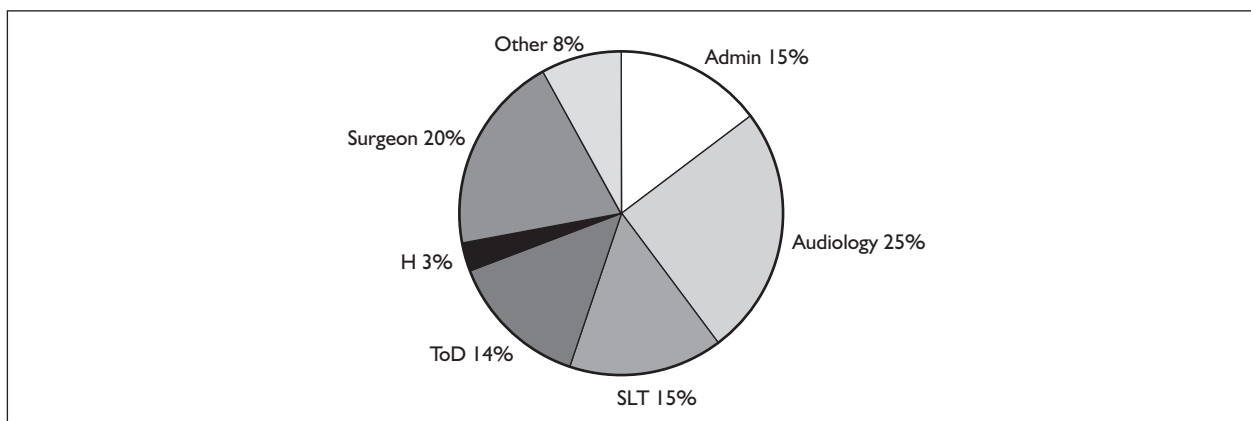


FIGURE 53 BCIG NHS UK service audit 2007: staff employed in cochlear implant programmes. Audiology, audiological scientists; HT, hearing therapists; Other, audiological physicians, medical physics, family liaison officers, clinical psychologists, paediatricians, deaf advocate; SLT, speech and language therapists; ToD, teachers of the deaf. From Appendix 2 in the BAA/BCIG/ENT UK joint submission to NICE.⁴⁹

specialist service delivery for paediatric and adult care within the UK. Recruitment, training and retention are concerns expressed by most centres, especially in audiology.

Given increasing demand for new cochlear implants, and the growing population of deaf people, the current system of specialist regional tertiary centres may not be a sustainable model of service provision in the longer term. Any changes towards more service provision from a larger number of more generalist audiological departments in NHS trusts will alter the NHS cost profiles used in the analyses presented in this report and affect the travel costs to patients (which may be substantial).

Out-of-pocket costs and time costs for families

As well as being a relatively expensive technology for the NHS, families of children with cochlear implants also bear some of the cost of using the technology. A relatively recent interview study²¹⁷ of 216 parents of children who had received cochlear implants via the Nottingham Cochlear Implant Programme (over a period of 13 years) estimated that the time and out-of-pocket costs were £3090 per year during the first 2 years post implant, £2159 per year in years 3–5 and approximately £1815 per year thereafter. Time costs (e.g. lost parental wages or non-employment productivity) and travel costs accounted for most of these costs.

We are not aware of any comparable studies that have estimated out-of-pocket costs or the time costs incurred by adults receiving cochlear implants.

Support services for optimising the benefits of cochlear implantation

A comprehensive and long-term programme of speech and language therapy is considered necessary for successful use of a cochlear implant, particularly in children. Some of these services may be provided by the cochlear implant centre (requiring outpatient visits and home visits for some). Others are provided by teachers of the deaf and audiological sociologists. They start in conjunction with the device ‘switch on’ process and mapping/tuning and continue as part of the rehabilitation process for a number of years.

In addition, some families of children with implants may receive visits from a community paediatrician or receive psychological support when needed.

It should be stressed that most of these support services, but programmes of speech and language therapy in particular (such as auditory verbal therapy), are considered by clinicians to critically rely on the time and effort of parents and others to achieve the best improvements from cochlear implantation.

Equity and current access to bilateral implantation under the NHS

At present, bilateral implantation is not routinely provided on the NHS to all deaf children or adults who might benefit. UK cochlear implant teams are offering bilateral implants to certain groups of deaf children and adults, either on the basis of particular clinical needs or as part of research studies (from the BAA/BCIG/ENT UK joint submission to NICE, March 2007⁴⁹). However, whether bilateral implantation is ultimately carried out will also depend on whether a person’s local primary care trust is willing to fund it.

Severely and profoundly deaf with special needs and multiple sensory handicaps

A relatively high proportion of people (27% of deaf children⁷ and 45% of severely or profoundly deaf people over the age of 60 years²) have other special needs or other sensory handicaps (such as blindness) (see Chapter 1, Pathology).

Because of significant heterogeneity amongst deaf children and adults who have other needs or handicaps, the effectiveness and cost-effectiveness of cochlear implantation in these subgroups has rarely been studied. In the studies included in the review of clinical effectiveness none reported on the effects of cochlear implants for those with multiple disabilities or focused on those whose cause of deafness involved wider impairments or needs. One study in the additional quality of life review for children looked at the educational impact of cochlear implants for those with Usher type 1 syndrome.¹³⁶ Three studies excluded those with other disabilities. None of the studies that did not exclude for other disabilities separately reported outcomes for this group.

Chapter 9

Discussion

The purpose of this report is to assess the effectiveness and cost-effectiveness of cochlear implants for children and adults with severe to profound deafness.

Statement of principal findings

The results for unilateral implantation will be summarised first, followed by those for bilateral implantation.

Unilateral implantation Clinical effectiveness

The review of clinical effectiveness studies for children indicates that unilateral implantation in severe to profoundly deaf children consistently produces better outcomes than acoustic hearing aids or non-technological support for:

- sensitivity to sound outcomes (e.g. mean difference of 1.6 points favouring cochlear implants over acoustic hearing aids on a 4-point scale)
- speech perception (e.g. mean differences ranging from 19.9 on the common phrases test to 56.6 on the ESP battery, both measures favouring cochlear implants over acoustic hearing aids, $p < 0.0001$)
- speech production measures (a Pearson correlation of -0.49 between age at implantation and better speech production).

These results may be associated with age at implantation for unilateral and bilateral implantation, children implanted at a younger age obtaining greater benefit than older implantees [e.g. correlation coefficient -0.44 ($p < 0.05$) for speech perception score].

Similar benefits were found in the adult population. Compared with non-technological support, cochlear implant users had improved understanding of speech ranging from mean (SD) differences of 34.5% (22.56) for CUNY words in quiet to 67.0% (31.5) for CUNY sentences in quiet, as well as quality of life gains with a HUI-3

mean change score for traditional candidates of 0.22 (95% CI 0.19–0.24) and for marginal hearing aid users of 0.15 (95% CI 0.11–0.19) (traditional candidates are profoundly deaf, mean hearing level 117.1 dB; marginal hearing aid users are profoundly deaf, mean hearing level 108.7 dB). These were associated with duration of deafness before implantation and age at implantation. Additional benefit was found compared with acoustic hearing aids, with greater gains in noisy conditions, especially amongst the postlingually deaf (mean score advantage of 37 points, $p < 0.001$).

Summary of PenTAG's cost-utility analysis – unilateral

The PenTAG model used a lifetime time horizon. Parameters were obtained from a variety of sources including published clinical and cost-effectiveness studies, national statistical databases, the national NHS purchasing agency, expert opinion and the industry submissions to NICE.

The deterministic results showed that, compared with no provision of cochlear implants, profoundly prelingually deaf children, implanted at age 1 year, benefited from unilateral implantation. The devices conferred an additional 4.48 QALYs for an additional £60,070 per person, giving an estimated ICER of £13,413 per QALY gained.

A similar benefit from unilateral implantation was found for profoundly and postlingually deaf adults implanted at age 50 years compared with non-use of cochlear implants. Here unilateral implantation conferred an additional 2.40 QALYs for an additional £33,959 per person, giving an estimated ICER of £14,163 per QALY gained.

Sensitivity analysis

Deterministic one-way sensitivity analyses showed that the model was extremely sensitive to utility gain, model time horizon, discount rate, major postsurgical complications and maintenance costs. Additionally, the model was also sensitive to changes in discount rates, the time horizon used in the analysis, the discount offered on the cost of a second implant system and the long-term utility

gain associated with unilateral implant use as opposed to non-use of cochlear implants.

Probabilistic sensitivity analysis

All results cited below are based on a willingness to pay threshold of £30,000 per QALY and were generated using 1000 Monte Carlo simulations.

In comparison to no provision of cochlear implants, for children, unilateral implantation had the highest net benefit in 100% of simulations and was dominated in 0% of simulations (creating higher costs compared with non-use of cochlear implants but lower QALYs).

Four studies were identified in which the impact of cochlear implant use on the costs of schooling were assessed. On the basis of the most recent study¹³⁸ the estimate of mean annual savings in educational costs for children between the ages of 5 and 16 years inclusive was £2359. When this value was introduced into all arms of the model in which individuals may benefit from cochlear implants, the baseline ICER for unilateral implantation of children at age 1 year fell from £13,413 per QALY to £9915 per QALY.

In comparison to no provision of cochlear implants, unilateral implantation of adults aged 50 years generated the greatest net benefit in 100% of the Monte Carlo simulations and was dominated in 0% of simulations. The probabilistic mean incremental net benefit was £37,362 (95% Cr I £36,987–37,738) and the probabilistic median incremental net benefit was £37,181.

Bilateral implantation

Clinical effectiveness

Bilateral implantation shows greater benefits than unilateral implantation for children, whether or not the unilateral aid is used with a contralateral acoustic hearing aid. The additional gain is mainly in 'real life' noisy situations in which the child is more able to detect the direction that a sound is coming from and pick out a voice from background noise (e.g. mean improvement with bilateral implants of 13.2% over unilateral implants for speech perception in noise).

Adults also benefited from bilateral implantation. Our results showed that they were able to hear more clearly [0.71 (95% CI 0.08–1.33), $p < 0.01$] (measured on the SSQ scale), better detect the direction of sound in noisy conditions (24°, $p < 0.001$) and understand speech better [9.00

(95% CI 3.00–15.00), $p < 0.01$] and that they may have an improved quality of life when compared with quality of life with unilateral implantation. However, the results for improved quality of life for bilateral implantation were ambiguous with positive scores for APHAB communication [5.7 (SE 0.2), $p < 0.0001$] and non-significant negative results with the HUI-3 [−0.01 (95% CI −0.1 to 0.08), not significant], although the negative results were mainly due to the effects of worsening tinnitus that a few people experienced after their second implant.

Summary of PenTAG's cost–utility analysis – bilateral

It should be noted that bilateral ICERs for children are speculative as no utility values were found for children.

The speculative results for children when simultaneous bilateral implantation is compared with unilateral implantation (using an assumed utility gain of +0.03) indicate that bilateral implants confer an additional 0.67 QALYs for an additional £27,105 per person, giving an estimated ICER of £40,410 per QALY. With the same assumed utility gain sequential bilateral implantation provides an additional 0.60 QALYs for an additional £32,657 giving an estimated ICER of £54,098 per QALY.

In adults, when simultaneous bilateral implantation is compared with unilateral implantation, bilateral implants confer an additional 0.38 QALYs for an additional £19,048 per person, giving an ICER of £49,559 per QALY. Sequential bilateral implantation provides an additional 0.33 QALYs for an additional £19,678, giving an estimated ICER of £60,301 per QALY.

Similarly there is a high degree of uncertainty surrounding the bilateral ICERs for adults as the utility values are based on one small ($n = 24$) study.

Sensitivity analysis

For bilateral implantation the deterministic one-way sensitivity analyses showed that the model was extremely sensitive to the incremental utility associated with bilateral cochlear implant use.

In comparison to unilateral implantation, and assuming the same utility gain and associated uncertainty as used in the analysis for adults (i.e. 0.03, which in turn assumes an overall neutral impact of tinnitus), simultaneous (within the same operation) bilateral implantation in children had

the greatest net benefit in 34.9% of simulations and was dominated in 16.9% of simulations. The probabilistic mean incremental net benefit is -£7989 (95% Cr I -£9375 to -£6605) and the median incremental net benefit is -£7400. In contrast, sequential (3 years after the first implant) bilateral implantation in children generated the greatest net benefit in 21.3% of simulations and was dominated in 16.2% of simulations. No studies were identified that reported the impact of educational cost savings and which contained values for the incremental utility associated with bilateral cochlear implant use as opposed to unilateral implant use. Assuming the cost savings for simultaneous bilateral use are the same as for unilateral use, the ICER for the same patient group falls from £40,410 per QALY to £40,185 per QALY.

In comparison to unilateral implantation, simultaneous bilateral implantation of adults aged 50 years generated the greatest net benefit in 20.7% of the Monte Carlo simulations and was dominated by unilateral implantation in 13.2% of simulations. In contrast, sequential bilateral implantation of adults aged 50 years generated the greatest net benefit in 8.9% of simulations and was dominated by unilateral implantation in 12.8% of simulations.

However, these results are based on only one study that contained a value for the additional utility associated with bilateral implants versus unilateral implants. This study was very small (24 participants) and the values used here assume that tinnitus had an overall neutral impact on quality of life.

Adverse events

The number of adverse events associated with cochlear implant use is small and similar for adults and children, and the rate of abandoned operations is also low (0.12%). The rate of major complications ranges from 1.4 to 1.7 per 100 patient-years in adults and is 6.8 per 100 patient-years in children (in the first year or two post implantation). The rate of minor complications is 35.3 per 100 patient-years in adults and 34.7 per 100 patient-years in children. Cochlear implants are reliable with 92% of devices lasting 11 years.

Summary of previously published economic evaluations

All systematic reviews of economic evaluations are limited in terms of the extent to which they

can produce generalisable conclusions about the cost-effectiveness of interventions in any particular jurisdiction.^{218,219} This is a consequence of the typically wide variation in care settings and countries, year of analysis, treatment comparators and specific methods of analysis used in different studies. We therefore concentrated on appraising high-quality recent economic evaluations conducted in the UK. The broad conclusions possible from the review are:

- In the UK, unilateral implantation has generally been assessed to be cost-effective in either profoundly deaf adults or profoundly deaf children who have been clinically selected for implantation at UK cochlear implant centres.
- A comprehensive assessment of the resource implications of cochlear implantation should include all care costs from the time of referral for assessment for possible implantation, through surgery and postimplantation treatment of complications, tuning and rehabilitation, to the lifelong costs for device maintenance, repairs and routine replacements. The assessment costs before implantation, and the costs of medical care and other support following implantation, account for a high proportion of the overall health-care costs of providing the technology.
- There is a paucity of economic studies that have used utility estimates which have been derived from large well-controlled studies of the quality of life of deaf people living with and without cochlear implants.
- The inclusion of educational cost savings in analyses of cochlear implantation in children can have a significant impact on the resulting cost-utility ratios.
- Two particular studies on unilateral cochlear implantation stand out as being the most recent, well-conducted and reported studies, as well as being relevant to current NHS provision.^{53,192}
- Although the only economic evaluation of bilateral implantation (in adults) was based on an RCT and conducted from a UK NHS perspective, it has some serious limitations (notably a sample size of only 24, and recruitment of people who had been unilateral implant users for between 1 and 6 years).

Candidacy

The criteria for candidacy for cochlear implants are central to the current clinical debate and also

to estimates of effectiveness and cost-effectiveness. Unfortunately, largely because of shortcomings in most of the published research literature, we have not been able to address the full range of patient factors that appear to determine the effectiveness of cochlear implantation. However, we would like to note its importance and have suggested some areas for research priority.

In particular, the issue of cost-effectiveness and candidacy centres on at what point the level of residual hearing reaches before it becomes cost-ineffective to provide a cochlear implant rather than an acoustic hearing aid. Profound deafness covers a wide range of loss. Those unable to hear less than about 110 dB are unlikely to use acoustic hearing aids and will score zero on preoperative tests of speech perception. Those unable to hear between 95 and 110 dB probably use acoustic hearing aids and may score above zero on tests of speech identification without lip-reading. Going further into the severe category there are people who will score higher with acoustic hearing aids than those who are most successful with their cochlear implants. It is important to know where on this continuum the boundary of candidacy for implantation should be drawn as well as how formal assessments of functional hearing ability should alter candidacy judgements made on the basis of audiological measured sensitivity to sound.

Although most trials mainly base their inclusion criteria largely on sensitivity to sound (severe > 70 dB HL, profound > 95 dB HL), clinical judgements are more likely to refer to the functional ability of being able to understand prerecorded sentences without lip-reading. These two types of measure may not completely correlate, i.e. two people with the same pure-tone hearing level may have different abilities at understanding speech. Thus, profoundly or severely deaf people do not form a homogeneous group.

Impact of tinnitus

Tinnitus is associated with being deaf and is also positively associated with the severity of deafness.^{40,220} A person's experience of tinnitus may be altered by receiving a cochlear implant, and most evidence points to cochlear implants suppressing tinnitus. For example, in a study by Ruckenstein and colleagues,²²¹ 35 of 38 cochlear implant recipients reported a reduction in tinnitus intensity, and in a study by Mo and colleagues⁴⁰ 32 of 59 recipients reported that their tinnitus was

better (and a further 21 reported that there was no change in their tinnitus experience). Demajumdar and colleagues²²² similarly reported 'marked suppression' of tinnitus in a study of 99 implantees, which was often experienced in both the implanted and contralateral ear, and in many of these suppression was also seen when the implant was switched off.

However, in these and other studies a minority of cochlear implant patients report experiencing worsening tinnitus (e.g. 3 out of 22,²²³ 5 out of 59,⁴⁰ and 4 out of 60²²⁴ implant recipients). For these patients the tinnitus may clearly contribute to lower estimates of quality of life and may also be a factor in the non-use of devices by implantees (assuming that their tinnitus is reduced by not having the device switched on). Although for unilateral implant recipients such adverse effects may be relatively small (e.g. compared with the perceived quality of life benefits of enhanced speech perception and production), in bilateral implantation there is some evidence that the experience of worsening tinnitus in a minority may be significant enough to offset any smaller utility gains.¹⁴⁹

Strengths and limitations of the assessment

Strengths of the systematic review of clinical effectiveness

The strengths of this systematic review are that it is systematic, up-to-date and conducted by an independent research team, to address an explicit policy decision problem.

Limitations of the systematic review of clinical effectiveness

There are a number of limitations of the clinical effectiveness systematic review:

- The systematic review of clinical effectiveness is limited as the number of studies reviewed represents a proportion (at least 75%) of the possible total population in the studies for each comparison, starting with the largest studies. This restriction was made because of limited resources and the large number of eligible studies ($n = 51$). All of the studies excluded had non-randomised designs and individual sample sizes ranging from three to 41. It is theoretically possible that the results of the excluded studies may have been contrary to

those of the included studies. However, we believe that this is unlikely, because of both the large amount of heterogeneity in the included studies and the consistency of the direction of their results.

- Most of the reviewed studies were of moderate to poor quality; this reflects the standard of reporting more than the choice of design. The absence of key information for quality appraisal and a preference for reporting results graphically rather than in text made it difficult at times to determine exactly how participants had been selected, what the results were and what factors may have confounded the results.
- The included studies generally measured degree of hearing loss with pure-tone thresholds rather than the functional ability of being able to understand sentences, which is how candidacy is assessed in clinical practice. This may affect the generalisability of the results.
- The large number of outcomes measured ($n = 62$) together with the heterogeneity of the studies and lack of RCTs meant that pooling of data was not possible.
- We were unable to find any studies of adults that compared two cochlear implants with one cochlear implant plus a contralateral acoustic hearing aid.

Strengths of the independent cost–utility analysis

We believe that our analysis represents a valid and reliable attempt to address questions concerning the long-term effectiveness and cost-effectiveness of cochlear implantation, given currently available published evidence and other knowledge about the current provision of the technology in the NHS. In particular:

- We have made best use of two relatively recent studies of the costs and effectiveness (including HUI-3-measured utility) of paediatric and adult cochlear implantation in UK NHS cochlear implant centres.
- Our model captures the cost implications of a wide range of events related to preimplantation assessment, implantation surgery and postsurgical care, tuning/rehabilitation and lifelong maintenance. It also included the cost impacts of any major postsurgical complications (usually wound-related) and internal or external device failures. Furthermore (and in contrast to the analyses submitted by manufacturers), it included the

assessment costs of those referred deaf people who were ultimately not given a cochlear implant.

- Our utility estimates were chosen on the basis of a systematic review of all empirical studies reporting the health-related quality of life impacts, or elicited utility values of being severely or profoundly deaf or of receiving a cochlear implant.
- Both deterministic and fully probabilistic results are produced.
- No artificial time horizon is imposed on the cohorts; instead they are followed until death.
- Our model allows for the components of the device to change (because of either device failure or routine replacement).
- Internal device failure is modelled using techniques from survival analysis rather than assuming a constant failure rate.
- When possible, costs represent those paid by NHS purchasing units.
- Subgroups of infant and older child implantees have been investigated.
- The impact of educational costs have been included in sensitivity analyses.
- The model also allows people to have failed operations and revert back to a non-implanted status over the course of their remaining lives, reflecting real-world clinical practice.

Limitations of the independent cost–utility analysis

There are two major general limitations to our cost–utility analysis, which we believe any cost–utility analysis in this clinical area would also currently face.

The first is the paucity of high-quality long-term studies that have measured the health-related quality of life associated with having different levels of severe to profound or profound deafness with or without cochlear implantation, in both adults and children, and also that have used a generic instrument that can be responsive to changes in sensory impairments such as deafness. Few large studies have measured quality of life gains for longer than a year after implantation. Also, in the absence of RCT evidence, estimates of utility gain in decision models such as ours inevitably have to assume that the difference between preimplantation- and postimplantation-measured utility is a reasonable proxy for the actual utility gain (i.e. had the person remained without a cochlear implant). There were no studies that estimated the utility gain from bilateral

implantation in children, and the only study in adults was a very small ($n = 24$) RCT.

The second major limitation is that there are a considerable number of other interrelated individual-level factors that are known to impact on the effectiveness (and hence cost-effectiveness) of cochlear implantation relative to alternative acoustic hearing aids, and empirical studies have not always clearly reported these factors or been large enough to explore or statistically control for them (such as audiological severity of deafness, duration of deafness, age at implantation, whether deafened pre- or postlingually).

As discussed elsewhere (under candidacy), although there is a definite positive relationship between increasing severity/profoundness of deafness and measured benefit from cochlear implants this relationship is not perfect; the clinical community increasingly uses an assessment of a deaf person's functional hearing to predict the likely benefit from a cochlear implant, using audiological severity of deafness in conjunction with other assessments (e.g. in adults, performance on speech perception tests without lip-reading and whilst using optimally fitted hearing aids).

As functional hearing or the ability to benefit materially from acoustic hearing aids currently has no standard single measure and cannot be assessed in the same way for adults and children (and there are other factors that are believed to impact on the likely improvement in performance with a cochlear implant), the effectiveness and cost-effectiveness of cochlear implantation is critically dependent on who is defined as a suitable candidate.

Consequently, our cost-utility results relating to profoundly deaf adults or children should be interpreted as relating to those who both are profoundly deaf (AHL > 95 dB) and have a low level of functional hearing when optimally acoustically aided. Moreover, even within those in this group we have been unable to identify subgroups who had different levels of functional hearing at preimplantation. Any reliable definition of the subgroup of severe to profoundly deaf individuals in whom cochlear implantation is cost-effective would require empirical evidence from studies that have followed a large number of cochlear implant recipients for a number of years post implantation (especially in children), used a valid and appropriate generic measure of health-related quality of life (e.g. HUI-3), and collected preimplantation data on a range of known

confounders such as audiological severity of hearing level, standard test scores for assessing functional hearing, duration of severe/profound deafness, age at implantation and age at onset of deafness.

Subgroups and co-factors not assessed

Primarily because of the lack of valid and reliable utility estimates we were unable to assess the cost-effectiveness of unilateral implantation in several potentially important subgroups of deaf people:

- postlingually deafened children
- severely deaf adults or children
- people who have been unilateral cochlear implant users for several years (bilateral implantation)
- postmeningitic deaf people
- children and adults with multiple disabilities.

Although the economic evaluation submitted to NICE by Advanced Bionics Europe purported to present estimates of the incremental cost-utility of unilateral cochlear implantation both in 'severely deaf adults' and in 'profoundly postlingually deaf children', the actual patients from whom the utility estimates were obtained were, respectively, (less) profoundly deaf adults and older, but dominantly still prelingually, deafened children. There has not yet been a study that measures the utility gain from unilateral cochlear implantation specifically in severely deaf adults or children or in postlingually deafened children.

We were also unable to assess the impact on the cost-effectiveness of cochlear implantation of their use with and without a contralateral hearing aid. However, except in the very profoundly deaf it has become common clinical practice to encourage most unilateral cochlear implant users to try out their new device with a contralateral hearing aid (and so this potential subgroup may be irrelevant in assessments of unilateral implantation).

There have now been two large, relatively recent and UK-based empirical studies into the effectiveness and cost-utility of unilateral cochlear implantation, and these have allowed some regression modelling to be undertaken to explore the factors that appear to determine greater short-term utility gains. However, the impact of factors such as functional hearing ability and the presence of complex or additional needs are still quite under-researched, despite both factors being

important in current decisions about whether a child or adult is chosen as an appropriate candidate for an implant.

In relation to postmeningitic patients, in whom rapid ossification of the cochleas would usually prevent a second implant at a later date, some people advance arguments that there is a stronger case for simultaneous bilateral implantation. With unilateral implantation in postmeningitic patients, if the implant fails and needs to be explanted, the chance of successful reimplantation in either ear is minimal and so bilateral implantation in these patients – aside from its other potential benefits – serves as a form of ‘insurance policy’ against this eventuality.

Warranties and price discounts

We have chosen to include the cost reductions resulting from device warranties (10 years for internal devices such as electrodes or receiver/stimulators, 3 years for speech processors and other external components) in the base-case analysis. This was justified on the basis that these warranties are standard across the current manufacturers and arguably, therefore, less likely to be withdrawn given their role in assuring device reliability for the clinical community of users. Although this choice is not strictly in line with NICE reference case requirements (which is to use the nationally available list price, without discounts) we felt that it would have been a more inaccurate assessment of the true cost to the NHS of this technology to ignore the warranties. Having said that, any internal device or external device replacements needed within the warranty periods would still incur some operative and other repair/assessment costs to the NHS, which we have not included.

In contrast, price discounts on cochlear implant systems used for bilateral implantation were not included in our base-case analysis. In contrast to device warranties, price discounts for bilateral implantation were different between the manufacturers. Nevertheless we explored this in a sensitivity analysis.

Other potential limitations

- We have modelled only the profoundly deaf (AHL > 95 dB). Currently, most effectiveness data for cochlear implantation in the profoundly deaf relate to children or adults with higher levels of profound deafness (i.e. AHL > 110 dB).
- Although the HUI-3 (used in this analysis) has become a commonly used generic instrument for assessing health-related quality of life changes in deaf people, and has some advantages over instruments such as the EQ-5D or SF-6D (SF-36), it still has limitations. For example, it has quite complex wording, it could be criticised for being ‘semigeneric’ (being focused on disability rather than explicitly on health-related quality of life) and it also imposes an artificial ceiling on the health-related quality of life of respondents who depend on devices that assist hearing. Also, the social preference weights (or utilities) currently available for the HUI-3 are not from the UK general public (the main published utility weights are from the public in Ontario or in Canada as a whole). It is therefore possible that valuations of improved hearing and communication by members of the UK public, relative to changes in other aspects of quality of life, may be different from the Canadian values (and might have yielded different estimates of utility gain in this assessment).
- There is a paucity of high-quality long-term outcome data, particularly in relation to utility estimates but also for key parameters such as complication rates, device failure rates (for recent models), the need for device replacements and upgrades, and voluntary non-use of devices.
- Ears have not been modelled separately although hearing loss between ears may vary and this may alter the ability to benefit from unilateral cochlear implantation (especially with a contralateral hearing aid) or bilateral cochlear implantation.
- We have assumed that the initial operation is always successful.
- Minor complications have not been modelled.
- Finally, there is also, inevitably, some structural uncertainty in the PenTAG model’s underlying main assumptions. The impact of this on cost-utility estimates is not captured with techniques such as probabilistic sensitivity analysis and other methods for assessing parameter uncertainty. For example, by not having an underlying dynamic model of deafness, we have effectively assumed that being severely or profoundly deaf is a non-progressive condition. For adults this may not be true, but for children it may lead to overestimates of the quality of life impact of being deaf (if relying on differences between preimplantation and postimplantation assessments of utility). Time constraints meant that the impact of structural

uncertainty was not explored as much as it could be.

Suggested future research questions and priorities

- Candidacy:
 - How much residual hearing can remain before it becomes cost-ineffective to provide an implant rather than an acoustic hearing aid?
 - What is the earliest age at which the implantation of a congenitally deaf child is safe and effective?
 - In what ways, if any, should the functionality of a child's family inform the decision whether or not to offer an implant?
- Utilities:
 - What is the utility gain for children from bilateral implantation compared with unilateral implantation?
 - Studies are needed in children and adults that enable mapping (i.e. reliable prediction) from measures of speech perception and production and hearing to validated generic utility assessment instruments.
- Employment:
 - What are the effects of using cochlear implants on employment prospects, in adults or children compared with profoundly/severely deaf people?
- Long-term follow-up:
 - Larger studies are needed that follow up implant recipients for longer, use standard measures for outcomes and quality of life impact, and record full information on known covariates of postimplantation speech and quality of life outcomes. There may be a strong case for a national research registry of all cochlear implantees in the UK. Large sample sizes would enable better exploration of implant candidacy, including the relationship between hearing ability, timing of and age at implantation and the presence of additional/complex needs, and key outcomes; this would enable multicriteria models to be developed to help predict the likely benefit profiles of individual candidates (see also the following point).
- Other:
 - Given that in the UK it now seems to be a central concept in determining which deaf people should be offered a cochlear implant, there may be a case for developing a standard classification system for defining levels of functional hearing (or classes of deaf people with different combinations of performance on standard sound sensitivity tests and standard speech perception tests).
 - More comparative empirical research is needed into the relative effectiveness of, and patient and clinician preferences for, simultaneous versus sequential bilateral implantation.
 - Further research is needed on the clinical effectiveness and cost-effectiveness of cochlear implants for children and adults with multiple disabilities and the effects of implants on quality of life.

Chapter 10

Conclusion

Unilateral implantation

Despite reservations about the quality of some of the studies included in the clinical effectiveness review we conclude that unilateral cochlear implantation is safe and effective for adults and children; it improves the ability to understand and produce speech and improves quality of life compared with acoustic hearing aids or non-technological support. For children it seems likely that unilateral implantation increases the likelihood of mainstream education. Greater benefits are found with earlier implantation and shorter duration of deafness before implantation.

For profoundly deaf adults and profoundly and prelingually deaf children, unilateral cochlear implants present a cost-effective response. Probabilistic threshold analyses estimate that, when measured on a lifetime horizon and compared with non-technological support or acoustic hearing aids, cochlear implants are highly likely to be considered cost-effective for adults and children at willingness to pay thresholds of £20,000 and £30,000 per QALY.

When potential savings in educational costs (£2359 per annum) for children are introduced into the model, the baseline ICER for unilateral implantation of children at age 1 year falls from £13,413 per QALY to £9915 per QALY.

Bilateral implantation

The clinical effectiveness evidence for bilateral implantation suggests that there is additional gain

from having two devices; these may enable people to hold conversations in social situations by being able to filter out voices from background noise and tell the direction that sounds are coming from.

Any conclusion about the cost-effectiveness of bilateral cochlear implants should take into account the high degree of uncertainty within the PenTAG model and its input parameters, most particularly surrounding the utility gain when comparing bilateral with unilateral implantation. This is especially the case for children for whom there were no empirical utility data. However, overall, in both adults and children, our model and the highly uncertain utility gain estimates contained within it suggest that both simultaneous and sequential bilateral implantation would be unlikely to be judged as cost-effective as unilateral implantation (given currently accepted levels of willingness to pay for a QALY in the UK NHS).

There is further uncertainty surrounding any discount offered on the second implant system. Our main estimates have assumed that there are no price discounts and so the ICERs for both adults and children are clearly higher than would be the case with such discounts factored in. The combination of these two areas of uncertainty will have a major impact on any decisions about the adoption of bilateral implantation in the NHS.



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Expert advisory group

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Competing interests of expert advisory group

Professor GM O'Donoghue has given professional advice and received hospitality from all cochlear implant manufacturers. Ms Jane Martin works as service coordinator on a cochlear implant team and would offer professional advice. Professor Q Summerfield from time to time has given unpaid advice to manufacturers of cochlear implants. He has presented scientific data at meetings organised by manufacturers of cochlear implants and has accepted their hospitality. Likewise, from time to time he has given unpaid advice to clinicians in the NHS and to charities with which they are involved. He has presented scientific data at meetings organised by clinicians in the NHS and by charities with which they are involved, and has accepted their hospitality. Dr John Niparko has provided consultations to the US FDA and Centers for

Medicine/Medicaid Services and to the Cochlear Corporation, Advanced Bionics Corporation and the Medtronic Corporation on clinical results and cost-utility outcomes with cochlear implantation. He has received travel support only and no personal remuneration for these consultations. These arrangements have been, and continue to be, reviewed by the Johns Hopkins Conflict of Interest Committee. No conflicts have been identified at any time.

Contribution of authors

Rob Anderson oversaw the cost-effectiveness aspects of the analysis and report and obtained costs for the model, contributed to writing the report, led the critique of the economic evaluations provided by the manufacturers and contributed to the design and development of the model and editing of the report. Mary Bond provided overall project management, wrote the protocol, assessed abstracts for inclusion and exclusion, contributed to writing and editing of the report and contributed to the design of the model. Julian Elston assessed abstracts for inclusion and exclusion, contributed to writing and editing of the report and contributed to the design of the model. Martin Hoyle verified and contributed to the model and reviewed and edited the economic section of the report. Zulian Liu assessed abstracts for inclusion and exclusion, reviewed published economic evaluations and contributed to writing and editing of the report. Stuart Mealing led the design, development and execution of the economic model and contributed to writing of the report (economics section). Alison Price undertook literature searches for the systematic reviews. Ken Stein contributed to the design of the assessment, the design and development of the model and the preparation and editing of the report. Rod Taylor contributed to the design of the model, advised on analysis of the clinical effectiveness data and contributed to the editing of the report. Graeme Weiner provided clinical input into the design of the model, advised on clinical matters and contributed to the editing of the report.

About PenTAG

The Peninsula Technology Assessment Group (PenTAG) is part of the Institute of Health Service Research at the Peninsula Medical School. PenTAG was established in 2000 and carries out independent health technology assessments for the UK HTA Programme and other local and national decision-makers. The group is multidisciplinary and draws on individuals' backgrounds in public health, health services research, computing and decision analysis, systematic reviewing, statistics and health economics. The Peninsula Medical School is a school within the Universities of Plymouth and Exeter. The Institute of Health Research is made up of discrete but methodologically related research groups, among which health technology assessment is a strong and recurring theme. Projects to date include:

Screening for hepatitis C among injecting drug users and in genitourinary medicine (GUM) clinics: systematic reviews of effectiveness, modelling study and national survey of current practice. *Health Technol Assess* 2000;**6**(31).

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The effectiveness and cost-effectiveness of dual-chamber pacemakers compared with single-chamber pacemakers for bradycardia due to atrioventricular block or sick sinus syndrome: systematic review and economic evaluation. *Health Technol Assess* 2005;**9**(43).

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The effectiveness and cost-effectiveness of carmustine implants and temozolomide for the treatment of newly-diagnosed high-grade glioma: a systematic review and economic evaluation. *Health Technol Assess* 2007;**11**(45).

The clinical effectiveness and cost-effectiveness of cardiac resynchronisation (biventricular pacing) for heart failure: systematic review and economic model. *Health Technol Assess* 2007;**11**(47).



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